

CARDINAL GIBBONS WARNS AGAINST WORRY

MESSAGE TO THE MANY WHO ARE AGITATED BY VAIN HOPES AND FEARS—HURTFUL INFLUENCE OF EXCESSIVE ANXIETY. LABOR TO-DAY, TRUST TO-MORROW TO GOD

Preaching in the Baltimore Cathedral on a recent Sunday, to a congregation that filled every corner of that historic edifice, Cardinal Gibbons warned against excessive anxiety over worldly fortune and urged that more confidence be placed in God, as He would provide for the morrow if the most is made of to-day. His Eminence said, in part:

"We cannot but admire the conduct of the multitude who followed our Lord into the desert, and who were so intent on hearing the word of life that they came from His lips that they gave no thought to supply themselves with food for the body. But our Lord, who bids us seek first the kingdom of God and His righteousness, and promises that all things else shall be added unto us, did not fail on this occasion to reward their piety by the miraculous multiplication of bread. Their conduct is an example for all of us to read excessive anxiety about the future.

"I do not pretend to read your thoughts, my brethren, but I venture to say that there is scarcely a grown member of the congregation before me who is not agitated by some vain hope or fear. Each of you has his daily round of cares, which flow and ebb like the tide. As soon as one care subsides another rises in your breast in endless succession.

"Now, the religion of Christ, which was established to prepare us for future bliss in the world to come, contributes at the same time to our happiness in this life, as far as it can be attained in our present condition. And as cares and solitudes are a bar to peace and tranquillity, our Lord suggests to us by His inspired writers and by His own voice the motives and means of banishing those cares, or of lessening their hurtful influence and of lightening their burden. If Christ will not subdue the storm that assails us, He will at least help us to ride upon the waves of adversity, as He enabled Peter to walk upon the sea of Galilee.

"And for reamint, why are ye so licentious? Consider the lilies of the field, how they grow. They labor not, neither do they spin. And yet I say to you that not even Solomon in all his glory was arrayed as one of these. Now, if God so clothe the grass of the field, which to-day is and to-morrow is cast into the fire, how much more you, O ye of little faith. Look at the flowers in the garden. How rich are they in color and fragrance. More beautiful to the eye are the tints and shades of these flowers than the Tyrian purple with which Solomon was arrayed in the days of his regal splendor. Now, if God gives so beauteous a covering to the flowers of the field which bloom to-day and wither to-morrow, can He neglect to provide suitable apparel for your bodies, which are destined to be transplanted and to bloom forever in the Paradise of God?

BURDENS OF LIFE COME ONE BY ONE "But perhaps you will say: Would it not be more merciful on the part of God and contribute to our peace of mind if the Lord were to reveal to us in our early days all the trials and tribulations that were to befall us in the course of our lives? Forewarned, we would be forearmed. Quite the contrary. If the whole cloud of sorrows destined for us were set before us at one view, we would sink under the accumulated weight. And therefore Providence places before us the burdens of life one by one, so that we may have the courage to carry them.

"And I do not think that even Sir Thomas More, with all his Christian philosophy and playfulness of humor, would have exhibited his characteristic cheerfulness if it had been revealed to him in his youth that his blood would be shed in defense of his faith by Henry VIII. Again you will say: I am discontented with my condition in life. I am debarred by the desire of possessing more affluent means. I wish to have a more spacious residence, better furnished apartments, a more elegant wardrobe. I would like to have the luxury of an automobile and indulge in an occasional joy ride. I cannot afford even the convenience of a telephone. Most of our wants are artificial and imaginary. Queen Victoria never had the luxury of an automobile, nor even of a telephone. And her predecessor, Queen Elizabeth, ate her meat with her fingers and with a good appetite, for forks were not in use in England until the seventeenth century.

