THE AYLMER EXPRESS : THURSDAY, APRIL 11, 1901



SCHOOL LUNCHEONS.

The majority of mothers are too busy to spend much time in preparluncheons for their children to carry to school, yet frequently a little more forethought and preparation the day before would result in an altogether more pleasing and wholesome menu, with little or no greater expenditure of time or trou-

With few exceptions the dishes may be prepared the day before, while getting the family dinner, and then placsleeves gathered into a straight cuff ed where they will be kept fresh and cool until wanted. The bread for the sandwiches, however, is better if not cut until morning. Always cu bread for sandwiches quite thin, trim off the crusts and if for girls

have a puff effect directly at the back of the wrist, and some models show a stitched or embroidered band, little more than an inch wide, over the shoulder seam. Other waists show the deep collar either in sailor form or a round rever-shaped collar, which forms the neck into a round V and falls a bit over the shoulder on the sleave. In this make them very small. Boys gener-

make them very small. Boys gener-ally like theirs to be gomething more than "a mouth'th." Minced chicken, turkey or beef may be moistened with a little eatsup or mixed with minced celery, seasoned with salt, and put in a small jelly glass, if it is not to be made into sandwiches. Creamed cauliflower is delicious cold, also cold baked beans nad green peas are excellent. Usual-ly there is something of the kind left over from the family dinner which, if put in a small cup or glass, would prove a welcome addition to the school salads. When baking pies, make a few turnovers, using different kinds of fruit to give variety. If cup custard is to be made, beat one egg until where the flavoring to taste, and fill up the cup with rich milk. Stir well, set in small pan of haj water and bake un-til firm. Wide shallow cups are much nicer for blanc mange, tapioca and farina puddings. Do not fill them quite to the top, then spread over them a little jelly or jam. Grate the cheese for sandwiches, moisten it slightly with sweet cream and season with a little sait before

Grate the cheese for sandwiches, moisten it slightly with sweet cream and season with a little salt before surged in the bread for the salt before to every garment she puts on. spreading it on the bread. For peach sandwiches, spread brown or whole

PORK AND BEANS. Parboil beans in one or two wa

sundwiches, spread brewn or whole wheat bread, cut very thin, and cov-er with a thin layer of preserved peaches, drained from the syrup and slightly chopped, put on the top piece, press lightly together and wrap in waxed paper. Fruit sandwiches alone make an excellent dessert. ters, and when ready to cook, put a small piece of pork with them and boil till beans begin to soften. Turn into an earthen dish to bake, having Cinnamon roll is much liked by the beans quite moist. Pour a lit-

most children. To make it, roll out the molasses over them when ready biscuit dough into a thin sheet, for the oven, about 2 tablespoons for spread on it soft butter and sprinkle 1 qt beans. with brown sugar and cinnamon. Roll Pick over, wash and put to soak with brown sugar and cinnamon. Roll up with a sharp hot knife cut off slices about an inch thick, put in a foured pan, sprinkle with brown su-gar and cinnamon and bake in a bot

15 minutes, then pour off the water Chop celery and cold boiled beets and add 4 qts boiling water and a

Chop celery and cold boiled beets wery fine for sandwiches, moisten with mayonnaise and spread on but-tered brown bread. For giager patties cream together 1 teacup each of brown sugar and butter, beat into them 2 eggs, add 1 cup molasses, with a scant teaspoon off soda dissolved in hot water and beaten into it, then add 1 cup milk, a little salt, 1 tablespoon ginger and 1 teaspoon cinnamon; sift 2 teaspoon be sould artsolved in hor water and beaten into it, then add 1 cup milk, a little salt, 1 tablespoon ginger and 1 teaspoon cinnamon; sift 2 teaspoons baking powder into 5 teacups flour, measured after sifting, and beat into

of view and can be made so dainty besides being always in order with any kind of skirt. A very attractive variety is shown in the white linen waists decorated with an allover design of embroidery. Both black and white linen floss are used

