

Newest House Furnishings!

Have you started house-cleaning yet? That is the burning question of the housewife at this time of the year. Spring cleaning with its added work and worry, the home must be made bright and cheerful for the summer. The securing of suitable house furnishings is one of the vexing problems of spring-cleaning, but we are ready to supply your needs in this line. Our house-furnishing department is well stocked with the most up-to-date house furnishings procurable. Shopping at our Store is a pleasure, you will be satisfied with what you purchase, and we give full value for your money.

Spring Blinds.

- 20 doz. SPRING BLINDS, Plain Ends, with fittings, 60c. each.
- 15 doz. SPRING BLINDS, Fringed Ends, with fittings, 70c. each.
- 10 doz. SPRING BLINDS, Insertion and Fringe, with fittings, 90c. each.
- 10 doz. SPRING BLINDS, Lace and Insertion, with fittings, \$1.00 each.
- 40 pieces AMERICAN BLIND LINEN, Cream and Green, 32 inches wide. This is one of the best Blind Linens we have ever offered.

Curtain Scrims.

Our stock of Curtain Scrims which we have now opened surpasses our stock of any previous years in quantity, quality and value, and we have no doubt as to your being suited in this line.

Prices from 16c. to 50c. per yard.

American Quilts.

500 lbs. SNOWY WHITE QUILTS, assorted sizes, Marcella and Honeycomb. Selling at our usual low price, \$1.00 per lb.

Wood Window Poles.

200 sets WOOD WINDOW POLES, 4 1/2 ft. long, Oak and Mahogany, with fittings complete, 48c. per set.

Lace Curtains.

Only a few pairs remaining of our big Job. 800 pairs sold in four weeks. Secure a pair now. Prices \$1.20, \$1.55, \$1.75, \$2.00 pair.

Marshall Bros

American Leather Cloth.

- 6 pcs. Am. Leather Cloth. Value for 70c. Selling .50c.
- 5 pcs. Am. Leather Cloth. Value for 90c. Selling .60c.
- 6 pcs. Am. Leather Cloth. Value for \$1.00. Selling .65c.
- 3 pcs. Am. Leather Cloth. Value for \$1.10. Selling .70c.
- 3 pcs. Am. Leather Cloth. Value for \$1.20. Selling .80c.
- 7 pcs. Am. Leather Cloth. Value for \$1.40. Selling .90c.

AMERICAN TABLE AND STAIR BAIZES.

We carry the largest stock of Oil Baizes in the city. An inspection will prove their variety and good value. Having purchased this lot long before the advance, we are enabled to offer them at a figure much below the market value.

200 pcs. Stair Oil Baize, 15 inches wide, 16c. per yard.
400 pcs. Table Oil Baize in Marble, White and Fancy, at our Usual Low Prices.

JOB GOODS CANNOT BE EXCHANGED OR TAKEN BACK.

How She Keeps Young.



By RUTH CAMERON

As I dropped in to call on a neighbor of mine, the other day, I met two young married women coming out. They had their knitting bags with them and they had been spending the afternoon with her. Among the things of which my neighbor spoke during my call, was the great pleasure she had had in the visit her niece, a girl of about twenty-one, had been paying her.

She also told me that next week the daughter of one of her girlhood chums is going to make her flying visit. She showed me the letter defining news of this visit. It told of the innumerable demands inevitable to the life of a popular and responsible young woman, in these very strenuous times, and then it added, "But I'm going to squeeze in those two days with you somehow, if you can have me. I've got so many things I want to talk over with you."

You Would Never Guess It.

My neighbour is fifty-seven years old. I know, because she tells this fact frankly. You would never guess it. I have often wondered how she kept her youth and vitality and breadth of outlook.

That afternoon gave me a hint of one of her methods.

Of course you know what it is—contact with young people.

And yet, perhaps I am wrong in calling it a method.

Perhaps I am confusing cause and effect. Perhaps it is because she is so young and vital, in spite of her fifty-seven years, that the young people love to be with her.

A Far From Vicious Circle.

Perhaps it is, like many such sequences, a far from vicious circle in which cause follows effect and effect follows cause in such a way that you cannot tell which comes first.

In any case, I think it is very beautiful to see such friendships.

Youth and maturity need each other so much, and they are each so apt to herd by themselves.

Your Boys and Girls.

