#### "Eczema All Over Arms Suffered for 12 Years?

Mrs. Murray Hough, Wiarton, Ont., writes:

"I had eczema for twelve years. Every once in a while it would break out and spread all over my arms. I tried all kinds of treat-



even the salve I got from the doctor did no good. At last I tried Dr. Chase's Cintment and it healed the That is over a year ago, and I have had no return of the trouble."

Dr. Chase's Ointment

a box, all dealers or Edmanson, Bates & Co., Ltd., Toronto

GERALD S. DOYLE, Distributor.

# The Imprisoned Heiress

## Le Spectre of Egremont.

CHAPTER XXV.

Jessy read the lines over to herself. her pail in her hand, set out for the They contained the brief statement rendezvous appointed by her lover. clusion, that he had money enough constant lookout lest she should meet of Douglas Kepp's return, and the

Yosman. We should come back some was warmer, because more sheltered May, and I'd write to father."

eral rounds of toast, and boiled pota- but little more than a bridle-path. toes. These she placed in blue earth- Upon this path, embowered in trees en bowls, and the whole was carefully that almost concealed it from view deposited in a large tin pail, and set even to the passer-by, stood a small morning?" she asked.

she put on her best gown-a bright hued linsey-woolsey-with a heavy by one of the under-foresters, but it ed assent.

to go with him or come home, as I a well-kept garden, and it had been saw how despairing he was. like."

Acting on this principle, she made as lay in her power. a few additional arrangements, and 'She passed in at the little wicket- her departure, and as often reseated

She tended the fire by covering it wide living-room. with ashes, in the manner known to She had hardly done so when Gos- the cottage in which he had found skillful housewives, and then, taking mai Kepp emerged from an finner refuge.

# **WORKING GIRL'S** EXPERIENCE

Read how She Found Help in Lydia E. Pinkham's Vegetable Compound

Arnprior, Ontario.—"I must write and tall you my experience with your medicine. I was working at the factory for three years and became so run-down that I used to take weak spells and would be at home at least one day each week. I was treated by the doctors for anemia, but it didn't seem to do me any good. I was told to take a rest, but was unable to, and kept on getting worse. I was troubled mostly with my periods. I would sometimes pass three months, and when it came it would last around two weeks, and I would have such pains at times in my right side that I could hardly walk. I am only 19 years of age and weigh 118 pounds now, and before taking the Vegetable Compound I was only 108 pounds. I was sickly for two years and some of my friends told me about Lydia E.

man?" asked the girl, "I will "The smoke would betray me!" cried the fugitive, "I had a fire dur-

ing the night-it was so terribly cold -but I let it die out toward morning Those coals can't make any smoke

> o often to kill Lord Ashcroft." an swered the girl, sadly. "But there is

other news, Gosman." "Nothing that affects me?"

"My father has come back! Heaven

her to come prepared to go with him. avenue leading to the cottage of the concluded. "You will go with me, "Poor lad!" murmured the girl. "If Kepps, turning into a by-path which won't you, Jessy? We can write to

asked the girl, doubtfully.

living out in the world. Gosman?

cottage, of picturesque appearance, as were uncurtained; no smoke came and to-morrow take the train for some It was rather curious, since she had from the chimney-stack; and its gen- place a good way off. I will come up not made up her mind to desert her eral air was that of desolation and de- to your cottage for you. Say you will go, Jessy."

This cottage was usually tenanted The girl hesitated, but at last yield-

"I'll stay with you till noon," she blue silk one—that! Jessy had more than once visited it said. "Father thinks I have gone to well became her. It was curious, too, in company with Gosman Kepp, and it spend the day with your mother, so since she was so undecided, that she was her hands that had trained the I've got some hours before me. I donned her few and inexpensive orna- ivy-vines around the small windows almost wish we were going this mornments, and put her trinkets and scan- they half covered—her hands that had ing; though, of course," she added, tily filled purse in her pocket. trimmed the bushes on each side of "it would be too dangerous."

"There are but a few shillin's," she the front porch. It had been her task Kepp finished his breakfast, and said, half aloud, "and, in case I to beautify this little home as well then the couple talked about their should go with Gosman, they would as the chalet, for her father was ex- plans, etc., Jessy's resolve to go with come handy. I'd like to go prepared pected to have the forest looking like her lover gaining new strength as she

Jessy's pleasure to assist him so far The hours passed but too swiftly, and Jessy rose several times to take gate, opened the door, and entered the herself, feeling that she could not leave Gosman to the cold and loneliness of

(To be continued.)

