# An Alluring Abandon

#### A GARDENED GLADE

waist attire.

ments are under way to permit police-men to forsake the heavy blue and

It is quite certain that we are fac-

come when she must share her bless-

has an unfinished look about it that is

But the comfort of new apparel is

old fashion plates and recall our own

absurd for warm weather. Yet it has

we stand. It may become necessary to

who want to dress exactly right may

be comfortable, and many a million-

ern days. The rich are getting almost

everything-even the comforts of the

While the pit and dress circle ap-

MALT BREAKFAST FOOD

Establishes Dizes ive Vigor And

P. omotes Sleep and

Defects and derangements of diges-

tion are among the most common of human ailments in hot weather. Im-proper dieting and the use of grain

breakfast foods that tax digestive

strength, are prime causes of stomach troubles. Malt Breakfast Food, pre-

digested, nutritious, energising and

easily digested, is the true summer health food. It maintains health and

promotes refreshing sleep. Grocers

BIG TRAVELING ZOO.

Us rivalled Collection of Wild Animals With

Ringling Bros.' Circus.

Ring'ing Brothers' menagerie, which

will be seen with this famous big show

when it exhibits Chatham next Wed-

nesday, June 26th, is the largest and

most complete zoological collection in

the world. The display is complete in every detail. It contains more

specimens of rare wild beats than all

the other circuses and zoological gar

dens in America combined, including the only giraffe known to exist. The

magnitude of the collection is suffi-ciently indicated when the statement

s made that it embraces thirty ele-

phants, ranging from the tiniest of baby elephants to a herd of the

mals and a hundred dens and cages

method of displaying these animals is admirable. The great menagerie

pavilion is arranged like a vast zoolo-gical garden. In the centre space

are displayed the elephants, the great herd of camels, the curious Philippine

water buffaloes, the dwarf sacred cat

tle, the sixty Shetland ponies and

other led animals. The wild animal dens, which are handsomely carved

and gorgeously decorated, line the walls, with a broad esplanade be-

tween. A successful effort has been made to exhibit the animals in such

a way as to illustrate their life in a

natural state. The aquaria in which

the hippopotami, sea lions, seals, and other water-frequenting animals are

exhibited, is supplied with constantly-flowing water. The aviary comprises nearly a score of handsome, gold-iluminated cages, filled with the gay-

The children's menagerie, with its

tiny cages of animals, has the largest

and most varied collection of monkeys

apes, chimpanzees and other sin ians

ever placed on exhibition for the please

ure and profit of the little folks

Among the hundreds of other curious

animals there are many rarely seen in

captivity. There is a ferocious bi-horned rhinoceros, a fine specimen of

the gnu, or lhorned horse; monster

white Polar bears; a den of black

tigers; several superb specimens of the Royal Bengal tiger, scores of lions,

pavilion. The circus, like the mena-gerie, is bigger and better than ever

this year, Scores of new arenic fea-tures have been secured for the pres-ent season; thirty riders, sixty acro-

bats, an equal number of aerialists, forty clowns and a great congress of

other high-class specialists contribute to a magnificent three-ring circus

performance, which is thrillingly con-

cluded with an all-new Roman hippo

drome, presented upon an unequalled

scale of grandeur and completeness.

ly-plumaged birds of every land.

of rare and costly wild beasts.

Now it is hard to say just where

not quite completed his toilet.

experiences, we find many

loose-fitting blouse, instead of coat and vest.' In some of the cities move-

THE REVERIE.