A mother cannot be too careful in training her children to chew their food well and to take sufficient time for their meals. Indigestion will surely result from too rapid eating and from the crowding of food into the stomach. The child who eats rapidly, overloads his stomach before his hunger is satisfied.

Restless sleep, with irritable temper and a depleted nervous system is another result of rapid eating. No child should come in overheated and excited from a riotous game and be permitted to eat immediately. A few minutes of quiet relaxation should precede the meal. Neither should the child be permitted to play violently after eating a full meal as serious illness will be very apt to follow. If the mother feeds the baby slowly, the tendency to eat fast will not be cultivated.

There is danger of overfeeding in typhoid fever when milk should be given carefully and be peptonized when used. In diarrhoea, gelatine and arrowroot, white of egg and water, peptonized milk, etc., are useful.

Tickets for the Soldiers' Dance on Friday for sale at the Atlantic Bookstore, Gray & Goodland's and Wadden's Fruit Store. Gent's, \$1.00; Ladies', 50c.—apr30,4i

Fresh Vegetables.

- 10 lbs. BEETS30c.
- 10 lbs. CARROTS50c.
- 10 lbs. PARSNIPS30c.
- 10 lbs. TURNIPS20c.
- FRESH COUNTRY EGGS.

PEL Potatoes.

- 18 Cents a Gallon.
- COOKED CORNED BEEF by the lb.
- EXTRA FANCY TABLE APPLES, 50c. doz.
- NOVA SCOTIA APPLES, 15c doz. up.
- CALIFORNIA ORANGES.

C. P. Eagan

Duckworth Street and Queen's Road.

Ex steamer to-day

- May 3rd, 1918:
- Fresh Supply
- "BLUE NOSE" TABLE BUTTER—Slabs and Bulk.
- MOIR'S PLAIN and SULTANA CAKES.
- Bacon, Machine sliced to your order, 30c., 45c., 60c. lb.

Eggs

Local Fresh Eggs

now in full supply, help to conserve meat use more fresh Eggs.

Soper & Moore

Our Daily Story.

THE THOUGHTFUL SEX.

If there was one thing that Ambush Peavee hated more than another, it was to be laughed at, and if there was another thing that he hated more than all the others, it was to be conspicuous on the street. Therefore, when he bought his new spring hat, he took special pains to get one exactly like his old one, so that no one on the street could tell that he had on a new hat, and in order to be sure to get one exactly similar, one that would attract no attention or excite no comment, he took Mrs. Peavee along to help him choose it. Finally, in the nineteenth hat store, he found a hat so much like his old one that he almost decided to just keep on wearing his old one and let it go at that.

But he bought it and wore it home, and not two blocks from the hat store Janvers Spargie passed and exclaimed, "Hello, Peavee, see you got a new lid! Ha, ha, ha!"

"Well, I'll be dumfounded!" said Peavee. "How in the world—"

Just then Fennel Shute went by. "Ah, there, Peavee, sporting a new Kelly, eh? Ho, ho, ho!" he roared.

"That fellow Shute laughs at everything—absolutely no sense of humor!" fumed Peavee. "But what puzzles me is—"

At that moment Tailor Shoemaker hove in sight.

"Well, Peavee!" he cried. "Been having the old dome retouched, what? He, he, he!"

Ambush Peavee, his face a bluish and ragged red, turned to his wife and demanded, "How can they tell? How can they tell?"

"Maybe it's because there's a big card marked 'Size 7' still sticking up in the front of it," Mrs. Peavee hazarded.

"Steekzxi!" cried Peavee. "And why didn't you tell me, if you knew?"

"I didn't want to embarrass you," replied his wife.

"Droozq!" cried Peavee. And calling a taxi, he rode home in it alone and let his wife walk.

When you want something in a hurry for tea, go to ELLIS—Head Cheese, Ox Tongue, Rolled Ham, Cooked Corned Beef, Bologna Sausage.

Milady's Boudoir.

MORNING EXERCISES.

Like every other good thing in the world, exercise can be abused or used ignorantly. The first thing one must learn is that the object of any exercise is to send the blood to some particular part of the body. If we exercise the arms we send the blood to them and develop the arm muscles. If we exercise the ankles for supplest we send the blood to them.

