

ARE YOU SQUEEZED IN THE VISE OF EXHAUSTED NERVE FORCE AND IRON STARVATION?

Physician Says These Twin Monsters Are Daily Dragging Thousands Into the Torture Chambers of Ill Health, Wrecking Their Lives and Making Them Financial Failures.

YOU are born with just so much nerve force and your body can manufacture only so much each twenty-four hours. If you use it up faster than it is made through overwork, late hours, worry, too much excitement, grief, nervous strain or other excesses, your nerve cells become depleted of this life-giving fluid, and you are dragged into the torture chamber of neurasthenia, with all its nerve-racking, agonizing pains and anguish.

Your whole nervous system becomes "on edge" so to speak, and the least little thing upsets you. You may have an almost constant aching pain in the back of the head or neck, or an extremely disagreeable feeling of fullness in the front or back part of the head, which in some cases gets so bad that you feel almost as if your head would burst; there may be spots of local tenderness on the spine, pains across the back, heart palpitation, great weakness from slight physical or mental exertion, or sleeplessness at night; and the patient often complains that his thoughts chase one another through his head with lightning-like rapidity. Some break into profuse perspiration and suffer from such great debilitating weakness that they feel as if they were almost obliterated to the ground. Headaches and extreme nervousness are very frequent symptoms, and most persons are moody, irritable and easily depressed.

A physician formerly connected with a New York City Hospital says thousands of persons suffer from depleted nerve force and iron starvation of the blood without ever suspecting the real cause of their trouble, and that often their health, lives and success are com-



pletely undermined and wrecked before they find out what is the matter with them. On account of their multitude of symptoms they frequently think they are suffering from heart or kidney trouble or some other serious organic disease. In such cases it is often worse than foolish to take mere stimulating medicines or narcotic drugs. What you need is something to put more nerve force into your nerves and more iron into your blood. This valuable product quickly enriches the blood and thereby helps it to furnish an additional supply of new nerve force with which to revitalize and regenerate the nerve and brain cells. It also contains a product which represents the principal chemical constituent of active living nerve force in a form most allied to that in the nerve and brain cells of man. Nuxated Iron may therefore be said to be both a blood and a nerve food as it furnishes strength giving organic iron to the blood and the most important element of the neuro-vital fluid to the nerve.

Over four million people are using Nuxated Iron annually, and from the remarkably beneficial results which it has produced, the manufacturers feel so certain of its surprising efficacy that they guarantee satisfactory results to every purchaser or they will refund your money. Beware of substitutes, look for the word "Nuxated" on every package. For sale by all druggists.

NUXATED IRON ENRICHES THE BLOOD - GIVES YOU NEW STRENGTH AND ENERGY

"REAL VALUES"!

50 doz. of **BOYS' HEAVY WOOL STOCKINGS**

Size 6½, only55c.
Size 7, only59c.
Size 7½, only62c.
Size 8, only65c.
Size 8½, only69c.
Size 9, only69c.
Size 9½, only69c.
Size 10, only69c.
Size 10½, only69c.

Per Pair.

W. R. Goobie,
Just opp. Post Office.
nov 18, 21

St. John's Municipal Council.
PUBLIC NOTICE.

The attention of Citizens is called to the St. John's Municipal Act, 1921, which provides that no person indebted to the Council for arrears of taxes shall be qualified to vote in the forthcoming Municipal Election.

J. J. MAHONY,
City Clerk.
nov 18, 21

St. John's Municipal Council.
PUBLIC NOTICE.

It has been represented to the Council that many persons amenable for the Poll Tax are unable to visit the City Hall during working hours. The Mayor has deemed it advisable to extend the office hours from 7.30 to 9.30 p.m. for a limited time for the convenience of such persons.

