

FROM OLD SCOTLAND

NOTES OF INTEREST FROM HER BANKS AND BRAES.

What Is Going On in the Highlands and Lowlands of Auld Scotia.

The Glasgow Soldiers' and Sailors' Fund now amounts to over \$200,000. Four hundred and fifty men formerly employed in the Dunnikier Colliery are now serving with the colors. It is stated that 59 Glasgow men are among the saved from the transport Royal Edward which was torpedoed.

H.R.H. the Prince of Wales, attended by Lieutenant-General Sir Godfrey Thomas, has arrived at Aberfeldie Castle.

Linlithgow's first bandmaster, and a man of many remarkable records, in the person of James Struthers, has passed away in his 95th year.

Scottish shipbuilders launched during August 11 mercantile vessels of 15,665 tons were built on the Clyde.

Ten thousand dollars damage was caused by a fire that broke out at the North British Locomotive Company's Works in Flemington, Springburn.

An egg collection was made at the Ashkirk Parish Church on behalf of the Military Hospital at Hawick, to which the people sent 38 dozen eggs.

The new road at Seafeld, built as part of the North British Railway extension scheme for the development of the Lothian mineral field, is now open.

The lighting of Glasgow streets is to be reduced by one-half after midnight, to restrict municipal expense and to make the city less conspicuous from above.

Two small squads of Clyde engineers now work on Saturday afternoon in different establishments, relieving men who have been employed throughout the week.

Glasgow Corporation have remitted to a committee to consider the advisability of holding in Glasgow an exhibition similar to Leipzig Fair and other stock fairs held on the Continent.

Five motor ambulance wagons, subscribed for by members of the licensed trade in Scotland, have been presented to the Scottish branch of the British Red Cross Society, by the Lord Provost of Glasgow. The trade will raise \$25,000 and present twelve ambulances in all.

Edinburgh Town Council has received an intimation from the Secretary for Scotland that while Town Councilors will continue in office for another year, a Lord Provost and Bailie would have to be elected in November.

The King has signed an Order-in-Council applying the Defence of the Realm (Liquor Control) Regulation to certain areas in Scotland, comprising the counties of Dundee, Aberdeen, Perth, Forfar, Kincardine, Banff, Elgin and Nairn.

UP-TO-DATE TARGETS.

Represent a Whole Army Marching or Fighting.

It is dull work firing at a bullseye target, so that it is not surprising that the old-time soldier made small progress with his marksmanship. But set before him a target which embodies a definite idea, and appeals to his intelligence as well as his skill, and half the battle of good shooting is won.

This is the secret—with much practice and good training as well, of course—of the fine marksmanship of our men, for the bullseye is now only used in the elementary stage of rifle practice.

An up-to-date target represents a soldier, a horseman, a gun, or a whole army marching or fighting, scaled to size as it would appear at certain distances, and the soldier fires at it individually or in sections.

He begins by firing at a single target, representing the head and shoulders of a man lying down in the firing position, and some of these targets fall backward when hit. He then becomes familiarized with the appearance of different objects when viewed from various distances, and he learns to shoot straight as well as to estimate distances. No longer is he a mere automaton, pulling his trigger when his rifle is aimed at an object which he is told is so many yards distant.

Most wonderful of all is the Solano target, which represents a whole battle scene, with moving figures in their proper size and even the haze of distance allowed for. Ingenious devices provide other illusions which enable the soldier to become a perfect marksman.

So it is with the artillery. There are dummy villages to shoot at—let us haste to say they represent positions held by troops—cavalry on wires charge across shell-strewn plains, and sham guns belch forth smoke and flame.

When firing ceases it can be ascertained how many of the "enemy" have been annihilated.

Eternal Feminine.

First Girl—Belle always looks under the bed to see if there is a man there.

Second Girl—Yes, but she always glances in the mirror first.

LOOKING OLD TOO SOON

The Condition of Too Many Women and Too Many Girls.