WHAT ARE ITS FRUITS "What good will all this fretfulness and gnawing care do you? It will not add one inch to your height, nor one ounce to your weight, nor one cent to your wealth, nor one jot to your happiness, nor one day to your span of life. That excessive anxiety which dissipates the energies of the intellect and incapacitates you for the due performance of your duties, while an abiding trust in God enables you to work with a concentrated mind and a hearty good-will.

"Here is the most powerful argument against inordinate care. The heathens believed in the existence of many gods. Their gods, they admitted, rarely took any interest in human affairs, but were wholly in-



tent on promoting their own schemes and securing their own happiness. "It was not, then, a matter of wonder that the heathen should be so solicitous about the things of this world since the result of chance; that there was no God in heaven to interest Himself in human affairs and no future life to compensate the patient sufferer for the trials of this world.

"But you have been taught a more consoling and a more sublime doctrine. You believe in the existence of a superintending Power, that watches over the affairs of men and of nations. You know that numbers and the stars of the firmament counts the very hairs of your head. You know that the same omnipotent God who supports and nourishes the angels in heaven feeds also the worms of the earth.

"In fact, what is this earth but a vast storehouse containing all things essential to the wants of man? If you look above you, you will behold the mountains clothed with virgin forests. If you delve into the bowels of the earth, you will find an inexhaustible supply of coal and other minerals. If you cast your eyes around you, you will see there valleys smiling with harvests of grain and fruit. What God said of old to Adam He says also to you: Rule over the fish of the sea, and the fowls of the air, and the beasts of the field, and over all creatures that move on the face of the earth.

"But you will say: If God has such an eye to our wants, if His Providence watches over us, may we not fold our arms, sit down idly and do nothing? May we not even squander what we possess, trusting in God to replenish our coffers?" Man is a reasonable being. Provision for the future is one of the attributes of a reasoning man, and this foresight requires a certain amount of mental labor.

GOD HELPS THOSE THAT HELP THEMSELVES

"God forbid that, while you are admonished to avoid the extreme of solitude, you should fall into the other extreme of idleness and improvidence. If your Lord points out to you the care His Heavenly Father takes of you. He expects you at the same time to co-operate with Him. 'God helps those that help themselves.'"

"It is true, indeed that God feeds the birds of the air, but He does not deposit their breakfast in their nests. They must rise early in the morning, and I believe he travels and labors more assiduously for his breakfast than the average workman.

"It is true that God crowns the mountains with forest trees and enriches the bowels of the earth with coal and other mineral deposits. But it is equally true that this wood and coal cannot be of service to man without hard and patient toil.

LABOR AND TRUST

"The upshot of God's teaching is this: You should be active and industrious without excessive solicitude, diligent and laborious without anxious labor to-day as if all depended upon your right arm and brain; trust to-morrow as if all depended upon the Providence of God. Use to-day, for it is yours; trouble not yourselves about the morrow, for it belongs to God; it is still in the womb of futurity, and may never be born to you. Sow the seed with provident industry; leave its growth to the hands of your Father.

THE LADIES OF THE SACRED HEART

In Monday evening's Advertiser appeared a statement to the effect that the ladies of the Sacred Heart were not "certificated teachers." We have since learned that such is not the case, and cheerfully make correction. As a matter of fact seven members of the community hold diplomas from the department of Education for the province of Ontario; twelve with A or B licenses are teaching in the Public Schools at Halifax, whilst many members of the order, both in Europe and America hold Government qualifications as well as degrees of the University of London, England, Edinburgh, Dalhousie, Chicago, etc. A number are also employed in conducting Government training schools in England, Belgium, Holland and elsewhere. — London Advertiser, June 25.

RELIGION SECONDARY

A prominent feature in the modern discussion of Religion outside the Church, is the effort to place the supernatural in a secondary position, and to push bodily welfare always to the fore. This is also true of modern secular education. But in all true education the supernatural should be the salient feature. The force of revealed religion is impressed upon the young mind. He is taught to turn occasionally away from the things around him to a consideration of things belonging to a higher and nobler life. His religion is made the one great end and aim of his being. He is urged to frequent and earnest prayer, in order that all his acts may be stamped with divine approval.