He was greatly changed in the brief

His hair was uncombed, his here-

tofore smooth face was covered with

at the moment of leaving home.

its contents, and Kepp did justice to

It was barren of furniture, with

a three-legged stool. There was noth-

ing on the floor except dust and dirt,

and the fire-place had only a few

smoldering embers in K

them, while she surveyed the room.

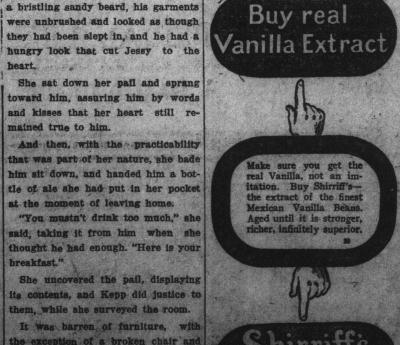
last seen him.

heart.

mained true to him.

breakfast."

A tunic frock of black satin uses time that had elapsed since she had embroidered roses of dull gold as





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Creamy, full-bodied fudge, crispy nut-crackle, smooth, velvet-like chocolate creams all follow the use of Carnation Milk in candy recipes. Carnation adds a smooth richness to your candy, for Carnation Milk is just pure, fresh milk, evaporated to double richness, kept safe by sterilization. Economical—it keeps indefinitely in the can, and for several days when opened. Order from your grocer several tall (16 oz.) cans or a case of 48 cans.



The Label is Red and White

Carnation Milk Products Company, Limited, Aylmer, Ontario.



# SIDE TALKS.

By Ruth Cameron.

When One Has Children.

sible to order our lives so as to get a

great deal more real happiness and

henefit for both ourselves and the

surely they are foolish if they do not

This famous old

English Remedy for Coughs and Colds

vention and circumstance.



Whenever I visit so many people do.

house a few years ing to make more money he would try it is announced.

to myself, sometimes to them.

They are people who cannot get away for long in the summer on account of the nature of the man's business, but on the other hand they are not obliged to tie up to street cars because they have a machine. In fact they cannot depend upon any car service because his work sometimes keeps him until the middle of the night. For the first years of their marriage they lived in a rented apartment in the city while they looked the ground over thoroughly and decided just what they wanted to do.

Beautifully Arranged.

They finally choose a situation on the shore of a lake where they will get swimming, fishing and canoeing in summer, and ice boating and skating in winter. Behind them is a country club. They are not on a direct car line into the city which makes land reasonable and keeps the district from building up too fast, but they are only eight miles from the city by machine. They have as many sports to enjoy as their friends who can get away in the summer, and they have also the solid omfort of their own home to enjoy hem in, not to be duplicated by any but the most expensive summer cot-

For winter they have the oil heating system which makes it possible for them to leave the house who they want for a few days without fear

The house is marvelously compact and convenient and equipped with every labor saving device making hem reasonably independent of ser-

They Get Their Money's Worth. They have no children but aside rom that misfortune. I know of fev

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coupon below and we will ladly for-ward - free Mary Blake's Carnation Recipe Book, Many

years experience and study in the kitchen at your dis-posal. Over 100 de-lightful and helpful recipes. Try these

FUDGE

2 squares chocolate, 2 table spoons butter, 3 cups sugar, ½ cup water, ½ cup Carnation Milk. Meit butter and Chocolate in saucepan, add sugar, Carnation Milk and water. Cool untimixture forms soft ball in cold water. Cool without stirring, beat until creamy, mold on buttered plate or waxed paper.

CARNATION CARAMELS

CARAMELS

1 cup brown sugar, 1 cup white sugar, ½ cup corns syrup. ¾ cup Carns atton Milk. Mix welland boil, stirring often until the mixture makes a firm, though not brittle, ball when dropped in cold water. Pour into a pan which has been rinsed with cold water and allow to cool without stirring or disturbing. When nearly cold, mark into squares and cut

when nearly cold, may into squares and cut when cold. If liked, nut meats or ecoconut may be laid in the pan before pouring in the candy. If chocolate flavor is liked, add one square of melted chocolate before the candy has finished cooking.

