

# Sports

Editor: Rick Spence

## Ex-coach discovers:

# "You can't go home again"

By ALAN RISEN

York's basketball Yeomen, playing their finest game at home this season, spoiled the homecoming of former York coach Greg Poole Saturday night by dumping his Carleton Ravens 64-52 before a sparse crowd at Tait McKenzie.

The victory for York was doubly significant. First, it kept York's post season hopes alive, since Carleton is the team they will likely have to beat out for the fourth and final playoff berth.

Second, and especially gratifying for coach Bob Bain, the Yeomen displayed the poise and confidence conspicuously absent in recent games.

In Saturday night's game, the Yeomen saw their 35-31 half-time lead demolished by the Ravens who started the third period with a surge that allowed them to tie the score 39-39 and then to take a 43-39 lead. Then, as York took a time out, coach Poole exhorted his Ravens to take advantage of their momentum to ice the game. Calls like "We've got them rattled now" came from the Carleton bench.

### TURN TABLES

But York turned the tables on Carleton by pumping in 14 straight points to take a 53-43 lead, and control of the game. It was the ability to come back after losing their first-half lead that prompted coach Bain to remark that the Yeomen won because of their poise on the court.

Carleton fought to get back into the contest, but the Yeomen repeatedly broke up the Ravens' offence especially instituted for this game by coach Bain.

Last week, Carleton beat York 76-74 in Ottawa, and Bain noticed that the Ravens would be susceptible to this type of defence because of the way they liked to work the ball out of the offensive corners. The strategy worked and Carleton was unable to adjust on the court.

Offensively, York saw that the Carleton defence was over-protecting the centre lanes, so they went outside and found clear sailing into the attacking zone.

### UNHAPPY RETURN

It was an unhappy homecoming for Poole who was an assistant coach here last year.

Before the game, Poole said he was looking forward to beating York in Tait McKenzie. But the former York coach has fond memories of the university. Some people were wondering why Poole didn't become the York coach this year following the resignation of Bob McKinney at the end of last season.

According to Poole, he (Poole) was offered the position, but turned it down because of a better offer from Carleton. It was not a case, as some people suggested, of Poole being snubbed by the York administration.

At Carleton, Poole is the fitness coordinator as well as head basketball coach—a position of more responsibility and monetary compensation than the one he was offered at York.

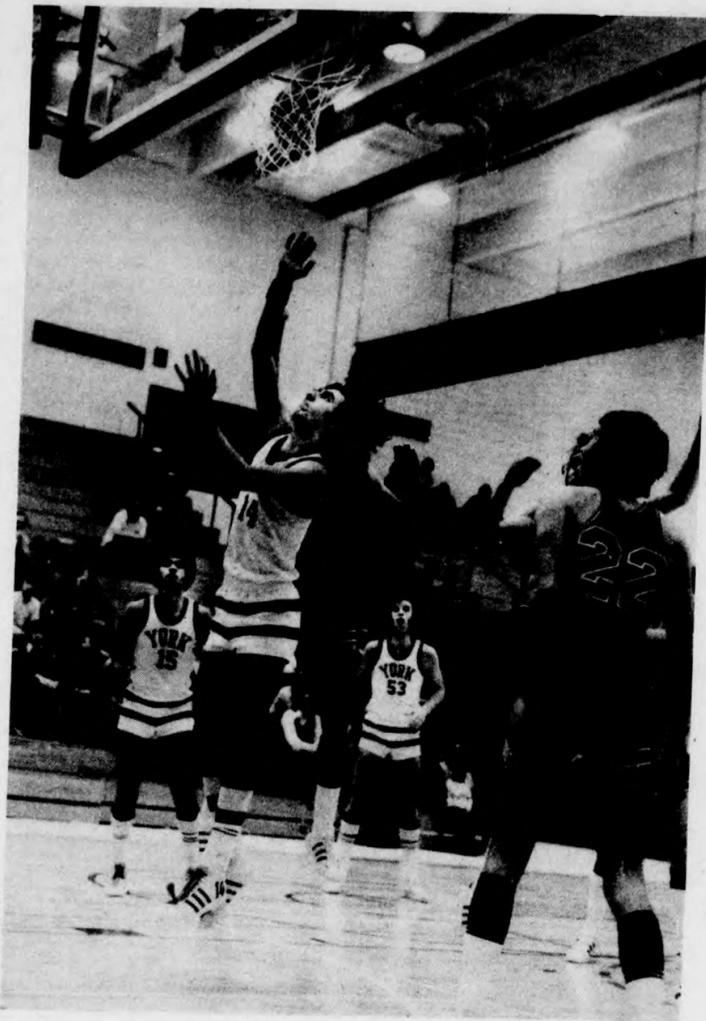
As for York's new coach, Poole said: "York was very lucky to get Bob Bain. He is an excellent coach and did a great job at the University of Alberta last year (national finalists). He was a great player too. I was happy to hear York got him."

After the game, Bain remarked that Carleton was a "well-coached team", completing the mutual admiration society.

