

This and That

THE OLDEST ANIMAL IN THE WORLD.

One of the most curious exhibits at the St. Louis Fair was a giant tortoise that weighed 970 pounds, and was reputed to be over two hundred and fifty years old. This ancient was discovered on an island of Seychelles by a man searching for interesting specimens, and after the strongest assurances that it would be returned to the islanders, who for generations had regarded it as a kind of god, he packed it up and brought it to this country. We have evidence that the creature was enjoying life more than one hundred and fifty years ago, and was then looked on with immense pride because of its maturity, so it is almost certain that the hour of its birth was over a century before that again. This makes the elephant, which often passes five-score years, and is supposed to be the longest-lived animal on the globe, seem quite a baby in comparison.

Of course, the great shell showed signs of time and tide, and from a crevice in its back a tiny palm tree had begun to sprout, but the dweller within acted as, if perfectly unaware that he was outstaying his limit upon this earth, and continued to waddle about with a truly youthful vigor. — Outing.

BE QUICK ON YOUR FEET.

Never allow your physical standard to drop. Keep up your energy; walk as if you were somebody, and were going to do something worth while in the world, so that even a stranger will note your bearing and mark your superiority. If you have fallen into a habit of walking in a listless, indolent way, turn right about face at once and make a change, says Success. You don't want to shuffle along like the failures we often see sitting around on park benches, or lolling about the streets with their hands in their pockets, or haunting intelligence offices and wondering why fate has been so hard with them. You don't want to give people the impression that you are discouraged, or that you are already falling to the rear. A man who is conscious of his kinship with God, and of his power, and who believe and of his power, and who believe thoroughly in himself, walks with a firm, vigorous step, with his head erect, his chin in, his shoulders thrown back and down, and his chest well projected in order to give a large lung capacity, he is the man who does things.

You cannot aspire, or accomplish great or noble things so long as you assume the attitude and bearing of a coward or weakling. If you would be

COMES A TIME.

When Coffee Shows What It has Been Doing.

"Of late years coffee has disagreed with me," writes a matron from Rome, N. Y., "its lightest punishment was to make me 'logy' and dizzy, and it seemed to thicken up my blood.

"The heaviest was when it upset my stomach completely, destroying my appetite and making me nervous and irritable, and sent me to my bed. After one of these attacks, in which I nearly lost my life, I concluded to quit and try Postum Food Coffee.

"It went right to the spot! I found it not only a most palatable and refreshing beverage, but a food as well.

All my ailments, the 'loginess' and dizziness, the unsatisfactory condition of my blood, my nervousness and irritability disappeared in short order and my sorely afflicted stomach began quickly to recover. I began to rebuild and have steadily continued until now. Have a good appetite and am rejoicing in sound health, which I owe to the use of Postum Food Coffee." Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the little book, "The Road to Wellville," found in each pkg.

noble and do noble things, you must look up. You were made to look upward and to walk upright, not to look down, or to shamble along in a semi-horizontal position. Put character, dignity, nobility into your walk.—Selected.

Nicholas I., Emperor of Russia, was born on July 7, 1796, the third son of Paul I. In 1813 he married the daughter of Frederick-William III. of Prussia. On the death of his brother, Alexander I. (1825), and owing to the resignation of Constantine, he succeeded to the throne, suppressing a military conspiracy with vigor and cruelty. After a brief ebullition of reforming zeal Nicholas reverted to the ancient policy of the Czars—absolute despotism, supported by military power. Wars with Persia and Turkey resulted in giving Russia an increase of territory. The movement of 1830 in the west of Europe was followed by a rising of the Poles, which was suppressed, Nicholas converting Poland into a Russian Province and striving to extinguish Polish nationality. The Czar's Pan-Slavism also prompted him to Russianize all the inhabitants of his empire, and to convert Roman Catholics and Protestants to the Russian Greek Church. The extension of British influence in central Asia led to an unsuccessful expedition to Khiva. During the political storm of 1848-9 Nicholas assisted the Emperor of Austria in quelling the Hungarian insurrection, and drew closer the alliance with Prussia. The re-establishment of the French Empire confirmed these alliances and led Nicholas to think that the time had come for absorbing Turkey, but the opposition of Britain and France brought on the Crimean war, during which he died.

HIS FACE VALUE.

A gentleman who called on a member of Parliament one day, and was waiting in the reception-room, was attracted by the manner of the small attendant, and started a conversation, says Tit-Bits, which resulted as follows:

"How much do you earn a week, my boy?" asked the caller.

"Ten pounds," said the youngster, promptly.

The visitor had no time to express his surprise or incredulity, because he was admitted to the member's private office just then; but once inside he said:

"Mighty bright youth you have there, to be getting ten pounds a week."

"Ten pounds a week! What are you talking about?" said the member of Parliament. "He gets twenty-two shillings."

"But he told me just now that you are giving him ten pounds a week," persisted the caller.

"Nonsense!" said the member of Parliament, and touched the bell. "Billy," said he, "did you tell this gentleman I was paying you ten pounds a week?"

"No, sir."

"You didn't? Well, what did you say?" asked the indignant caller.

"I said I earned it," was the prompt rejoinder.

An instance of the application of a precocious knowledge of the law by a child occurred in a Parisian school. In France education is obligatory, but the law cannot compel children to remain at school after the age of thirteen. This law, needless to remark, is usually a dead letter, but on the occasion in question a pupil suddenly got up in the middle of a lesson, gathered up his books, placed them neatly in his desk, took up his hat and moved toward the door.

"Where are you going?" asked the teacher, with a certain amount of acerbity.

"Sir," replied the boy, with irritating nonchalance. "I was thirteen years of age four minutes ago, and you have no longer any right to keep me at school."

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