

This is one half of the cycle, the return is:—

- I. Co-ordination—Health.
- II. Tissue Cell—The periphery of a nerve.
- III. Vibration—Action in tissue cell.
- IV. Impression—When mental impulses have been made physical and returned to brain tissue.
- V. Afferent Nerve—Conducting cable to brain.
- VI. Transmission of Vibration—When power is being carried to brain.
- VII. Brain Cell—Place where power is received.
- VIII. Reception—Act of receiving impressions at brain cell.
- IX. Mental—Mind.
- X. Mental Interpretation—When the impression sent from tissue cell is made plain in brain cell.
- XI. Sensation—Realization of message by mind.
- XII. Ideation—Forming message into condition for suitable expression.
- XIII. Innate Intelligence—Individualized Universal Intelligence.
- XIV. Intellectual Adaptation—Using the message for the benefit of the body.
- XV. Universal Intelligence—Blending of supreme intelligence and normal physical condition.

The blending of mental and physical, is the only way in which a person can realize natural laws; a lapsing from natural laws is the cause of all deformities; physical, mental and normal. The lack of realization of natural laws for the controlling of the body is the one evil. Our bodies are a vast intricate machine, in which every organ plays its separate, individual part, and lends its support to the whole machine. There is neither superfluity nor lack of organs. They are placed in the position which best suits the fulfillment of their work. They are perfectly planned and evenly balanced. Each one, when working normally, plays its necessary little or large part to the proper expression of the whole; not a bone or tissue, or gland, or joint, or hinge, or articulation must