He is taught that the praise or contempt of men is of little importance as long as his heart is right with God. But up from the ranks of the unbelievers the cry has become more and more insistent that the future with its supernatural sanctions need concern no one so long as the life of the present be outwardly respectable and prosperous. Even men of religious affiliations, talking in a religious vein will calmly relegate Almighty God and His Divine Son to an inferior place in the concerns of human life, and even contend that it does not really matter much if the thought of God never occurs to the mind.

The world is already reaping the harvest of this teaching. The utter recklessness that mars human pleasure, the immodesty in dress, in the arts, in song, in the drama, the unnatural holocaust of human lives daily offered up to the idols of crime and murder, the excesses that make vice commissions possible, the paganism that has invaded society, crushing out of it every good instinct of law and order—all these must lie at the doors of those who set God aside.

Against this chorus of satanic voices, sometimes chanting in hypocritical religious terms, sometimes ranting open blasphemy, the Catholic Church almost alone takes her stand to-day. While the hordes of the deluded are crying out in anger against Christ, the Church stands in solitary loyalty beside the Cross. To her the body is indeed the temple of the Holy Ghost—but only the temple—a crumbling monument. The body shall die, but the soul never dies.—Pilot.

FRANCHISE FOR WOMEN

BALLOT FOR ST. ELIZABETH COLLEGE TYPES NOT TO BE FEARED

That there need be no fear of entrusting women with the franchise or with any other privileges enjoyed by men was a statement which Bishop O'Connor made in addressing the graduates of the College of St. Elizabeth. The statement, however, was made with a qualification. "From every side," the bishop said, "come intimations that the scope of woman's influence in public and private life is steadily on the increase. The question that agitates the minds of many men is whether that influence will be for the best and highest interests and civic welfare of the commonwealth.

"The answer to that question depends on the nature and characteristics of the higher education which those women will receive who are to be leaders of thought and action in the new era that is dawning. It will be an era of greater freedom and wider opportunities for women. That freedom and those opportunities involve tremendous possibilities for good or evil.

"The surest guarantee that the results will be beneficial," the bishop continued, "is to be found in education."

The bishop declared that if that education be such as the young women of St. Elizabeth's College have received, the franchise and other privileges of men could be exercised by women.

Touching on the education the young women had received, the bishop declared that it was proof of the harmony between science and faith and a vindication of womanhood in its power to receive and impart the most difficult branches of knowledge.

Holding that culture is a great good in itself, Bishop O'Connor declared that it was preferable to wealth or social position. It is, he asserted, the perfection of human nature and of the powers of the soul, the attainment of the goal towards which one's faculties naturally tend in their ascent to the possession of the true, the beautiful and the good.

Culture, it was pointed out, has ever been the passion of the fortunate few, but has been of inexpressible service to the many. "The progress of the race," said the bishop, "has been the result of those who cultivate the spiritual and the intellectual in the confident trust that in these are to be found the best and richest sources of blessing, even to those who toil in the lowest planes of life.

Sanol Cures Gall Stones

Quick relief is what the sufferer from gall stones begs for and longs for, and quick relief is what SANOL, the great remedy for gall stones, and all uric acid diseases will quickly afford.

SANOL is a herbal preparation made from the formula of a great German Scientist. It is a thoroughly scientific preparation. It may be used with perfect safety. It will quickly relieve kidney trouble, and all diseases of the urinary tract.

We can send literature, including letters from sufferers who have been cured which will tell fully what SANOL is and what it will do.

SANOL relieves and cures the diseased organs and acts as an immediate strengthener of weak kidneys, inflamed bladders and all weaknesses of a like nature.

Price \$1.50 per bottle. For sale by all leading druggists.

