

19 Jan 22

LEACH'S TROUBLES ARE OVER AT FIVE YEARS OF WORK AND ILL HEALTH OVERCOME.

Went for Days Without Eating and Even Sight of Food at Times Made Him Sick.

"I certainly am glad I stuck to Tanlac and gave it a fair trial, for since taking it I'm eating better, sleeping better and feeling better than I have in years," said Henry Leach, well-known citizen residing at 785 Pape Ave., Toronto, Ont.

"Ever since I had a spell of gripe some five years ago, I've been having attacks of indigestion and other troubles that gave me no end of worry. I used to go for days at a time without eating scarcely anything, and even the sight of food just made me want to leave the table. Even what little I did eat seemed to do me no good. Nights I often tossed with gas until my heart acted so queerly I dared not try to lie on my left side. Many times I got so dizzy it looked like I would surely fall. I had terrible headaches, and dizziness all through my body. I got scarcely any sleep and always felt tired and dull.

"At last my wife persuaded me to try Tanlac. I took three bottles before it seemed to help me. The next bit, but after that I improved wonderfully, and now I'm a well man, and I mean to say by that I don't get an ache or pain of any kind. I sleep like a log every night, and am always ready for a hearty breakfast in the morning and a big day's work. There's certainly nothing like this wonderful medicine Tanlac."

Tanlac is sold by leading druggists everywhere.

If there be good in what I wrought,
 Thy hand compelled it, Master,
 Thine;
 Where I have failed to meet Thy thought
 I know, through Thee, the blame is mine.
 —Rudyard Kipling.

Minard's Liniment for Distemper.

Before condemning the hen, make the same regular and thoughtful visits to the poultry house that you have been making to the hog pen.

Classified Advertisements.

BELTING FOR SALE

ALL KINDS OF NEW AND USED belting, pulleys, saws, cables, hose, packing, etc., shipped subject to approval at lowest prices in Canada. YORK BELTING CO., 115 YORK STREET, TORONTO.

COARSE SALT LAND SALT

Bulk Carlots
 TORONTO SALT WORKS
 C. J. CLIFF - TORONTO

DANDERINE

Stops Hair Coming Out;
 Thickens, Beautifies.



35-cents buys a bottle of "Danderine" at any drug store. After one application you can not find a particle of dandruff or a falling hair. Besides, every hair shows new life, vigor, brightness, more color and abundance.

America's Pioneer Dog Remedies
DOG DISEASES
 and How to Feed, Mailed Free to any Address by the Author,
 Dr. Clay Glover, Co., Inc.,
 118 West 51st Street,
 New York, U.S.A.

USE SLOAN'S TO EASE LAME BACKS

YOU can't do your best when your back and every muscle aches with fatigue.

Apply Sloan's Liniment freely, with soft rubbing, and enjoy a penetrating glow of warmth and comfort.

Good for rheumatism, neuralgia, sprains and strains, aches and pains, sciatica, sore muscles, stiff joints and the after effects of weather exposure.

For forty years pain's enemy. Ask your neighbor. Keep Sloan's handy.

At all druggists—35c, 70c, \$1.40.
 Made in Canada.

Sloan's Liniment (Pain's enemy)

168UE No. 3-22

HIGHER PLANE

Father of the Family—"You girls are always talking about dresses. Can't you find a higher plane of conversation?"

"Yes, pa. Now we are going to talk about hats."

Visitor (in public gardens, interested in botany)—"Do you happen to know to what family that plant belongs?"

Park-keeper—"I happen to know it don't belong to no family. That plant belongs to the municipal council."

Man who had an affliction of the eyelid that caused it to twitch visited Toronto, and stopped a native on Yonge Street.

"Can you direct me to a good drug store?" asked the visitor.

The native took a look at him, and responded promptly: "You're talking to one right now."

A Substitute.

The old gentleman tucked away his baggage, and then turned to his host's pretty daughter who had motored him and his son to the station.

"Good-bye, my dear," said he, beaming upon her. "I won't kiss you; I have such a cold!"

The son shot a sidelong glance at the girl.

"I say," he said, "can I do anything for you, father?"

Couldn't Hold It.

The station master, hearing a crash on the platform, ran out of his room just in time to see the express disappearing around the curve and a disheveled young man sprawled amid several overturned milk cans and the contents of his traveling bag.

"Was he trying to catch the train?" asked the station master of a small boy who stood by admiring the scene.

"He did catch it," said the boy happily, "but it got away again."

Neatly Put.

Williams and Wilkins were talking of a mutual friend, Walker, when Williams observed:

"Now, Walker is civil enough, but to my mind, there's nothing solid in his politeness."

"Nor is there anything solid in an

"Cascarets" if Sick
 Bilious, Headachy
 From the Bowels

Get a 10-cent box now.

