

O win this war every ounce of the strength of each of the allied nations must be put forth to meet the organized, trained and disciplined efficiency of the Central Powers—that gigantic, ruthless force which is the result of fifty years of planning and preparation.

And every ounce of every allied nation's strength is in the hands and brains and hearts of the individuals of each nation, because they are free peoples.

Now the individuals of each nation must live as well as fight, therefore a proportion of the effort and material of each nation must be diverted from war purposes to living necessities,

So the less each individual takes for himself or herself for personal use the more effort will there be left for fighting and winning the war.

Every cent you spend represents that much effort because somebody must do something for you in order to earn that cent-somebody's offort must be given to you instead of to the war.

Therefore the less you spend—the less of somebody's effort you take for your individual use-the more will you leave in the national surplus for war effort.

The war can be won only by the surplus strength of the allied nations. The money each individual saves represents that surplus strength.

So the truly loyal Canadian will use less, spend less, and save more, to help to win the war.



# SARNIA, ONTARIO

—a high-class training school in Bookeeping and Stenography. It is a patriotic duty of all young people to fit themselves to take the places of those who figh;.

Canadian offices have never been in such need of office help. Write your name and address in the blank and let us forward all information.

Address

## NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that creditors and others having claims against the estate of Thomas Lemon Swift, late of the Village of Watford, in the County of Lambton, and Province of Ontario, Lieutenant, deceased, are to send in full particulars of such claims together with the nature of security (if any) by mailing them to Cowan, Towers & Cowan, at Watford, on or before the 15th day of October, 1918, and after the said date the Administrator will proceed to distribute the estate among the parties entitled thereto, having regard only to the claims of which he shall then have received worker.

COWAN, TOWERS & COWAN, Solicitors for the Administrator, Dated this 10th day of September, 1918. 13-3

Quite a bit of excitement was aroused at the threshing held on the farm of J. at the threshing held on the farm of J. King, 14th con. Bosanquet, recently, A number of teams was engaged bringing the sheaves of grain to the seperator, when a load of oats, which was near the stack took fire nearly spreading to the stack. However they managed to get the load drawn out into the lane where it burned itself out, 'destroying the wagon and rack. Mr. Ebenezer Bannister who was on too of the load, had some ter who was on top of the load, had some of his clothes burned, but fortunately

escaped injury. Jack Campbell of Plympton town line is suffering from blood poisoning in his leg as a result of a pitchfork wound.

## ARKONA

Fuller Bros, announce that they will have no formal millinery opening this fall, but they have a large showing of hats now opened up.

Mrs. S. J. Lucas and two children, of Alvinston, spent last week with relatives

Mrs. J. Geo. Brown and Mr. Albert Rev. (Dr.) Farmer, of McMaster University, Toronto, will occupy the pulpit in the Baptist Church next Sunday, Sept. 15th, morning and evening.
The Professor is a recognized scholar
and speaker of considerable ability. He
will speak on Christian Education and
Present Day Problems. All welcome.

Mrs. Morton, of London, spent a few days last week with her brother, N. C.

Miss Lida Lucas, of Ann Arbor, is spending a month at her home here. Boy's and men's sweater coats. Old

Mr. and Mrs. Pressey are in Cleveland Mr. Clark Smith of Seattle is renewing old acquaintances in and around the Ark.

## ELLIOT BUSINESS COLLEGE

Young and Charles sts., Toronto. Every graduate and scores of under-graduates of this year have secured costitions, and out of the last one hun-dred and four applications for office help we filled only nine.

Enter Now. Catalogue Free.

#### NOTE AND COMMENT

Under pressure of war conditions the people of England are learning that their country when put to the test is capable of producing sufficient food for its population. Some people have known this all along; but it required a great war to make a practical demonstration of the fact. If England in the past has depended largely on the outside world for food it was not because she prefered to buy rather than produce. By utilizing to the full the available land of the country there is little doubt that England could feed a much larger population that she is likely to have for many vears to come.

In many of American cities they have abolished the plan of holding examinations at the end of the term to determine whether the children are to be promoted to higher grades. There the children are judged on records kept during the entire term and are promoted or not according to what they did from the first day method robs the last. This modern "examination childhood of all its horrors" and at the same time teaches youngsters that they are not graded on what they may happen to have on the tip of their tongues on some particular day but on their day to day work, just as they will be rewarded in later years for their week and week-out achievements.

