

THE HORRORS OF INDIGESTION

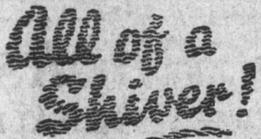
Relieved by "Fruit-a-tives" the Fruit Medicine

Indigestion, Weak Digestion or partial digestion of food, is one of the most serious of present-day complaints—because it is responsible for many serious troubles.

Those who suffer with Indigestion, almost invariably are troubled with Rheumatism, Palpitation of the Heart, Sleeplessness and excessive Nervousness. "Fruit-a-tives" will always relieve Indigestion because these tablets strengthen the stomach muscles, increase the flow of the digestive juices and correct Constipation, which usually accompanies Indigestion.

50c a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Makes Breathing Easy.—The constriction of the air passages and the struggle for breath, too familiar evidence of asthmatic trouble, cannot daunt Dr. J. D. Kellogg's Asthma Remedy. This is the famous remedy which is known for and wide for its complete effectiveness even under very severe conditions. It is no untried, experimental preparation, but one with many years of strong service behind it. Buy it from your nearest dealer.



—its about the earliest symptom of a cold or a chill. Be wise and take Peps without delay—nip the trouble in the bud. Otherwise you'll have the usual hoarse, raw throat, the dry tickling cough, the sneezing fits and watery eyes. To root out cold-germs attack, deliver a quick counter-attack. Dissolve one or two Peps in the mouth. These give off powerful infection-killing fumes which are breathed directly into the throat and bronchial tubes, where the trouble lies. This air-like Peps medicine soothes and heals the delicate membrane. It speedily clears the breathing passages, overcomes soreness and irritation and prevents all danger of the trouble finding its way down into the chest and lungs. Where the cold has already got a hold, Peps will be found equally effective. Also for coughs, catarrh, grippe, bronchitis and all chest weakness. Free from opium and all nerve-weakening drugs—safe for children. 50c. all chemists and dealers.

Feed CANE MOLA to your Horses, Cows, Sheep and Pigs and Increase your Profits



Sprinkle Cane Mola over your straw, old hay, corn stover, fodder, ensilage, screenings, etc. Reduces cost of feeding.

CANE MOLA is 100% Pure Cane Molasses and not a Prepared Stock Feed.

Makes more milk at less cost. Builds flesh faster. Keeps stock healthier. Sold in strong iron-hooped barrels, 600lb net each, at a very reasonable price.



