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They Helped Her Wonderfully

What Mrs. H. Best Says of Dodd's Kidney Pills.

Alberta Woman Voices the Sentiment of the Women of the West That Dodd's Kidney Pills are Woman's Best Friend.

Retlaw, Alta. (Special).—
"Dodd's Kidney Pills helped me wonder-
fully." So says Mrs. H. Best, a highly
respected lady living here. And Mrs.
Best expresses the sentiment of thou-
sands of women in Alberta. Like most
women Mrs. Best does not care to talk
about her troubles, but she does wish
others who have suffered as she has to
know that they can find relief in Dodd's
Kidney Pills. "I found them entirely
satisfactory. They helped me wonder-
fully," she says, "and I give you my full
permission to tell the public what they
have done for me."

Women who suffer in silence can be
cured just as silently. The keystone
of woman's health is the Kidneys. If
they are kept strong and healthy, they
keep the blood pure, and pure blood
means good health all over the body.
Dodd's Kidney Pills cure Kidney Disease.
Dodd's Kidney Pills make healthy
Kidneys and good blood. That's why
they are known as woman's best friend.

That's what You want for your Skin Trouble



If you are a sufferer from eczema or bad legs and hands, disfigured by spots and rashes on your face, or worried by skin irritation that robs you of sleep, use the famous British skin remedy—Antexema—which always cures. No skin trouble can resist its healing influence. It stops irritation instantly, and a permanent cure quickly follows. Antexema is a cooling, non-poisonous, creamy liquid, cleanly to use and scarcely visible on the skin. Give up useless, messy ointments. No bandages required with Antexema, which has 30 years' reputation in Great Britain, and always succeeds. Do your duty to your skin and get Antexema to-day. Of all druggists in Canada. Prices in Britain 1s. 1½d. and 2s. 9d. Wholesale from Antexema Company, Castle Laboratory, London, N.W. (Eng.)

Antexema
CURES EVERY SKIN ILLNESS

HAVE YOU A BAD LEG

With Wounds that discharge or otherwise, perhaps surrounded with inflammation and swollen, that when you press your finger on the inflamed part it leaves the impression of a hot, inflamed skin you which defines all the have tried. Perhaps swollen, the joints same with the the skin may be dis- may be wounds; allowed to con- you of the You may have hospitals and is hopeless, or to amputation, can cure you I don't say perhaps, but I will. Send to the Drug Stores for a Box of

GRASSHOPPER

OINTMENT and PILLS, which is a certain cure for Bad Legs, Poisoned Hands, Ulcerated Joints, Housemaid's Knee, Carbuncles, Snake Bites, and Insect Bites, &c. English Prices, 1/6 and 2/9 each. See Trade Mark of a Grasshopper on a Green Label. Prepared by ALBERT, Albert House, 73 Farringdon Street, London, England.

end of man on earth to secure the good opinion of his fellows, even at the cost of what he believes to be right?

But take it from me, boys and girls, it takes back-bone to combat this over-sensitiveness. Back-bone, sand and grit! Have we got it? Come ye rock-ribbed, husky homesteaders—answer me! And ye fairer ones get those, curl-topped heads a-thinking! Where is this sand to come from? Each and every one of us is elected to supply his own. There has been great controversy concerning a Canadian navy, now the very essence of Christianity demands that we have no navy! Is there back-bone enough in all Canada to put Christian principles into force? Is there? Of course you brawny boys needn't answer unless you choose, you may let your ideas about this be as hazy as the smoke-cloud from your "filthy weed stove"; and you girls need not force your heads to do any more strenuous work than chewing gum and perhaps all the evils enumerated do not result wholly from over-sensitiveness to the other fellow's opinion; but it is a fact that this sensitiveness is a main factor in their cause. One of the most sensible epistles that ever looked The Western Home Monthly readers in the face is "A Down East Lassie's." For good old-time common sense it's hard to beat; and brings to mind that old saying "A farmer's wife for me." I, too, know what it is to be down-hearted and lonesome. I suppose we all do; and women, ay and men too, can do more good with a cheerful and encouraging word at such times than with a whole cart-load of votes. We are all clamoring for more responsibilities and wider spheres when we are not using one-tenth of the opportunities that are daily open to us. Haply in about the year 3914, when the legislated millenium, which most folks think possible, has come, will be heard many discouraged youths voicing this strain, "These are dull times, a fellow now-a-days has no show. Everything is provided for by law. It must have been grand to live away back in the twentieth century when there was a chance to 'do a kindness to someone every day.'" Never was a time so brim-ful of opportunities for everyone. Not opportunities to turn over material wealth at a neat profit, (for, as Ruskin says, there is no wealth but Life) but to make some brother creature happy; and this not by blare of brass bands, blazing headlines, platform oratory, philanthropic donating and party law-framing, but by a kind, encouraging word from cheerfully smiling lips. Of course the politicians and philanthropists do their best with their petty laws and pettier millions, but they haven't the same chance as we common folks. Oh my! Oh my! I started out to write just a few lines, and here I have written all this—and perhaps the readers will think it is so much muck; but if you take a painful and wash away the crudities of expression and composition it will "pan-out" golden truths. Well, so long folks, be good and you'll be happy,

Northonia.

Who Can Give the Information?

Meota, Sask., Feb., 1914.

Dear Sir: I am a reader of the paper and I like it very much. I would like to know one or two things if some of the readers could oblige me. I see that "Rainbow" is willing to give a few words about B.C. My first question is, is a person safe to hold lots in Liverpool and Port Mann, B.C.? Next, I would like some information about The Lena Island Coal Company as I have a bunch of coal shares. I am a gas engineer and would like to get this information. Thanking you in anticipation, I will sign,

Bruno.

No Rest With Asthma. Asthma usually attacks at night, the one time when rest is needed most. Hence the loss of strength, the nervous debility, the loss of flesh and other evils which must be expected unless relief is secured. Fortunately relief is possible. Dr. J. D. Kellogg's Asthma Remedy has proved its merit through years of service. A trial will surely convince you.



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Do not ignore hoarseness, coughs, sore throats or loss of voice. Use

EVANS' ANTISEPTIC THROAT PASTILLES

They give relief at once, and their continued use restores strength and tone to the throat and vocal organs. If you speak or sing in public, always keep Evans' Antiseptic Throat Pastilles at hand.

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