very effectively in the design, which in some instances is in separate sprays. The linen is in all grades of thickness and the embroldery is used for the entire waist with plain sleeves, for the fronts with plain back and sleeves, or for a deep yoke, box

plait end cuffs only. The heavy linen waists are made with very little tucking, if any, and It nerves us on to try again when there is us blue; The dimples of encouragement are good for me and you. It pays a higher interest, for it is merely lent; It's worth a million dollars, and it doesn't cost a mostly quite plain as to fulness, except directly in front, where there is more or less of the blouse effect. The

smile comes very easy; you can wrinkle up with have a puff effect directly at the back



from the bottom step, "that aim t right, you know." "No," said Johnson, "I suppose not, but honest, I would hate to be caught dead with a face like that tied around my neck. It all goes into the papers, and Fil with a face like that tied around my neck. It all goes into the papers, and I'll be hanged if I could rest easy under my little old pile of dirt if there was such a frump looking picture as that printed in all the papers under the caption, 'Lieu-tenant Johnson's Sweetheart, When He time He Wore Over His Heart When He ibied.'' "Needn't worry," said Tomlinson. "When the pictures net you all the back to the States to Johnson's family, and in due time along with the pictures of Johnson that were printed in the papers were the sweetheart of Lieutenant Johnson of the Fourteenth cavalry, who was killed in the Philippines." Alice Netley saw it one day. She gazed

"Needn't worry," said Tomlinson. "When the niggers pot you, all the hos-pital corps will find on your mangled re-mains will be a greasy deck of cardy. Two pipes and a plug of tobacco. You may have one picture in the pocket over your heart, but it will be that of some vauderille actress with golden hair that they give away with eigarettes." "Ob, I don't know," said Johnson. He looked cautiously across the street to-

LET 'JS SMILE. The thing that goes the furthest toward making If worth while, That costs the least and does the most, is just a pleasant smile. The smile that bubbles from a heart that loves ity fellow men sun again. It's full of worth and goodness, too, with manly kindness bleat; It's full of worth and goodness, too, with manly kindness bleat; It's worth a million dollars, and it doesn't cost a cent. There is no room for sadness when we see a cheery smile; t always has the same good look; it's never out of style. It nerves us on to try again when failure makes us blue; Define of encouragement are good for me and you. "It isn't safe to be funny these days mless one labels one's jokes," said a woman who went abroad recently, "You know, I've always rather fancied myself as a wit, and on the steamer coming home I really let myself out Everybody was a bit seasick, and I-Well, even I had times when I thought I'd rather own an automobile than any

kind of a yacht. One day we all fore gathered on deck and talked about what we'd gone through-you know how people do on shipboard. I was talking in my cleverest vein with an English family. "'I'm like a famous lady,' I chortled gayly. T'll be extremely glad to set foot on terra cotta again.' "That evening the mother of the Eng-

"But," piped up Samuelson suddenly "But," piped up Samuelson suddenly, "how about this gri? Suppose she sees her picture in the papers as the sweet-heart of a brave young afficer who died for his flag in Luzon? Say, she won't do lish family took me aside. "'My dear,' she said. 'I'm so much older than you that I am sure I may times before you can squeeze out a

make so bold as to tell you something, and I want you to take it in the spirit in which it is meant. You said this

morning you'd be glad to set foot on terra cotta again. I thought I'd just call your attention to the thing so you won't make the same mistake again. It isn't terra cotta, it's terra firma."--

Dartmoor consists of a tableland with rugged peaks or tors and all but im-

passable marshes. After a dry summe it is easy to pick one's way across parts of it which at other times are full

A smile comes very easy; you can wrinkle up with cheer A bundred times before you can squeeze out a soggy tear. It ripples out, moreover, to the heartstrings that will tug And always leaves an echo that is very like a bug smile away. Folks understand what by smile is meant: It's worth a million dollars, and it deen't cost cent. Baltimore American. Baltimore Alloce Chubb Baltimore American. B

lieutenant's personal effects and turned them over to the colonel commanding th

the world solely to drive me out of it. The strength of Samson, the genius of Hoiner, the prudence of Augustine, the