Too many women and too many girls look old long before they should. Their faces become pale and drawn; wrinkles appear and their eyes lack brightness. Can this be wondered at when they so frequently have headaches, backaches and a general feeling of wretchedness and weakness? In most cases it is the blood that is to blame. From one cause or another the blood has become thin and watery, and it is a fact that anaemia (bloodlessness) more than any other cause, gives women this prematurely aged appearance. It is important that the blood supply of girls and women be regularly replenished—important not only on the score of looks, but to restore robust health, which is of greater value. Dr. Williams' Pink Pills actually make new blood and restore the system shattered by overwork or worry. These pills give a glow of health to pale faces and make tired, weary women and girls feel bright and happy. With Dr. Williams' Pink Pills at hand there is no need for any woman or any girl to look ill or feel ill. Mrs. J. McDonald, Jr., Hay, Ont., says: "I honestly believe Dr. Williams' Pink Pills saved my life. Some years ago I had anaemia, and as I did not realize the seriousness of the trouble I soon became a complete wreck. I got so weak I could hardly walk. I neither ate nor slept well, and could not go upstairs without stopping to rest. At times I had an almost unbearable pain in my back and would have to remain in bed. I suffered almost constantly from a dull headache, and when sweeping if I would stoop to pick up anything I would get so dizzy that I would have to catch hold of something to keep from falling. At times my heart would beat so fast that I would have a smothering sensation. My eyes were sunken and my hands and limbs would be swollen in the mornings. I tried several kinds of medicine without benefit and my friends thought I would not recover. Then I began taking Dr. Williams' Pink Pills, and before long could see and feel that they were helping me. I gladly continued the use of the pills until I was completely cured and I cannot say enough in their praise, and I strongly recommend them to all run-down girls and women."

You can get Dr. Williams' Pink Pills from any dealer in medicines or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

QUENCH THIRST BY STRATEGY.

A General Can't Get Liquor in Paris Cafes, But Wife Can.

Gen. Gallieni's order against alcohol being served to military men has caused many an amusing scene in the Paris restaurants. In the provinces the order is not so strictly observed. An official definition as to what constitutes alcohol has been given, by which it appears that men in uniform are entitled to drink any natural wine or liquor not more than 15 degrees strong. This bars even vermouths and quinquinas, all of which contain more than 15 degrees, in fact, it leaves no "aperitif" that is considered worth drinking.

British Generals have been refused whiskey and soda at dinner, much to their indignation, and when as often happens, their French is not sufficient to enable them to understand the reason, the other diners have had some fun out of the incidents. At many a restaurant when the coffee stage was reached it could be noted that officers seemed to be taking two cups at once. One contained a liqueur. Some restaurant keepers close their eyes when an officer orders a soft drink for himself and alcohol for his wife, and each drinks from the other's glass. Other restaurants are more careful, explaining that such and such a place had been closed for two days for allowing such a dodge.

Men on leave from the front take the matter philosophically, some resentfully, some smilingly. At the front itself the rum ration has been suppressed except for the men in the first line trenches. A returned "poilu," when asked what was his chief souvenir of the campaign so far (he had been at the front all the time since August) said at once: "The rum ration." The rum bottle. When the order suppressing the rum ration went into force we got an empty bottle and buried it with all the military honors we could arrange. We made wreaths of its grave and drew up a moving death card, announcing the death of a much-loved comrade, deeply regretted by all who knew him. They said the officers were much amused when they saw it."

CHILDHOOD AILMENTS

Ailments such as constipation, colic, colds, vomiting, etc., seize children of all ages, and the mother should be on her guard against these troubles by keeping a box of Baby's Own Tablets in the house. If any of these troubles come on suddenly the tablets will cure them, or if the little one is given an occasional dose of the tablets he will escape these troubles. The tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Admiral Jellicoe At a Dress Ball



Vice-Admiral Sir John Jellicoe, K.C.B., K.C.V.O., of the British Navy. Not as he appears in the conning tower, but at a fancy dress ball.

SHOOTING FOR RAIN.

An Expert Says Cannonading Will Not Cause Rain.

At a recent meeting of the Royal Meteorological Society, Dr. H. R. Mill, director of the British Rainfall Organization, discredited the theory that the firing at the seat of war was the cause of the heavy rainfalls of late winter. Those who argue that cannonading causes rain assert that the concussion shakes the air and thus precipitates the moisture in the clouds. If that theory is correct, the precipitation should occur immediately and in the area within which the explosions shake up the air strata. As a matter of fact, the lack of rain in the western war area during the months of September, October, March and April was noticeable and unusual. In the same way, he said, people had attributed the exceptional wetness of the winter of 1903 to the general adoption of wireless telegraphy. The fact that the winter of 1873, which was long before the use of Hertzian waves, was notably wet, and that no year since 1903 has been nearly so wet, in spite of the enormous increase in radiotelegraphy, shows the inaccuracy of such an explanation.

