

"THE PARENTS WERE CATHOLIC."

An Honest Man's Indignant's Rebuke to a Sneak.

Indo-European Correspondence,
He was a man of the old stamp, that Mynheer Modderman was, who died a fortnight ago at the Hague. Though a very earnest Calvinist, he had a great idea of our Catholic religion, and looked down in contempt on those half-hearted Catholics who blush at their own faith.

Whilst Minister of State in Holland, he once received a young applicant in quest of Government employ and asked him what church he belonged to. "I am a Catholic by birth," was the recreant reply, "but I don't set any store by it."

Then Modderman, with magisterial gravity, administered him this solemn rebuke—

"I can find no appointment for you. You were born and reared up in the Catholic Church, the grandest institution in the world, and you don't know how to appreciate that! I feel sure that a man who sets no store by his faith is not fit to serve his king, seeing that he does not know how to serve his God."

If Catholics know how low they sink in Protestant eyes, when they are ashamed of their faith, the thought would cure them for ever of the slavish fear of human respect.

THE BODY AND ITS HEALTH.

A leading New York physician says coughs and weak throats are largely due to the habit of wearing starched linen collars. He recommends unstarched woollen collars.

A distinguished children's doctor gives his opinion that healthy babies will take water every hour with advantage, especially in warm weather. Their fretfulness and rise in temperature is often due to their not having it.

When an artery is out, the red blood spurts out at each pulsation. Press the thumb firmly over the artery, near the wound, and on the side toward the heart. Press hard enough to stop the bleeding, and wait till a physician comes. The wounded person is often able to do this himself, if he has the requisite knowledge.

Holding the breath—Deep breathing and holding the breath is an item of importance. Persons of weak vitality find and uninterrupted succession of deep and rapid respirations so distressing that they are discouraged from persevering in the exercise. Let such persons take into the lungs as much air as they can at a breath, and hold it as long as they can, they will find a grateful sense of relief in the whole abdominal region. Practice will increase the ability to hold the breath and the capacity of the lungs. After a time the art may be learned of packing the lungs. This is done by taking and holding the long breath and then forcing more air down the trachea by swallowing of air. The operation may be described by that of a fish's mouth in water. To those who have never learned it it will be surprising to what an extent the lungs may be packed. Caution at first is needful, but later practice will warrant large use of the treatment. The whole thoracic and abdominal cavities will receive immediate benefit, and continuance, with temperance in eating, and good air and right exercise, will bring welcome improvement.

POPULAR SCIENCE NOTES.

It, says the Railroad Gazette, 282,240 pounds of coal will propel a ship and cargo weighing 5,000,000 pounds 3,380 miles, an ordinary letter burned in the boilers will generate sufficient energy to transport one ton of freight one mile.

Carbonic acid, passed at summer heat over a mixture of chloroform and bisulphate of carbon into a lethal chamber, gives to animals a painless death. It has been tried by its discoverer, Dr. Richardson of England, upon 6,000 dogs.

A German paper says that forty parts of paper pulp, ten parts of water, one part of gelatine and one part of bichromate of potash, with ten parts of phosphorescent powder, will make a paper which will shine in the dark, and will be suitable for labels, signs, etc.

An electric needle and battery are now used quite extensively for destroying the roots of offensive hairs upon the face. In the case of a young woman with a heavy beard, 8,000 hairs were removed, the process requiring two or three years, each root having to be killed separately.

It is now confidently predicted that the Atlantic will ere long be crossed in four days. The increase of speed has been accomplished by the power of the engines, and not by the finer lines and proportions of ships. The three-cylinder engine has done much to increase the speed and lessen the cost of fuel.

An electric stud is the latest novelty of this inventive age. The diamond form-

ing the stud has a cavity in the center. It forms the receptacle for a tiny electric lamp. Stored electricity can be carried in the waistcoat pocket, and when switched on to the stud lamp it greatly intensifies the brilliancy of the diamond, producing a splendid effect.

THE STORY OF A GENTLEMAN'S CONVERSION.

The Sisters of Charity at His Death-bed.
Some time ago a wealthy citizen, residing on Beaver Hall Hill, fell sick with the smallpox. His children conveyed him to the upper story of the house and abandoned him. Nobody volunteered to take charge of him.

Two Grey Nuns learned of the affair, presented themselves at the house of the sick man, and asked permission to see him, stating their mission was to aid the sick of every religion. "As you wish," responded the servant, "and, as you do not fear the smallpox, you can go up stairs," and in accordance they did so. The Protestant gentleman was touched by the charitable conduct of the Rev. Sisters, and admired the religion that inspired them to make it a duty to assist him, and as his children had abandoned him, he asked that he should die a member of the Catholic Church. His condition being precarious, a priest was immediately brought into his presence. He was baptised, confessed and received communion, and a few hours afterward expired, having been reconciled with the veritable Church.—True Witness.

Bathing in Warm Water.

Cleanliness is not only essential to good health, but it is a mark of good breeding. The laborer in the field by the clinging of dust to his perspiring person becomes a fit subject for the bath tub very frequently, and by all means should take at least twice a week a plunge in pure, soft water, using Castile soap and wiping dry with a crash towel.

Two frequent bathing is weakening; we would not advise morning and evening baths, as some of the medical journals do, but a good washing, frequently enough to keep the body clean. Warm baths are often the best remedies that can be used, as they will prevent the most virulent diseases. A person who may be in fear of having received infection of any kind should speedily plunge into a warm bath, suffer perspiration to ensue and then rub dry; dress warmly to guard against taking cold. If the system has imbibed any infectious matter, it will certainly be removed by resorting to this process; if done before the infection has time to spread over the system; and even if some time has elapsed, the drenching perspiration that may be induced by hot water will be very certain to remove it. In cases of congestion, bilious colic, inflammation, etc., there is no remedy more certain to give relief. In cases of obstinate constipation also, wonderful cures have been wrought. For sore throat, diphtheria and inflammation of the lungs, a hot compress is one of the most potent remedies.—Tribune and Farmer.

