

VITALITY REGAINED KIDNEYS CURED

Health Restored By
"Fruit-a-lives"

HAGERSTOWN, ONT., Aug. 26th, 1913.
About two years ago, I found my health in a very bad state. My kidneys and liver were not doing their work, and I became ill run-down. I felt the need of some good remedy, and having seen "Fruit-a-lives" advertised, I decided to try them.
Their effect, I found more than satisfactory. Their action was mild and the results all that could have been expected.
My liver and kidneys resumed their normal action after I had taken upwards of a dozen boxes, and I regained my old time vitality. Today, I am as well as ever, the best health I have ever enjoyed, and I unhesitatingly give you this testimonial for publication if you wish.
B. A. KELLY.
In hundreds of letters received by the Fruit-a-lives Company, the same expression is used: "Fruit-a-lives is the best kidney remedy in the world." At any rate, these tablets have proved the best to the hundreds of men and women who have been cured by taking them. See a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
MOTTO.—For God and Home and Native Land.
BAND.—A knot of White Ribbon.
WATCHWORD.—Agiatate, educate, or perize.
OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Kaye.
2nd Vice President—Mrs. J. Fitch.
Recording Secy.—Mrs. W. Mitchell.
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Pence and Arbitration—Mrs. J. Reid.
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Parlor Meetings—Mrs. (Rev.) McGrover.
Proms Work—Miss Margaret Bars.
Surprise Soap Wrappers—Mrs. M. Freeman.
Bulletin—Mrs. M. Freeman.
Laborer Work—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. G. Outten.

A Benediction.

If after Kirk you bide a wee
There's someone would like to speak to ye.

If after kirk you rise and see
We'll all seem cold and stiff to ye.
The one that's in the seat with ye
Is stranger here than you, my dear.
All here has got their fears and cares,
Add you soul unto our prayers,
Be you our angel unawares.

A Temperance Dog.

A farmer was one day standing beside his wagon in a market town. Many who passed noticed his honest, cheery face, his well fed horses and the fresh green vegetables with which his wagon was loaded.

They also noticed the farmer's dog, a fine large Newfoundland, with a jet black coat and a big white patch on his breast. There were a few white hairs about his muzzle, and any one could see that the dog was no longer young.

He seemed quiet and gentle, and he let the children stroke his curly hair. But when a tipsy man came along the street he showed his white teeth with a growl, and kept close to his master. A gentleman who saw this said to the farmer:

"Your dog has no look for the strong drink, my friend, though he is no doubt quite at home in the water. I suppose he is a temperance dog?"

"That he is, and no mistake," said the farmer, "and a temperance preacher as well. I could tell you something of Neil's preaching if you cared to listen," he went on patting the dog's head.

"Please do; I should like to hear it," was the answer.

"Well, a good many years ago this dog belonged to a young farm laborer called Jim Snow. Jim bought him cheap from a tinker, who was often tipsy, and at such times was very cruel to him. That, no doubt, explains Neil's dislike of drunken people.

"Some weeks later Jim was in town one day, and, as usual, he was pretty nearly drunk when he got home. Neil went to meet him, but as soon as his master came near the dog ran back growling as you saw him do just now.

"Jim followed him, and put out his hand to take hold of the dog but he got a sharp bite from those long white teeth, so Jim was glad to leave him alone.

"Next day the dog was as good as tured and as fond of his master as ever, and all was right again, until Jim's next visit to town.

"When he came home the dog set up and barked at him. Then Neil smelt the drink, he ran away, growling, and hid himself. This time Neil kept away from his master two whole days and spent the time lying in an omnibus.

"Jim began to think over this, and at last it came into his head that the dog was ashamed of him when he had been drinking. The end of it all was Jim began to feel ashamed of himself, too, and from that day he never touched a drop of strong drink.

"What became of Jim, then, and how did you come to see the dog?" asked the stranger, who had listened with much interest.