J. J. MAHONY,
City Clerk.
nov 23, 21

Miss Jewel and her friends
The wedding ring is the circle of love that should typify eternity

WEDDING RINGS.
Our assortment of Wedding Rings is most complete. You can purchase one here of the degree of fineness you have in mind at the price you wish to pay.
10k, 15k, 18k Rings, price \$4.00 to \$20.00.
Outport orders receive prompt attention. Ring Size Cards sent upon request.

R. H. TRAPNELL, Ltd.
Jewellers and Opticians, 197 Water Street.

Feildian Club Dance,
WEDNESDAY, November 23rd, 8.30 p.m.
FULL C. L. B. C. BAND.
Tickets for sale at J. J. Strang's, Water Street; Blue Puttee, Rawlin's Cross.
nov 17, 18, 21

DINNA FORGIT!
Grand Dance and Supper,
ST. ANDREW'S NIGHT, WEDNESDAY,
November 30th, C. C. C. HALL.

FULL C. C. C. BAND.
Tickets may be had from members of Committee: R. G. Ross, D. McIntosh, W. R. Neal, R. E. Innes, R. McD. Lily, L. Taylor, D. Ferguson, C. Watson, J. McKinlay, J. Pollock, J. Wallace, W. D. Gunn, A. G. Gibb, L. Calvert.
nov 16, 21, w. 21

K. of C. Dance.
About 50 couples attended a very enjoyable dance held last night in the Columbus Hall. Miss Helen Channing supplied the music during the early part of the night and the B.L.S. orchestra completed the programme. At 11 p.m. an excellent supper was served by the Ladies' Association under the supervision of Mrs. J. V. O'Dea. The chaperons were Mesdames J. V. O'Dea, C. J. Cahill and W. H. Tobin. The dance concluded at an early hour this morning.

Our Philatelic Corner.

CONDUCTED BY PHILATELOS.

Below, I am publishing an article from the New York Times of Sunday, October 9th, which should prove of interest to all philatelists. It deals with the auction of the great Ferrary collection and as it is rather long, I am dividing it up in instalments. I hope that during the winter I shall be able to have this column published at least, once a week, but latterly, I have not had the time to devote to it.

\$2,000,000 STAMP SALE.

Commandeered Collection Bequeathed to Germany Sold by French for Huge Sum.

The largest postage stamp collection ever gathered together in the world, and the greatest in respect to value that stamp experts believe ever will be made, is now being sold at auction in Paris. It is predicted that, on its final dispersal, a sum equivalent to \$2,000,000 will be realized. The French Government is conducting the sale and the money will go into the French Treasury. It is the first time that a nation has ever embarked in the business of conducting stamp auction sale.

It is the Ferrary collection, which has been famous for years in philatelic circles. It represents the work of more than fifty years by Philip in Renottiere von Ferrary. It is estimated that he spent during that time at least \$1,000,000, and no price was too high for him to pay for an exceptional rarity. The first portion of this unusual collection was sold in June. It consisted of only 172 lots, and brought a total of 1,000,245 francs.

As the French Government's levies a tax of 17½ per cent. on all auction sales, the bidders, therefore, were required to pay 1,201,012 francs. The French francs at that time was worth a trifle more than seven-tenths of a cent in United States money, so that the auction value of this first portion represented \$99,713.45 in American money.

The second portion of the collection will be sold this week in Paris. It comprises 500 lots with some exceptional varieties, and it is expected to realize fully 2,000,000 francs, or practically twice as much as the first sale. Had it not been for the war, this great collection, which contained many stamps of which only single specimens is known, would have been in Berlin.

Ferrary died at Lausanne, Switzerland, on May 20, 1917, at the age of 67 years, and when his will was opened it was found that his collection had been bequeathed to the Berlin Postal Museum. The stamps, however, were in Paris, the greater portion being in the mansion formerly occupied by the Austrian Embassy, which had been presented to Austria by Ferrary's mother, the Duchess de Galliera. At her death, Ferrary renounced, his claims to the title, and became the adoptive son of an officer in the Austrian army, Ritter Emmanuel de Renottiere von Kriegerfeldt. During his life he preferred to use the simple name of Philip von Ferrary.

