JULY 14. 828

CHATS WITH YOUNG

MEN "NOT UNDERSTOOD" Not understood. We move along asunder, Our paths grow wider as the seasons creep Along the years ; we marvel and we

Why life is life? and then we fall asleep,

Not understood.

Not understood. Poor souls with stunted vision Oft measure giants by their narrow

gage ; oisoned shafts of falsehood and derision The po

Are oft impelled 'gainst those who ft impende mould the age, Not understood.

Not understood. The secret springs of action.

Which lie beneath the surface and the show disregarded ; with self-satisfaction

We judge our neighbors, and they often go,

Not understood. Not understood. How trifles often

change us! thoughtless sentence or the The

fancied slight Destroy long years of friendship and

estrange us, And on our souls there falls a freez-

ing blight ; Not understood.

Not understood. How many breasts are aching For lack of sympathy! Ah! day by day,

How many cheerless, lonely hearts are breaking !

How many noble spirits pass away Not understood.

Oh, God ! that men would see a little

clearer, Or judge less harshly where they

cannot see; Oh, God, that men would draw a little nearer

To one another, they'd be nearer Thee, And understood.

THOMAS BRACKEN

FORGET THE PAST

The constant looking backward to what might have been, instead of forward to what may be, is a great weakener of self-confidence. This worry for the old past, this wasted energy, for that which no power on earth can restore, ever lessens a man's faith in himself, weakens his efforts to develop himself for the future to the perfection of his possibilities. Hope ever unexpressed In the red petals rest. Lay them quivering there, Symbols of love's dear purity,

possibilities. Do in the best way you can the work that is under your hand at the moment; do it with a good inten-tion; do it with the best prepara-tion your thoughts suggest; bring

SAY. "THANK YOU" all the light of knowledge to aid you. Do this and you have done your best. The past is forever closed. No worry, no struggle, no suffering, nor agony of despair can change it. It is as much beyond your power as if it were a million years behind you. Turn all that past, with its sad hours, its weaked past, with its sad hours, its weaked future. The present and future. The present and the future. The present and the future. The present and the future are yours; the past has gone back, and all its messages, its how and how all its messages, its how and how all its messages, its how as the conversion of her soul. SAY. "THANK YOU" SAY.

milk and honey. Time is admitted as fleeting and the true measure of existence is granted to be eternity. Sorrow is looked upon as refining the soul as fire refines gold. The causes of sorrow are taken as preparatory for a joy which shall be without alloy. Viewed in this light sorrow is suffered with a peace of soul which is astounding to such as are not guided by beauty which are necessary if it is to such as are not guided by Christian principles.

beauty which are necessary if it is to be a pleasant path to tread. The person who is unkind is not likely to find a welcome anywhere. Sorrow has a sobering effect on man. Were he to live in continual Even one's own baby quickly recog-nizes whether he is kind or unkind. Gruff words never bring smiles from joy he would forget his external Not understood.We gather false
impressions.joy he would forget his external
destiny. Even with an admixture
of sorrow only the very spiritualized
go by,Even one's own baby quickly recog-
nizes whether he is kind or unkind.And hug them closer as the years
go by,are willing to give up this life for
the joys of the next. Besides
sorrow is a corrective for the many
excesses indulged in the time of joy.Even one's own baby quickly recog-
nizes whether he is kind or unkind.Till virtues often seem to us trans-
gressions;are willing to give up this life for
the joys of the next. Besides
sorrow may be turned to
advantage by accepting it as a
penance for past failures? It is
hardly necessary to mention how it
way be made a means of sanctifica-
young.Even one's own baby quickly recog-
nizes whether he is kind or unkind.
Gather happing the set of the

tion by being a means of sanctifica-tion by being a manner of imitating the "Man of Sorrows" and His sorrowful Mother. Attributed by the sanctifica-the sorrowful Mother. the "Man of Sorrows" and His sorrowful Mother. Although sorrow be borne with such lofty motives a danger must be avoided. Sorrow is calculated to make one peevish and petulant. The sorrowful naturally look for sympathy. Sympathy often engen-ders self pity and self pity does incalculable harm. Happy the man who can preserve an equanimity of their little ones

incalculable harm. Happy the man who can preserve an equanimity of mind under sorrow, who can bear his sorrow without betraying it to others or at least without burdening others with peevish and petulant conduct. Sorrow shared is only half a sorrow. But this is two orbits if on the right are the two things essential to make a good man and woman out of a boy and a girl. But the proper kind of respect for neither can be acquired by frequent if a built and the sort of the rod

applications of the rod. The same rule applies in every pathway through life. Business men who rule with the iron hand, who try to keep their employees efficient by ill treatment and "muleng" get nowhere in the long Certain it is that they do driving

ly, in a Christian spirit and with resignation to the decrees of divine and in the days when co operation is essential to the successful progress of business, there is likely to be a very big monkey - wrench in the wheels of machines. Life is too short and the biggest