You men and women who can't get feeling right—who have headache, coated tongue, bad taste and foul breath, dizziness, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have a bad cold. Are you keeping your bowels clean with Cascarets, or merely forcing a passageway every few days with salts, cathartic pills or castor oil? Cascarets work while you sleep; cleanse the stomach of sour, fermenting food and foul gases; take the excess bile from liver and carry it out of the system all the constipated poison in the bowels. A Cascarets physic to-night will straighten you out by morning.

PNEUMONIA
 and other Lung Diseases

Claims many Victims in Canada and should be guarded against.

MINARD'S LINIMENT

is a great preventative, being one of the oldest remedies used. Minard's Liniment has relieved thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and kindred diseases. It is an enemy to germs. Thousands of bottles being used every day. For sale by all druggists and general dealers.

Minard's Liniment Co., Ltd.,
 Yarmouth, N.S.

CUTICURA HEALS PIMPLES

In terrible rash on face which made skin sore and inflamed. Irritated, face scratching and was disfigured. Could not sleep well and made feel unpleasant. Trouble lasted 3 months before used Cuticura and after using 2 cakes of Soap and 1 box of Ointment was completely healed.

From signed statement of Miss Gladys Neabel, R.R. 3, Brussels, Ont.

Cuticura Soap, Ointment and Talcum promote and maintain skin purity, skin comfort and skin health often when all else fails.

Soap 25c, Ointment 25c and 50c. Sold throughout the Dominion, Canadian Depot: Lyman, Limited, St. Paul St., Montreal.

Cuticura Soap shaves without lugs.

His Helpful Maxim.

"My motto is, 'Live and let live,'" said Sir James Cantlie, the famous British surgeon the other day. "It appears to me that it covers more ground than any other. For instance, it means health, physical fitness, and efficiency, and social well-being, and a determination to see that my neighbor enjoys like advantages. Incidentally, it applies to war. But it is not only a maxim of toleration and humanity, but applied to our physical well-being, it represents the ultimate aim and end of all remedial science."

Out of Gear.

Dicky and Charlie were told by their mother not to play at the back of the school building, where there was a swollen stream and plenty of mud.

When they returned home at nearly five o'clock that evening their shoes were covered with mud.

The mother said:

"Charlie, I do not know how your conscience let you go to the stream after promising mother that you would not go."

Charlie answered:

"I expect my conscience wasn't working just right to-day, mother!"

WINTER WEATHER HARD ON LITTLE ONES

Our Canadian winters are exceedingly hard on the health of little ones. The weather is often so severe that the mother cannot take the little one out for an airing. The consequence is that baby is confined to overheated, badly ventilated rooms; takes cold and becomes cross and peevish. Baby's Own Tablets should be given to keep the little one healthy. They are a mild, laxative which regulate the stomach and bowels and thus prevent colds. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A Dark-Skin Game.

One ingenious if dishonest native of India turned his dark skin to excellent account. "One of the European examiners of Calcutta University," says Lord Frederic Hamilton in his book, "Days Before Yesterday," told me that there had been a great deal of trouble about the examination papers; by some means or other the native students always managed to obtain what we may term "advance" copies of his papers. My informant had accordingly devised a scheme to stop the leakage. Instead of having the papers printed in the usual fashion he called in the services of a single white printer on whom he could rely. The white printer received the papers early on the morning of the day designated for the examination and duly set them up on a hand press inside the building. He had one assistant, a coolie who was clad only in loin cloth and turban; by no possibility could he conceal any papers about his person.

In spite of those precautions, however, it soon became clear at the examination that some of the students had previous knowledge of the questions. "How had they managed it?" Eventually it appeared that the coolie, taking advantage of the momentary absence of the white printer, had whipped off his loin cloth, sat down on the "form" and then replaced his solitary garment. When he was obliged to strip on going out the printing ink did not show on his dark skin; and all that he had to do was to sit down on a large sheet of white paper for the questions to be printed off on it. Then with the aid of a mirror the students could easily read them. The Oriental mind is subtle.

So long as you radiate
 subt and discouragement
 you will be a failure. If you
 want to get away from
 poverty, you must keep
 your mind in a productive
 creative condition. In or-
 der to do this you must
 think, invent, cheerfully,
 creative thoughts. The
 model must precede the
 statue. You must see a
 new world before you can
 live in it.

and resumed the work I had been employed in.

When the watch was relieved the mate sent for me and, after ascertaining that I could read and write, told me that I was to come to him every day when he was "taking the sun," for he wished to teach me navigation. I gladly accepted the invitation, and by the time we reached Buenos Ayres I was able to take sights and keep a dead reckoning.