Corns Instant Relief

Putnam's Corn Extractor, night and corns feel better in the morning. Magical the way "Putnam's" kills a corn for all time. No pain. Cure guaranteed. Get a 25c bottle of "Putnam's" Extractor to-day.

JELICOE'S COAL BILL.

Modern Battleship Uses Twenty Tons of Coal an Hour.

The British Navy is the world's champion coal-consumer. In 1913, under peace conditions, the Admiralty spent no less than \$11,455,245 on fuel. What the bill for 1914 will be time alone will tell, but it will be many times greater than what it was in 1913. Every ship in commission, every bunker is crammed with black diamonds, and, day and night, a full head of steam has to be maintained, ready at a moment's notice for the order "Full speed ahead."

The average modern battleship requires about twenty tons of coal an hour in order to maintain a full head of steam. And we have nearly seventy such ships at present in commission, says London Answers. A battle cruiser, such as the Lion, has engines of greater horse-power than the average battleship, and consequently requires more fuel.

When Sir David Beatty's squadron of five battle-cruisers paid their famous visit to the Heligoland Bight, they consumed between them nearly 5,000 tons of the best Welsh steam coal.

Considering their size, torpedo-boat destroyers are even bigger gluttons for coal than battle-cruisers. Our Navy must be burning over 100,000 tons in the course of a day. The German Navy, which is resting so comfortably in the Kiel Canal, is doubtless very much more economical.

The British taxpayer can therefore look forward to being presented with the biggest coal bill the world has ever known. He can also look forward to going short of coal himself.

Germany used to be our best customer for coal, but the Navy is more than making up for any custom we have lost through the war.

Stocks are getting low and prices are going up and up. But we shall have one consolation as we sit by our empty grates. We may shiver, but Jellicoe is getting all the coal he needs. And a battleship without sufficient coal is of no more use than so much scrap-iron.

GET THIS CATALOGUE

SAVE MONEY

The Best Ever
Issued; Skates, Skating Boots, Hockey Sweaters, Uniforms, and Complete Outfits, Snowshoes, Moccasins, Skis, Toboggans. We want every man interested in Sports of any kind to get our large Free Catalogue. Prices right and satisfaction guaranteed. Immense Stock prompt shipment. You can save money by getting Catalogue to-day.
T. W. BOYD & SON
27 Notre Dame St. West
MONTREAL

ZINC IN WAR TIME.

A Constituent of Cartridge Brass and Shell Fuses.

Zinc is so essential in war that it has risen enormously in price in the past year. Costing originally only two-fifths as much as copper, it now costs decidedly more than copper, in spite of the fact that copper itself has sharply increased in value. Zinc is a constituent of cartridge brass and shell fuses, and is used also as a covering for iron barbed-wire fencing.

In 1913 the United States, Germany, and Belgium were the leading producers of zinc. Of the three, only the United States smelted domestic ores. Belgium and Germany relied mainly on zinc concentrates that they imported from the Broken Hill mines in New South Wales, where, for one reason and another, it does not pay to do the smelting. France, Spain, and Great Britain also produce substantial quantities, but not enough to supply their own needs. Austria and Germany have considerable deposits of ore in Silesia, Hungary, Carinthia, and the Tyrol. As the zinc-smelting furnaces of Great Britain are not well adapted for dealing with the Broken Hill concentrates, it buys the bulk of its supplies from the United States.

NEW WAY OF FIGHTING FLIES.

A Farmer Gives an Easily Applied Preventative.

Farmers whose barns and outhouses are infested by flies in the summer season may be interested in learning how to banish the pests. According to the Bloemfontein (South Africa) Free Press, a farmer who had many cows housed in different sheds saw, without being able to prevent it, the annoyance to which the animals were subjected. He happened, however, to observe that one shed, the walls of which were of a somewhat bluish tint, was free from flies, and the cows were unworried by their attacks. Thereupon he added a bit of blue color to the lime with which he covered the walls of his sheds, and at that moment the flies deserted the premises.

The following is the formula he used in providing this effective specific against flies: To twenty gallons of water add ten pounds of slaked lime and one pound of ultramarine. The wash should be applied twice during the summer.

MOTHER'S "NOTIONS"

Good for Young People to Follow.

"My little grandson often comes up to show me how large the muscles of his arms are."

