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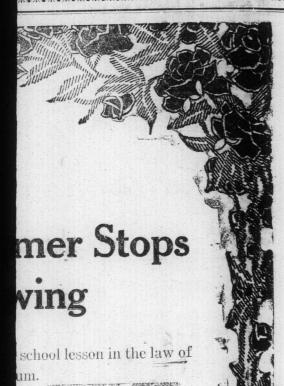
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e against a man in a swing "to and fro." If you conare against him every time soon have him going so whole circle. If you stop e out and the swing come

ne natural laws.

behind the swing of public ent increases the moment-I force of these numerous to the buying point.

ose momentum.

ring of Summer.

ANDIA'S INDIGO REPLACES HUNS'

Industry for British Eastern But Protects the Empire and **Possessions Revived** By War.

Calcutta, India-The enforced not more than a dozen factories were at work throughout Behar when the war broke out, as contrasted with

would it be worth anybody's w'i'le Badische Anilin Fabrik to crush the' natural indigo industry, it required a good deal of courage to take advantage of what appeared to be the temporary opening presented by the disappearance of synthetic indigo from

In spite of these drawbacks larger areas were soon put under indigo in Behar, the United Provinces and Ma-In this connection a further difficulty presented itself in the shape of a scarcity of good seed. Sea. The outstanding feature of the late battle is proof that the most old, happy-go-lucky method of collecting seed, which involved the setting aside of large areas for seed, naval power which aspires to a place which became very foul with weeds. in the sun has yet to learn the less However, at Pusa, the great experi- son which we learned by expending mental farm, and research laboratory blood and treasurer for many gen of the government of India-which. until lately was under the superintendence of Bernard Coventry, for-merly himself a prominent indigo the sea forces of the enemy. planter—a new method of raising seed was elaborated, which enables the certain production of well-grown breaking off of the Jutland action seed from a small area which can and still more in the speedy rush o easily be kept clean. This discovery her fleet back to its harbors. has proved of great benefit to indigo

FAMINE IN SMYRNA. Mitydene, Greece, July 20.—Via London, July 21.—Refugees from Asia Minor report that famine is ravaging the entire vilayet of Smyrna. The condition of the civilians is "Well," said he, "it's like Scotch which we will be the civilians is "Well," said he, "it's like Scotch which we some guns are better than

COST OF NAVY MUCH PER YEAR

Dominates the Fleet of The Teutons

London, July 21 .- Prior to the war the British navy cost about £50,withdrawal of German synthetic in- 000,000, (\$240,000,000) annually: digo from competition in the markets to-day it costs well over £200,000,of the world has had an immediately 000 (\$960,000,000) a year. In the beneficial effect upon the natural in- navy and subsidiary services there digo industry in India. The decay are 325,000 men. This number does of the latter had gone so far that not include the munition workers. It many people were skeptical as to the one counts these and the workers possibilities of reviving it. Probably who supply fuel and war material

The battle off the Jutland bank materially increased Britain's naval digo held its own with jute as one of the most important exports from Calcourse, realized for the products of British know that the Germans lost these factories, but the question was a total tonnage of nearly 120,000 over 112,000 tons. The 120,000 tons to start the cultivation and produc-tion of indigo de novo? Few people believed that the war would last so long as two years, and in view of the ruthless policy which had enabled the Badische Anlin Febrik to such the fleet has suffered a much heavier reduction than can be stated definitely here.

"Has the naval war taught any new lessons of a remarkable character?" I asked an especially wellnformed admiralty official. His re-

ply was: Guns Most Effective Weapons. "You can't teach an old dog nev tricks is a true saying as regards people whose training and tradition have been in connection with the erations-namely, that command o the sea can be obtained only by the the sea forces of the enemy. That the lesson has yet to be learned by

Bethmann-Hollweg quite rightly planters, but still the quantity of said in his speech in the Reichstag seed procurable fell short of what 'Look at the map.' We will look at was wanted, and the result has been that the areas laid out under indigorare not so extensive as they would otherwise have been. Germany lies upon the oecan, a habit hey contracted from the land and which in no part is true seamen's

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HOW TO KEEP WELL

BY JOHN W. S. McCULLOUGH, M.D., D.P.H., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

