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Ensure that the windows are fully raised when your car is parked and open only enough for ventilation when you are driving.

On the road, day or night, be on the look-out for attempts by criminals to stop your car to rob the occupants. Robbers may position themselves on the pavement to block your route, or they may throw stones at the wind-shield to make you lose control of the car and crash.

Do not daydream when driving. If you are a passenger, don't read. Instead, keep an eye open for cars carrying three or four young men and sometimes women who may be following you, or who may be parked on the side of the road for the purpose of monitoring the movements of diplomats.

Be alert to what is developing one, two or more blocks ahead so that you will be able to take evasive action should you observe a road block or any type of obstruction that might endanger your safety.

Install wide-angle rear-view mirrors and use them continuously.

If you believe that you are being followed, drive to the nearest policeman or guarded area and keep sounding your horn to draw attention to your plight. Identify in advance safe havens you may wish

to use en route, if you feel threatened.

Avoid "slum" areas. Criminal elements can travel in these districts without drawing undue attention.

Before leaving your locked car, no matter where you are parked, look carefully about you for persons, especially young people, who appear to be loitering in the vicinity. If you observe any one who arouses your suspicion, notify the police.