This coupon entitles you to one copy of Mary Blake's Cook Book which contains over 100 carefully tested recipes. Cut out this coupon and mail to Carnation Milk Products Company, Ltd., Aylmer, Ont.

Drop of Deadly Fluid Will Annihilate Disease Bacteria.

Minneapolis, Minn., Dec. 29.-Ultra "How well have And it is because they have planned they are invisible with the strongest you ordered your and ordered the circumstances of their microscopes, and which presumably lives and not chosen carelessly, as live as parasites on disease bacteria have been isolated in experiments at some friends of I know another couple who are in- the University of Minnesota in a fluid mine who built tensely fond of all out door sports. so deadly that one drop of the liquid themselves a very When the man was 50 he made a will annihilate the most highly decharming little choice. He decided that instead of try- | veloped culture of disease bacteria.

ago, I find my- to get more joy out of life. He made Dr. Robert C. Green, assistant proself making that comment, sometimes arrangements with the head of the fessor of bacteriology and immuno firm that he should train an assistant ogy, has worked with the ultra mito do the simpler part of his work and crobe for three months and has sucthat henceforth he should work only cessfully produced the "phage" which three days a week. The rest of their mysteriously kills bacteria,

time he and his wife spend in their The mysterious substance so deadcamp in the country doing the things ly to disease bacteria, the bacterithey have always loved best to do. ologist explained, was made by filter-Isn't that a better ordering of his life ing bacteria cultures through a stone than going on earning more money filter. A culture of dysentery bacevery year and still being tied down, teria, for instance, he said was put through a stone filter. The result was a white, clear liquid which con-Of course when one has children it tained no disease germs. Diluted one is not quite so simple to order one's million times a drop of this liquid delife. They are a big factor that has to stroyed the bacteria of dysentery in have first consideration. Nevertheless, a few hours. even with children I think it is pos-

#### Wizards on Horseback

children if we analyze what is most worth while in life, and how we can in the war with Spain are frequently plan to get it, instead of simply living referred to in the newspapers, are along from day to day in a rut of con- the most daring riders in the world. When in full gallop they will throw As for the people who don't have their swords and matchlocks in the children, who miss that great joy, air, and catch them by the hilts or isn't that all the more reason why stocks without drawing rein. they should try to find themselves

Not long ago a war corres whatever compensations they can? declared that he had seen a Riff rider They can not have the sweetness of thread a needle held by another rider family life, they do have freedom, while racing full tilt across the sand! use that freedom to the best advansimilar spectacular feats. One of their favourite tricks at gymkhanas is to snatch a child from its mother's arms, throw it into the air, catch it, and return it unharmed to its parent. Indian riders of the Great North-

West will dismount while their steeds re galloping, pick up an object on the round, and remount almost in the

BOSTON, Dec. 23.—Both confiden of scoring a knockout, Sully Montgomery, former Centre College footbal

dec13,eod,tf

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Men's Pure Wool Plain Half Hose, assorted Heather

Men's Pure Wool Plain Half Hose, assorted fancy

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THE HARD ROAD.



Leo's busy

WALT MASON hick lands he said were soaked with y every mail, and he lived in po

and state such as might with kings prevail; every hour he skinned skate, robbed a sucker of his kale what he's told to Now he's toiling in the pen and his do, with the heart is sick and sore; gone are all weary grim-faced his fron men, gone are all the gems men who have he wore, and he's weeping now and knocked the laws then as he scrubs the prison floor askew; when we From his window with its bars he can turn him loose look out on the night, see the happy again he'll be old, Volstead bars, where the lights are and, grim-faced glowing bright, see the passing motor too, Leo, he was cars, and the people's sane delight passing s l i c k, Honest men are going by, thinking much too smooth life a lovely pome; happy wives are for honest toil; and he sold the gentle buying pie for the cherished ones at home; only crime must sweat and oil, making laws and statutes sick, sigh underneath the starry dome. Leo turning down the rules of Hoyle Leo's had a first rate head, Leo had a bulg fortune soon was great, money came ing brow; had he worked to gain his bread it were better, you'll allow, for the crooked life he lead put him where you see him now.



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