

ous foodstuffs, and finally a series of rapid reference diet lists are appended for the more common complaints.

We note with interest chapters on composition of American food materials, including every article of diet in common use; on the preparations of soups, beverages, jellies, etc.; infant feeding; beverages and stimulants, and the Weir-Mitchell routine.

Lists of the dietaries in a large number of public institutions and hospitals, and the American army and navy rations are enumerated and discussed.

We cannot do less than accord to this work unqualified praise, and we congratulate the authors on its production.

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**WOMAN, IN GIRLHOOD, WIFEHOOD AND MOTHERHOOD.** Her Responsibilities and Her Duties at all Periods of Life, and a Guide in the Maintenance of Her Own Health and that of Her Children. By M. Solis-Cohen, A.B., M.D., Instructor in Physical Diagnosis, University of Pennsylvania; Visiting Physician to the Hospital for Diseases of the Lungs, Chestnut Hill; Assistant Physician to the Philadelphia General Hospital; Physician to the Children's Dispensary of the Jewish Hospital, Philadelphia, Pa. Profusely illustrated with color-plates, scientific drawings and half-tone engravings and Manikin Chart printed in colors, with an index. Philadelphia, Chicago and Toronto: John C. Winston Co.

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