TRENOUTH & CO. Distributors WATFORD, ONTARIO

KERWOOD SCHOOL FAIR PRIZEWINNERS

- Oats—Lester Wallace.
- Sweet corn—Earl Brooks, Josephine Redmond, Adeline Muxlow.
- Field Corn—Harry Fuller, Gordon Galbraith, Bruce Arrand.
- Potatoes—Wilbert Denning, Melvin Dowding, Basil Currie.
- Mangles—John Arrand, Leonard Currie, Basil Currie.
- Beets—Margaret Demaray, Carl Shamblaw, Lena Muxlow.
- Carrots—Margaret Demaray, Lloyd Dowding, Josephine Redmond.
- Onions—Eldena Carrothers, Marjorie Brock.
- Sweet peas—Amanda Nichols.
- Asters—Marjorie Lyons, Isabel Chittick, Ilene Wright.
- Table bouquet—Lester Wallace, Verna Currie, Amanda Nichols.
- Cockerel—Basil Currie, Harry Woods, Evelyn Johnson.
- Pullet—Fred Dymond, Basil Currie, Harry Woods.
- Pen—Basil Currie, Evelyn Johnson.
- Any age pen—Dorothy McIntyre, Gordon Galbraith.
- Foal, draft—Kenneth Mathews.
- Pony and outfit—Bert Morgan.
- Calves—Jamie Beatty, Kenneth Mathews, George Skinner.
- Best looking boy or girl—Eva Cuddy and Orval Hudson.
- Best dressed school girl—Ilene Wright.
- School Parade—S. S. No. 8, Flanders Fields; S. S. No. 9, Land of Plenty; S. S. No. 1 Maple Leaf.
- Pigs—Fred Johnson, Josephine Redmond.
- Pigs under eight weeks old—Milne Skinner, Josephine Redmond.
- Lambs—Bert Morgan, Kenneth Mathews, Jas. Eastabrook.
- Feathered pets—Millard Osier, Bert Nichol, Willie Fuller.
- Furred pets—Lloyd Dowding, Olden Chittick, Fred Johnson.
- Apples—Basil Currie, Kenneth Foster.
- Pears—Willie Redmond.
- Snow Apples—Orville Redmond, Hazel Oliver, Fred Dymond.
- Grapes—Meryle Kerton.
- Biscuit—Amanda Nichol, Ruby Cuddy, Dora Down.
- Lemon tarts—I. Morrison.
- Candy—Isabel Chittick, Dorothy McIntyre, Winnifred Smitherin.
- Apple pie—Meryle Kerton, Dora Down, Eva Cuddy.
- Layer cake—Amanda Nichol, Olive Smitherin, Winnifred Smitherin.
- School lunch—Milne Skinner, Katie Walsh, Gordon Galbraith.
- Dust cap—Hazel Oliver, Velma Dodge, Amanda Nichol.
- Fine stitches on cotton—Evelyn McLeish, Marie Massey, Ena Langford.
- Towel—Amanda Nichol.
- Fancy apron—Jean Cleland, Hazel Oliver.
- Comic costume—Melor Skinner.
- Centre piece—Amanda Nichol.
- Crochet article—Evelyn Mathews.
- Dressed doll—Verna Currie, Amanda Nichol.
- Button holes and mending darning—Velma Dodge, Evelina McLeish, Annie Campbell.
- Bird house—Arden Freer.
- Milk stool—Arden Freer, Dave Shamblaw.
- Plasticine models—Jim Nichols, John Brady, Margaret Campbell.
- Paper articles—Stanley Brock, Mabel Denning, Jack Dowding.
- Mechanical—Fred Johnson.
- Collection of art—E. H. Bycraft, Lillian Fields, Payne School.
- Writing, 4th class—Patricia Walsh, Beatrice Brady, Zeta Brady.
- Writing, 3rd class—Marjorie Lyons, Eva Chatterton, Ruby Cuddy.
- Writing, 2nd class—Eva Cuddy, Evelyn Mathews, Edward McLeish.
- Writing, 1st class—Ruth Stevenson, Willie Redmond, Russell Henderson.
- Writing, Primer—Stanley Brock, Ada Bellairs, Dorothy McIntyre.
- Map of Canada—Earl Dodge, Graham Walker, John McLeish.
- Township map—Millard Osier.
- Middlesex—Helen Sullivan, Elva Denning, Nora Bellairs.
- Nursery rhyme—Stanley Brock, Eldena Carrothers, Orval Redmond.
- Landscape—Zeta Brady, Beatrice Brady, Olive Smitherin.
- Fruit Crayon—Ed. McLeish, E. E. McLeish, Carlyle Thompson.
- Essay—Amanda Nichol, Annie Campbell, Verna Currie.