"Oh, well, you see, I'm Jim!"

farmer said. And then he added: "I have my good dog to thank that I am not still a poor farm worker and drink all my wages. He taught me this, that a tipsy man is not fit company even for a dog; and I never for got the lesson. By his help I began to save up, and now I have a very good farm of my own."—National Advocate.

Equal Moral Standard and Prevention of Traffic in Women.

One of the gravest problems which confront the people of Canada to day, is the great social evil. While every thoughtful citizen has some general ideas as to its nature and magnitude, yet few understand, even approximately, the real facts.

In this one vice \$15,000 are spent annually in Chicago alone; and no less an authority than Dr. Kelly, of John Hopkins University, has started the so-called Christian work by claiming that white slavery, directly and indirectly, costs the people of America three billions of dollars each year. As regarding Canada, careful investigation has proved that the condition of our Dominion is scarcely less appalling; all our cities, and many of our towns and villages, have within their borders palpable evidence of this evil.

It is estimated that on this continent, there are over 300,000 girls and women of the night, and the Vice Commissioners who have investigated say there are ten men to every one of these women. As the life of the girl is so short, it requires 60,000 victims each year to supply the demand, and many of these victims come from Canadian homes.

Only perfectly fresh eggs should be preserved, and it is largely a waste of labor and money to attempt keeping eggs that are more than two or three days old when placed in the preservative. They should be allowed to settle twelve hours after being laid, but the sooner after this time they can be treated the better will they be when they are wanted for use. Dirty eggs do not preserve at all well, and if there is any dirt on the shells they should be washed. A dirty egg has an injurious effect not only on its own contents, but on all those that come into contact therewith. As infertile eggs preserve better than those containing a germ, it is advisable when producing eggs with this end in view to keep the hens apart from the male birds.

DEAR SIRS.—This fell upon me a fever and hurt my chest very bad so I could not work and it hurt me to breathe. I tried all kinds of treatments and they did me no good. One bottle of MITCHELL'S LINIMENT, warm oil on breast and applied on my breast, cured me completely. C. H. COSSABOOM.
Rosway, Digby Co., N. B.

The largest railway station in Europe, estimated to cost \$35,000,000 is now under construction at Leipzig, Germany. This station is designed to serve as a terminal for all railways entering Leipzig.

Children Cry FOR FLETCHER'S CASTORIA

Brown was an easy-going old fellow He believed in taking things as they came. No so Mrs. Brown.

"Don't you think," she remarked one day, "that we should be considering Mary's future? It's time she was married—she is already 35 years of age."

Children Cry FOR FLETCHER'S CASTORIA

A woman wearing an anxious expression called at an insurance office one morning. "I understand," she said, "that for five dollars I can insure my house for a thousand dollars in your company?" "Yes," replied the agent, "that is right. If your house burns down we pay you \$1,000."

"And," continued the woman anxiously, "do you make any inquiries as to the origin of the fire?" "Certainly," was the prompt reply; "we make the most careful inquiries, madam." "Oh!" and she turned to leave the office—"I thought there was a catch in it somewhere."

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health—Her Own Statement.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."—Mrs. ORVILLE BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

"Why will women take chances or drag out a sickly half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound?"

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc. If you want special advice, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Mitchell's Liniment Cures Dizziness

VARIOUS METHODS OF PRESERVING EGGS

They Must be Fresh in the First Place and Should be Scrupulously Clean

There is no better method of preserving eggs than in water-glass, a soluble silicate of soda, which is not an expensive material to buy, as a pound, which only costs a very few cents, dissolved in the correct proportion of water, will preserve a large number. The amount of water to be added depends upon the sample, but as full directions are usually sent with each tin, it is difficult to go wrong. The eggs are placed in a glass vessel, and covered with the liquid, care being taken that all the eggs are submerged. When they are wanted for use, they should be lifted out of the liquid, wiped dry, and used as speedily as possible.