This school room nightmare has harmed the bodies and minds of many children.

#### **CHOP STUFF**

A woman 82 years old is working in a Sarnia munition factory, and is able to do a good day's work.

Mrs. Ann Evans, an old resident of Alvinston and also of Brooke, passed away unexpected last week. Pte. Ralph Newton, a son of a former hotel-keeper at Alvinston, has been kill-

ed in action. The United Kingdom will change to the old time Sept. 29th and the U.S. on

A man near Owen Sound had to go to a doctor to have a grasshopper removed that had hopped into his ear.

An Italian girl who came from Buffalo and now employed at the Leamington Canning Factory made \$36.84 last week peeling tomatoes, only working seven hours overtime. Several others made nearly as much

Pearson & Kettle, Petrolea, have pur-chased Gus McLachlan's heavy draft show team in Inwood for \$800, also J. Sullivan's gray show team and mare, Brigden horses are in demand and fetch

The T. Eaton Co. of Toronto shipped into Seaforth a few days ago by express over six tons of their fall catalogues for distribution from Seaforth post office.

The express charges on the shipment were \$91 and the postal charge \$300. Harold Coates of Dunwich had a yield of 6000 bushels of spring wheat from 15 acres. Mr. Coates sowed 26 bushels which he secured from the local branch of the agricultural department, and con-

siders his investment a profitable one.

siders his investment a profitable one.

At the juvenile chautauqua at Strathroy, Mr. Huckle was requested by the mayor to give a talk on "Thrift." Mr. Huckle asked a showing of hands of all who had money saved up in the bank, and nearly every child held up his hand. When he asked how many had earned the money, only two hands went up. He then advised the laying away of five cent pieces and the self denial of indulging in ice cream and candy. The advise is sound and should be inculcated upon all chiland should be inculcated upon all chil-

#### CLEARING SALE OF FARM STOCK

## undersigned has received instruc-

tions from

JOHN MC INTOSH

to offer for sale by public auction on the premises, HURON STREET, WATFORD

SATURDAY, SEPT. 21, '18 the following valuable stock, etc., viz:

the following valuable stock, etc., viz:

1 G. P. Horse, 9 years old, 1 G. P. Mare 6 years old, 1 G. P. Mare 8 years old, 1 aged Mare, 1 Colt, rising 3 years light, 1 Colt rising 2 years light, 1 Colt rising 2 years light, 1 Colt rising 2 years heavy, 1 sucking Colt light, 1 Cow due to calve, 1 Farrow Cow, 5 Yearling Steers, 5 Yearling Heifers, 1 M.-H. Binder new, 1 M.-H. Mower nearly new, 1 M.-H. Steel Rake nearly new, 1 M.-H. Roller new, 1 set Discs new, 1 set St. Thomas Harrows, 1 set straight-tooth Harrows, 1 Seed Drill, 1 Cream Separator new; 1 Double Plow, 1 Chatham Fanning Mill new, 1 Walking Plow, 1 Lumber Wagon nearly new, 1 Buggy nearly new, 1 Cutter nearly new, 1 Democrat Wagon, 1 set Heavy Harness, 1 set Single Harness, about 70 Hens, Forks, Shovels, Barrels and many other articles.

Everything Without Reserve.

Sale to commence at 1 o'clock. TERMS—\$10.00 and under, Cash; over that amount 12 months' credit on furnishing approved joint notes; 6 per cent. per annum discount for cash on sums over that amount.

J. F. ELLIOT, Auctioneer.

## HEADACHE

differ from ordinary lenses, therefore no person can pick out a pair of glasses that will be beneficial in these cases. The eyes should in these cases. The eyes should be carefully examined to locate the eye stain, and the lenses

ACCURATELY

GROUND



No person should suffer with eye headaches when we are ready and willing to do all we possibly can to relieve with perfectly fitted glasses. Our optical business is on the increase day by day. We give a service hard to equal.

