Daily Magazine Page for Everybody

Secrets of Health and Happiness

"Lathyrism," the Odd Disease Due To One Species of Peas

By DR. LEONARD KEENE HIRSHBERG, A. B., M. A., M. D. (Johns Hopkins University.)

Before the marvelous discovery of Louis Pasteur, the great French scientist and Lord Lister, the English surgeon, that unseen, microscopic plants and animals cause fermentation, disease and decomposition in living things, which can be prevented by sterilization and dsinfection, most maladies were blamed on sewer gas, vegetables, meats, earth, air, fire or water. After Pasteur's triumph over hidden nature, most human ailments were considered largely infectious and due to animalcules

Lately, however, scurvy has been recognized as the upot of absent foodstuffs, in the stale vegetables, stale rations and want of fresh fruit juices.

Certain disorders, such as beri-beri and "refined wheat arthritis," are traceable to polished rice and highly rolled white flour. Whole grain wheat for the latter and unpolished lice for those with beri-beri soon cures both affections.

Richest and pollagra are two other "food deficiences". Rickets and pellegra are two other "food deficiency" dis-

ases. Rarest perhaps of all is lathyrism, a chronic nerve disease, due to the habitual use of the species of peas called vetchlings or Lathyrus Sativae. In these peas is a poisonous ing to Dr. Robert Stockman, in the Edinburgh Medical Journal, analogous to the alkaloid strychnine.

Some Very Susceptible. Some animals, like certain persons, danger from this kind of peas. are much more susceptible to the toxic effects of the poison than others. You Answers to Health Questions for a long time before lathyrism begins to manifest itself. In monkeys and other susceptible animals prolonged feeding seems to cause a sort of palsy may eat or feed these peas to animals or paralysis of the legs or arms.

Experiments conducted in various

ways upon different animals such as monkeys, dogs, pigs, ducks and sheep by Prof. Stockman point very definitely to the fact that both the large peas grown on dry wheat land and the "petit pois" or small peas grown upon wet rice lands are all more or less polsonous at times Diagnosis and Cure

the alkaloid poison extracted from the peas when given in a single large dose to animals, paralyzes the muscles of some member of the anatomy.

The symptoms of the trouble in man appear some time after the peas have the amount and frequency of week

Epidemics of lathyrism also occur in which the strange feature is the num-ber of men and the small number of women affected, namely, about 12 mer to 1 woman. Facts are absent to explain this. The guess of the profesplain this. The guess of the professes and the professes is that men eat and drink more, there any safe way of whitening it?

A—The following is an admirable and include in more exwork harder, and indulge in more ex-

cesses than do women. Cramps in the calves of the legs, stiffness of the leg or other muscles, up and down movements of the should ers or a drag of the toes may be the only signs if the peas are not often to be diet. If these peas are still ear, after the signs are signs adden

experienced, and there is nearly always ters will tendency to cross-legged locomotion.

vegetables, and the elimination of all

washing the hair frequently all dimin-ish the oil. The following is a good remedy to use on alternate nights: Glycerine ½ cunce Tincture of benzoln .. 1 dram

A FRIEND. Q-The palms of my hands are dry, hard, crack open and get very sore. What would you advise as a remedy? A-Apply cold cream and glycerine t

READER. Q - What treatment would you suggest for falling hair? ankles, if they are too thin, should be A-Massage a little of the following massaged, first anointing the hands been eaten. The exact time depends into the hair about three times a

Quinine 1	dram
Pilocarpine21/2	
Salicylic acid 15	grains
Lanolin 1/2	ounce
Petrolatum 1-2	ounce
and determined	

P. V. Q-My skin is very dark. Is prepartion for bleaching the face and cannot injure the most delicate skin: Glycerine 1 ounce Rosewater 1 ounce Carbolic acid 10 drops Tincture of benzoin. 10 drops

are of general interest. He cannot always undertake to prescribe or offer

The Famous Spanish Prima Donna

many have adopted the newer idea. A critical glance at your legs soon

sister will not be contented until her There are many sports that will con-

signers still cling to the "old love." but perfect co-ordination.