- Eggs, brown—Anna Leacock, Irene Dowding, Gordon Galbraith.
- Eggs, white—Stanley Brock, Melvin Dowding, Berton Petch.
- Weed naming contest—S. S. No. 8; S. S. No. 10, S. S. No. 9.
- Stock judging—S. S. No. 5, S. S. No. 10, S. S. No. 7.
- Public speaking—Marguerite Rheinart, Adeline Muxlow.
- SPORTS
- 1. 50 yard dash, boys, 8 years and under—Edward McLeish, M. Giffon, J. Nichol, Edmund Broeke, Ormond Payne, Norman Brown.
- 2. 50 yard dash, girls, 8 years and under—R. McKeen, Verna Foster, Helen Glover, F. Muxlow, D. Ward, Ruby Craig.
- 3. 75 yard dash, boys, 8 to 12—Earl Dodge, S. Callivan, D. Shamb-leau, A. Galloworthy, M. Massey, S. Milne, S. Moorhouse, A. Freer.
- 4. 75 yard dash, girls, 8 to 12—G. Ross, V. Dodge, R. Stevenson, Eva Chatterton, M. Demaray, F. Watson, J. Petch, F. Giffon.
- 5. 100 yard dash, boys over 12—T. Ball, G. Walker, J. Hotson, LeRoy McMahon, B. Nichol, J. McLeish, J. Wright.
- 6. 100 yard dash, girls over 12—M. Reinhart, M. Demaray, T. Walsh, Gladys Ross, Z. Bracey, F. Johnson.
- 7. Boys three legged race—G. Walker and T. Ball, J. and H. McLeish, B. Nichol and E. Callahan, F. Thomas and C. Carrothers, M. Massey and C. Sisson, R. Pike and Bert Maher.
- 8. Girls three legged race—V. Dodge and L. Henry, H. Knight and E. Sisson, L. Campbell and J. Cleland, H. Sullivan and V. Petch, E. and M. Chatterton, M. Massey and A. Davis.
- 9. Boys' wheelbarrow race—G. Walker and J. McLeish, E. Dodge and E. Henry, E. Callahan and B. Nichol, C. Nichol and A. Galloworthy, C. Sisson and M. Massey.
- 10. Boys' sack race—A. Lyons, A. McLeish, D. Carrothers, Stuart Moorehouse.
- 11. Girls thread and needle race—Helen Knight, M. Massey, M. Conkey, F. Johnson, E. Cuddy, G. Ross.
- 12. Hop, step and jump—G. Walker, E. Dodge, W. Demaray.
- 13. Long running jump—T. Ball, E. Dodge, W. Demaray, M. Osier, F. Thomas, D. Carrothers, J. McLeish, L. Emmons.
- 14. Fat man's race—A. Payne, Melvin Brock.
- 15. Girl's nail driving contest—M. Reinhart, P. Walsh, L. Campbell, G. Ross.
- 16. Egg and spoon race—K. Walsh, P. Walsh.
- SPECIAL PRIZES
- Collection of vegetables—S.S. No. 5, S. S. No. 7, S.S. No. 8.
- Collection of fruits—S. S. 5, S.S. 8.
- Collection of grains—S. S. 5.
- POULTRY
- 1. Fred Johnson, S.S. 1; Bessie Bourne, S.S. 9; Eva Chatterton, S.S. 8.
- 2. John Arrand, S.S. 9; Anna Leacock, S.S. 7.
- 3. Jamie Beattie, S.S. 1; Evelyn Johnson, S.S. 1; Anna Leacock, S.S. 7.
- 4. Evelyn Johnson.
- 5. Marjorie Chatterton, S.S. 8; Alice Chatterton, S.S. 8.
- 6. Anna Leacock, S.S. 7.
- 7. Hazel Demaray, S.S. 8; Geo. Morgan, S.S. 5; Florence Jackson, S.S. 1.
- 8. Gordon Galbraith, S.S. 7; Harry Woods, S.S. 7.
- 9. Claire Sisson, S.S. 11.
- 10. Bruce Arrand, S.S. 9; Gordon Thomas, S.S. 5; Kenneth Mathews, S.S. 7.
- 11. Dave Shamb-leau, S.S. 1; Kenneth Mathews, S.S. 7; Bert Morgan, S.S. 1.
- MANUAL TRAINING
- 2. Jimmie Henderson, S.S. 1, M; Fred Johnson, S.S. 1, M.
- 3. Jim Eastabrook, S.S. 1, M.
- 4. Douglas Carrothers, S.S. 8.
- 5. Stewart Moorehouse, S.S. 9; Douglas Carrothers, S.S. 8.
- 6. Douglas Carrothers, S.S. 8.
- 7. Douglas Carrothers, S.S. 8; Bert Nicholls, S.S. 6.
- 8. Willie Hicks, S.S. 7.
- SEWING
- 1. Velma Dodge, S.S. 10; Ruth Stevenson, S.S. 11; Annie Campbell, S.S. 6.
- 2. Muriel Brock, S.S. 10; Evaline McLeish, S.S. 10.
- 3. Patricia Walsh, S.S. 6; Velma Dodge, S.S. 10.
- 4. Patricia Walsh, S.S. 6; No name attached.