The oldest, but still a very accurate method of preserving eggs by means of salt, lime and water. Four gallons of lime, one of salt, and twenty of water, should be mixed together, and when the water has taken into solution as much lime and salt as it is capable of doing, it should be allowed to settle, the clear liquid being used to pour over the eggs, which have previously been placed in a suitable vessel. This method has the disadvantage of making the shells rough and extremely brittle—so much so, in fact, that, as a rule, eggs that have been preserved in lime cannot be boiled, the shells cracking with the least touch. When eggs are to be preserved for only a very short time, for two or three months—dry salt answers admirably, but this is an unsuitable method for a longer period. If a new-laid egg be dipped into boiling water, it slightly coagulates the white, and so prevents the air getting to the contents. For eggs to be preserved in this manner, it is not an answer when the eggs are for market. Smearing with vaseline or butter keeps the contents fresh for a week or two, but is not recommended for more than a month.

Only perfectly fresh eggs should be preserved, and it is largely a waste of labor and money to attempt keeping eggs that are more than two or three days old when placed in the preservative. They should be allowed to settle twelve hours after being laid, but the sooner after this time they can be treated the better will they be when they are wanted for use. Dirty eggs do not preserve at all well, and if there is any dirt on the shells they should be washed. A dirty egg has an injurious effect not only on its own contents, but on all those that come into contact therewith. As infertile eggs preserve better than those containing a germ, it is advisable when producing eggs with this end in view to keep the hens apart from the male birds.

OUR PUBLIC SPIRIT

Scotchman Says Unpleasant Things About Canadians

A young Scotchman, after three years in the Canadian West, wrote a letter to the London Evening Standard in which he described the character of the Canadian character, says "The Ottawa Citizen. They can hardly be said on the whole to be complimentary, which doubtless makes their expression all the more valuable from the Canadian standpoint. It is always well to 'see ourselves as others see us,' and a touch of Scotch opinion may in this case help to improve the spirit of Canada." One of his criticisms regarding the latter is as follows:

"Nor does the public spirit of the Dominion strike a stranger as abundant. It does not find its expression in the Territorial forces, at any rate, which are manned, out of all proportion, by home-born Britons. Certain Canadians suffer from the gratifying belief that the Dominion saved the empire in 1861, and are indignant when told that of the Canadian contingent sent to South Africa eighty per cent. were home countrymen. Nor does public spirit find its expression in local government, where the 'best people' are conspicuously absent—too busy making money to bother with such matters. Without discussing the incident of 1901, The Citizen says by way of comment, the truth of the criticism must be confessed. Canadians have been so busy with the multifarious tasks of a new country that they have not had much time to devote to the interests of the country at large. But surely Canada has now advanced in development to such an extent that more attention can be given to the public interest. Unless such attention is given, no greatness of future can be safely predicted. This public spirit that makes a citizen think and feel and act for Canada, as for his larger self, is without doubt the great need of Canada to-day. Others recognize the fact, and Canadians cannot too soon follow their example, and profit by it."

Newly-laid Eggs

Bacteriologists tell us that in an egg evaporation and the action of bacteria are evident by the third or fourth day. There are some who believe that from that time on the egg is not perfectly "fresh," or "new laid," nor any other name that should mean the best. It is a matter for some time after that, if kept properly, but it is not of first quality, and all the statements to that effect cannot make it so. If the farmer has to have longer than three days to get his eggs to the consumer, he should have to classify them other than the highest, and he cannot expect to compete with the best man who delivers his product 72 hours old.

Beets For Cattle

If beets are fed to cows in the barn in large quantities the place should be well cleaned up and aired before each feeding, else the effect on the atmosphere will be so bad it will taint the milk.

Children Cry FOR FLETCHER'S CASTORIA

A Sunday School teacher was giving her class of boys on the strength of their desire for righteousness. "All those who wish to go to heaven?" she said, "please stand." All got to their feet but one small boy. "Why, Johnny?" exclaimed the shocked teacher, "do you mean to say that you don't want to go to heaven?" "No, ma'am," replied Johnny, promptly, "not that bunch is gone."

