

FEW MOMENTS! NO INDIGESTION OR SICK STOMACH--PAPE'S DIAPEPSIN

Digests All Food, Absorbs Gases and Stops Fermentation at Once... Wonder what upset your stomach--which portion of the food did the damage--do you? Well, don't bother.

NOSTRILS AND HEAD STOPPED UP FROM COLD? TRY MY CATARRH BALM

Instantly Clears Air Passages; You Breathe Freely; Dull Headache Goes; Nasal Catarrh Discharge Stops... Get a small bottle anyway, just to try it--Apply a little in the nostrils and instantly your clogged nose is stopped.

ANNUAL MEETING OF GIRLS' ASSOCIATION

The annual meeting of the St. John Girls' Association was held yesterday afternoon at the residence of Mrs. J. H. Bullock, Germain street. Reports of the year's work were presented and problems discussed.

NOVA SCOTIA MAYORS

Halifax, Feb. 3--Nova Scotia towns today elected the following mayors: Amherst--Dr. C. McQ. Arvad. Annapolis--A. E. Allen.

The Greatest Modern Educator Of Children--Mme. Montessori

On her recent tour of America included Battle Creek, the great Pure Food Centre, in her itinerary. Speaking of diet for children she makes the following statement (in the public press of Dec. 31, 1913):

"Coffee and tea should never be placed within reach of a childish hand."

Besides being an educator, Madame Montessori is a physician, and bases this advice on her scientific knowledge that an ordinary cup of tea or coffee contains from 1 1/2 to 3 grains of caffeine--a poisonous drug.

In these days of liberal education the average parent is becoming informed concerning the baneful effects of tea and coffee drinking, not only on the youth, but on those further along in life.

POSTUM

Made only of prime whole wheat and a small per cent. of pure molasses, Postum contains only the rich native value of the grain--good for young and old. Postum is free from caffeine or other harmful substances.

Regular Postum--must be well boiled to bring out its rich flavor and food value. 15c and 25c packages. Instant Postum--absolutely powder. A teaspoonful stirred in a cup of hot water--with cream and sugar--makes a delightful beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same. "There's a Reason" for POSTUM--sold by Grocers everywhere. Canadian Postum Cereal Co., Ltd., Windsor, Ont.

TRAINING INSTITUTE FOR S. S. TEACHERS

Interest and enthusiasm marked the first meeting of the City Training Institute for Sunday school teachers and workers, held last night in St. David's church hall. There was a large attendance, representing the Sunday schools in every part of the city.

Higher groups were organized last night as follows: Teachers of (1) primary classes, (2) junior classes, (3) boys in their teens, (4) girls in their teens, and (5) a superintendent's group.

THE PORTS AT WAR

A Halifax paper prints the following verses on the wreck of the Cobeguid: The Cobeguid Wreck. The Cobeguid in the graveyard, On bottom there to stay.

PORT OF ST. JOHN

Arrived Yesterday. Str. Calvin Austin, 2385, Mitchell, Boston via Maine ports, A. E. Fleming, pass and gen cargo.

FOREIGN PORTS

Eastport, Me. Feb. 2--Arr. schrs Jesse Hart 2nd, New York; Willie L. Maxwell, Carteret (N. J.).

MARINE NOTES

Furness line Kanawha steamed yesterday at 4 p. m. for London via Halifax with 64,000 barrels of grain, 150 standards of steel, 1,200 barrels and 1,600 boxes of apples and general freight.

THE FIRE ENGINES

To the Editor of the Times: Sir--The two fires of Monday night, especially the S. A. building in Prince William street, are a strong argument in favor of a new fire engine as advocated by Commissioner McLellan.

VESSLS IN PORT

Steamers. Granplan, 6,430, Liverpool, Wm Thomson Co, No. 2. Manchester Port, Wm Thomson Co, I. C. R.

"TIZ" FIXED MY SORE, TIRED FEET

"O, Gals," Don't Have Puffed-up, Burning, Sweaty Feet or Corns



Ah! what relief. No more tired feet; no more burning feet; no more swollen feet; no more calluses or bunions. No matter what ails your feet or what under the sun you've tried without getting relief, just use "TIZ."

SHIPPING

ALMANAC FOR ST. JOHN, FEB. 4. A.M. P.M. High Tide... 3.58 Low Tide... 12.18 Sun Rises... 7.46 Sun Sets... 5.31

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ROYAL YEAST



Daily Hints For the Cook. One-half cup sugar, one-third cup molasses, one egg, butter size of egg, quarter spoon cinnamon, one teaspoon baking soda, scald half spoon salt and the last thing, half cup boiling water.

MECHANICS WANTED AT RUSSELL PLANT

One result of the 800-hour engine test which has been concluded at the Russell factory is the demand for more workmen to build Russell-Knight engines and cars. An increased demand for "Russells" has followed the earlier announcements, for the results have gone to show that the Russell engine is unequalled for power and efficiency at all speeds.

KNIGHT CONGRATULATES RUSSELL

Just before leaving for England Chas. Y. Knight, the inventor of the Knight engine, wired Mr. Russell, the General Manager of the Russell Company, his heart-felt congratulations on the result of the test which has just been concluded at the Russell works.

HOW TO TREAT ALL SKIN TROUBLE

Greasy Ointments No Use -- Must Be Cured Through the Blood. It is not a good thing for people with a tendency to have pimples and a blotchy complexion to smear themselves with greasy ointments. In fact they couldn't do anything worse, because the grease clogs the pores of the skin, making the disease worse.

PRELIMINARY ANNOUNCEMENT OF THE MID-WINTER FURNITURE EVENT

The Greatest of All Sales, Begins Friday, February 6th. The Advance Display is Now Ready. You can make selections now at Sale Prices, 10 Days of Phenomenal Furniture Bargains.

WANTED Another Million People to use Windsor Table Salt

Not Compulsory. Passenger--Do I have no change cars in Chicago? Excessively Polite Conductor -- Not necessarily so, madam. You can get back to New York, if you want to. -- Life.

JOHNSON'S ANODYNE LINIMENT

Countless thousands of families have found it to be the surest and quickest remedy for Cuts, Wounds, Sore Throat, Bowel Complaint--internal and external ailments. IN USE OVER 100 YEARS.

Parsons' Pills

Keep the bowels regular. L.S. JOHNSON & CO., Inc. Boston, Mass.

GRAY HAIR BECOMES DARK, THICK, GLOSSY

Try Grandmother's Old Favorite Recipe of Sage Tea and Sulphur

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair.

Quick Way to Make Ugly Hairs Vanish

(The Modern Beauty.) Here is a quick and very effective treatment for banishing objectionable hairs or fuzz: Mix a stiff paste with a little powdered delatone and water and apply to the hairy surface for about 2 or 3 minutes, then rub off and with it will come every trace of hair.

Radway's Ready Relief

Frank Male, 400 6th St., New York, writes: "My wife suddenly fell very ill, but failed to seek a doctor, and she died. It was because my own doctor and with Radway's Ready Relief and Pills, I gave her relief, and she recovered."

Radway's Ready Relief

Apply the Relief to the throat and chest until the surface smart and redness. Give Radway's Pills in each case as will freely move the bowels. For a sudden cold take a number of hot water. Each of one to bed, in the morning.

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