to keep them so, and her less fortunate body as to the arms

the right development. Fat in the tis-

sues will affect the shape and the

become rigid, although well neurished. always undertake to prescribe or offer as long a step as possible—bend the spection of the dining-room completed as long a step as possible—bend the spection of the dining-room completed as long a step as possible—bend the spection of the dining-room completed by the subject is not of general interest letting and there is nearly always term will be answered personally, if a long a step as possible—bend the spection of the dining-room completed by the subject is not of general interest letting in the feet back to first position. At least a long a step as possible—bend the spection of the dining-room completed by the subject is not of general interest letting in the subject is not of general interest stamped and addressed envelope is inis to correct close. Address ALL INQUIRIES to the diet with fresh fruits and other Dr. L. K. Hirshberg, care this paper.

How To Develop Your Ankles Even the simplest calisthenic requires the combined action of several muscles Nearer To Beauty Standards

flexibility, stand that upon both neet, for the local police at once.

and turn the ankles so that the weight And yet, the same psychic

Another simple exercise is to stand on one foot and with the other foot for the pencils and small metal penci Whatever is the decision, the woman reveals wherein they've been neglected. On who has well shaped ankles will desire held out as nearly at right angles to cases I had bought, the body as possible, try to touch the knee to the floor. This is most diffilliam Trumbull had time to the development of this part of the There are many sports that will contribute shapeliness and strength to your legs and ankles. Walking leads them all. Then there is swimming darking the back foot to cest upon the contribute shapeliness and strength to your legs and ankles. Walking leads them all. Then there is swimming darking the back foot to cest upon the contribute to the barn with the armful of legs and summoned him to bring weight of the body on the front leg, although the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute that I might prove false or lowing the back foot to cest upon the contribute the contribute that I might prove false or low the contribute the contribute that I might prove the contribute the contribute that I might be contributed the contribute the contribute that I might be contributed the contribute the contributed t Then there is swimming, dancing toe. Then twist the ankle and leg from Italian waiting beside the door

strength of the leg and ankle. The absence of muscle gives a corresponding straightness of line.

When the ankle is too fat there is a developing the muscles. Another way is to rise on the toes, count five, lower the body until the heels almost touch the floor; repeat when the ankle is too fat there is a degeneration of the tissues, and they should be worked back to firmness and strength. It is a mistake to be lazy. In projecting the daily walk to defend the daily walk to defend the daily walk to describe the daily walk to desc

In neglecting the daily walk you may bave allowed layers of fat to accumucise in her own home Massage, too, is the most helpful ally the shapeliness of your legs and ankles.

HATS THAT HINT OF SPRING



The "Hat Song" Begins with Old Favorites in New Guises

across the top of the crown.

its upturned brim.

is allowed to show on account of

This smart little model, with

the quill jauntily stuck through

HE earliest harbingers of large crown. spring have appeared-the

'first hats" of straw and fabric. Womankind gladly discards winter headgear, which perhaps has grown shabby and unattractive, and places on the pedestal in view of the world the spring hat. This season it is a spring song which will be taken up joyously by all femininity and carried jubilantly from days of chill into the sunny

The story of spring hats would lack interest if the sailor were ignored A new interpretation of this nonular shape is shown here.

in the work. After a warm bath, th

with cocoa butter or olive oil. Both are splendid flesh builders.

Always rub upward, from the ankle toward the knee. Massage the muscles at the calf with firm, strong strokes.

This will stimulate circulation, limber

the ligaments and tend to harden the

It is large and flat with a medium the brim. The quill is dark brown. The last of this trio of rmart The frame is covered with tete hats is a mushroom of black tafde negre tulle edged with chenille. feta with a crown of fine, mustard-Both brim and crown are effectcolor straw. The crown is ernaively trimmed with squares of chemented with coarse embroidery in nille. Two narrow, tightly curled a conventional flower design, a estrich tips, one of dark brown combination of silk and tiny roses and the other of scarlet, are laid carved of imitation coral An embroidered design in black trims the brim. The crown is dented at The small hat is in evidence. It one side, which is a feature introisn't so enveloping as the models worn in the past, and more hair duced in many of the spring hats.