"Ob, I don't know," said Johnson. He Pep-Be de from his pocket the photograph of a cover beautiful young woman. The face was even for almost pathetic sweetness, and the beater just drawing apart to speak. "See that?" said Johnson. "I haven't med in got any sweetheart myself any more than about a rabbit. But I buscared this one today t, and from old Manny." "Why, I never knew him. He never www." Then she thought. Yes, the Four-teenth cavalry had come through the town on their way to the Philippines. This lieutenant had ben with the regi-ment at that time, of course, and prob-ably had seen her and fallen in love. Then he had obtained a photograph somewhere, begged it from one of her friends who would not tell of the affair. Then he had worn this picture over his heart to the day of his death. She turn-ed to the account of how the lieutenant

beaten into it, then add t eup mitk, a little sappoon cinnamon; sift 2 teaspoons baking powder into 5 teaups flux for gowder into 5 teaups neasured after sifting, and beat into the bornic y tim kertle with about the bornic y tim kertle with

CLAIMS PIKE'S PEAK.

Didn't See the Joke

Surface Indications.

From "A Book on Dartmoor," writ-ten by the Rev. S. Baring-Gould, comes

a story which might have come from a

when he saw a hat lying brim down-ward on the sedge. He gave it a gen-

An Englishman thus describes the vife of his bosom in his will: "Heaven seems to have sent her into

Clerk-Yer; the old landlord busted

p; owed thousands of dollars to all the

rovision dealers in the neighborhood.

or every \$10 he took in he spent \$20. Traveler-Too bad, teo bad! He's the

Too Much For the Cab

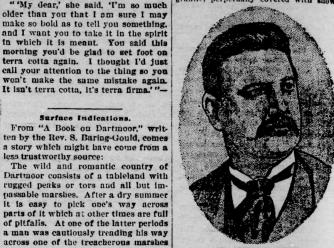
One of the wealthiest wine mer-

Old Soldier Says 3% Is His Under the Hone stend Law.

Hozi stead Law. The claim of an old soldier to owner-ship of Piko's peak, that most famous American mountain top, is made under the homestead law and is without doubt the most astounding claim ever brought before the government land offices. The claimant, Dr. Albert G. Lewis, former mayor of Manitou, declares the

The chaimant, Dr. Albert G. Lewis, former mayor of Manitou, declares that as soon as President Cleveland made his proclamation transferring the entire mountain from the war to the interior department he, under date of Feb. 2, 1980, filed an old soldier's declaratory statement at the Pueblo land office upon the land in question and took up his resis dence there winter and summer for three years.

years. The mountain top is a barren mass granite, perpetually



DR. ALBERT G. LEWIS.

when he saw a hat lying brim down, ward on the sedge. He gave it a gen-tle, good humored kick in passing and almost jumped out of his skin when a choked voice called out from beneath: "What be you a-doin to my 'at?" "Be there now a chap under'n?" ex-"Ees, I reckon, and a hoss under me likewise." <u>A Difficult Wife.</u> An Englishman thus describes the wife of his bosom in his will:

fore the government converted the peak into a timber reservation. His quarter section is a quarter of a mile wide and a mile long and goes directly over the sum-

the world solely to drive me out of it. The strength of Samson, the genius of Hoiner, the prudence of Augustine, the skill of Pyrrhus, the patience of Job, the philosophy of Socrates, the subtlety of Hannibal, the vigilance of Herno-genes, would not suffice to subdue the perversity of her character."-Ex-change. A Popular Host. Traveler-Eh? Has this hotel chang-ed hands? the world solely to drive me out of it. The strength of Samson, the genius of mile long and goes directly over the sum-mit of the famous peak. Dr. Lewis will be represented before the supreme court by several expert land and title lawyers. Should he win his case he will posses property worth an mercy the tens of thousands of sight-severs and tourists who annually climb summit. The cog road up the mountain will be at his mercy also, and ho can levy any taxes for franchises and right of way.

f way. It cannot be denied that Dr. Lewis ved there during three years. The disputed point in the controversy seems to be as to whether President Cleveland's proclamation actually and legally trans-ferred the land from the war to the in-

Pike's peak was named for Lieutenant Zebulon M. Pike, who conducted the first exploration of the Rocky moun-tains in 1806 under direction from the president of the United States.

