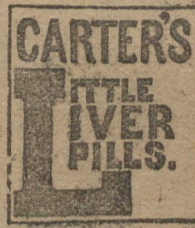


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Genuine Must Bear Fac-Simile Signature
Warranted
REFUSE SUBSTITUTES.

whole system needs to be in good condition to keep each organ right. So keep your body strong; for when the body weakens the eyes weaken. This is the reason of failing sight in old age.

Don't go to an optician to get glasses without first being examined and treated by a good oculist. Much harm is often done in this way, and your eyes are not things to run any risks with.

Don't use the eyes when very tired or weak from sickness; they are the most sensitive of our organs, and tire as the rest of us tires, and use, after a certain point of fatigue or weakness has been reached, is injurious to any part of our body.

Don't forget that hot water is most efficacious in case of inflammation or tiredness. Bathing for about ten minutes with water as hot as you can bear your elbow in is almost a sure relief. A boric acid solution, which can be obtained at any drugstore, also is excellent.

Don't neglect or strain your eyes; they are the most precious and useful of our senses. Take as good care of them as is in your power in the first place; but if they are not as they should be, have them attended to at once. Remember, if they are once injured, they are never quite so good as they were before.—Selected.

Religious Notes.

The contribution by Lord Strathcona of \$2,500 a year for five years, makes possible an extension of exploration work in Asia Minor, which is expected to throw light on some very interesting questions in connection with Biblical and other ancient history. Sir William Ramsay, it is said, will shortly go to Asia Minor to undertake investigations on a much greater scale than has hitherto been attempted. Sir William, in speaking of his intentions, says that he has been convinced for a long time, and now thinks it will be practically demonstrated by the next great series of discoveries, that Aryan history had its beginnings in Asia Minor, and that the people called the Hittites in the Bible, are the children of Heth, from whom Abraham bought a piece of land to make a grave for his family. Sir William is also credited with the statement that he will not be satisfied until the clay tablet recording the sale of that piece of land is discovered. He thinks there can be no doubt that the sale was thus registered, and the tablet deposited in a Hittite temple. Of the Hittite empire he says: 'It extended from the Aegan Sea to the borders of Egypt. It included the whole of Asia Minor and Syria. Their capital was in the northern part of Asia Minor, and its modern name is Boghazkensk. We know the sites of several of the great cities in Asia Minor. The duty of the future is to dig up those cities.'

Over 100 Protestant churches in France have agreed upon some sort of union. The first three articles of the union agreement read as follows: 'In Jesus Christ, as Son of the Living God, and Saviour of men; the unique religious value of the Bible, document of the progressive revelation of God, and the right and duty of churches and of believers to put into practice free investigation in harmony with the rules of the scientific method,

and the reconciling of modern thought with the gospel. The form of union adopted is the Presbyterian, and the governing body a general synod.

The secretary of the Evangelical Alliance, Mr. H. Martyn Gooc'h, writes: 'Arrangements for the eleventh International Conference of Christians, which is to meet in the King's Hall, Holborn, from July 3rd to 8th, next, are well advanced. The following countries will send delegates: United States of America, France, Germany, Holland, Belgium, Russia, Denmark, Norway, Sweden, Switzerland, and Italy.'

Dr. George F. Pentecost will have the sympathy of his many friends because of the sudden death of his eldest daughter, Mrs. Lucy P. Converse, an accomplished and brilliant woman, who accompanied her parents in their recent journey around the world. In their visits to foreign mission fields she sang to natives and Europeans in hundreds of meetings addressed by her father.

Pattern Catalogue.

For the convenience of the busy mothers into whose homes the 'Messenger' goes, we have arranged to supply a catalogue containing from 400 to 500 new designs for ladies', misses' and children's clothes, for spring and summer of 1907, all of which may be ordered through the 'Messenger' Pattern Department. The catalogue also contains practical illustrated hints on the making of fine lingerie and baby clothes. Send 10 cents in coin or stamps, writing name and address in full, that no mistake may occur. Be sure to mention the 'Northern Messenger,' or, if desired, the pattern coupons on this page may be used in ordering the catalogue.

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5725.—CHILD'S PLAIN FROCK.

Simplicity characterizes this little frock developed in sheer white dimity. It is gathered at the neck edge in front and back. Frills of narrow Valenciennes lace afford a pretty finish for the neck and full bishop sleeves, a band of insertion to match being set in above the deep hem. Nainsook, cambric, lawn, and linen are generally used and a fine quality of English long cloth may also be employed. The two year size will take two yards of 36-inch material.

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THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building, at the corner of Craig and St. Peter streets, in the city of Montreal, by John McPath Dougall and Frederick Eugene Dougall, both of Montreal.

All business communications should be addressed 'John Dougall & Son,' and all letters to the editor should be addressed Editor of the 'Northern Messenger.'