HOSE OF US who attended a rural school thirty or more years ago will, in driving through the older parts of the Province, notice the great improvement made in the school buildings and surroundings, compared with those of our boyhood days. The writer calls to mind the schoolhouse of a prosperous community of the seventies. It was a low, log building, heated in winter by an immense stove of the 'box" type situated near the front door, with a long double range of pipes badly jointed and subject to smoking until the fire was well established. The fire was usually lighted on a winter's morning by the first arrival. The floor was of rough boards unplaned and unjointed, many of the boards not

floor was of rough boards unplaned and unjointed, many of the boards not being nailed to the joist which was made of logs resting THE COUNTRY upon the ground. Those were the days of slates and upon the ground ill-fate befell the dropping of a pencil upon the floor as it promptly disappeared through one of the numerous large cracks between the boards. The noon-hour was the occasion for a diligent search under the easily-raised flooring. The desks were huge arrangements along the walls, and the seats were benches devoid of backs. The blackhoard was made of planed boards painted black. The were nuge arrangements along the walls, and the seats were benches devoid of backs. The blackboard was made of planed boards painted black. The floors were usually given a scrub in the summer holidays. Their cleanliness during the balance of the year depended upon the industry of the larger school-girls. Dry sweeping was the rule, with a resulting layer of dust upon everything in the room. The out-houses, bad enough in the present day, were usually devoid of doors and without any semblance of privacy. The grounds were small, filled with stumps and rocks and without much facility

How much better are present-day conditions! The school buildings are mostly of stone, wood, or brick, are well lighted, well heated, and equipped with modern seats and desks, slate or plaster blackboards, and have clean, smooth hardwood floors. The number of children in each school, because of a greater number of schools perhaps, are fewer and with better surroundings, they should be healthier and happier. In the present day the grounds are usually apple. Trees and flowers have been planted; in many places exusually ample. Trees and flowers have been planted; in many places experimental beds of flowers and shrubs are found. The one condition which has not improved as rapidly as it should is the toilet convenience.

Medical Officer of Health for the township should make it his duty to visit the schools at frequent intervals to examine the toilets, see that the well, the usual source of water-supply, is properly protected, that MEDICAL INSPECTOR
OF SCHOOLS

Schools

MEDICAL INSPECTOR
OF SCHOOLS

MEDICAL INSPECTOR
OF SCHOOLS

Schools

MEDICAL INSPECTOR
OF SCHOOLS

Schools

MEDICAL INSPECTOR

Schools

Schools note the presence of vermin, itch, the early signs of measles, whooping cough, diphtheria, mumps, etc., in the pupils, and, if the condition of any child is suspicious, the Medical Officer of Health should be notified and the

child excluded from school until the question is settled. A properly qualified nurse should be assigned to a group of schools to follow up cases recognized by the teacher or Medical Officer of Health, the latter of whom, for rural schools at least, must in the course of time become the school medical inspector. The Medical Officer of Health in Ontario is the only officer common to the township who can rationally carry on the work of medical NURSE township who can rationally carry on the work of medical inspector of schools. With a nurse or two he can give most efficient service to his township. Now that he is made a permanent officer and with the prospect of an additional emolument for this service, he can afford to devote some attention to it, without the fear that any action he may take or the fact that he may tread on some one's toes may mean his dismissal. No other state or province his a better organization

action he may take or the fact that he may tread on some one's toes may mean his dismissal. No other state or province has a better organization for public health work than Ontario, and no other single state or province in America has made greater strides in public health work during the last decade. The improvement in the municipal health officer is most apparent in the meetings of the Ontario Health Officers' Association. The latest meeting held in Toronto at the end of May last was in point of attendance, class of papers presented, and interest shown the best conference held in the last five years.

MENTIONED IN DISPATCHES coe in his latest report. Beatty is but little over forty-four years of age,

d'Arc, was a veteran of the war of 1870, and when the present war commenced, insisted on getting into action, although he was far past the military age. A short time ago he was wounded and has now succumbed to his injuries. He was a direct lineal descendant from the eldest brother of the famous Maid of Orleans.

