ARTICLE 28

Languages of Communication

For the purposes of this Agreement, the competent authorities and institutions of the Contracting States may communicate directly with each other in their official languages.

ARTICLE 29

Submission of a Claim, Notice or Appeal

- 1. Claims, notices and appeals on social security matters which are required to be submitted within a specified period to the competent authority or institution or jurisdiction of one of the Contracting States authorized to accept them, shall be acceptable if they have been presented within the same specified period to a corresponding competent authority or institution or jurisdiction of the other Contracting State. If so, the claims, notices and appeals must be sent without delay to the competent authority or institution or jurisdiction of the first State.
- (a) Unless an applicant expressly indicates that their claim does not concern the
 other Contracting State, a claim for a benefit under the legislation of one
 Contracting State presented after the entry into force of this Agreement shall be
 considered a corresponding request for a benefit under the legislation of the
 other Contracting State, provided that, at the time of application, the applicant:
 - (i) requests that it be considered as such; or
 - (ii) provides information indicating that periods of insurance or residence have been completed under the legislation of the other Contracting State.
 - (b) Old age and disability benefits shall be considered to correspond if, at the time the applicant submits the claim for benefits, the applicant expressly indicates that the claim may be determined for disability insurance in one Contracting State and for old age insurance in the other, given the different age requirements set out under the legislation of the Contracting States.