When the bequest of Ferrary became known, the French Government promptly commandeered his great collection as alien property, and announced that it would be sold at the close of hostilities. Representatives of the more prominent dealers and private collectors from this country and Europe were present at the first sale, but American bidders obtained very little. The greater part of the best stamps were bought by the wealthy French tobaccoist, M. Burras, and Theodore Champion, one of the best known stamp dealers of Paris, was the second largest buyer.

Ferrary had the reputation in philatelic ranks of being a man of mystery. He possessed a large fortune, and, becoming interested in postage stamps at the age of 15, the remainder of his life was devoted to that pursuit. It was more than a hobby with him, it was a business. He employed ten able secretaries, one of whom for nearly forty years had charge of the adhesive stamps, and the other looked after the stamped envelopes, wrappers and postcards. Besides these he had a force of twenty or thirty clerks.

He had standing orders with all the reliable dealers in every part of the stamp collecting world to send him any great rarity they might discover. As he always paid the price asked without quibble he was a highly desirable customer, and the cream of choice things in postage stamps naturally fell to his lot.

Unemployment Prevailing.

APPLICATION FOR RELIEF BEING MADE.

In comparison with other years at this season there is practically nothing doing along the waterfront. There are not more than forty or fifty schooners in port. The greater part of the number have discharged their fish cargoes and are ready for home. Fish handlers and casual laborers can get very little employment, and many have been walking around for weeks. It is feared that when winter sets in there will be a lot of distress. Numbers are already feeling the pinch. In on the country roads, able bodied men may be seen daily seeking work or looking for charity.

Let Mr. Hallett Supply the Copy.

Editor Evening Telegram.
Dear Sir.—In reading the reports of the meeting of the Civic Commission published in your paper during the last two months, I find that certain decisions arrived at during those meetings are entirely omitted, and that other important deliberations have been misconstrued. I would respectfully suggest that your reporter, or one representing the city papers, attend the meetings to enable you to give the public a correct report or none at all.

Yours truly,
T. HALLETT, Commissioner.
Nov. 19, 1921.

(The Telegram does not make omissions deliberately, and if Mr. Hallett desires to have the actual report of the proceedings of the Council published, we shall be only too pleased to give him all the space necessary. Such reports of Civic Commission meetings as appear in our columns are furnished, and we accept the bona fides of the contributor. Newspaper reporters are not superhuman and require a rest from their multifarious duties occasionally.—Editor.)

The greater portion of our Xmas Toys will be sold at from 10c. to \$1.00. ROYAL STATIONERY CO., 182 Water Street.—nov 17, 21, h. s. tu

Fashion Plates.

A PRACTICAL FROCK.



3807—This style serves admirably for home wear or for business. It shows "something different" in the Directoire revers and waist style. Suitable materials for this model are serge, jersey, cloth, satin, crepe weaves, crepe de chine, and gabardine. To make the dress for a 35 inch size will require 5½ yards of 36 inch material. The Pattern is cut in 6 sizes: 34, 35, 36, 40, 42, and 44 inches bust measure. The width of the skirt at the foot is 1½ yard.

A pattern of this illustration mailed to any address on receipt of 15c. in silver or stamps.

JUST THE RIGHT TOP GARMENT FOR WINTER DAYS.



3791. A good coat style is shown in this comfortable model. It is cut in 5 sizes: 8, 8, 10, 12 and 14 years. Velours, polo cloth, bolivia, tweed, heather mixtures, velveteen, corduroy, pile fabrics such as sarcenet, or plush are good for this style. Serge and jersey cloth too, are desirable. A 10 year size will require 7½ yards of 48 inch material.

A pattern of this illustration mailed to any address on receipt of 15c. in silver or stamps.

