



The Big Value in  
**FLOUR**



IN THE KITCHEN, the big event is baking day. And the important thing on baking day is to use "REGAL"—the ideal flour for bread. "REGAL" means bread of uniform texture, lasting freshness and wholesome qualities.

THE ST. LAWRENCE FLOUR MILLS CO.  
LIMITED  
MONTREAL

**FIRST NOVA SCOTIA  
EGG LAYING CONTEST**

Poultry Department, Agricultural College, Truro Report  
Of Contest for Week Ending January 27th, 1920

Pen (5 birds.)	Owner	Breed	Eggs per week	Total Eggs to date
1.	E. C. Griffin, Port Williams	R. C. Rhode Island Whites	10	156
2.	John R. McDonald, Glace Bay	S. C. White Leghorns	13	114
3.	John R. McMullen, Truro	B. Plymouth Rocks	17	194
4.	Wm. A. Reynolds, Halifax	White Wyandottes	7	61
5.	J. W. Williams, Wolfville	White Wyandottes	4	155
6.	Robert M. Reid, New Glasgow	White Wyandottes	16	81
7.	Dr. H. W. Cain, Falmouth Sta.	R. C. Rhode Island Reds	10	97
8.	Wm. Beazley, Halifax	Buff Wyandottes	15	155
9.	J. Everett Spencer, Mire Gut	S. C. White Leghorns	3	97
10.	Evangeline Poultry Yards, Wolfville	White Wyandottes	23	108
11.	W. W. Osborne, New Glasgow	S. C. Buff Leghorns	14	69
12.	E. C. Griffin, Port Williams	R. C. Rhode Island Reds	9	93
13.	F. E. Jackson, North Sydney	B. Plymouth Rocks	7	90
14.	James McIntyre, Dominion No. 14	S. C. White Leghorns	6	108
15.	W. J. McKinnon, Truro	S. C. Anconas	9	88
16.	Duncan C. Fraser, Antigonish	B. Plymouth Rocks	13	28
17.	C. F. Gallant, Caledonia Mines	W. Wyandottes	22	169
18.	Nat Doherty, Halifax	B. Plymouth Rocks	14	188
19.	Miss Helen King, Halifax	S. C. Buff Orpington	16	88
20.	Mrs. Jos. Milligan, Kings Head	W. Wyandottes	5	29
21.	Messrs. Perry and Sim, Billtown	S. C. Brown Leghorns	9	173
22.	Edison E. Eagles, Windsor	S. C. White Leghorns	3	18
23.	H. H. Hull, Glace Bay	S. C. Anconas	8	64
24.	A. A. Sutherland, Westville	S. C. Rhode Island Reds	19	125
25.	C. B. McMullen, Truro	S. C. Rhode Island Reds	14	173
26.	William Guy, Glace Bay	R. C. Brown Leghorns	5	57
27.	John Retson, Truro	R. C. Rhode Island Reds	25	258
28.	W. H. Henry, Shubenacadie	S. C. Rhode Island Reds	19	102
29.	Robert H. Evans, Trenton	S. C. White Leghorns	4	149
30.	W. A. Warren, Bridgetown	B. Plymouth Rocks	7	93
			346	3380

J. P. LANDRY.

**CASTORIA**  
For Infants and Children  
In Use For Over 30 Years  
Always bears the signature of  
*Chas. H. Fletcher*

**ARMISTICE CONCLUDED**  
LONDON, Feb 11.—The conclusion of an armistice by the Letts with the Bolsheviks is announced in a despatch received this evening from Riga.

**FATHER AND SONS**

Time was when our fathers rode miles to worship God in a cheerless church, poorly lighted, with rugged benches and no artistic furnishings—Then they rose and sang lustily: "Come ye that love the Lord And let your joys be known." Time is when their sons go to church—those who go at all—in motors and strollers, sit in cushioned pews, electrically lighted, temples, well warmed, and art treasures all about—And they sit and sing languidly: "Art thou weary, art thou languid Art thou sore distressed?"

**THERE IS ONLY ONE  
GENUINE ASPIRIN**

Only Tablets with "Bayer Cross" are Aspirin—No others!