CARL CLASS Jeweler and Optician
ISSUER OF MARRIAGE LICENSES

#### DESIRABLE VILLAGE PROPERTY FOR SALE

Comfortable frame house and two good lots, situated on Gold street, Watford. The house is in good repair. Some young fruit trees and berry bushes on the premises. Hard and soft water. urther particulars apply on the premises. NELSON CHAMBERS.

#### Presbyterial Meeting

An interesting sectional Presbyterial meeting was held in the Watford Presbyterian Church on Tuesday afternoon and evening and not only satisfied but exceeded expectation. Ten auxiliaries and four mission bands were represented. Mrs. R. Stirrett, Presbyterial President, presided. Mrs. Sawers, in the name of the W.M.S. and on behalf of Watford auxiliaries extended a gracious welcome to the delegates.

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Miss Katie Campbell, of Inwood, gave a very bright, interesting account of the summer school held at Grimsby which she attended as delegate of the Sarnia Presbyterial.

Mrs. Rac. president of Toronto Press.

Mrs. Rae, president of Toronto Presbyterial, explained the objects and aims of the sectional meeting and told of the success which has followed their introduction, especially in rural parts, and Mis. Forster gave a splendid report of the Provincial annual meeting held in Toronto.

An excellent paper was read by Miss Drinan, of Strathroy, on "A Call to Service."

Service."

In the evening Miss I. Ross, of Know Church, Warwick, continued the subject of service by dealing with "Its Rewards" in an excellent way.

Mrs. Rae gave the address of the convention when she dealt with the subject of "Stewardship" in a very pointed, terse and forceful manner. A selection by the choir and the national authors. by the choir and the national anthem closed a very interesting and profitable

#### GUARD BABY'S HEALTH IN THE SUMMER

dangerous to children. The complaints of that season, which are cholera infantum, colic, diarrhoea and dysentery come on so quickly that often a little life is beyond aid before the mother realizes he is ill. The mother must be on her guard to prevent these troubles; or if they do come on suddenly to cure them. No other medicine is of such aid to mothers other medicine is of such aid to mothers during hot weather as is Baby's Own Tablets. They regulate the stomach and bowels and are absolutely safe. Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medidine Co., Brockville, Ont.

## Canadian Valor

The following was clipped from a Chicago paper:

'Canada will always have a place

in the affectionate regard of all the peoples of the world-for when the mother land was in trouble Jack Canuck unasked and unafraid sprang to the very front lines of her defence.

"The soil of Flanders is drenched in Canadian blood. At Langemark St. Julien, Festubert, Givenchy and Sanctuary Wood the mettle of our neighbours was tested and their was no false ring to it.

The way to Calais was blocked by a handfull of Canadians, who beat back the flower of the German army. On the Somme, Canadian boys went unflinchingly to death and to glory. At Vimy Ridge they disregarded all orders and charged the enemy with an abandon that drove them from the suburbs of hell.

"Kamerad" is not in the Canadian lexicon and the Germans know it, and, knowing it, fear them as they now do the brave boys of our own country.

Only yesterday we read that five Canadains captured 100 Germans and that a boy from Manitoba rode a tank's top through an engagement and came through unscathed.

Canada has every reason to proud of the valour of her sons and we are proud to be neighbours of such a valiant people. —Louisville Courier-Journal.

LENSES

15th Sid Wel M Blond R W Bas R A' Joh C Mann

F Phelp E W Sm J Ward, F Wakel T Wake Gerald I C A Barr J Burns C Blunt

Percy Mi Lloyd Ho Geo Four

Hospit E C Croh Macklin Stanley I Henry H C Jamies

Wn Mitc Ernest La C H Loye S R Whal

Vern Bro

Fred A Ta

Wm Macr

T A Brand Allen W. I

Alfred Ley 18th, 191 RR Annet

R H Tren 8th, 1917 Murray M Ambrose ( Austin Pot

Russ G Cla John J Brow Frederick

Elgin D Hi Arthur Mcl Roy E Acto

CF Luckh

Edgar Pren Chester W

Lieut M R J J. C. Hill, n Lieut, J. B. WEST

Reginald J James Phai Russell Mc Leo Dodds John Staple Mel. McCor Tom Dodds Wellington

CENTE Nelson Hoo

Stanley Hig Bence Corist

Fred T East