"Sing a song of sixpence." six dollars or sixty, the millinery result will be the same if you will listen to the accepted keynote of the crown, is of brown caterpillar the spring song of fashion and straw. Tiny spirals of straw edge choose your hat accordingly.

ADELE GARRISON'S NEW

REVELATIONS OF A WIFE

How William Trumbull Carried Out Madge's Order,

ankles by bending the foot forward and backward, and from left to right, repeating each motion ten times before beginning the next. Exercise one foot beginning the next. Exercise one foot beginning the next. Exercise one foot breakfast-room door I watched him in at the assurance of William's strength. spect the catch of the pantry window and look carefully over the dintry take a long step to one side with the and look carefully over the dining- With his arms full of kindling, Wilright foot, bending the knee of the left room, the while believing that Katle liam was just coming up the steps of ties of bean recipes which can be made

versing the position.

The man was but a common burger his suspicions of solution.

Now take a long step forward—just lar, I told myself scornfully, as his in—would have been aroused.

Words That Bet once it will be noticed that the hips had used in entering the pantry to his and those muscles and ligaments on waiting attitude beside the kitchen the under side of the legs are brought door. He was probably making a tour of the village, pretending to sell the tracts aione. Aimost always it works in harmony with a number of muscles. gain entrance to as many houses as possible with a view to robbing them later on. It was plainly my duty to de-If the ankles are too heavy and lack tain him on some pretext, and to sen

And yet, the same psychic impuls of the body rests on the side of the which had driven me down the stair The gymmast's nether extremities are feet.

The gymmast's nether extremities are neither too fat nor too thin. The neither too fat nor too thin. The majority of determined are perfectly developed, each the short skirt. The majority of determined its work and all working in the short skirt. The majority of determined its work and all working in the short skirt. The majority of determined its work and all working in the short skirt. The majority of determined its work and all working in the short skirt. The majority of determined in Katic's wake to see this itinerant peddler, when ordinarily I would have manner, that the ankies are not pain performing its work and all working in this peddler, when ordinarily I would have manner, that the ankies are not pain fully twisted or strained. They should dismissed him, held me. I resolved to in Katic's wake to see this itineran wait for Katie's return to the kitche

> the barn with the armful of kindling had summoned him to bring in ord. lowing the back foot to rest upon the suspicion I had concerning the pseudo

"Villum, He Ask-" the tattoo of Katic's hurried footsteps entering the kitchen. I heard her pause

sudden chuckle she added, "Villum,

The wild fantastic suspicion which, to the kitchen door, I had had experi-After the massage treatment, begin had flashed into my mind at my first to exercise. Seated on a chair, flex the glimpse of the glove upon the hand ankles by bending the foot forward and of the preddler in the bizage discussed and the control of the bizage discussed and the bizage discusse

The foot bending the knee of the left room, the while believing that Katle liam was just coming up the steps of the kitchen porch as I reached the door. If the man at the door had been watching him instead of furtively eyeing me his suspicions of something unusual are of general interest. He cannot are of general interest. He cannot are of general interest. He cannot are of general interest. When the while believing that Katle liam was just coming up the steps of the kitchen porch as I reached the door. If the man at the door had been watching him instead of furtively eyeing me his suspicions of something unusual afford as much nutrition as an omelet with breadcrumbs and seasoning. Cover with the kitchen porch as I reached the door. If the man at the door had been watching him instead of furtively eyeing me his suspicions of something unusual afford as much nutrition as an omelet with another layer of bean recipes when the common to substitute for the meat dish:

Did you ever try bean muffins? A few of these muffins at lunch time will his suspicions of something unusual afford as much nutrition as an omelet with another layer of beans and I were both absent from the kitchen porch as I reached the door. If the man at the door had been watching him instead of furtively eyeing me his suspicions of something unusual with breadcrumbs and seasoning. Cover with the kitchen porch as I reached the door. If the man at the door had been watching him instead of furtively eyeing me his suspicions of something unusual with breadcrumbs and seasoning. Cover with the kitchen porch as I reached the door. If the man at the door had been watching him instead of furtively eyeing me his suspicions of something unusual with breadcrumbs and seasoning. Cover with the kitchen porch as I reached the door. If the man at the door had been watching him instead of furtively eyeing me his suspicions of something unusual with breadcrumbs and seasoning. The man at the door had been watching him instead of furtively eyeing me his suspicions of s

e tickled to the utmost by the ation. As soon as he saw me he began pulp, milk, melted fat and the other signed to show that he understood my nessage asking him to stumble accidry ingredients, sifted together. Pour entally so that he would hit the pedace free from smiles. But I flatter my-

elf I kept it absolutely expressionless ox. William," I said, "and then get an-

ght side of the psuedo peddler. Then ate oven until set. he'd my breath, figuratively and act-ally, as William, all the importance commission written on his face, ing some of the kindling fall, and adroitly managed to strike his hand smartly, but with every appearance of accident, against the gloved hand of

imped as if a bullet had struck him, an agonized expression crossed his face, and he fairly spat two words at William words similar to the one I had

From my lips burst an exclamation, "He coom right away queeck," Katie answered, also in a whisper. Then with man. He turned abruptly, cast one glance into my face, where he must he ask me if you vant heem bash dat glance into my face, where he must guy's head in for heem. He bring one have read recognition, and then turnguy's head in for heem. He bring one beeg stick along. He say he have eet handy eef dat guy gets funny. I tink he street, but down towards the pond, street, but down towards the pond, which was the rear boundary of our which was the rear boundary of our I pushed Katie aside and fairly flew place and that owned by the Durkees.

Il. strated by Gruelle. BETTY AND THE LITTLE BROWN

"Why, hello, Gocomeback!" Betty exclaimed, glad to see her little friend

"Surely you may come," replied Gocomeback. "I'm going to visit my little a lonely back-block station, and who brown sister, and I thought maybe

et his side.

the dragon-fly's back, and away they through the air. Before Betty ing in the midst of a great big forest. pear. In Queensland alone, one herder plant. And then one day it over-

Monkeys hopped from tree to tree, or

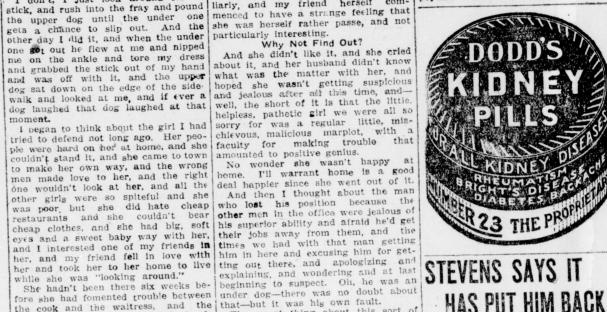
TOMORROW'S HOROSCOPE

(By Genevieve Kemble)

SATURDAY. FEBRUARY 2. This promises to be an interesting day, but of quite a different complexion from yesterday, for now the unconven-tional, eccentric and iconoclastic Uranus is regnant, precipitating things, good things, wholly unexpected, and breaking up old and unfavorable conditions ishering in the new and fortunate. Sudden and advantageous changes, journeys and removals are indicated, and all vocations and avocations pertaining to the higher forces an faculties are fostered, particularly electrical and aeronautical industries, inventions,

metaphysics, with the mind curious, fanciful and creative. Adventure and omance are in order. pulses greatly enhanced by Moon trine Venus, which promise joys and blessings to the home, to social, artistic and to affectional interests. Beware signing contracts, letters, etc., and all slanderous reports.