- 7. Muriel Brock, S.S. 10; Evelyn Mathews, S.S. 7; Dorothy Hull, S.S. 5.
- 8. Annie Davis.
- 9. Verna Currie, S.S. 5.
- 10. Muriel Brock, S.S. 10; Hazel Oliver, S.S. 8.
- 11. Evelyn Mathews, S.S. 7.
- ESSAYS
- 2. Graham Walker, S.S. 10.
- 4. Marjorie Rheinart, S.S. 9.
- WRITING
- 1. Irene Wright, S.S. 7.
- 2. Eva Mitchell, S.S. 5; Ormond Payne, S.S. 5.
- 3. Zita Brady, S.S. 2, M.; Gertrude Brady, S.S. 2; Florence Johnson.
- DRAWING
- 1. Reta Knight, S.S. 11; Muriel Brock, S.S. 10; Margaret Frank, S.S. 11.
- 2. John McLeish, S.S. 10; Margaret Lyons, S.S. 2, M.; Zita Brady, S.S. 2, M.
- COOKING
- 4. Velma Petch, S.S. 8.
- 5. Margaret Campbell, S.S. 5; Jessena Mitchell, S.S. 5; Ruby Craig, S.S. 7.
- 7. Merle Kerton, S.S. 10.
- 8. Eva Cuddy, S.S. 9.
- 9. Bessie Bourne, S.S. 9.
- 10. Marjorie Reine, S.S. 9.
- 11. Amanda Nicholls, S.S. 6; Lovena Henry, S.S. 10.
- 12. Blanche Down, S.S. 11.
- 13. Lovena Henry, S.S. 10.
- 15. Gordon Galbraith, S.S. 7; Patricia Walsh, S.S. 6; Marie Massey, S.S. 11.
- 16. Adeline Muxlow, S.S. 5.
- 19. No name, S.S. 7, Adelaide.
- 20. Lena Muxlow, S.S. 5.
- 21. Jessena Mitchell, S.S. 5; Blanche Down, S.S. 11.
- 22. Evelyn Carrothers, S.S. 8.
- 26. Margaret I. Campbell, S.S. 5.
- 27. Mary Demaray, S.S. 9.
- 29. Katie Walsh, S.S. 6; Blanche Down, S.S. 11.
- 30. Amanda Nicholls, S.S. 6; Muriel Brock, S.S. 10; Margaret Rheinart, S.S. 9.
- VEGETABLES
- 1. Harry Woods, S.S. 7.
- 2. George Parker, S.S. 5; Chas. Parker, S.S. 5.
- 3. Stuart Sullivan, S.S. 8.
- 4. Geo. Parker, S.S. 5; Chas. Parker, S.S. 5.
- 5. George Parker, S.S. 5; Chas. Parker, S.S. 5.
- 7. Helen Sullivan.
- 8. No name, S.S. 2, Metcalfe.
- 9. Adeline Muxlow, S.S. 5.
- 10. Marjorie Rheinart, S.S. 9.
- 11. Geo. Morgan, S.S. 5; Fred Woods, S.S. 7; Charlie Parker, S.S. 5.
- 12. Geo. Parker, S.S. 5; George Morgan, S.S. 5.
- 13. Josephine Redmond, S.S. 1.
- 14. L. H. Currie, S.S. 5; Russell Henderson, S.S. 4; Berton Petch, S.S. 8.
- 16. Margaret Demaray, S.S. 10.
- 17. Earl E. Brookes.
- 18. Stuart Moorehouse, S.S. 7.
- 19. Alex Harris, S.S. 7; George Morgan, S.S. 5; Margaret Morgan, S.S. 5.
- 20. Donald McKeen, S.S. 4.
- 21. George Morgan, S.S. 5.
- 22. Carl Shamblaw, S.S. 1; Howard McLeish, S.S. 10.
- 23. George Morgan, S.S. 5.
- 24. George Parker, S.S. 5.
- 25. Bessie Bourne, S.S. 9; Ruby Craig, S.S. 7; Carl Shamblaw, S.S. 1.
- 26. Chas. Parker, S.S. 5; Bessie Bourne, S.S. 9; Verna M. Currie, S.S. 5.
- FLOWERS
- 1. Evelyn Carrothers, S.S. 8; Jack Dowding, S.S. 8.
- 2. Helen Glover, S.S. 7; Irene Dowding, S.S. 8.
- 3. Helen Glover, S.S. 7; Pearl Shrier, S.S. 9.
- 4. Muriel Brock, S.S. 10.
- 6. Velma Petch, S.S. 8; Mervyn Pollock, S.S. 7.
- 8. George Arrand, S.S. 9; Jack Dowding, S.S. 8.
- FRUITS
- 1. Kathleen Bourne, S.S. 7; Fred Dymond, S.S. 1; Fred Johnson, S.S. 1.
- 2. Adeline Muxlow, S.S. 5; Merle Kerton, S.S. 8; Muriel Brock, S.S. 10.
- 6. Adeline Muxlow, S.S. 5.
- 8. George Parker, S.S. 5; Harry Woods, S.S. 7.
- 9. Clayton Carrothers, S.S. 8; Muriel Brock, S.S. 10.
- 10. Earl Alderson, S.S. 8.
- CORN AND GRAINS
- 2. Kenneth Mathews, S.S. 7.
- 4. Kenneth Foster, S.S. 1; John Arrands, S.S. 9.
- 5. Gladdis Shrier, S.S. 9.

