
deliver clothes, though it may sometimes be less expensive to take them into the shop yourself. The laundry list will show the charge for each article. In some universities, there are laundry facilities on the campus. Washing machines are often available in university residences.

There are also coin laundries ("laundromats") in most neighbourhoods. These are used by customers who bring their own laundry and put the clothes in a washing-machine, where they are washed, rinsed and partially dried, and then placed in a drier, which completes the process. The usual charge is \$1.25 for washing 4 kg of clothes, and 75 cents for drying.

Barbers and hairdressing salons

Hairdressing salons vary in price for services, which include cuts, shampoos, "permanents" and manicures. A shampoo and cut costs at least \$15. Barbers have a separate price for each item of service, indicated on a schedule posted in the shop. A haircut usually costs about \$10. Tips of 10-15 per cent are expected. Some barbers have had no experience in cutting the hair of customers from countries in Africa, Asia and the West Indies, and may refuse to cut yours for this reason. If you have difficulty, ask other students to recommend a barber who can cut your hair.

Postal facilities and communications

Letters: The regular rate for letters and postcards within Canada is 34 cents, and such mail is sent by air when appropriate. For information about rates for letters to other countries, you should inquire at a post-office. Special airmail letter-forms (aerograms) may be purchased for 68 cents and sent to any country. Every city has a main post-office downtown and a number of district post-offices. Stamps may also be purchased in many drug-stores, cigar-stores and hotels. When changing your address, ask at the post-office for a change-of-address card, which will ensure that your mail will be rerouted to your new address. A \$9.50 fee is charged for this service for a 4 month period.

Telephone: Directions on how to make a call are given in the front of the telephone directory. Public telephones are to be found in booths on the street and in hotels, as well as in many drug-stores, cigar-stores, and restaurants. There is no charge for local calls made from private telephones, or any limit to the length of the call. Special reduced rates are in effect in the evening and on weekends for calls between certain provinces and for cross-Canada calls after midnight.

Long-distance calls from private and office telephones can, if the numbers to be called are listed, be made by dialling direct. Calls that require the assistance of an operator can be placed either person-to-person or station-to-station. In the latter type of call, which is less expensive, you agree to