When we had been about a week in port the mate left the ship; but before going he presented me with a sextant and his nautical books and, telling me he took a strong interest in my future welfare, begged me to continue my studies. Then, shaking hands with me, he walked over the side. That was the last I saw of him.

On our return passage the cook asked me whether I knew why the mate had been so kind to me. "Yes, I do," I answered, "but I don't know how to care to talk about the matter."

"Ah," said he, "you must think it was because he threw you off the main royal yard, and you said nothing about it. But that was not all. Last voyage he threw a boy off in the same way, and the poor lad was smashed to pieces!"

palpitation and a loss of appetite. The condition will go from bad to worse unless prompt steps are not taken. Increase and enrich the blood supply. To make the rich, red blood that brings the glow of health, no other medicine can equal Dr. Williams' Pink Pills. They give a fair trial their use brings rosy cheeks, bright eyes, a good appetite and good spirits. Dr. Williams' Pink Pills have made thousands of pale, languid girls active and strong. On the first sign of poor, thin blood mothers should insist upon their daughters taking a fair course of these pills. They will not only restore health, but will save further doctor bills.

Dr. Williams' Pink Pills can be obtained from any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Who rises every time he falls will sometime rise to stay.—William Morris.

Minard's Liniment for Garget in Cows.

Surnames and Their Origin

GARRISON
 Variations—Garretson, Garrett, Fitzgarrett.
 Racial Origin—English.
 Source—A given name.

It is possible, but not very likely, that in some instances the family name is of its origin. The name Garrison is a variation of the name "Garet," which was in the period in which family names were first recorded, and which is an entirely different name is shown.

One of the names which was given generally in use in those days but which since has disappeared is "Garrett," or as it was more likely to be spelled in those days, "Garet." It is a given name not at all uncommon in the Norman records.

There is one entry, for instance, of "Garet Fitzgaret," the "fitz," of course, being the Norman-French corruption of the Latin "filius," meaning "son," the person referred to was simply "Garet, the son of Garet," or as the Saxon element of the population of medieval England would have put it, "Garet Garetson."

The slurring of Garetson into Garrison is quite a natural development through a period of several centuries, as are the doubling of "r's" and "t's." Such family names as Garrett are instances of where the final "son" has been dropped again, bringing the family name back to virtually the same form as the given name from which it was developed.

CARTER
 Variations—Charter, Cartwright.
 Racial Origin—Anglo-Norman.
 Source—An occupation.

Here is a family name which has come down to us from a word now obsolete, but which is curiously tied up with a number of modern words. And lest the reader be misled by the variation of Charter, let it be stated that the family name has no connection with the word "charter," denoting a legal document, nor "chart," meaning a map or table of statistics.

The words to which it is related are "chariot," "cart" and "car." It is not generally realized, but these three words are really the same, being all derived from the old Norman form "Charet," which in the early Middle Ages usually signified a vehicle of much splendor, and not the chariot of ancient military use.

It was recorded of Helianore, who was brought over from France in 1394 to be the bride of Richard of England, that "she was tall, nobly well-versed of age, but she brought out of France XII chares full of ladies and domestics." The 1611 version of the English Bible uses the word "charjet."

"Chareter," "Carettee," and "Charreter" were simply various spellings of the word which meant chariotmaker. "Cartwright" indicated the same. They must have ranked with the manufacturers of expensive automobiles of our day, for there is record of payment of £1,000 (\$5000) to one "John le Charer" for making a certain chariot "for the use and behoof of Lady Eleanor, the King's sister."

Will your "Good Morning" last all day?

Easy to start from the breakfast table with zest and enthusiasm, but how easy is it to keep on? Does ambition last, or lag, as the day develops?

The afternoon "slump" is a factor to be counted upon, in business or social life.

Usually, there's a reason.

Nerves whipped by tea or coffee won't keep on running, and they won't stand constant whipping.

Many a man or woman who has wished the afternoon would be as bright as the morning has simply been wishing that the nerves wouldn't have to pay the natural penalty for being whipped with the caffeine drug.

Postum gives a breakfast cup of comfort and cheer, without any penalties afterward. There's no "letting down" from Postum—no midday drowsiness to make up for midnight wakefulness; no headaches; no nervous indigestion; no increase of blood pressure.

Think it over. There's full satisfaction in Postum—a cup of comfort for anybody (the children included), any time.

You can get Postum from your grocer or your waiter today, and probably you'll begin to love it better tomorrow, as so many thousands have had, who have made the change from tea and coffee to Postum.

Postum comes in two forms: Instant Postum (in time made instantly in the cup by the addition of boiling water); Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes. Sold by all grocers.

Postum for Health
 "There's a Reason"

COARSE SALT LAND SALT

Bulk Carlots
 TORONTO SALT WORKS
 C. J. CLIFF - TORONTO

DANDERINE

Stops Hair Coming Out;
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