Hay - Fever

SUMMER COLDS, ASTHMA, spoil many a holiday. **RAZ - MAH** Positively stops these troubles: Sneezing, weezing, coughing, weeping eyes aren't necessary unless you like being that way. \$1.00 at your druggist's, or write Templetons, Toronto, for a free trial. Local Agent—J. W. McLaren

- 6. Ernie Henry, S.S. 10.
 - 7. Hazel Oliver, S.S. 8.
 - 8. Jos. Eastabrook, S.S. 1; Marjorie Morgan, S.S. 5; Gordon Galbraith, S.S. 7.
 - PETS
 - 1. No name; Geo. Parker, S.S. 5.
 - 2. Bert Maher, S.S. 7; Katie Walsh, S.S. 6.
 - 3. Chas. Parker, S.S. 5; Frieda Giffin, S.S. 4; Leonard Currie, S.S. 5.
 - 4. Gordon Thomas.
 - MISCELLANEOUS
 - 1. Bert Morgan, S.S. 1.
 - 2. Irene Wright, S.S. 7.
 - 3. Adeline Muxlow, S.S. 5.
 - 4. Melvin Skinner, S.S. 5.
 - 5. Mary Henderson, S.S. 4.
 - 6. Eva Cuddy and Orvale Hudson, S.S. 9.
 - LIVE STOCK
 - 1. Jas Beattie, S.S. 1; Kenneth Mathews, S.S. 7; George Skinner, S.S. 5.
 - 2. Jas. Beattie, S.S. 1; Kenneth Mathews, S.S. 7; George Skinner, S.S. 5.
 - 3. Bert Morgan, S.S. 1; Kenneth Mathews, S.S. 7; Jos. Eastabrook, S.S. 1, M.
 - Pigs
 - 1. Fred Johnson, S.S. 7; Josephine Redmond, S.S. 1.
 - 2. Milner Skinner, S.S. 5; Josephine Redmond, S.S. 1.
- Maybe the ol' swimmin' hole is dried up—maybe it has become the lily pond in a beautiful park. Anyway it's the center of things around which your memories gather. And your Home Town Paper still prints the news of the ol' swimmin' hole and the folks up and down the street.
- A WOMAN'S HEALTH NEEDS GREAT CARE**
- When the Blood Becomes Watery a Breakdown Follows**
- Every woman's health is dependent upon the condition of her blood. How many women suffer with headache, pain in the back, poor appetite, weak digestion, a constant feeling of weariness, palpitation of the heart, shortness of breath, pallor and nervousness? Of course all these symptoms may not be present—the more there are the worse the condition of the blood, and the more necessary that you should begin to enrich it without delay. Dr. Williams' Pink Pills are a splendid blood-building tonic. Every dose helps to make better blood which goes to every part of the body and brings new health to weak, despondent people. Dr. Williams' Pink Pills are valuable to all women but they are particularly useful to girls of school age, who become pale, languid and nervous. There can be neither health nor beauty without red blood which gives brightness to the eyes and color to the cheeks and lips. Dr. Williams' Pink Pills build up the blood as is shown by the experience of Mrs. Jos. E. Veniotte, West Northfield, N.S., who says: "For several years I was in a bad state of health. I was pale and nervous, my appetite was poor, and I suffered from weakness, headaches and a feeling of oppression. I got so nervous that I was afraid to stay in the house alone. All this time I was taking medicine but it only did not help me, but I was growing weaker. Finally I decided to try Dr. Williams' Pink Pills, and after using six boxes I felt much better. I had a better appetite slept better, and felt stronger. However, I continued taking the pills for a couple of months longer and now I am feeling as well as ever I did. I give all the credit to Dr. Williams' Pink Pills, and hope that my experience may be of benefit to some other weak women."
- You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.00 from The Dr. Williams' Medicine Co., Brockville, Ont.