

News of Our China Missionaries.

MISS BROOKS called on our Vice-President, Mrs. Carman, and at the Deaconess Home, on November 12th, while passing through Toronto on her way home from China. Miss Foster is in Chicago for a short time, and Dr. Killam is still in Japan. These ladies have been advised by the Board to take their furlough now, that they may be ready to return to China as soon as the country is settled. Miss Brackbill is assisting our ladies in Japan, being appointed to school work, while Dr. Henry and Miss Brimstin, who are also in that country, are making profitable use of their enforced absence from China by employing their time in language study. Miss Laing has gone to Kanazawa, and Miss Forrest is in Tokyo.

News from the Training School.

MISS KISSOCK, of Hamilton Branch, Missionary under Appointment to Rivers' Inlet, B.C., is at the Methodist Training School in Toronto. She expects to leave for her field of work in the spring.



MISS PETITT, of Hamilton Branch, and Miss Deacon, of N.B. and P.E.I. Branch, Missionary Candidates, are also in the School.

Smoking Stunts the Growth of Boys.

Whatever difference of opinion there may be upon the advisability of smoking for men, there is none as to its pernicious effect upon boys. It affects the action of the heart and reduces the capacity of the lungs. Young men who are being trained for athletics are not permitted to smoke by their trainers because, as they say, "It is bad for the wind." The argument that will appeal most forcibly to your boy is that smoking will stunt his growth. It has been proved that youthful smokers are shorter and weigh less than their comrades who do not smoke. Cigarettes are particularly injurious. Nicotine, the active principle of tobacco, is said by chemists to be, next to prussic acid, the most rapidly fatal poison known. The tender tissues of a growing boy cannot absorb even a very small quantity of it without most injurious results.—February *Ladies' Home Journal*.