Those whose birthday it is should have a year of pleasant change, but should sign papers only with caution. A child born on this day may be romantic and adventurous, of splendid mentality, and popular with all its associates.



STEVENS SAYS IT HAS PUT HIM BACK chauffeur leit—he was a good chauffer, too, and had been in the place for six years—and the nursemaid got to having hysterics and being notional, and the little boy grabbed the little ON THE JOB AGAIN

girl's doll away and threw it out of the window, and the little girl hid the little boy's toy engine and wouldn't little boy's little boy's toy engine and wouldn't little boy's toy engine and wouldn't little boy's toy engine and wouldn't little boy's little boy's toy engine and wouldn't little boy's l Says it is Astonishing the Way Tanlac Overcame His Troubles.

> The stomach regulates the condition of the blood and is the fountain head of nealth or disease as the case may be. Tanlac is intended primarily for the regtion of catarrhal inflammation, but, it have used it, to find that it has refleved of rheumatism, kidney derangements and Place a layer of boiled Lima beans in many other ailments not generally re

The experience of Albert Stevens, afford as much nutrition as an older steed at a much lower cost.

Bean Muffins.

1 cupful of cold boiled mashed beans
2 eggs.

The experience of Ambert Steeders, and the color of the Archibald breadcrumbs on top and bake in a moderate oven for 20 minutes.

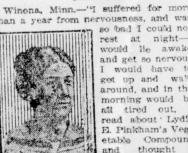
The experience of Ambert Steeders, and the color of the Archibald breadcrumbs on top and bake in a moderate oven for 20 minutes.

powers of the "Premier Preparation. Mr. Stevens says: "Off and on for several years I have been bothered with my kidneys and have had frequent pains in the small

had been broken it couldn't have hu. Left-over beans may be used as the basis for a complete meal dish by com- and extended all down through my hips bining them with other ingredients, and the muscles and leaders of my lega For example, a cupful of left-over I could hardly bear to turn over in bed As I spoke I moved to one side of the pulp and other ingredients, then pour baked beans, Limas, kidney beans or the pulp and other ingredients, then pour baked beans, Limas, kidney beans or the pain was so severe, and the only any other variety, may be cooked for a listurb me, would have to walk on the pan of hot water and bake in a moderbarley and seasonings like chili sauce, hobble around. Well, I was laid up thi catsup, celery or others. Or the beans way for two months, and while I tried and one other ingredient can be baked the best things I knew of, I never die

from a man I know personally, so I deas well as nutritious, and they go a in bed when I began on Tanlac, and it may seem astonishing, but it's a fact, by the time I finished my first bottle I was able to go back to work and I haven' ost a day from that time until now My kidneys don't bother me any more I have never found any thing that did the work like Tanlac, and I certainly appreciate what it has done for me enough to tell others about

Tantac is sold in London by Standard Drug, Limited, under the direction of a special representative, and by an established agency in every town,-Advt.



rest at night-I would lie awake and get so nervous I would have to get up and walk around, and in the morning would be all tired out. read about Lydia E. Pinkham's Vegetable Compound and would try it. My

left me. I sleep well and feel fine in the morning and able to do my work. gladly recommend Lydia E. Pinkham's Vegetable Compound to make weak nerves strong."-Mrs. Albert Sultze, 608

How often do we hear the expression among women, "I am so nervous, I canshould fly." Such women should profit by Mrs. Suitze's experience and give this famous root and herb remedy, Lydia E. Dinkham's Vegetable Compound, a tria

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Authorizing the sale, in usual package form, of

Grape-Nuts

Canadians can continue to have their favorite breakfast cereal in the handy, tightly-sealed package to which they have been accustomed.

The Food For These Times

At Grocers Everywhere!

Made by Canadian Postum Cereal Co., Ltd., Windsor, Ont.