Wanted while leading his bluejackets in the capture of two guns. Single done in the capture of two guns. Single done in the seasing his bluejackets in the capture of two guns. Single done wants His message proclaimed He will pavid was made an admiral at 38, being the youngest British commander and the younger vice-admiral in the records of the British Navy, the great Nelson himself being a year older than Beatty when he became vice-admiral. He was knighted about two years ago. He is a handsome, and there are many adversaries"

Sir Edward Gray has accepted fer upon him will add to his already the British Admiralty to be used as enviable reputation. Next to Premier a hospital ship, and has been most Asquith, Sir Edward Grey, the Britactive in Red Cross work. ish Foreign Minister, has borne the heaviest burden of the war, and perhaps more than any other Englishman has aroused the hate of the Germans. This is only natural as it was he who opposed their efforts to ride roughshod over Belgium and France. Grey is one of the world's greatest diplomats and has held the position of Foreign Secretary for eleven years, an unusually long period. He is but little over fifty years of age, but has been in parliament for thirty years. He comes of an old English family

tocrat of the first order.

Well Known Business Man and Lake Erie Transportation Com-Highland Inn, Algonquin Park Stapany, vice-president of the Sterling tion, Ont. Bank, director of the Title and Trust Company, North American Life Assity of Toronto. He is regarded as via Windsor.

Asia Minor report that famine is ravaging the entire vilayet of Smyrna. The condition of the civilians is said to be most pitiable.

Dr. Robert B. Waddy and Mrs. Fannie H. Smook, 48, sweethearts years ago in Kentucky, met in Port Washington, N. Y., by chance, and to the British navy since the out-twe just been married.

Admiral Sir David Beatty comes in for the bulk of the praise given by statement was made. If the British sir John Jellicoe in his report on the statement was made. If the British sir John Jellicoe in his report on the North Sea fight. Those who have followed Beatty's career expected that he would give a good account of him-they are relatively now than they were two years ago, but they do not know is that Britian's shipmann.

The condition of the civilians is stiment was made. If the British statement was made. If the British sir John Jellicoe in his report on the North Sea fight. Those who have followed Beatty's career expected that he would give a good account of him-they are relatively now than they are relatively now than they self. This is the third time in the were two years ago, but they do not know is that Britian's shipmann.

The condition of the civil, 14, 15). The phrase for the bulk of the praise given by knew how much Germany had increased her fleet during the war, lowed Beatty's career expected that he would give a good account of him-they are relatively now than they self. This is the third time in the were two years ago, but they do not know is that Britain's shipmann.

The condition of the civil, 14, 15). The phrase for the bulk of the praise given by knew how much Germany had increased her fleet during the war, lowed Beatty's career expected that he would give a good account of him-they are relatively now than they self. This is the third time in the worl were two years ago, but they do not know is that Britain's shipmann.

The commons several months ago that they are relatively now than they building, ship-arming and ship-mann- German warships off Heligoland; that he had to speak (Jer. xx, 7-9). We ing capacity has been in full action throughout the war and is the great-raiding squadron home and sank the was so constrained by the spirit within

and seamanship are praised by Jellibut has seen a lot of hard fighting Descandant of Joan of Arc

A descendant of Joan d'Arc
just died in Paris from wounds received at the front. The party in question, Col. Georges Renaudeau d'Arc, was a veteran of the war of dashing Irishman, with all that race's traditional fondness for a fight. a Beattyy is married to a daughter of sir Edward Gray has accepted a Beattyy is married to a daughter of peerage, but no additional honors a peerage, but no additional honors a grateful King and country can conshe has given her private yacht to

CAMERA HUNTING The wild life roaming unmolested in Algonquin ark, Ontario, have now splendid photographs are taken of them by the camera enthusiasts. The prohibition of hunting in this park greatly adds to the opportunities of the picture hunter, since the wild the leave are much more supposed. reatures are much more approach- the Lord appeared to him on the way able than in localities where they to Damascus He said, "I have appear are persistently hunted. The park is ed unto thee, and I will appear unto He comes of an old English rame.

He comes of an old English rame.

It paratise to be paratise and ing over 1000 lakes, varying in size and connected by deep still-water channels or racing streams of strong than the caa paradise for the canoeist, there being over 1000 lakes, varying in size and connected by deep still-water we have His completed word and water, making it possible for the ca-noeist to paddle fifty miles without Mr. W. K. George, who is one of the Government's appointees on the Canadian Northern Board, is one of Canada's best known business of Canada's best known business capin camps are available. Write for the Stand. nen. He is president of the Stand- handsome; illustrated descriptive litard Silver Company, of the Canada Enature to any Grand Trunk Agent, Bond Corporation, of the London cr to Miss Jean Lindsay, Manager, 11). In due time he sailed thence, tak-

Sarnia, July 21-The Grand Trunk surance Company and Abitibi Power tunnel under the St. Clair River was and Paper Company. Mr. George is put out of business by a heavy rain also an ex-president of the Canadian storm last night, Hundreds of thou-Manufacturers' Association, and of sands of gallons of water poured in the Canadian National Exhibition, at both ends, until a depth of four and a Governor of the University of feet was attained. This caused a com-Toronto. He was born in Kingston in plete cessation of traffic. Westbound 1861, a son of the late Rev. James trains are held up here. Eastbound George, principal of Queen's Univertrains are being sent on their way

in the country.