THE SANOL MFG. CO., Winnipeg, Man. LIMITED

"Against the power of ideas and principles material resources are vain. Material resources are subject to disintegration and decay, whereas ideas and principles are spiritual and indestructible, persisting in the laws of nature, in penetrating and eventually molding and shaping those works to their own unchanging image or destroying them and leaving only the record of their rise and fall.

"Truth is mighty and will prevail, is the motto of the teacher; and the abiding place of truth is the cultivating intellect, safeguarded and fortified against the allurements of error by the supernatural aids which true religion affords.

"Our hopes, therefore, rest on the success of such institutions as St. Elizabeth College, whose efficiency, thoroughness and successful achievements are gathered here to-day to recognize and applaud.

"And if there is one thought I would impress on the minds of the graduates it is this: that they prove themselves the loyal and devoted advocates of the progress and prosperity of their alma mater.—N. Y. Freeman's Journal.

SOMETHING FOR OUR BOYS

Now that the scholastic year is over and with it the severest test examinations that lead to a new course of studies for the coming year, a number of our boys will, no doubt, considering what line of work to take up that will best fit them for their future career. Indeed it is well that they should do so. Mr. Wm. Sheldon, Secretary of the Board of Education, Los Angeles, Cal., said recently in addressing a group of students: "If a young person wishes to give himself a square deal, he should include choosing a vocation early, and preparing for it. Unfortunately choosing a life-work is often postponed too long. Very commonly young men even graduate from universities without having considered seriously what their permanent occupations shall be. Aimlessness in youth brings aimlessness in manhood and, if persisted in, consequent failure. Sensible indeed is the youth who directs his thoughts and acts towards preparation for his chosen vocation."

The work of the Church opens before young and generous souls an arena to hold for their energy and enterprise in devoting themselves to further the glory of God and the salvation of their fellowmen. The need of priests and religious teachers was never greater than to-day. The great cause of Catholic education will possibly appeal to some of our boys and young men in a particular manner and to these the Christian Brothers' Training College and novitiate in Toronto affords an excellent opportunity to fittingly prepare themselves for the noble calling of religious education.

Rev. Brother Simon is at present visiting a number of parishes in the

western part of the province for the purpose of meeting any who may desire to enter the Brothers' novitiate or to obtain information on the matter. All such may arrange to meet him or write direct to De La Salle Institute, Toronto.

PROSELYTISING

A special meeting of a branch of the Society for the Propagation of the Faith was held recently in Boston. Bishop Dougherty of the Philippine Islands, made the following reference to the proselytising methods of the sects in that country. The ten Bishops and their small but loyal army of priests and sisters could preserve the faith of the Filipinos if they were unhampered. But five Protestant sects have cleverly divided the Islands into zones, and each has taken a division in which to make an attempt to stamp out the faith. These sects are the Episcopalians, Presbyterians, Methodists, Baptists and a new one, called the "Campbellites" or "Christian Church."

Unfortunately, their ministers and representatives come from the less populated parts of the United States like the far West and extreme South, and are unenlightened as to the true character of the Church.

They are of the old type that long ago became silent in the big cities of America—the type that spreads "Maria Monk" literature and even vilifier stuff and attacks the doctrines of the Church, like confession. Their absolute ignorance and apparent good faith may excuse them, but their terrible work has its effect and the corruption, like leprosy, must be checked and exterminated at any cost.

The Catholic faith is as much the faith of the Philippines as of Ireland. It is being attacked as the faith of Ireland was attacked. But the generous aid of Catholic Americans has already done much to check the onslaught. Bishop Dougherty is conducting and extending a Catholic hospital, free of charge, at the very door of an endowed Presbyterian hospital that had been drawing Catholic Filipinos from the faith. He has opened an orphan asylum, improved his seminary, rebuilt churches and sent out zealous missionaries to the isolated districts to strengthen the natives who are in danger from the insidious wiles of the proselytisers.

