

infiltration, and absorption of the infection, paralyzing the already diminished vital energies. What about prevention and remedies? The preventive measures, as in every case, are to remove causes. Keep all premises in such a condition, by use of dry earth, lime, etc., etc., as that there shall be no breeding place for infection, none of the conditions essential for its propagation. Our Civic Authorities, aided by the professional guardians of the public health, are vigorously (!) at work on this line.

The treatment, which hitherto I have found effectual in every case in which the patient's vitality has been sufficient for the required remedial effort (you of course know that nothing extraneous to the system, nothing in fact save properly digested and assimilated nourishment, can supply what we term vitality or vital energy) is the persistent application of ice, internally and externally to the throat, which treatment both destroys the infection, and allays the local inflammation. The general febrile condition, or fever must be treated in accordance with the degree of fever, and the strength or debility of the patient. If the whole surface is dry and hot, and the strength not too much impaired, a wet sheet pack is just the thing. When the general fever is less a tepid bath is indicated. And when the superficial heat is unequal, the warm bath should be employed. The pack or bath should be repeated as frequently as may be required in order to balance the circulation.

In the latter stages, when the respiration is impaired or sufficient, and expectoration difficult, we apply hot fomentations to the throat and chest, and give frequent sips of warm water.

The feet must in all cases be kept warm, and room well ventilated. With reference to nourishment. In every case it is worse than useless to administer food, even the blandest and simplest, when the digestive organs cannot digest it, as is the case when the circulation is greatly disturbed or unbalanced. Cooling acid or sub acid drinks such as lemon juice, apple water, tamarind water, etc, etc, are grateful and useful, and may be administered as freely as desired by the patient. When the fever is allayed, barley water, etc., may be used for a time, and until the digestive powers are restored.

I should have reminded you (as in all cases) the condition of the bowels should be attended to, injections of warm water should be freely employed to clear out the lower bowels, and afterward should there be a sense of distention sulphur used as a gargle in water, or its fumes inhaled, or blown into the throat in powder, is said to be a specific in diphtheria, and has proved effectual in very many cases. I must now abruptly close this long letter with best wishes for yourself and family. S. C.

P. S I need scarcely add that the brief hints I have given you or any amount of hints or instructions cannot make amateur medication supersede the need for professional advice when obtainable.

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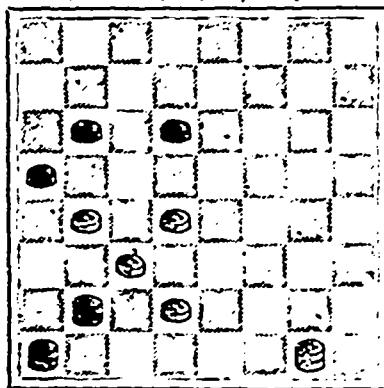
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DRAUGHTS-CHECKERS

We would be obliged to the members of the Shubonacadie team if they would kindly furnish our Checker Editor with the records of the several games played at the recent match in this city so far as they have them

SOLUTIONS.
Problem 172.—The position was:
—Black men 6, 7, 9, 10, 12; white men 19, 21, 22, 23, 24; black to play and draw. Ending of game 57.
9-13 18-14 17-22 7-16
22 18 6 10 6 2 26 31
13-17 14-9 22-26 19-10
21 14 7 11 2 7 drawn.
10-17 9-6 1-10-15
Var. 1.
11-16 14 18 27-20 18 27
7 14 31-27 23 19 12-16
26-31 19 15 16-23 drawn.

PROBLEM No. 175.
Contributed by Mr. James Beck,
St. John N. B.*
Black men 9, 10, 13, kings 25 29

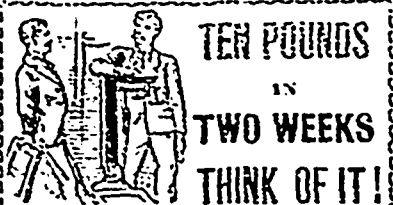


White men 17, 18, 22, 26 king 32.
White to play and win.
* We thank Mr. Beck for his letter, and the above very neat problem. Will reply by mail as soon as opportunity will permit.

GAME No. 62.

Played at the recent Halifax Shubonacadie team match between Forsyth and Wickwire, the first named having the first move.

11-15	7-16	19-24	27-31
23 19	24 20	11 7	18 14
8-11	16-19	2-11	31-26
22 17	25 22	32 27	14 7
9-14	10-15	21-31	26-23
17 13	20 16	30 25	17 14
11-16	6-10	31-22	15-19
24 20	16 11	25 2	22 17
16-23	1-6	4-8	Wickwire won.
27 11	22 17	29 25	
7-16	12-16	20-24	
20 11	31 27	25 22	
3-7	16-20	21-27	
28 24	27 23	23 18	



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