Where An Imported Plant Was at First Carefully Tended, Then Became a Devastating Pest. One of the problems that confronts the prickly pear isn't a native of Aus-

the owners and the managers, the herders and the Jackaroos of the great to overrun the country until it has in cattle-raising and farming districts of some sections become a veritable plague, will, of course, never be known. which may stories have been told. But

country with the traditional speed of was found of curious plants, thought wildfire, the prickly pear seems to leap it would be nice to have a specimen beyond hope of profit either to man or beyond hope of profit either to man or little prickly pear plant. of the land by taking from them the nourishment of the soil and by making

But old settlers still tell the following again. "Are you going to take me

an even greater problem has been that of the prickly spear.

Spreading over some parts of the prickly pear, a good lady who lived in the strange prickly pear, a good lady who lived in

nourishment of the soil and by making it carefully lest it should die. Then that which lives hazardous for cattle when it showed signs of growing in Large is the number of acres—any ranger will tell you—that have succumbed to the blight of the prickly pear. In Queensland alone, one herder from the back-blocks declared in 1910 leaped or underran that protecting more than 10,000 acres had been spoiled fence and ran away all through the

nto a greased muffin pan and bake for Bean Custard. 1 cupful of mashed cold beans cupful of milk 2 eggs teaspoonful of salt teaspoonful of paprika

teaspoonfuls of baking powder

2 cupius of flour. Beat the eggs well, then add the bear

KITCHEN

ECONOMIES

mizing on meats, here are some varie-

1-3 cupful of melted fat 1 teaspoonful of salt

Beat the eggs well, add the milk, bean

Fried Lima Beans. 2 cupfuls of boiled Lima beans tablespoonful of shortening small onion tablespoonfuls of catsup

1 tablespoonful of chopped parsley Salt, pepper, paprika Melt the shortening in the saucepan and fry the onion a light brown. Drain the boiled Limas and try uncovered in

the hot fat for five minutes, stirring keep from burning. Then add the catsup, also one cupful of the liquor n which the beans were boiled, salt and minutes. Then serve, garnished with

Good Hight

change her dress, "I wish I didn't have to wear clothes,"

somewhere today?"

you'd like to go with me," Then he blew a big whistle that hung

Gocomeback and Betty hopped upon

more than 10,000 acres had been spotted and close upon 20,000,000 acres were endangered by the prickly pear. However this may be, it is a matter of government record that in this one the descendants of that lonely prickly rear alone there were applications for the descendants of that lonely prickly the property of the descendants of that lonely prickly the property figure ran through the little brown figure ran through the twice to clean up for Betty was very very little brown figure ran through the lonely prickly the property of the descendants of that lonely prickly the property figure ran through the little brown figure ran through the lone were applications for the descendants of that lonely prickly the property figure ran through the lone were applications for the lone and close upon 20,000,000 acres were surrounding country.

Betty ran into the house and quickly changed her dress. From that time on Betty's mamma never had to call her the property figure ran through the lone are the property for the proper

"But she hasn't any dress on!" ex- cold winds.

If you're helping John Bull by econo-2 cupfuls of boiled Lima beans 1 cupful of breadcrumbs cupful of white sauce

WINIFRED BLACK

Writes About SOME "UNDER DOGS."

Copyright, 1918, by Newspaper Feature Service. Inc.

Of course, it ought to depend on the dog.

one got out he flew at me and nipped

on the ankle and tore my dress

atch sight of him.

Which do you like better, the under dog or the one that's getting the best

It really isn't right to like the meanest, most cowardly, most treacherous dog best, just because he's under, is it?

And, after all, that sometimes does happen.

Of course, what we ought to do is to like the dog for

ctly as I should.
WHAT MAKES HIM "UNDER."

She's the Child of Right, she says, and everything she thinks and does and wishes is and must be right. And the worst of it is, it seems to be true, and

sometimes I feel like leading her away and getting her to do something absolutely wrong for once, so she'll stop looking so ineffable and feeling so sure.

The under dog—do you ever stop to think what makes him under?