How time and space defying is the soul of man! By no manner of means is it possible for the thoroughly sound mind to entirely estrange itself from the influences and experiences of the Past. Let life's sea in childhood flow peacefully onward in a joyous and uninterrupted calm and its effect will never be effaced in after life, though assail the darkest clouds and wildest storms of trouble and adverversity. On the other hand if want and oppression find their abode in the childish consciousness there they remain in a certain sense throughout the whole span of existence, changed though it may be to outward intents and purposes. It is memory which helps to bind a life time into an indissoluble unity. This power of mind is the beginning of emancipation from

cause it "to some degree makes the past'now and the far-off here." Strange indeed, and quite inexplicable are the workings of this wonderful activity of the soul. 'The old man reclining in his easy chair is attracted by a whistled tune falling carelessly from the lips of a passing school boy. A flood of memories crowd in upon him rendering him dead to present environs, taking him back to boyhood days and starting the tears to those almost sightless eyes. The presence of a wild flower gently touched by memory's fairy wand serves to provoke a whole hour's chain of thoughts. A face in a crowd, a gesture of the hand, an intonation d the voice, a hue in the azure sky of sufficient moment to arouse asso-

the limitations of time and space, be-

iations resulting in a reverie.

Far away among the bonny hills of bonny Scotland a little girl enjoyed the sweet simplicity of peasant life. She was a very beautiful girl, and yet in the depths of those dark blue eyes lurked an indefinable something which foretold discontent. The home was a small but neat cottage whose comforts were shared by a mother and father and little brother. In front of this cottage stretched verdant fields, the monotony of which was broken by an occasional clump of trees. To the left fell a gradual winding river slope ending in, a wherein the stars and moon on certain nights met and sang together Rehind and to the right of the hamlet the mountains stood forth in all the wonder and glory of their strength. Every inch of the ground on mountain and plain for miles around had been traversed by these children many, many times. Hither and you they ambled in search of wild flowers, of wild berries, of anything and everything that good Mother Nature treasures up in her secret solitudes. As the girl grew older the very beauty of her surroundings and her susceptibility to it seemed to foster discontent in her soul. From home she mu and would and did go, to find herself n the heart of a city like old London Here poor. Susan "rashly importunate," fell an easy prey to a life of sin and disgrace. Mfter some years of degradation, while passing round the corner of Wood street one morning just at break of day she heard the song of a caged thrush. (Beg pardon,

Poor Susan.") 'Tis a note of enchantment; what A mountain ascending, a vision of

Mr. Wordsworth, no one but thyself has power to describe "The Reverie of

Bright volumes of vapour through Lothbury glide. river flows on through the vale of Cheapside.

Green pastures she views in the midst gether with scores of other led aniof the dale. Down which she so often has tripped with her parl:

And a single small cottage, a nest like a dove's. The one only dwelling on earth that she loves.

She looks, and her heart is in heaven; but the fade. The mist and the river, the hill and the shade! The stream will not flow, and the hill

will not rise, And the colors have all passed away from her eyes.'

SUMMER COMFORTS.

What's Worn" has no more business in the Gardened Glade than What's Eaten." Therefore, in copying the following from the Philadelphia Evening Post, Hypatica wants it distinctly understood that she is not putting before the masculine public any to-be-closely-followed ideas touching their wearing apparel. The very hint of such a thing baffes her ut-terly. Might not her friend of the in-teresting Side Light Series justly feel that her duties had been usurped? And how uncalled for is the beldest or for that matter the weakest attempt at usurping duties so satisfactorily and faithfully performed. But the article provoked such mingled feelings of laughter and tears, such visions of soiled sleeves, color-run belt lines, galore laundry bills, etc., etc., zebras, kangaroos, and many other wild animals, and a magnificent dis-play of mammoth desert ostriches. An hour spent in Ringling Bros, mena-gerie is a fitting introduction to the that its further publication could not be refrained, It is entitled "All the Comforts of Summer," and is written by one Lynn Roby Meekins, of whom we know naught. Neither know we Postmaster-General Smith, to whom performance in the vast hippodrome reference is made. We would conclude however, that he is a man of very high moral tone who is trying to do unto others as he would wish to be done by, although this is a thankless undertaking in summer time. Along about August the very best of us, be we never so well bred find it hard to tell just how we would wish to be

"Postmaster-General Smith has issued an order that will allow letter carriers to wear a neat shirt-waist or