GRAIN RATES.

Barley and Oats to be Carried by the C. P. R. at the Same Rates as Frozen Wheat.

The Canadian Pacific Railway Company have decided to grant the same rates on barley and oats as given on frosted wheat, and until further notice the following through all rail rates will govern shipments of barley and oats purchased from farmers and after this date: Barley and oats in purchasers hands and in store on track previous to this date must be billed out at the old rates.

Special east bound barley and oats train via C. P. R. all rail line to Montreal and C. P. R. stations west thereof:

From Winnipeg, St. Boniface, Niverville, Otterburn, Dufrost, Arnaud, Dominion City, Emerson, Morris, Rosenfeld and Gretna, 42 cent; Morden, 43 cent; Manitou, 44 cent; Stonewall, West Selkirk, Murary Park, Headingly, Starbuck, Elm Creek, Maryland, End Track, M. S. W., Rosser, Marquette, Reaburn, Poplar Point, High Bluff and Portage la Prairie 43; Burnside's Bagot, Austin, Sydney, Carberry, Sewell, Chater and Brandon, 44c; Alexander, Griswold, Oak Lake, Virden, Elkhorn and Moosomin 45c; Wapella, Whitewood, Broadview, Grenfell and Wolseley, 46c; Indian Head, Qu'Appelle, Balgonie, Regina, Penoe and Moose Jaw, 47c.

On a wet day, and at a moment when it gave hopes of fairing up, a parish minister at Stathearn met one of his parishioners, who was something of a wit, and accosted him with, "Well, John, do you think it is going to fair." John respectfully touched his broad Kilmarnock, and looking up to the sky in a doubtful sort of way replied, "Well, Mr. Paton, I dinna ken, but it used the do't."

America's First and Best Friends.

Washington's adopted son, George W. Curtis, once said, "Americans should recall to their minds the recollections of that heroic time when Irishmen were our friends," and when in the whole world we had not a friend beside; "when they poured out their blood at Washington's command and poured their hoarded gold and silver into his exchequer," and not one of them ever was found to betray a post, neglect a duty, or reveal a secret, besides all which the Irishmen in the British Parliament, Burke, Barry, and Sheridan, and Grattan in the Irish Parliament, evoked for them the sympathy of Europe. Thousands of Irishmen had died for their cause before the flag of France was advanced to their assistance. While General Washington rejected all the honors which a British king could confer, he proudly accepted the brotherhood of the friendly sons of St. Patrick in Philadelphia, in which he was consent to be accepted as "an adopted Irishman".

—THE—

Blue Store,

426 MAIN STREET.

Suits Worth \$12 at \$7.50,
Suits Worth \$18 at \$10,
Suits Worth \$22.50. \$12
Overcoats a Specialty.

PHELAN BROS.,

FRUIT & CONFECTIONERY

BOOKS, PERIODICALS,
STATIONERY, TOYS.
40 MAIN STREET.

M. CONWAY

General Auctioneer and Valuator

Rooms Cor Main & Portage Ave.

Sales of Furniture, Horses Implements &c., every Friday at 2 p.m. Country Sales of Farm Stock, &c., promptly attended to. Cash advanced on consignments of goods. Terms liberal and all business strictly confidential.

—THE—

CHICAGO & GRAND TRUNK

RAILWAY

make close connections at CHICAGO for

TORONTO,

AND ALL POINTS EAST,

WITH TRAINS FROM

ST. PAUL AND MANITOBA.

Through Sleepers and Dining Cars.

SAM. HOOPER,

DEALER IN

Monuments, Headstones, Cemetery Fencing
MANTLE PIECES & GRATES

ALTARS, &c., A SPECIALTY

Special Designs furnished on application.

Cor Rynnayne and Albert Sts.

WINNIPEG, MAN



IMPORTATION IN 1873,

49,312 Cases,



22,526 Cases more than of any other brand.

CAUTION.—Beware of imposition or mistakes, owing to the great similarity of caps and labels, under which inferior brands of Champagne are sold.

In ordering G. H. MUMM & CO'S Champagne, see that the labels and corks bear its name and initials.

THE NORTHWEST REVIEW

The Only Catholic Paper

PUBLISHED (IN THE ENGLISH LANGUAGE) IN THE NORTHWEST.

SUBSCRIBE FOR IT

—REPLETE WITH

Bright, Instructive,
Interesting Reading

Agricultural News,
News From Ireland,
Telegraphic News.

THE BEST WEEKLY PUBLISHED IN THE NORTHWEST.

The Columns of the NORTHWEST REVIEW will contain the latest Foreign and Domestic News, paying particular attention to matters affecting Manitoba and the Northwest. The REVIEW has already a large circulation amongst its friends and therefore offers special advantages to advertisers.

Every Department will receive special attention and will supply the latest and most instructive intelligence under the direct heads.

The NORTHWEST REVIEW will be mailed free to any address for \$2.50 per annum strictly in advance. The price is slightly in excess of that charged for other papers published in the Northwest, but our friends will readily understand that there are great difficulties to be met with in issuing a Catholic paper, especially so in this new country, and we trust that the extra fifty cents will not deter any of our friends from giving their warm support to the only paper in the Northwest published in the interest of Catholics in the English Language.

The REVIEW will be made the equal of other papers published here and as soon as our circulation warrants it our readers may confidently expect that the annual subscription price will be readily reduced.

Address all orders to

THE NORTHWEST REVIEW.

No. 31, Cor. McDermott and Arthur Sts. Winnipeg, Man