CALDEY ISLANDS

Caldey Island, South Wales, the home of the converted Anglican monks, was for a thousand years monastic property, broken only by the cataclysm of the English reformation, when it became secular property. Caldey Abbey was founded by Celtic monks in the year 450. Among the great names connected with it are those of St. Iltud, St. Samson, St. David of Wales; St. Dubric (475-560), he who crowded King Arthur; St. Paul of Leon, St. Gildas. It is consoling to Catholics to know that Caldey, Pershore, Llanthony and Malling monasteries may once again become the property of the Roman obediences.

The high altar at Caldey monastery is built principally of stones taken from the ruined religious houses of Great Britain and Ireland.

DIED

CARTHY.—At Metcalfe, May 6, 1918, Clara Winifred Carthy, youngest daughter of the late Andrew Carthy, May her soul rest in peace!

EGAN.—At 117 Mutual St., Toronto, the residence of his daughter, Mrs. Mary Hevey, on Sunday, June 22, 1918, Mr. John Egan, aged eighty years. May his soul rest in peace!

They Cost Less

"Clay" Gates STRONGEST and best farm gate made. 30,000 sold in 1912. Can't sag, bend or break. Can be raised as shown. Good for Winter and Summer. Send for illustrated price list. THE CANADIAN GATE CO. Ltd. 64 Morris St., GUELPH, Ont.

THE HOME BANK OF CANADA ORIGINAL CHARTER 1864

One dollar a week deposited with the Home Bank will amount to fifty-two dollars at the end of the year, with full compound interest to be added. How many wage-earners can say that they have not wasted, or lost, fifty-two dollars during the past year from the habit of carrying money carelessly in their pockets? AS

Do not go against your own conscience, whatever the gain. Our best friends are not those who make life easy for us; our best friends are those who put courage, energy and resolution into our hearts.

MARRIAGE MORAND-MOORE.—At St. Martin's Church, London, on Monday, June 23rd, Dr. Raymond D. Morand of Windsor, to Blanche Veronica, daughter of Mr. and Mrs. John S. Moore.

TEACHERS WANTED TEACHER WANTED FOR S. S. NO. 3 township of Biddulph, holding a second class professional certificate. Duties to commence Sept. 1st, 1918. Salary \$500 per annum. Applicants apply to Patrick Ryder, Sec. Treas., Lucan, Ont. 1810-3

WANTED A SECOND CLASS NORMAL trained teacher for Elmville Separate school. Duties to begin in September. Applicant state experience and salary expected. Address Rev. Thomas Casey, Elmville, Ont. 1814-4

WANTED TEACHER HOLDING A SECOND class professional certificate, for S. S. No. 6, Toonto Gove. School in beside church. Salary \$300 per annum. Duties to begin after summer vacation. Apply to Chas. Doherty, Wildfield, P. O., Ont. 1811-2

WANTED FOR S. S. NO. 6, HUNTELEY. A second class professional teacher. Duties to commence after summer holidays. Apply stating experience and salary required to W. J. Logan, Sec. Treas., West Huntley, Ont. 1811-3

TEACHER WANTED FOR S. S. NO. 9, PERCY. Must have second class Normal certificate. State experience and salary expected. Duties to begin after summer holidays. Apply to Thos. Collins, Sec. Hastings, Ont. 1811-2

WANTED EXPERIENCED TEACHER, MALE or female, for Catholic Separate school, Section No. 10, Adria, holding second class Normal trained certificate. Duties to commence Sept. 1st, 1918. Apply, stating experience and salary required, to S. A. O'Leary, Sec. Treas., Colgan, P. O., Ont. 1810-4

WANTED A FIRST OR SECOND CLASS teacher with Normal training, for South Gloucester Catholic school. Salary \$500 per year. Duties to begin on Sept. and Oct. 1918. School situated in beautiful locality near Church and Post Office. Apply to Rev. Geo. D. Prud'homme, P. O., Sec. Treas., South Gloucester, Ont. 1810-4