"Papa," cried James, "you didn't you be glad if I saved a dollar for you?" "Certainly," my son," said papa, so delighted at this evidence of budding business ability that he had to the youth—

Well, I saved it all all right, and James, disappearing. "Yes," said I, "I bought a good report from my teacher, and would give a dollar but I didn't."

RED ROSE TEA "is good tea"

Getting Even.

Some time since a peevish-looking citizen was seated in a cafe when a man entered, leaving the door wide open. Instantly the peevish party became violently agitated.

"Shut the door, you chump!" he loudly exclaimed. "Where were you raised—in a barn?"

The other quietly closed the door, and then, taking a seat at a nearby table, he buried his head in his arms and began to sob. Naturally, this touched the heart of the peevish one.

"My friend," said he, going over to the sobby citizen. "I didn't mean to hurt your feelings. I merely wanted you to close the door."

"I am not crying because you hurt my feelings," he said, "I was raised in a barn, and every time I hear a mule bray I get homesick."—New York Globe.

CASTORIA For Infants and Children.

The Kind You Have Always Bought Bears the Signature of J. C. Watson

A farmer rushed up to the home of a country doctor in the village one night and begged him to come at once to a distant farmhouse.

The medicine man hitched up his horse and they drove furiously to the farmer's home. Upon their arrival the farmer said:

"How much is your fee, doctor?" "Three dollars," said the physician, in surprise.

Here y'are, said the farmer handing over the money. The blamed liver-men wanted \$5 to drive me home.

Concrete walks need no repairs

THEY are not only best at first but are cheaper in the end than any other kind of walk. They are clean, permanent and safe. There is nothing to become loose nor are they slippery. They improve the general appearance of a house and are a source of great satisfaction to every housewife because they keep children out of the mud, prevent colds from wet feet and prevent dirt from being "tracked in" on floors and carpets. Equally important is the fact that they never wear out and never need repairs.

This free book "What the Farmer can do with Concrete" tells all about concrete walks and how to build them, and a score of other things needed on every farm. Write for it to-day.

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Corson's Perfumes & Toilet Requisites



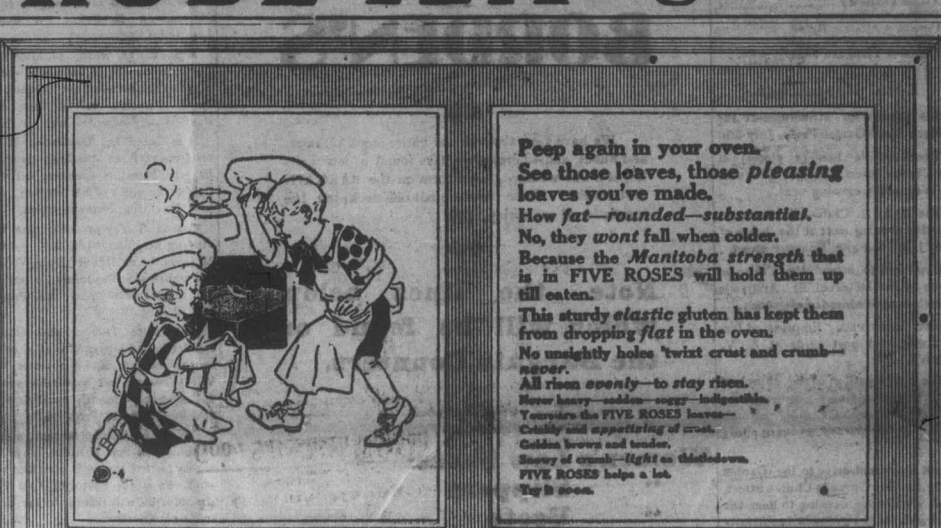
—When a Lady buys Perfume—

—She chooses it with as much discrimination as she does her gowns and hats. It must be distinctive in character—It must breathe refinement—and it must be of strictly high quality. Corson's Toilet Requisites fill all these requirements, whether in Perfumes, Toilet Waters, Face Creams, or Talcs.