"He was a delicate child, but has developed into a strong, healthy boy, and Postum has been the principal factor."

"I was induced to give him the Postum because of my own experience with it."

"I am sixty years old, and have been a victim of nervous dyspepsia for many years. Have tried all sorts of medicines and had treatment from many physicians, but no permanent relief came."

"I used to read the Postum advertisements in our paper. At first I gave but little attention to them, but finally something in one of the advertisements made me conclude to try Postum."

"I was very particular to have it prepared strictly according to directions, and used good, rich cream. It was very nice indeed, and about bedtime I said to the members of the family that I believed I felt better."

"One of them laughed and said, 'That's another of mother's notions,' but the notion has not left me yet."

"I continued to improve right along after leaving off tea and coffee and taking Postum, and now after three of years' use I feel so well that I am almost young again. I know Postum was the cause of the change in my health and I cannot say too much in its favor. I wish I could persuade all nervous people to use it."

Name given by Canadian Postum Co., Windsor, Ont.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled: 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

Painful Swellings Reduced

Muscular Strains Ended

Such Troubles. Now Quickly Rubbed Away by Powerful Remedy.

If you have any muscles that are strained and weak, that are frequently subject to rheumatic pains; if you have any painful swellings that refuse to go away—get busy with Nerviline. This is the very sort of trouble that Nerviline is noted for curing quickly. "I have proved Nerviline simply a wonder in reducing a hard, painful swelling. It followed an injury I received in my left leg and caused me great pain and discomfort. The muscles were strained and sore, and no other remedy gave the ease and comfort I got from rubbing on Nerviline. There is a soothing, pain-relieving power about Nerviline that touched the root of my trouble. Nerviline reduced the swelling, it destroyed the pain, it brought my limb back to normal condition." The experience of Mr. Bowen, whose home is in Middlesex, is not unusual. Thousands are proving every day that muscular pains of every kind, chronic rheumatism, lumbago, neuralgia and sciatica will yield to Nerviline when nothing else can possibly cure. Nerviline is an old-time family pain remedy, used nearly forty years with great success. The large family size bottle costs 50c, trial size 25c, at all dealers.

THE GREAT SEAL.

A More Elaborate Article Than Most People Imagine.

The Great Seal of England that Lord Haldane handed to the King when he resigned the Lord Chancellorship is, says the London Chronicle, a more elaborate article than most people imagine. It costs about \$3,500 to make it, and it consists of two heavy silver plates, in one of which is cut the die for the front of the seal, and in the other, that for the back. When the seal is to be affixed to a document, a lump of wax is softened in hot water and cooled in cold water, after which it is placed between the two plates and pressed. It comes out in the shape of a disk, with an impression on each side.

Formerly there was an official attached to the seal who was quite as proud of his office as the Lord Chancellor was of his. That was "Chaff-wax," whose sole business was to melt the wax and to take the impressions of the Great Seal as often as required. The writer remembers the last of the "Chaff-waxes," a rosy-cheeked old gentleman who lived long to enjoy the pension that a grateful country granted him for his important services. Those services are now performed by an unnamed subordinate in the chancery office.

Russian Tea Buyers Active.

Now that vodka has been abolished, the Russians are taking to tea with great favor. Russian agents are buying great quantities of tea in the East, thus forcing up the price of the product.

A Violated Agreement.

"I don't like to find fault, Mr. Landlord," said Dixie Ipsit, addressing the proprietor of the Ocean View House, "but didn't I understand that our arrangement was that all bills were to be presented weekly?"

"Undoubtedly, sir," replied the landlord.

"Well, I think you had better notify your mosquitoes of the fact, sir," said Dixie. "About 10,000 of them are presenting their bills nightly."

Minard's Liniment Cures Diphtheria.

The Warm Bath.

Smythe's mistake, which is described in an English contemporary, must have been disconcerting, to say the least.

"You'll find your bath in the out-house."

Thus he had been directed the night before at the little inn where he was stopping, and that is why he was now, in his dressing gown, pushing open the outhouse door. It was dark, but there was the tub, and it would do. He hopped in. In the middle of his ablutions the red-faced landlord thrust his head in at the door. In the dim light he failed to see the man in the tub.

"Water quite nicely warm, thanks," observed Smythe, "but it's a trifle muddy."

