

SEND FOR
OUR FALL
AND WINTER
CATALOGUE

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\$7.50

Opening

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HEADED HOME,
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This information re-
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CALL PLAYERS.
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Dr. FOWLER'S
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be on the safe side,
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insist on getting
manufactured only
burn Co., Limited,
see that our name is
Price 35 cents.

How to Wash your Face

A Little Beauty
Talk by
Mrs Anita Norris

Do you long for a beautiful skin, milk-white and smooth as satin? If so, it behooves you to keep it as clean as friction, pure soap and hot rain-water can make it. Pimples and cream complexion of which we hear so much, and see so little, cannot be yours unless you realize the value of superhuman cleanliness.

If mildy refuses to scrub and scour her face in the manner approved of by specialists on hygiene, the many tiny pores will become torpid and clogged with poisonous matter. The result? Why, a large crop of particularly nasty pimples and blackheads, of course, or a yellow, blotchy complexion.

Now let me give you my idea of how often the up-to-date woman should take this beautifying face bath.

Three times daily is not any too often to shampoo the skin. Dirt has a disconcerting way of accumulating, and the longer it is allowed to remain on the skin, the more havoc is wrought.

I am hoping against hope that all of my readers will find it possible to substitute rain water for hard water. As you value your good looks, taboo the latter. Hard water contains mineral salts which, when combined with the fatty acids in the soap, affect the skin in such a way that it grows yellow and rough, while the pores, in a vain effort not to be outdone, enlarge and crack.

You will be spared all these beauty woes if you will but pin your faith to rain water. It contains no earthy matter, and is credited with giving one an apple blossom complexion.

There are many strenuous arguments advanced against the use of soap, but I know that the application of a mild soap, preferably a vegetable oil soap, to the face at least once a day makes for beauty of skin.

As your object in washing the face is to get it clean, hot, not cold, water should be used. Hot water is in itself a splendid cosmetic, as it improves a defective circulation and refines the skin.

When giving the face its daily bath, rub the flesh with upward circular movements of the wash-cloth or towel.

Downward pressure causes the muscles to sag, and eye's feet and a baby double chin are the inevitable result.

After the skin has been scrubbed and rubbed and accoured in delicious hot latherly water until it is immaculately clean, take a rough, dry towel and rub the face with it until the skin is perfectly dry. When water is allowed to dry on the face, the skin assumes a cracked, parched appearance, which is far from becoming.

Don't be afraid to friction the skin, as it enjoys being rubbed and smoothed, and shows its satisfaction by growing rapidly younger and prettier.



HOW TO CURL YOUR FEATHERS

Always be sure that every stitch is secure before attempting to clean or dye a feather. It is quite certain to come apart in the water or dye unless every loose portion has been fastened.

A plume is usually made in three or four layers, the outer layer having an unbroken quill from tip to the stem. The middle layers are made from pieces.

If the feather is broken through the quill, the wire stem should be removed and the top layer ripped off. Then sew a piece of ribbon wire over the break on the middle layer, cut through the break on the outer layer, and sew a piece of ribbon wire over the break on the outer layer, and sew it to the rest of the feather with fine stitching, making only a single stitch at the top, and sewing down the stem.

Do not turn the feather in sewing. Bring the needle up on one side of the stem and bring the eye down on the other, so there will be no slack thread to catch in the flues.

When the sewing is done, replace the wire stem, tying it with fine wire or thread, and wind tissue paper around it as a finish.

To curl feathers a regular curling knife should be used. The blade of this knife is very dull, and it has a clip to fit the thumb.

Hold the feather over the point of a kettle, which is only half filled with water, so that the steam will come out of the spout and not the top. Steam thoroughly from the under side of the feather, allowing the steam to come through while smoothing the flues until the feather falls into a good shape.

Commence at the wire stem to curl a feather. Hold in the left hand with the quill lying along the forefinger, and curl as many of the flues at one time as he drawn between the thumb and the curling knife.

It curled too tight, stem out again. The tip should be made thicker by pinching up two or three flues until they fall close to the quill.

Do this to old feathers the whole length of the quill, being careful in handling because old feathers are liable to fall apart.

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GERMAN EDITOR CLANKS GREAT WAR SWORD

Declares It Is Time for the Kaiser to Punish French Impudence. Berlin, Sept. 13. — How military circles in Germany really feel is best expressed by the following extract from an inflammatory article in the Deutsche Armeeblatt, the organ of the society of inactive officers of the German army.

"The question may be asked, Is the present time favorable for war against France and England? That question can be answered absolutely in the affirmative. The popularity of such a contest even such moderate press organs as the Koelnische Zeitung and the National Liberal here admitted by stating that the threats of leading English ministers have greatly excited the national German feeling.

"For the sake of Morocco, perhaps, the Kaiser would not draw his sword, but surely to punish certain French and English impudences. We have great confidence in our navy, and know that it would relish the opportunity to throw itself on the English naval colossus. For German domestic conditions war would be well, as we are becoming effeminate and war frees the good and noble qualities in people."

The fearful class prejudice which still exists among German military people is demonstrated by the tragic suicide of a Lieutenant in Wurgburg who was much in love with a sales girl in Hamburg. His relatives and fellow-officers objected to the match and he was placed under the alternative of either quitting the military service or giving up the girl.

On this the pair decided to commit suicide. The Lieutenant drew a pistol, the Bodensee, and the Lieutenant tied himself to the young woman, then shot her and himself. A letter written by the young woman was found, in which she said:

"As we cannot be united in life we will be joined in death."

But even this sad consolation was not granted, for the relatives of the officer refused to have the lovers buried in one grave, as the young people wished.

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FEMININE FASHIONS AND FASHIONS. Mink is rarely trimmed with any other fur.

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Velvet and corduroy are two of the autumn fabrics to be "faded" into "mystery." When misses' or child's pattern, write only the figure representing the age, or "years." Patterns cannot reach you in less than one week from the date of order. The enclosed pattern is 10 cents in cash or in postage stamps.

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