They are composed of the most expensive materials, carefully compounded by skilled chemists.

Corson's Perfumes & Toilet Requisites

SOLE AGENTS: THE ACADIAN, WOLFVILLE, N.S.



Peep again in your oven. See those loaves, those pleasing loaves you've made. How fat—rounded—substantial. No, they won't fall when colder. Because the Manitoba strength that is in FIVE ROSES will hold them up till eaten. This sturdy elastic gluten has kept them from dropping flat in the oven. No unsightly holes 'twixt crust and crumb—neither. All risen evenly—to stay risen. Never heavy—neither soggy—nor brittle. Y'covers the FIVE ROSES loaves—Crisp and appetizing of crust. Golden brown and tender. Savory of crumb—light as childhood. FIVE ROSES helps a lot. Try it soon.

FOR SALE BY WM. C. BLEAKNEY

Five Roses Flour Not Bleached Not Blended

Wm. C. Bleakney

Wm. Regan, HARNESS MAKER

If You Ride H. or S. or drive in a carriage, see below, you make a start that the Trappings of HARNESS are in good order. Repairs executed promptly. All work will prove highly satisfactory. We carry a full line of Harness Dressing, Axle Grease, Whip, etc. Also Brushes, Straps, Rivets, Pouches, You'll not find our prices too high.

DOMINION ATLANTIC RY. STEAMSHIP LINES

Express from Toronto and Halifax 6:15 a.m.
Express for Halifax 4:15 p.m.
Express for St. John and Yarmouth 10:05 a.m.
Express for Annapolis 1:40 p.m.
Express for Kentville 5:40 p.m.
Express leaving at 10:00 a.m. connects at Kentville with C.P. Branch train for Kingsport.
Express from Kentville 8:15 a.m.
Express from Annapolis 12:35 p.m.
Express from Yarmouth and St. John, N.B. 4:15 p.m.
Express from Toronto & Halifax 10:05 a.m.
Express from Halifax 1:45 p.m.
Express from Halifax 5:40 p.m.
These trains only run on week days.
Express train leaving at 10:00 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S.S. Co. Ltd., sailing Tuesday, Wednesday, Friday and Saturday for Boston.
R. U. PARKER
General Passenger Agent,
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For every town and district where we are not represented. Position bringing high prices, and Success is in demand. Make big money this Fall and Winter by taking an agency. Experience not necessary, free equipment, exclusive territory, highest commission paid. Write for full particulars.

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Careful Driver and Moderate Prices.
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G. H. Buffe,
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For Sale in Wolfville.

Carriage Factory and Dwelling adjoining, formerly occupied by Charles H. Borden. Good location and a splendid opportunity for a good man. Will sell at a bargain.
MR. CHAR. H. BORDEN,
Wolfville.

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Order your Points, Alabastine and Wall Papers from us. We save you money.

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SAWED TO ORDER. Also Lathes, Shingles, Sheathing and Flooring. WRITE FOR PRICES.

J. H. HICKS & SONS

BRIDGETOWN, N. S.

Wentzell's Spring and Summer Catalogue is Ready

Is your name on our mailing list? If it is not you cannot afford to let another day pass without filling in, cutting out and mailing the coupon below. You'll save money.

WENTZELL'S Limited, Halifax, N. S. Without any obligation on my part send to the address below for your Spring and Summer Catalogue.

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BARGAINS IN CANNED GOODS THIS WEEK
Get your goods. You will be sure to buy. I want the money, and you want the goods.

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If you want good Coal promptly delivered give us your order. Old Sydney, Springhill, Annapolis, Hard Coal, Kings. Burgess & Co.