"Muddy be hanged!" roared the landlord, bursting in suddenly. "Your tub's in the next place. Git out of you blitherin' idiot! Not a word of this in the 'ouse, mind! Them's my 'ome-brewed ale you're a-washin' in!"

The more talk it takes to run things the slower they move.

DODD'S KIDNEY PILLS

CURES ALL KIDNEY DISEASE
URIC ACID, GRAVEL, RHEUMATISM, BRUISES, DIARRHOEA, BILIOUSNESS, ETC.

War does not make all men blood-thirsty. On the banks of the Yser in Belgium, where there has been such fierce fighting, the ambulance men one day found a young German badly wounded; and in the midst of the bursting shells they stopped to scribble a line describing what they had seen and heard, and pinned it on the blanket that enveloped him.

When he reached the improvised hospital, the nurses read the blood-stained sheet of packing paper, and one or two brushed away tears as they did so. It bore these words: "He saved the lives of seven British soldiers. It is good to know that, tenderly cared for by an English doctor, he eventually recovered."

Advantage of Years.

The novelist's small boy had just been brought to judgment for telling a fib. His sobbings having died away, he sat for a time in silent thought.

"Pa," said he, "how long will it be before I stop gettin' licked for tellin' lies an' begin to get paid for 'em, like you do?"

Minard's Liniment Cures Colds, Etc.

Minard's Liniment Cures Gargot in Cows

The Silver Lining.

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BRITAIN'S DREADNOUGHTS.

Numbers More Effective in Sea Than Land Fights.

The question of numerical superiority is of extremely great importance in naval fights—much greater than in land battles, says the World's Work. Ashore a weaker force, by intrenching and using obstacles, can stand off a much stronger one; for example, the German army in France has probably been outnumbered more than two to one during the recent extraordinary operations, yet the allied troops have been unable to make very much headway against the strongly intrenched line.

But on the water the "terrain" offers no protection, and, in consequence, it is mathematically demonstrable that, assuming equality of units, the "strength" of two opposing fleets varies as the "square" of the numbers of ships.

The great value of initial numerical superiority is evident; if England's 45 dreadnoughts can bring to action Germany's 26, the preponderance of strength of the larger fleet (assuming equal units) will be in the ratio of 2025 to 676—that is to say, England's superiority will be actually more than three to one, instead of less than two to one, as seems at first evident from the numerical proportions.

How to Awake

Fresh as a Daisy

Constipation Gone!

No other remedy acts the same. Works while you sleep, smooth, silent, effective. Cures the worst headache or constipation. This is what happens when you use Dr. Hamilton's Pills. For wind or pain in the stomach nothing works better. No bad taste left behind, no furred tongue, no more dizzy spells or bilious fits after taking Hamilton's Pills. All the old costiveness, frightful dreams and nervous disorders disappear as a ship in the night. The appetite is sharpened up, takes on a keen edge. You enjoy your meals, relish and digest them. Strength and buoyant spirits return. You feel good, you look like your old self again, with bright eyes and rosy cheeks. The best guarantee of good health and old age that man and woman can have is the regular use of this family Pill. Suitable to all ages, you should get a few 25c. boxes from the drug store and keep them handy. Remember the name—Dr. Hamilton's Pills of Mandrake and Butternut—no substitute so good as the genuine.

To Raise Telegraph Rates.

Along with the rise in the price of nearly everything else, the telegraph rate in Great Britain will probably soon be raised. It is reported that the postal authorities—the telegraph lines are the Government-controlled in Great Britain—are considering increasing, from 12 to 18 cents, the rate for sending a 12-word message, address and signature to be counted as words as heretofore. The 12-cent rate has been in force 30 years.

IT'S A GOD-SEND

TO HUMANITY

is what a leading physician says of Dr. Jackson's Roman Meal. Properly cooked into porridge according to directions on package, without stirring after first making, it is a delight to humanity. Use a double boiler or set boiler in basin of boiling water and use one cup meal to two cups water. Cook for half an hour. It's very nutritious, prevents indigestion and relieves constipation or "money back." Ask your doctor. At grocers', 10 and 25 cents.

The Runaway.

In spite of scoldings, Helen persisted in running away from home. One day, after a longer absence than usual, her mother asked, "Helen, dear, does not your conscience trouble you?" explaining that her conscience was a little voice speaking within.

Helen answered: "Oh, yes, mamma; that little voice is always saying: 'Run faster, faster, Helen; your mother is after you!'"

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Much Alike.