We strongly recommend that children under 18 who travel alone or with only one parent carry a consent letter proving they have permission to travel abroad. The child should have a letter from every person or organization with custodial rights, guardianship rights, or parental authority (in Quebec only). We advise you to have the consent letter certified, stamped, or sealed by an official with the authority to administer an oath or solemn declaration (i.e., a commissioner of oaths, notary public, lawyer, etc.) so the validity of the letter will not be questioned. See the back of this fact sheet for a sample consent letter or visit travel.gc.ca/letter.

All children need a valid Canadian passport to travel abroad. Make sure you and/or your child also carry supporting identification, such as a birth certificate or citizenship card. Check with the destination country's embassy or consulate in Canada regarding additional entry conditions and documentation that may be required, including divorce papers, custody court orders, or a death certificate (if one parent is deceased). These documents will help prove your citizenship, residency, and custodial rights when returning to Canada.

Keep some form of identification in your child's pocket in case you are separated. Carry recent photographs of the child for emergency identification purposes.

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