FOUND NEW STAR

Vassar Girl Claims Equal Honori With Scottish Astronomer

Miss Ida Isabel Watson, a student in The opened the door and, getting a pur-the opened the door and, getting a pur-chase on the railing of "cabby's" seat, tried to hoist himself in. But his weight was too much for the vehicle, which careened over and, as the sidewalk is very narrow, crashed into a window of a printing office. M. R. had meanwhile collapsed on the Watson's telescope was covering Algol She had just obtained a good focus when



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is by word that the fa girdled th.

only sotual form ot piles. Darling, moanel as



the Rue Princesse. M. R., the corpulent man, hailed a cab, which came alongside the curb.

only landlord I ever met who knew how to keep a hotel.-New York Week-11. chants in Paris and also one of its stoutest citizens was the hero of an eplsode which caused much laughter in

R. had meanwhile collapsed on the ground, and "cabby" by a miracle

d hands?

clung to his uncertain perch. Then followed a stormy period. The printer came out and wanted to have the price of his broken window, the fat man tried to get the cabby to drive him away, and cabby refused to take any

Peach Tapioca Custard-Put a 1-2cup cream. Let bake in a hot

sponge with a part of yeast. Make a sponge with a part of the flour, the yeast and the water, letting it stand for three hours. Add the other in-gredients, melting the butter, and heating separately the whites and yolks of the eggs. Before making it into a dough with the flour, let it is again for one hour. Then mold into pans, let rise and bake rather slowly. This recipe makes an excel-lent lunch cake. lunch cake.

Sugar Crisp3-Make a soft dough with 21-4 cups Graham flour, 1-2 cup white granulated sugar and 1 cup ra-

white granulated sugar and 1 cup rather thick sweet cream. Knead as fittle as possible, roll out very thing, y, cut in rounds, squares or oblongs, and bake in a quick oven.
Roll Sandwickes-Cut small rolls in two, scrape out the crumbs and fill the hollows with nice foremeat, then the halves together with tape or narrow ribbon. Any kind of mineed meat or fawl is nice for the filling, filling used in ordinary sandwiches.
Salied nuts are both appetizing and nourishing, and the majority of children are very fond of them. Celery and appeas cannot be too often included in the lunch menu.
MIRTWAISTS.
No doubt the white shirtwaist with lead the procession because it is so very desirable from the isundry point

and gas and electric light companies, which git have to supply about a third more power than usual. But there are also the railways. Fog signalling is ex-fere using a day's fog in extra pay to the plate layers When in addition to their regular wages and the red dight cannot be seen at a dis-trace of a hundred yards the plate layers become fog signallers, and for this they are paid a shilling a day in addition to their regular wages and fill overtime does not run into a second frequently heard than seen, and likk a number of things, such as babies. To red an under of things, such as babies. To red regently beard than seen, and likk the red light, such as babies. To red regently beard than seen, and likk the same leas a long. long times are of things, such as babies. To red a number of things, such as babies. To red regently beard than seen, and likk the same leas a long. long times are. To red regently beard than seen, and mean than the same leas a long. long times are. To red signals, like a euckoo, are more frequently beard than seen, and likk the same leas a long. long times are. "Say, Johnny," put in Smuelson, "be

"Say, Johnny," put in Samuelson, "be a good fellow. Why not let the picture travel around? That is, let the fellow that goes out on a campaign take the picture, and then when he comes back let if go to the next man that goes hika subscription toward the restoration of Peterborough Cathedral.

contains a and three ted on to It comes hundred bundred many left ing." "I can beat that," said Tomlinson. "I can beat that," said Tomlinson. "I can beat that," said Tomlinson. The Royal Cook-Does Your Ro Highness feel well enough to parts of this sailor we have captured? King Um Yah-Yes, chuck him the pot. I'll try this galt care I heard so much about. Highness feel well enough to partake

of this sailor we have captured?