NOTE:—Owing to the continual advance in price of paper, and other materials, we are compelled to advance the price of patterns to 15c. each.

ATTENTION!

Are you hoarse?
Do you cough?
Is your cold obstinate?
Beware! Do not delay, procure immediately
Dr. J. O. Lambert's Syrup
The famous and well known specific for old and young—30 years of ever growing success. Possessing the largest sale without exception.
For sale everywhere.
Use none but the genuine
Dr. J. O. Lambert's.
Dr. J. O. Lambert, Ltd.,
396 St. Antoine Street, Montreal.
nov 19, 21, d. c. s.

Opening Announcement!

BYNN & SPURRELL.
We beg to announce to our friends and the general public that we have opened business at 64 Barter's Hill and are prepared to do all kinds of work in Church, School, Office and Lodge Furniture, Upholstering, Repairing and Turning a specialty.
nov 19, 21

Money to Loan,

On Mortgage on Good City Property Security.

Amounts of \$100.00 and up at current rates of interest. Before arranging a mortgage elsewhere consult us.

FRED. J. ROIL & Co.

R. I. Estate and Insurance Agents,
Smallwood Building, Duckworth Street.

The clever modelling, rich textures and the refined exclusive pattern of our made to measure Suits and Overcoats, appeal to men who demand the particular.

The American Tailor

W. P. SHORTALL, 300 Water Street.
Phone 477. P. O. Box 445.

SALE!

Under the direction of Ladies' Aid and Girls' Guild Societies of Congregational Church, to be held in Lecture Hall on Wednesday of next week, opening at 8 p.m.

ADMISSION 10c.

Plain Work Stall—Having Aprons of all descriptions for all occasions at prices to suit the most cautious buyer; also Children's Dresses, Underwear and numerous other useful articles.

Fancy Work Stall—The finest of Linen Embroidery Centres and choice Table Pieces, Guest Towels and other fancy but most useful articles.

Handkerchief Stall—Having a display of dainty pieces at very moderate prices.

A Stall laden with candy unequalled in quality and price.

Vegetables of all kinds.

AFTERNOON TEAS served for40c.
HIGH TEAS80c.
CONCERT, opening at 8 p.m.80c.
nov 18, 21

Some of the Heroes
And the Sh...
mortalize...
Thos. I...
"Guitar"

Some Fresh Arrivals This Week

ELLIS & CO.
LIMITED,
203 WATER STREET.

Fresh Canadian Chicken,
Fresh Canadian Turkeys,
Fresh P. E. I. Ducks.

Grape Fruit,
Naval Oranges,
Seedless Lemons,
Bartlett Pears,
Ripe Bananas,
Tokay Red Grapes,
Almeria Green Apples,
Dessert Apples.

FRESH EGGS.

New Celery,
Ripe Tomatoes,
Parsnips,
Carrots,
Beetroot,
Sweet Potatoes,
White Pickling Onions,
California Onions,
Spanish Onions.

OOLONG TEA.

Buckwheat,
Rye Flour,
Graham Flour,
Pancake Flour,
Holland Rusks,
Shredded Wheat.

MARSHMALLOW CREAM.

Filled Figs in Glass,
Washed Figs in Glass,
Filled Dates in Glass,
Maraschino Cherries,
Creme De Menthe Cherries.

MOTHER

Clean Child's...
"California..."

I will pay \$1.50 per 1,000—15c. per 100—for used N.S. Stamps in good condition. Stamps to be soaked off the paper in cold water and dried in medium heat and put up in bags of 50 or 100. Torn or badly faced, or cut too close, not wanted at any price. Any quantity taken and cash sent by return of mail.

P. S.—I also want 1 or 2 Aero plane Stamps, 1st aerial flight by Hawker and Grieve, for which I am willing to pay a good price. Apply to Newfoundland Stamp Co., 142 Casey Street, St. John's, Nfld.

A. SNOW,
Manager.
nov 19, 21, 23, 26