

### Chapter III.—Continued

will readjust the aiming disc to the directions of the recruit, who will reproduce the aim shown him by the instructor three times; these three points will be joined, forming a triangle of error, the sides of the triangle representing the inconsistency of aim and their relation to the original aim of the instructor showing accuracy of aim.

If the centre of the triangle is more than one-third of an inch from the instructor's aim, or any side of the triangle exceeds one-third of an inch, the recruit will be set back for further instruction.

**Elementary Firing Instruction** may be subdivided as follows:—

1. Trigger pressing from a rest.
2. Firing positions, demonstration and explanation.
3. Aiming positions from behind cover.
4. Snapping from a rest. (Aiming and pressing the trigger.)
5. Rapid loading and unloading, using dummy cartridges.
6. Rapid adjustment of sights.
7. Muscle exercises.

Before the recruit is permitted to practice snapping he will be taught the correct way of pressing the trigger, after the instructor is satisfied that he can move the trigger finger independently of the remainder of his hand or arm.

The double pull-off will be explained, and he will be taught to press the trigger evenly with a squeezing motion of the whole hand, avoiding any jerky movement, the first point of the forefinger being placed around the lower part of the trigger to increase the leverage.

His ability to press the trigger correctly will be tested by aligning a cocked rifle, resting on a sand bag, upon a mark, and have him press the trigger without disturbing the aim, and also by the use of the aiming disc held to the eye of the instructor.

Trigger pressing requires most careful individual instruction, during which the necessity for determination and strong personal effort will be impressed upon the mind of every recruit.

The correct firing positions will be taught for shooting from the standing, kneeling, sitting and prone positions, and instructors are referred to the points of the various positions noted and shown on