### SERIES OF SIDELIGHTS

EDITED BY HELEN HALL

dom breeds contempt," can be applied to many others beside the fox of childhood remembrance. During gray cloth and blossom forth in shirt a trip down the river one cannot help thinking of the adage in connecing the greatest shirt waist season in the country's history. The summer girl is no longer to monopolize the tion with, sightseers. They spend weeks of every year in visiting this comforts (?) of summer. She has had a long run, but the time has now region and that region, even going so far as to go over to the continent to see some beautiful scenery. Then ings with the other sex (!!!)
It is not likely that the result will they return to make you envious with their stories of imposing mountains, add very materially to the attractive appearance of the streets, or to the peaceful valleys, sparkling streams, handsomeness of the crowds. The shirt waist does give a touch of color gorgeous sunsets and the quaint pastoral lives of the peoples of these disto gatherings, and this year it will probably rob the rainbow of its glory, but somehow it is not beautiful. It tant lands. Nor is any fault to be found with them for taking advantage of their opportunities. Travel is our not aesthetically satisfying. (Here, here!) It is as if the wearer had not best and most perfect education. True, our literary geniuses furnish us with excellent descriptions of these evident, when we look back over the wonderful lands and, if we cannot see them for ourselves, we are wise if we make use of their eyes. But it is contrasts. (too true.) The high collar only when we see them for ourselves and the heavy clothing now seem very and really appreciate them that they taken many years to bring about the changes. The conventions were in the become part of us. It is only then that we begin to understand something of this old world of ours, to know that there is really someone print a weekly schedule so that those else living on the bounty of the earth know what to wear and when to wear by the sweat of their brow besides it. Altogether the world has gained. There is not much fun in being rich or great or proud unless one can also you and me, to know that there ar other nations besides that over which the old Union Jack floats. And comprehending all this we see, as we never did before, our own insignifiaire has envied the barefoot youngster whose single suspender was his main cance and the omnipotence of the allannoyance. Now the shirtwaist enables powerful One who is able to summor the millionaire to be almost as cool as into being, not such a world, but the urchin. It may be another illustration of the tendency of these mod-

such worlds. But these sightseers never see the beauty of our own neighborhood, and particularly our own river. There are a great many people who will smile if you mention a trip down the river for pleasure. They do not see any enjoyment in sitting on the deck of the City of Chatham for five hours. They will tell you fairly stories about the trip down the St. Clair or the Detroit and all about the number of boats that are to be seen on these rivers. But they forget all about the people to be seen on the banks of our own river; so close, too that you can see their daily life. To see our old river to advantage

the boat is preferable to the carriage because you view from a better van tage ground. After the usual, "al aboard," from the genial captain of the City the gang-plank is hauled in and we are affoat on-I wish I could say the sparkling waters of the river Thames. But not even its most ardent admirer would be so enthusiastic as to apply that term to our river. As we leave Chatham the banks are quite high and covered with a green growth of willow and shrubs. The green leaves seem to be so near that you think you have This is one of the chief charms of the river Thames. As you pass quietly along you are in close touch with the ife along its banks and there is not the 'lonesomeness that so often accompanies a trip on the water. Another charm of our river, and one often spoken of by visitors, is its graceful bends. One minute the boat steering straight for the bank when suddenly it takes a turn only to find its bow pointed for the opposite And this continues all the

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way to the lighthouse. The houses

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The old adage-"Too great a free- | and barns are at first large and bespeak the prosperous and extensive farmer. Green fields stretch as far as the eye can see, while the whole is framed with woods showing light and dark tints of green according as the sun shines on the trees. The birds are chirping and singing along the banks. There is a bustle and stir about the farm yards that betokens the beginning of a busy day. As the boat proceeds farther down the river the banks become lower and the houses more numerous. We are coming to the small farms of the French settlers and some of them are very quaint. The houses are very tiny and generally white-washed Around them is a neat tidy door yard. As the boat comes in sight four or five children will suddenly appear on the scene followed by a dog or two. This company will run across the little yard and they are at the water's edge. Then they will wave their old straw hats, dance around on their little bare feet and coax baby, who will be sure to be there, to do the same. All this time the dog is standing, his ears pricked up, with a very ownership air about him. They seem so glad to see you that unconsciously you wave your hand to them. Glancing up at the house you will see the mother standing at the door to get a peep of the boat. It is the only glimpse some of them get during the busy summer months of another world from theirs. If you should find this an uninter esting trip get near one or two chil dren on the boat. They will point out any number of interesting things. They will be the first to see the young lambs run scampering away, startled as the boat comes around a bend. They will be the first to see the boy and his dog having a race to the bank. Then they will see the dog running and barking at the swells of the boat. Presently they will call attention to the herds of cattle, on