**BASELINE BANTER:** Mike "Bumper" Betcherman had an excellent night on offence for York, hitting on nine for 16 from the floor, plus one point from the charity stripe for 19 points. . . Betcherman's leg was heavily bandaged from thigh to ankle, which hampered his manoeuvrability, but apparently not his shooting eye.

The latest OUAA statistics show three Yeomen in the top 10 in scoring. Jeff Simbrow is the top scorer in the league with 109 points (not counting last week's games); Betcherman is sixth with 95 and guard Ev Spence is ninth with 84. . . York, however, has played more games than all other teams but RMC.

The Love brothers (Drew and Jon) were again effective for the Ravens, amassing 26 points between them. . . The win lifted York to a two point lead over Carleton in their fight for the final playoff berth, but the Ravens have three games in hand. . . Next home game for York is tomorrow night against Queen's. Tip-off is at 8:15 p.m.



Alan Risen photo

Veteran York guard Vince Santoro (14) lays in a basket as the Yeomen beat former coach Greg Poole and his Carleton Ravens 64-52 at Tait.

## Sports Briefs

### Fencers sharp in finishing second

York's men's fencing team took second place in the invitational tournament held at Tait Sunday. Carleton finished first in the 9-team tournament taking the foil and sabre events. George Lavorato led the way to York's second place finish in the foil competition with 20 victories and one defeat. York was also second in the sabre competition where Grey Sterling registered 14 victories and one defeat.

### Two out of three ain't bad

The men's volleyball team continued their strong seasonal play when they won two of three matches in a four-team tournament on the weekend. York lost 3-1 to Laurentian but downed Ryerson 3-0 and the University of Toronto 3-1.

### Basketball women bounced twice

Home court proved to be of no help to York's basketball Yeowomen as they dropped two more decisions to opponents at the Tait court on the weekend. Friday night Carleton defeated York 62-50 and Saturday it was the University of Ottawa's turn as York lost 40-14.

## Training course aids athletes, provides community service

By SOL CANDEL

Very few people can be said to be truly in love with their job. One of those exceptions is Ed Nowalkowski, York's head athletic trainer.

Besides performing his training duties for both individuals and teams of the York community, Nowalkowski teaches a class on the treatment of athletic injuries in the Phys. Ed. program.

The class is divided into two sections of 20 students each. Eleven students act as assistants in the training room.

"A trainer," says Nowalkowski, "looks after all degrees of sports injuries. He travels with the team to ga-

mes and is the first to see injuries when they occur. His experience tells him what the injury is. He gives treatment, prescribes remedial treatment programs and is an educator."

Trainers generally belong to the North America Trainers Association which has various membership categories. The certified member must have a phys. ed. degree and pass an oral and written practical exam. The active member is someone active professionally as an athletic trainer. Finally there are the associate student members who are practising students.

Dave Paris, one of the 11 assistants says that "exposure to the training room is a must for anyone in a training program. I think it should be a compulsory course for everyone in Phys. Ed."

### ON THE FIELD

The trainer's job begins on the playing field.

"We try to deal with an injured athlete as quickly and efficiently as possible, especially if he's unconscious," says Paris.

"When there is a serious injury, like a broken leg, and no doctor present, I'll get someone to phone for an ambulance. I'll keep the player warm and put an air splint on his leg."

"The training students," says Nowalkowski, "have to go through a period of internship during which they become better and better acquainted with health problems."

After the initial on-the-spot care, a trainer must treat an injury.

"We look at them," says Paris, "ask how they sustained the injury, ask if they can pinpoint the mechanics of the injury. We do several tests to locate the injury."

"It is imperative to have a solid background in anatomy and physiology. A trainer must know how to treat an injury after it has occurred. Unfortunately, people leave an injury for a week and then come in, which makes

their recovery longer.

### LIMITED KNOWLEDGE

"Naturally our knowledge is limited. We can't bluff our way through. If we can't pinpoint exactly what is wrong then we ask Ed.

"After treatment comes rehabilitation. We put the athlete on a remedial program to increase muscle tone. This involves exercise. We use the weight room, the pool and the bicycle."

Trainers work very closely with doctors. Where one job ends and the other begins "depends on the ability of the trainer," says Nowalkowski. "If I don't know what it is then I refer to the doctor."

"We wouldn't attempt to put sutures in or try to reduce a fracture that is in need of expert treatment. Good judgement based on experience tells me how far I should go.

"A trainer must be interested and humanly concerned with the people he works with. The better the person he is, the more he extends himself, the better the trainer he is."

### COMMUNITY SERVICE

Injured athletes are not the only ones who use the training facilities located in the bowels of the Tait McKenzie building. Dancers from the Fine Arts department as well as the ordinary student come in for treatment.

"It's a York community service," says Nowalkowski. "Anybody who has a physical problem can come in, and many do, to the training room for treatment."

"However now our facilities are becoming limited. We're not able to meet the needs that York demands of it."

Waterloo and the University of Toronto are the other schools offering training programs, but the programs are structured differently. 100 students take a half-year course with one to two hours of class time each week.

Sheridan College has also introduced a two-year program which Nowalkowski helped organize.



Student trainer Shirley Schwab administers therapeutic treatment to a Fine Arts student. For more on

the female trainers see the story on page 15.

Ed Piwowarczyk photo