The last few weeks have been The last few weeks have been gala weeks for archaeologists, auth-ropologists, and palaeontogists. Ex-cavations carried on for years with little apparent hope of success have suddenly rewarded the persistent explorers with rich treasures. The public mind has been so intrigued with the sepulchral splendors of Tutankhamen's tomb that it has had little time to consider the report of another discovery in Asia Thoughts that our lips would fain Roses white, with their virgin

Each petal white a prayer ! Ah, may the angels breathe on high The wish each rose conceals— And humbly lay at Thy Sacred feet - Irish Catholic historical value. On the other hand it is very easy

to over-estimate the scientific value

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dying creatures and begins to use his reason to shape the destiny of his race." Out of remains so in-"The Church is modeled after th

"The Church is modeled after the complete and capable of so many Celestial City with its choirs of angels, and her end in the glory of explanations, it is a conspiracy against truth to attempt to claim a God and man's salvation. Her splendors shine from within but scientific proof for the animal descent of man and materialistic evolution. "Man knows no nonevolution. "Man knows no non-man ancestor" says a recent Catho-lic writer "and it is high time that all this twaddle about cave man manifest themselves from afar. there any earthly society which can boast of such titles? And all this is but the consideration of what the all this twadde about cave han stuff atavistic reversions, and animal heritage, and so forth should stop. To teach the evolution of man as a fact or as a scientific Church is in herself, independent of what she bestows on each one of

Her splendors shine from within, but manifest themselves from afar, hypothesis is as rank nonsense as to -penetrating the most remote corners, illumining the secret recesses of hearts long estranged from all knowledge of her. One by one new recruits are added to the great army of Christ the King teach that two and two make five. THE PERSISTENCY OF PERSECUTION

great army of Christ, the King. Now the radiant reflection of her queenly beauty strikes, like the searchlight at sea, out over the vast ocean of life, and suddenly lights up an object that was buried in darkness. Like the Star that If we need any tangible proof today of the divinity of the Catho-lic Church we might perhaps most easily find it in the persistent persecution which is waged against her by her sworp or misc. suddenly transfigured the poor Cave at Bethlehem, a great light strikes into a soul where shadows have long dwelt. And the scoffer her by her sworn enemies. The Church of God is like her Divine Founder because she has His undy ing spirit. In one way or other she repeats and lives over for us each throws down the pen still wet with the traces of his blasphemies. The infidel drops to his knees, striking his breast like the Publican of old. Mighty intellects submit them-selves like little children, and her head there are found thousands of men who shout all manner of proud spirits bend beneath the gentle yoke of the Church. Stubvain things around her and try in divers ways to make her triumborn may have been the fight and long, but late though it be, weary phant course through this world less One would have imagined that after the sad experiences of a World War our modern civilization would have known for a certainty and footsore, the stragglers toil up the hill toward the shining citadel which they have glimpsed from afar with longing eyes.

"The church is justly called the mystic body of Christ. What must be the beauty of such a body whose life and comeliness are all animated by the virtue and holiness and purity of a God! What noble blood flows through her veins! What generosity and love and magnanimity fill her heart! What firmness and health invigorate every member! member! . . . where every portion participates in the life of the whole

"We are the members of this body and whatever our station in life, however high our birth or rank, all nobility dwindles into step. In our own land there are ugly manifestations of bigotry. In the far Orient the success of Catho-lic missionaries is calling forth much opposition. In fact, wherever nothingness in comparison with being a part of Christ's mystic body, a member of Holy Church !" —The Pilot.

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Sorrow shared is only half a sorrow. But this is true only if the sorrow is unburdened to one sympathetic friend who will give no less genuine than intelligent sympathy. Sorrow frequently thought of and often spoken of, is like a wound kept open by unnecessary tampering with, it will never heal. run. bring down upon themselves the hatred of scores of good employes Sorrows borne manfully and brave-

Providence, ennoble the soul, give a one, and furnish a pledge for future joys whose magnitude and endur-ance shall be without measure.— A. R. in The Echo.

worldly accomplishments are entire-ly too small to make it worth while for one to spoil others' pleasure by his own selfishness. OUR BOYS AND GIRLS Kindness is the one sure producer of success and smiles. — Catholic

Universe.

Roses red, with their glowing NEW DISCOVERIES

report of another discovery in Asia Minor that promises to make known the long sought for resting place of the ancient Judean kings. Such discoveries have great scientific and historical value

HOW CHRIST TAUGHT US TO SAY, "THANK YOU"

that there is no such thing as real progress without religion. But we actually find that in practically all the countries of Europe men are making the existence of religion more difficult each day. In Russia, today, they have gone the extreme lengths of condemning an Arch-bishop to lifelong exile in Siberia for so-called political opposition to Bolshevism, although no trace of such opposition was discovered in the preceding of the Seriet such opposition was discovered in the proceedings of the Soviet courts. In Ireland, in Portugal, in Italy there are growing coteries of men who oppose the Church at every

-The Pilot.

glorious ?

future are yours; the past has Same gone back, and all its messages, its soul. history, its records to the God who

loaned you the golden moments to use in obedience to His law.

