

The inhabitants of the province usually enjoy a good state of health. Some of them are robust and athletic, and well calculated to support the fatigues of war and the labours of husbandry. In childhood, however, they are subject to ague; and it is even common in sickly seasons, to observe infants at their mothers' breasts trembling in a fit of the disease. As they grow up to manhood, their constitutions become naturalized to the climate; and except when they reside in unhealthy situations, they seldom relapse into fever. Emigrants who rear their huts in low wet grounds, often suffer much in their families from sickness, during the first few years of their settlement. In Canada, as in other countries, there are elevated situations to be found, in which the air is pure and salubrious, whose inhabitants, neither in youth nor in age, have ever been indisposed by those diseases which at times predominate in the surrounding districts. Many of the old settlers, though living in places which are productive of disease, and