

# Polly--When Pa Wins, There's a Trick in It!













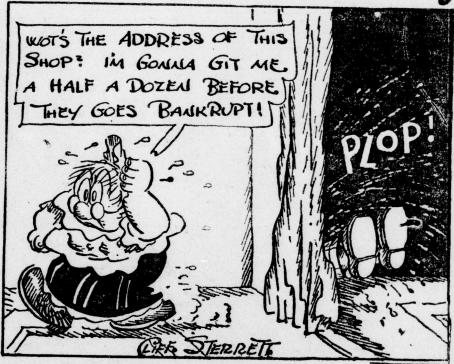














## DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As a Germ Laboratory.

## AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely
Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood,

In other words, a person who is habitually constipated is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain in the Back are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

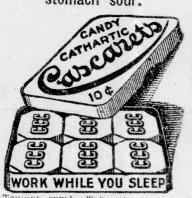
"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs.

50c a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-tives, Limited, Ottawa.

#### BEST FOR LIVER, BOWELS, STOMACH, HEADACHE, COLDS

They liven the liver and bowels and straighten you right up.

Don't be bilious, constipated, sick, with breath bad and stomach sour.



Tonight sure! Take Cascarets and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Wake up with your head clear, stomach sweet, breath right and feeling fine. Get rid of sick headache, blilousness, constipation, furred tongue, sour stomach, bad colds. Clear your skin, brighten your eyes, quicken your step and feel like doing a full day's work. Cascarets are better than salts, pills or calomel because they don't shock the liver or gripe the bowels or cause inconventable all the next day.

mext day.

Mothers should give cross, sick, bilious, feverish children a whole Cascaret any time as they cannot injure the thirty feet of tender bowels.





### HORLICK'S

Malted Milk for the Home
A nourishing food-drink for
All Ages. Anywhere at anytime.
Delicious, sustaining. No cooking