LIFE IN THIS VALE OF TEARS

"Sorrow is more or less the characteristic of all human life," says the Rev. Frederick W. Faber, D. D. Man's existence may be D. D. Man's existence may be likened to the groups of mysteries of the rosary, there are the joyful, sorrowful and the glorious periods. To childhood may be allotted the joyful period, children may have sorrowa but they make no lasting sorrows but they make no lasting impressions and are quickly for-

And you thank Him-but how? And you thank Him-but how? In the morning with occasional or distracted prayers, in the evening with tired, listless prayers. But with tired, listless prayers. But

impressions and are quickly for-gotten. In maturer years comes the sorrowful period, not that the years bring continuous sorrow, but the sorrow comes more frequently and makes a deep and lasting impres-sion. Only after death may the genuinely glorious period be who have triumphed over sorrow and have made it a means of merit. Life must naturally bring its mete of sorrow with it. After the hopeful and enthusiastic visions of youth, there must come the dis-apponaches and with its dissolution and its attendant miseries, the circle of one's friends grows yearly marrower,—all teaching a lesson more clearly than with words that approaches and with its dissolution and its attendant miseries, the circle of one's friends grows yearly narrower,—all teaching a lesson more clearly than with words that life is but a "vale of tears." If the Creator Himself considered a Weather and the second Were it not for the glorious sun-shine lighting up this valley of sorrow, the contemplation of the make us nor mortals quite receive? The endless favors we receive? The sorrows of life would be inclined to make us poor mortals quite pessimistic. When viewer, how-ever, under the rays of Christian truth, sorrow takes another aspect. From the Christian point of view sorrow serves to prove that we have been created for a more glorious existence. Life is con-sidered a pilgrimage to one's true country, a land which flows with

Samaria was the conversion of her We find it hard to thank Christ,

even for His greatest gifts, but be-hold the gift of gratitude He

depth of feeling to afflicted

RED AND WHITE ROSES

hearts,

portray,

hearts,

Placed at Thy Sacred feet,

Symbols of love's intensity, Breathing in rapture sweet

essages whispered tenderly

The need each heart reveals.

supposed to form the missing link between man and animal ancestors should make the proponents of materialistic evolution very chary about what claims they make for lavished on one poor woman. Com-pare Him with yourself. You for-get your grateful impulses almost before they have sprung to expresshould make the proponents of materialistic evolution very chary about what claims they make for the Argentinian skull. One tiny sion on your lips. Yet you ever owe a heavy debt of gratitude to Christ jaw discovered in Egypt, bearing the resounding name of Proplio-pithecus is hailed as the hypotheti-

in palaeontology for the animal ancestry of man. The Trinil ape man

A CITY SET ON A HILL The simplicity and beauty of the Gospel story has attracted the admiration of men whatever they may profess to believe. With the weak things the strong are conreadily understand, is not dis-dained by men of lofty intellect to whom its imperial grandeur is not concealed beneath its lowly guise. new missing link in Argentina will be hailed with delight by evolution-ists but regarded with proper

incredulity by others. Much uncertain evidence, vague form the basis of many books of "Outlines" which are doing very real harm to young and uncritical readers. For instance The Story of Mankind tells us that for millions of years living cells floated on the

men. Today men of right reason and intelligence are forced to acknowl-edge that the Church is in very truth a City Set on a Hill, the perfect type and image of that celestial City to which all are born rightful heirs. It is no longer necessary to explain so many reasons why men believe the Cath-olic Church to be Divine and there-fore the one true Church to which of years living cells floated on the waters or strayed upon the shore until one day after straying through plantdom, fishdom, and animaldom, "man suddenly leaves the endless procession of dumbly living and wonder is not, why so many enter

The fate of previous vestigial re-mains of anthropoid apes that were supposed to form the missing link between man and animelian and animelian and animelian and animelian and animelian and animelian animel out of most of us-even the fit. But it is especially hard on the ailing and the aged. An under-toned system needs more than the

more and more today. Just as few men can stand prosperity but thrive

spiritually under opposition and privation so too the Church—as is

plain from her history-produces the best spiritual results when she

does not seek to dodge the high

responsibility and privilege of being the Bride of a Crucified Lord.—

Rosary Magazine.

a sultry day. Acid blood is caused by acid foods. Acid foods are white flour, refined cereals, fats, meats, and sweets. Roman Meal is the only alkaline cereal-400 parts in each 1,000 parts "Excess Alkali"-Alkaline enough to correct the acids of acid foods and keep the blood alkaline in hot

weather. Roman Meal may be made into porridge, pancakes, puddings and cakes. Even hot Roman Meal por-ridge is more "cooling" to the weak things the strong are con-founded; the lowliest parable, pro-claimed by the Divine Teacher in language which little children may readily understand, is not dis-dained by men of lofty intellect to dained by men of lofty intellect to blood than the coolest fasting cereal whom its imperial grandeur is not oncealed beneath its lowly guise. Christ in His teaching most often one of these is a hot-day treat, that referred to the ordinary things of everyday life. So He compares the light of Faith to the flame of a little candle set high on a hill above the plains and valleys inhabited by stipation. At grocers

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