If you don't see the "Bayer Cross" on the tablets, refuse them—they are not Aspirin at all. Insist on genuine "Bayer Tablets of Aspirin" plainly stamped with the safety "Bayer Cross"—Aspirin prescribed by physicians for nineteen years and proved safe by millions for Headache, Toothache, Earache, Rheumatism, Lumbago, Colds, Neuritis, and Pain generally. Handy tin boxes of 12 tablets—also larger "Bayer" packages. Made in Canada.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetate-diester of Salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company, Ltd., will be stamped with their general trade mark, the "Bayer Cross."

**How to Purify the Blood**

"Fifteen to thirty drops of Extract of Roots, commonly called Mother Seigel's Curative Syrup, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Persistence in this treatment will effect a cure in nearly every case. Get the genuine at druggists."

**Dr. DeVan's French Pills**  
A reliable Regulating Pill for Women \$5 a box. Sold at all Drug Stores, or mailed to any address on receipt of price. The Seebell Drug Co., St. Catharines, Ontario.

**PHOSPHONOL FOR MEN**  
Restores Vim and Vitality; for Nerve and Brain; increases "gray matter"; a Tonic—will build you up. \$2 a box, or two for \$5, at drug stores, or by mail on receipt of price. The Seebell Drug Co., St. Catharines, Ontario.

Minnard's Liniment Cures Garget in Cows.

**FAIRY GODMOTHER BRINGS  
DOLL-LAND TO MANY  
LONELY LITTLE FOLK**

Magic Touch Changes Doll Elfs to Mother Goose Folk and People of Colonial Days

Hundreds Attend Miss Jefferson's Doll Party

"God Bless the doll lady." This heart felt message of gratitude from a little child in Nova Scotia was written on a used post card and trustfully sent out into the wide world to find Miss Clara A. Jefferson of this city.

And sure enough, it did find her. But the story is a long one and must be heard from Miss Jefferson herself.

So impressed was a neighbor of the Nova Scotian family, the children of which received so much delight from some of Miss Jefferson's dolls which reached them, that he walked five miles to the office of a Halifax newspaper to have an article published regarding it.

Yesterday afternoon and evening Miss Jefferson gave her annual doll party at Hotel Bartlett. Hundreds of little people and grown-ups lived brief but happy hours in a land peopled with the mythical characters they love in Mother Goose lore, were carried back to the days of George and Martha Washington, or witnessed present day events pictured by the elms of Doll-land.

"The house that Jack built" held a central place, and behold! There was maiden all forlorn who milked the cow with the crumpled horn. And there, too, was the dog that chased the cat that ate the rat, etc. All were there, at least there were two rats which had escaped the cat. Their heads were hidden under the stack of hay in front of Jack's house, and probably they thought the cat couldn't see them. The man all tattered and torn was there, too, and kissed the maiden all forlorn.

Little Miss Muffett in dainty array was scared blue by an enormous spider near by, and who wouldn't be frightened at a spider so much larger than one's self?

Mistress Mary, "quite contrary" was on hand with a watering pot larger than herself. She reported that her garden was "growing finely." Little Bo Peep was out after her sheep, and she found one, at least, for there it was, its wool all white and soft as though it had just been washed by the mountain dew.

Peter of pun'kin eating fame had his wife corralled in a pumpkin so big and high that there was no escape and she could not peep over the top of the rim at her lord and master.

Little Boy Blue was discovered under a hay stack, fast asleep, and oh, what havoc was wrought all about him as he slept. The old cow was eating the hay stack, and the hens and turkeys were eating up his corn.

Little Jack Horner knew it was almost Christmas, for he sat eating an enormous Christmas pie. It was full of plums that he hadn't discovered at last accounts.

Colonial days were quaintly pictured by the doll people. A quilting party was in progress, a little quilt with its tiny "pieced up" squares being stretched on miniature quilting frames.

John Alden and Priscilla were

present as well as others of contemporary fame. Replicas of a chair and spinning wheel, secured in Plymouth, made this setting of especial interest.

Darby and Joan were seated on an old-fashioned settee and were holding a tete a tete. George and Martha Washington were noticed enjoying tea together and the tea kettle, a prized possession of Miss Jefferson, nearly a century old, was in evidence. Little braided rugs were upon the floor underneath the tiny feet of these people of olden days.

A real "pan dowdy" baked for the occasion was on the bill of fare for the Colonial elms.

Some of the dolls present have reached a venerable age. Two, at least, are more than 60 years old. One of these, a large china doll was seated last evening in a place of honor in a child's chair which was used by little people of a century ago. She was dressed in a gown of silk and wool paisley, an old-time fabric, trimmed with bands of narrow velvet ribbon.