Finally all parties adjourned to the

the centre of the beans. Pour over, Peach Tapioca Custard-Put a little tapioca custard in the bottom of a wide, shallow cup, then a lay-er of preserved or canned peacher, tard. Raised Raisin Cake-Two pounds flour, 1-2 lb sugar, 1-2 lb butter, 6 eggs, 3-4 pt water, 1 lb seeded rais-ins, the juice and grated rind of 1 lemon, and 1 gill of yeast. Make a sponge with a part of the flour, the yeast and the water, letting it stand for three hours. Add the other in gredients, melting the butter, and for three hours. Add the other in gredients, melting the butter, and for three hours. Add the other in gredients, melting the butter, and both a dough with the flour, let it has a supply about a third more bus a dough with the flour, let it has a langels and let a there are also has band has a many sol it. Manny's brother-in-has band has a many sol it. Manny's brother-in-

The late Bishop of London had a fine sense of humor, as the story refine sense of numeral lated well illustrates, ago, when Bishop

Creighton was Bishop of Peterborough, he was the guest, during a confirmation tour in the diocese, at an old manor house, and slept one night in a room supposed to be haunted. Next morning at breakfast he was asked whether he had seen the

Yes, he replied, with great solem-

nity, but I have laid the spirit. It will never trouble you again. Being further questioned upon the subject the bishop said, "The ghost instantly vanished when I asked for

The Royal Cook-Does Your Royal

police station, where the difficulty was straightened out, and M. R. set to work looking for another cab.

Shrinking.

Once upon a time there was a Bathing Suit which was much reprehended in that it was not modest. There was likewise at this same time also a Violet whose modesty was a matter of universal comment.

"What is your system," asked the Bathing Suit, accosting the Violet, "for "Would fain be thought modest too?" "Why, I shrink." quoth the Violet, meaning no harm. But when the Bathing Suit shrunk in

pursuance of this hint it was only repchended the more and was finally cast away as being quite impossible

To Rest Her Mind.

"Your little birdie has been very, very ill," she wrote to the young man. "It was some sort of nervous trouble, and the doctors said I must have perfect rest and quiet and that I must think of nothing. And all the time, dear George, I thought constantly of you.'

The young man read it over and then read it through again very slowly and put it in his pocket and went out under the silent stars and kept thinking

and thinking and thinking. He only kept on thinking. CHIP OFF THE OLD BLOCK.

The Good Man-Playing marbles on the Sabbath! Boy, I shall go in and inform your father. The Bad Boy-Paw ain't home. The Good Man-Where is he? The Bad Boy-Playin' golf!

An expert worker will turn as many as 60 bottles a minute and maintain this rate for ten hours a day, handling 36,000 bottles in a day's work. Is it any won-der that after years of this monotonous drudgery these men develop all kinds of strange moods and fancies? They be-come gloomy and faciture and get the strangest ideas into their heads. Some of them persist that the vaults are haunt-ed and profess to see eyes glaring at them from obscure corners and figures flitting past them-possibly the eyes and figures of men who have turned bottles before them and cannot refrain from re-visiting the haunts of their carthy days. A fool may have sense enough to get a good wife, but may not have sense enough to know it after he has got her.

she perceived a bright, flashing dot that was not recorded in the textbooks. At first she thought she had made an incorrect observation, but soon was con-vinced that she had discovered a new star.

Turning Champagne Bottles

An expert worker will turn as many

star. Four days later she made another ob-servation. The star had diminished con-siderably in brightness. Miss Watson and little to her teachers or friends about her discovery, and the full details did not become public until the scientific world began to marvel at the Scotch

man's find.

Calton spen Mrs. J. He Miss Em her holiday loden. Mr. Jas. week with Michigan. Messes.

con and W for New C ious to the and M. Dor with a bibl