Something About Admiral eBatty age in the Eastern Townships.

An electric storm did serious damNfld., is critically ill in a Montreal hospital.

Lesson IV .- Third Quarter, For July 23, 1916.

THE INTERNATIONAL SERIES

Text of the Lesson, Acts xviii, 1-22. Memory Verses, 9, 10-Golden Text, Acts xviii, 9-Commentary Prepared by Rev. D. M. Stearns. I do not know that we can tell how

long Paul remained at Athens, but he gave a faithful testimony, and some believed (chapter xvii, 34). The messenger of the Lord is apt to be discouraged if he finds opposition to his essage and seemingly few, if any believing, or if after a faithful testinony there is neither a "thank you" nor a word of appreciation. It is true that we must never speak to please people nor covet their approval, but est of us are so awfully human that word of gratitude from one who has een helped by the message is very cheering (I Thess. ii, 4; II Tim. ii, 15). The devil will be sure to tell you that you have accomplished nothing and had better seek some other occupation, and messengers have been known to heed his suggestion. I am thankful that some one said to me many years ago, as I wondered if any good was being done: "Do you recollect that when the devil sowed his tares he went his way, for he was sure that they would grow? And you do not seem to think that the Word of God is as good seed as the devil's tares. That helped me greatly, and since then I have gone my way after a service, saying: "Thank God; that will work; it will surely accomplish His oleasure" (Isa. lv, 11; Jer. 1, 12, R. V.). Leaving Athens, Paul went to Corinth, a wicked, worldly, commercial center, notorious for its immorality and the first thing we read of him is, not that he preached, but that he found employment with some who were of the same craft with himselfthat of tent making-and he abode with them (verses 1-3). He would rather work at his trade and thus earn his living than be a burden to any one. He afterward wrote to this people, asking them to forgive him if he had wronged them by not being a burden to them (II Cor. xii, 13-16). It does sound a little like sarcasm. The Lord Jesus Himself was known as the carpenter (Mark vi, 3) and no doubt helped to make a living for the family till He began His public ministry.

When the Sabbath days came round Paul was ready to testify to the Jews in the synagogue that Jesus was the Christ, their Messiah (verses 4, 5 and margin). Silas and Timothy, whom he had left at Berea and for whom he had sent from Athens that they might ome to him, reached him here at Blucher. His strategy, courage, skill him that he was like a bottle of wine ready to burst and he had to speak that he might be refreshed (Job. xxxii,

lasphemed he turned from them to the gentiles and found an open door in a house close by the synagogue, owned by a man named Justus, who worshiped God (verses 6, 7). When God wants His message proclaimed He will opposition at Corinth there was much encouragement, for the chief ruler of the synagogue and all his house believed and also many of the Corinthians (verse 8). No doubt it was, as always, because of the manifest work of the Holy Spirit that the devil stirred up such opposition. How Paul must have een strengthened to continue by that

most gracious visit of the Lord Jesus Himself, who came to him in the night can hear Him speak to us at any time if only we have ears to hear, for He is the same Lord who revealed Him-Corinth a year and six months, teaching Priscilla and Aquila, and, leaving them at Ephesus, he went on to Caesarea and Jerusalem and Antioch and thus completed his second missionary

meet Timothy again, and we can wait to know a lot of things. It seemed to Paul that he must be in Jerusalem in the near future, but note his "If God will" and see Jas. iv, 15. - reporter. Hon. E. M. Jackman of St. John's,

journey (verses 18-22). We would like

to know where he left Timothy and

what became of Silas, but we shall

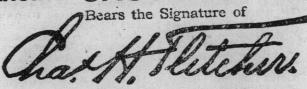
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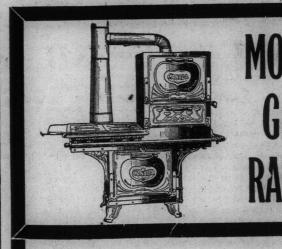
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