

gies of man were bent to devise means of increasing these. Then, the arena, the battle-field, the circus and the forest were the testing places of mankind.

In later times men have seen that the body is but the casket enclosing mind, and, ignoring the former and its claims, they have cultivated the latter until they have weighed the stars and numbered them, harnessed the lightnings, whipped the winds into submission to their will, made the waters their servants; in fact, have done almost everything but create the original atoms of matter; and what has been the result? The body has suffered, diseases have multiplied, weakness and premature decay the rule not the exception, life shortened, and possibly the condition of mankind rendered worse than before.

Again, men have said that the soul is all of man worth caring for, and, neglecting both mind and body, their souls have dwindled with both until man has hardly a semblance to what he was made to be, and what his united powers of mind, body and soul enable him to become.

In order that the soul might be untrammelled in its flights, men have shut themselves away from the world in monastery or other hiding-place, and, forgetful of that for which they were created, have spent their whole lives in meditation and prayer; have denied themselves almost every blessing, and certainly have denied to the world the blessing which their piety and devotion might have carried with them.

They have forgotten the fact that the same Being who breathed into the created form that divine something which men call soul, looked upon the form of clay which He had made and pronounced it good.

The times of men's ignorance are excusable, but when light is everywhere in the civilized world, and knowledge may be had for the asking, these mistakes, born of ignorance, ought not to be repeated.

I may be allowed here to quote the words of the inspired apostle to the Gentiles:—"I beseech you, therefore, brethren, by the mercies of God, that ye present your bodies, a living sacrifice, holy, acceptable unto God, which is your reasonable service."

Now, if these words of the apostle are reasonable, it is not rea-