> the level country.
>
> As the boat returns in the evening it seems like a different country. The cattle stand huddled up together looking at you with sleepy eyes. The roosters and birds are quiet. The men are lounging around the door yard smoking their evening pipe and the women do not hug the door sill as they did in the morning. While over all there is a red light for the sun is setting. Soon he drops below the horizon and shuts out the scene. Then we begin to watch for the elecric lights of Chatham. bridge is in sight. Then the interest round a certain lantern that is al ways to be seen on the dock. don't question them about their interest in that lantern. They will only profess ignorance if you do.

the plains and the lighthouse first

on this side of the boat and then on that side as we wind our way through

WHAT'S WORN.

While white, pink and blue organalways correct every summer has some one thing that is considered particularly smart. Last summer was the navy blue muslin with the white yoke. This year it is to be the linen-colored gown. It is shown in all shades from brown to white. 'A few have a yellow cast in them. The popularity of this shade is also having an influence on the lace trimmings of the gowns of heavier materials, t being considered much more fashionable at the present time than white or cream. The sailor effect, modified in different ways, is to be seen on a great many of these gowns.

One gown is of linen-colored muslin The skirt is trimmed with insertion about a half an inch wide of the The waist has a sailor collar, V and stock of white pique. Around the edge of the collar is a heavy open applique of linen-colored lace. Just the scallops of the applique come below the collar thus eaving the greater part of it over the white pique. The collar is fin-ished with a sailor's knot of the mus-

The waist of another gown has square reveres extending round the neck in the form of a deep lay-over collar of the same material as the waist. This opens over a front of white mull trimmed with tucks and lace. A sailor's knot holds the fronts in place but they lack about four inches of meeting from the end of the reveres to the waist. The skirt has two bias ruffles on the bottom with both their upper and lower edges bound instead of hemmed.

Another waist has the front trimmed with half inch tucks. Narrow white lace, stitched on with the machine edges the tucks. The stitching on the waist was done with white Barber's linen thread and, as ironing adds a gloss to it, it makes a trimming itself.

Black silk skirts promise to be very popular this summer. The majority of them are made with the lining separate from the silk but both fast-ened to one band. One has a circular flounce with the whole of the upper part of the skirt tucked. Then there is a narrow ruching of black satin ribbon heading the flounce and two other rows on the flounce.

Another skirt of softer silk is trimmed with a ruching made of the silk cut on bias but not hemmed.

If you are tired of the pin used to fasten up the short hairs at the back of your head take a small piece of narrow black velvet ribbon and, passing it through the longer hairs to keep it in place, tie up the shorter hairs. The little bow looks quite smart on the hair. Another device is to put the bow on an invisible hair

-HELEN HALL.

# Spring Weariness.

It is wrong to think that you are worn out from overwork. Work never hurt any man, and if you feel jaded, weary, if you have a nasty headache and feel out of sorts generally it's due to disease germs.

When your body retains any poison or foreign matter, disease germs are produced in your body just as rapidly as they are in the open air from decaying animal or vegetable matter. The only thing for you to do is to make vour system healthy-get rid of the poison, so that the disease germs find it impossible to affect you. You destroy these germs when you make your body healthy, and you do that by taking Powley's Liquified Ozone. The condensed oxygen is a natural way of building up the sys-

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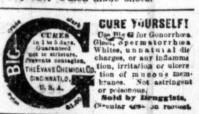
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