WANTED FOR ST. HILARION S. S. OF room of the C. S. S. of Woodville, holding first or second class certificate, and also two French speaking teachers holding a first or second class certificate, capable of teaching both French and English. Apply, stating experience and salary required to F. H. Bonneville, Sec. Treas., Colgan, P. O., Ont. 1810-11

CATHOLIC LADY TEACHER, SECOND class professional, for the junior room of the town of Trout Creek, Public school. Salary \$500 per year. Apply stating qualifications to Edw. McPharlin, Sec. Treas., Essex P. O., Ont. 1810-4

A QUALIFIED TEACHER FOR S. S. NO. 2, Madstone. Salary \$500. Duties to begin after summer holidays. Apply stating qualifications to Edw. McPharlin, Sec. Treas., Essex P. O., Ont. 1810-4

WANTED EXPERIENCED CATHOLIC teacher, holding a second class certificate for separate school, No. 7, Rochester. Duties to commence Sept. 1st, 1918. Salary \$550. All correspondence to John Byrne, Sec., Byrnedale, P. O., Ont. 1810-2

TEACHER WANTED FOR THE C. S. S. of Woodville. Salary \$500. Duties to begin after summer holidays. Apply stating qualifications to F. B. Fuerth, sec-treas., Woodville, Ont. 1810-3

QUALIFIED TEACHER FOR THE SENIOR room of the C. S. S. of Logan. Duties to commence after summer holidays. Salary \$550 per annum. John O'Walsh, Sec., Kirkcubria, Ont. 1810-3

AN EXPERIENCED PROFESSIONAL TEACHER for U. S. S. No. 3, McKillop & Hubbert. Duties to commence after summer holidays. School beside church, post office and station. Apply stating salary and experience. Enclose testimonials to P. V. McGiath, Sec. Treas., St. Columban, Ont. 1806-11

Smith, Son & Clarke Undertakers and Embalmers 115 Dundas St. 629 Dundas St. Phone 555 Phone 678 Open Day and Night

John Ferguson & Sons 180 King Street The Leading Undertakers and Embalmers Open Night and Day Telephone—House 2/3 Factory—543

C. E. Killingsworth Funeral Director Open Day and Night 491 Richmond St. Phone 3971

American House LAKE MUSKOKA, ONT. Boating and fishing are unsurpassed. Mass every day in the week. Write for rates. Mrs. Walker, Proprietress, American House P. O.

School Desks ASK FOR OUR PRICES Lee Manufacturing Co., PEMBROKE, ONT. LIMITED

Marriage Laws A Brief Explanation of the Decree "Ne Temere" It embodies all the Decisions of the Sacred Congregations up to December, 1912, besides giving a clear and definite commentary on each Article of the New Laws on Engagement and Marriage. The Catholic Record LONDON, CANADA

Mission Supplies A Specialty J. J. M. Landy Catholic Church Goods 405 YONGE ST., - TORONTO PHONE MAIN 6555

NORTHERN NAVIGATION CO., Limited

"A Fresh Water Sea Voyage" to S. S. Marie, Port Arthur, Fort William and Duluth. Sailings from Sarnia, Mondays, Wednesday and Saturday. Special Grand Trunk train service between Toronto and Sarnia Wharf, via Hamilton and London, connecting with steamers.



TICKETS AND INFORMATION FROM ALL RAILWAY AGENTS, OR THE COMPANY AT SARNIA, ONT., OR COLLINGWOOD, ONT.

"That Georgian Bay Trip" to Mackinac Island, S. S. Marie and way Ports, via North Channel. Sailings from Collingwood and Owen Sound, Tuesdays, Thursdays and Saturdays.

"Among the 30,000 Islands" Effective June 18th—Daily Service, Sunday excepted, between PARRY SOUND, Penetang, and way ports. Special Grand Trunk service between Toronto and Penetang