Another was a Parisian doll which is nearing the century mark, but which is in beautiful condition and is really very handsome. One dolly was being rocked to sleep in a cradle at least a hundred years old.

A Kewpie wedding attracted a great deal of attention. The bride and groom in gala attire were attended by the bridesmaid and best man. The flower girl, ringbearer and guests were present.

One of the most amusing characters depicted by the inhabitants of Doll-land was Parisien, the Haverhill high school quarterback. In regulation football attire with a pigskin, under one arm, he nonchalantly stood by a globe, placarded "The world is yours." Besides him sat Coach Broderick in a lounging robe.

"The Lady from Philadelphia" was prominent "among those present." She is colored, and certainly sets a pace in style. Last evening she was attired in blue silk, with slippers to match, and on her arm was a dainty handbag of harmonizing shade. Her veil held an elaborate coiffure in place and she surely attracted some attention.

Space forbids description of many worth while doll people, but one cannot forego mention of the American born foreign mother with her baby in arms, the Negro mammy with her twins, "After the Party", depicted by an elegantly attired lady seated at a piano; the baby in high chair with nursing bottle and rattle and the little baby in bed with the tiniest water bottle that ever was seen.

On the banks of a lake in Doll-land elfs sported in bathing costumes and a canoe lazily floated on its waters. A green frog lazed happily in the sunshine and birds were attracted to its shores.

Grouped around the central figures in the miniature world, were more than a hundred dolls, many of which start out today on their journeys to small boys and girls whose lots are not cast in the pleasant places in which children should live.

Twenty-two are going to Halifax for orphans whose parents lost their lives in the Halifax disaster.

Many will go to the children's ward in the Tuberculosis hospital at Westbury. Miss Jefferson says that most people forget there are many little ones suffering there from this terrible disease, and the gifts to this ward are comparatively few.

One little girl in the tuberculosis hospital, who received one of Miss Jefferson's dolls last year, was so

Get the Habit of Eating  
**More Wholesome Appetizing Bread Baked From PURITY FLOUR**  
USE IT FOR ALL YOUR BAKING

Western Canada Flour Mills Co., Limited  
TORONTO—Head Office  
Branches at Winnipeg, Brandon, Calgary, Edmonton, Montreal, Ottawa, St. John, Cochrich

Children Cry for Fletcher's  
**CASTORIA**

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for babies. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

**What is CASTORIA?**

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

**GENUINE CASTORIA ALWAYS**

Bears the Signature of  
*Chas. H. Fletcher*  
**In Use For Over 30 Years**  
THE CENTAUR COMPANY, NEW YORK CITY

**An EDDY Pail of Indurated Fibreware**  
—will outlast by far the old-fashioned wooden or metal kind.  
Eddy's are made of wood pulp, moulded to shape in one single piece under tremendous hydraulic pressure—then baked to flint-hardness under terrific heat.  
They have a glazed surface and are strong as steel, light as wood, easy to lift and carry, cannot leak, cannot become dented or battered.

Not just woodenware—but moulded, pressed, baked Fibreware

The E. B. EDDY CO., Limited  
HULL, CANADA  
Makers of Eddy's Famous Matches

**CHEAP FERTILIZERS**

The Secretary for Agriculture was recently looking over a report of sales made by one of the biggest fertilizer firms in Eastern Canada. He was rather taken aback at the fact very evident in the report that New Brunswick, especially the large potato growing section, is buying scarcely anything but the high grade fertilizers, whereas, the majority of Nova Scotia farmers are buying low grade material.

This is bad business for the low grade stuff is made low by the incorporation of sand or other inert matter. The price per ton should never be made the sold criterion in buying fertilizers. It is simply a waste of money to pay transportation charges on useless material. Nova Scotia farmers must go in for a higher grade of goods in this line if they are to make their business pay as it should.

**ROYAL YEAST CAKES**

There is more energy in a pound of good bread made in the home with Royal Yeast Cakes than in a pound of meat. Bread making is a simple operation and requires no previous experience. Full instructions in Royal Yeast Bake Book, mailed free on request.

E. W. GILLET CO. LTD.  
TORONTO

**BIRDS SENT REPRESENTATIVE**

Never before in one article did we see so many typographical errors as in a certain New York newspaper's report of the young Prince's reception. One astonishing line read, "An immense crowd greeted him at the landing."