I don't, I just look around for a husband began to behave very pecusick, and rush into the fray and pound liarly, and my friend herself com-

and grabbed the stick out of my hand about it, and her husband didn't know and was off with it, and the upper what was the matter with her, and dog sat down on the edge of the side walk and looked at me, and if ever a dog laughed that dog laughed at that

the cook and the waitress, and the hauffeur left—he was a good chauf-

what he is, and not for the place he happens to occupy in

I know I don't—and sometimes I'm rather glad of it.
I'm afraid I should be a little unsympathetic, like my
friend, the follower of the new religion, if I always did ex-

e scheme of things at the particular moment when we

But how many of us do as we ought to do all the

Why Not Find Out?

about it, and her husband didn't know

ttered baking dish. Then sprinkle cognized as having their origin in stom-

BY ISOBEL BRANDS

OF THE APPLECROFT

EXPERIMENT STATION.

tablespoonfuls of parsley and beat the yolks well, then add the beans, onion julce and other season-Separate the yolks from the whites lngs. Finally fold in the stiffly-beaten whites of eggs and pour all lightly into a baking dish. Bake in a slow oven for 20 minutes with a slow oven for 20 minutes and other season-disabled me for doing anything in the slow of the slow over the slow of the slow over the s served immediately, or it will fall.

together, covered with a white sauce and a sprinkling of breadcrumbs. There are innumerable ways of serv ing beans so that they are palatable.

If you wish other bean recipes. write direct to Isobel Brands, addressing her at the Applecroft Experiment Station, Greenlawn, N.Y., inclosing a self-addressed stamped envelope for a personal

claimed Betty. "Perhaps her mamma doesn't know she's out of the house, or re her mamma and daddy too poor t Gocomeback laughed again. been doesn't know what clothes are!!' eplied Gocomeback. "This country i warm she doesn't wear any dress

Just then little Deeo heard Cocomack laughing, and she came running Her straight, long, black hair hung down on each side of her small brown

She wore no pretty dress like Betty's, not even stockings or sho "Oh, dear!" exclaimed Betty, when nothing but a strange little skirt tied around her waist. She was as brown be a property from the waist. She was as brown the top of her head. Gocomeback introduced the two girls Deeo touched Betty's golden curls and

> asked Betty, slipping it off; but Dee through the bushes. "She wouldn't know what to do with the apron," said Gocomeback. "And yet she shivers often in the cold winds." "Where does she live-her house, I "Deeo has no house," replied Gocome-

"Would you like to have my apron?"

back. "The whole forest is her home. Her bed is made from vines tied together in the branches of a tree, and the sky is her only coverlet." Deeo's mamma gave Gocomeback and the air, and a dragon-fly alighted in Betty a drink of cocoanut milk out of a Betty enjoyed it very much.

Deeo was tossing in her swinging bed and Gocomeback and Betty sailed back Olmstead street, Winona, Minn. to Betty's yard again.
"Even if I do have to stop playing to to change places with Deco," laughed not sleep," or "it seems as though Betty, as she bade Gocomeback good-

Betty's mamma never had to call her ing such serious conditions as displace.

A little brown figure ran through the twice to clean up, for Betty was very government record that in this one year alone there were applications for new prickly pear selections accepted to cover 1,300.000 acres.

And yet, strange as it may seem.

The descendants of that lonely prickly pear through the descendants of that lonely prickly pear through the pear back. They cut it and slashed to she after a parrot, and Betty wondered what it could be.

A little brown figure ran through the proud of her pretty dresses, and wondered what Deeo, the little brown is dered what it could be.

"That's little brown figure ran through the proud of her pretty dresses, and wondered what Deeo, the little brown is dered what it could be.

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"That's little brown figure ran through the proud of her pretty dresses, and wondered what it could be.

"That's little brown figure ran through the pear back. It will be to clean up, for betty was very dresses, and wondered what it could be.

"That's little brown figure ran through the pear back. It will be the proud of her pretty dresses, and wondered what it could be.

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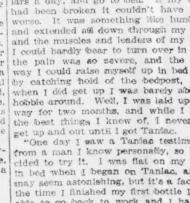
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