We must not, therefore, steal the blood from any part of the body which needs it in its own work. For instance, the stomach is almost the hardest working member of the body, and to do its work well must not be interfered with. After eating, therefore, is not the proper time to exercise. Instead, if you can sit in an easy chair and relax for half an hour after each meal, you will be doing the best thing possible for both your health and complexion.

As a first step take the walking exercise. Lie on your back, straighten out in bed without stretching and take ten deep breathes. Let out to their fullest capacity all the natural yawns that come and supplement them with some artificial ones. Throw out the arms and stretch the legs wide apart. Do this five times, then bring the legs together and bend the knees up so that the feet are flat on the bed. Repeat this ten times.

Now you are ready to jump out of bed in just as vigorous a fashion as you wish. Of course your bath follows next, but after that you should have ten minutes of really vigorous movements to stir your blood. An excellent exercise is a very near imitation of the occupants of a monkey cage. Stand erect then squat down to the heels, at the same time throwing the knees wide apart and the arms out sideways. Raise the body and repeat, but thrust the arms forward this time. Alternate in this fashion until the muscles are tired.

THE PATIENT PEOPLE.

How patient are the people! Their patience rings the bell; it's higher than a steeple, and deeper than a well. They hear pro-German prattlers uplift their ears and pray; they see potential traitors around them every day. In other lands such critters would back against a wall, and there they'd take their bitters—some buckshot in their gall. But we've a sense of humor, and we have merely laughed at treason's noisy boomer and kultur's vicious graft. But patience, though elastic, will break, if stretched too far; and now some measures drastic the people taking are. Oh, now and then some fellow who fails to do his bit, is painted lemon yellow, and told to hit the grid. And now when some slacker, who wears his face ajar, some cheap pro-German clacker, receives a coat of tar. The patience of the people is mighty hard to break; and when it breaks away, it cannot be arrested by any mortal jar. So let the fools take warning while now the signs they see, or they may be adorning a lamppost or a tree.

Plenty of Dodd's Pills and Fletcher's Castoria at Stafford's Drug Store, Theatre Hill. Open every night till 9.30.—may1,18

The Call of the Lion.

Chicago Tribune: In the United States are many men who hold their allegiance to the British flag, though living out of the jurisdiction of British laws. If they were at home they would be subject to conscription. Here the only compulsion is their own patriotism. In this great crisis the call goes forth to them to join their heroic comrades now holding the battle lines of freedom against our common enemy. The war has reached the greatest crisis since the Marne. Every available man is needed. The British Government is risking rebellion in Ireland to get more fighting men. It is coming out industry, taking every man that can be spared and more. America is rushing her half-trained troops as fast as ships can be found to carry them. France has called up her boys of 18, Canada her boys of 19. The cry is for men, men, fighting men. England, France, Italy, America are shoulder to shoulder in death grips with military despotism. Will the British and Canadians in this country respond? We are sure they won't. They are the fighting breed.

At the end of this year we will give 5 cts. for every 12 Outside Green Wrappers obtained from "STAFFORD'S LINIMENT". We will also give \$10.00 to the person forwarding us the largest number and \$5.00 to the 2nd largest.

We will keep a record of every person forwarding us these wrappers from time to time and at the end of the year we will publish the names of the winners.

"STAFFORD'S LINIMENT" is the Strongest and most penetrating Liniment for sale in Newfoundland and is sold in over 600 stores.

It is the best Liniment you can use for RHEUMATISM, LUMBAGO, NEURALGIA and all ACHES and PAINS. Owing to the cost of Bottles and Ingredients used in the manufacturing of this Liniment, we have had to advance the price a little, but the bottle still remains the same size.

DR. F. STAFFORD & SON, St. John's, Nfld.

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The Kaiser and Pharaoh.

San Francisco Bulletin: "God has been with us," says the Kaiser, using in his latest speech the customary formula implying that the Creator of the universe is a kind of military attaché to the German Army. Doubtless Pharaoh was under the same impression when the waters of the Red Sea opened and permitted his army to pursue the fleeing Israelites.

A SAD CASE.—An unfortunate woman belonging to Lower Island Cove, and mother of six small children; recently became insane and was brought to the city yesterday by Police-Sergt. March and placed in the Asylum.



Windsor Table Salt

THE CANADIAN SALT CO., LIMITED.

Eventually

YOU MUST DON THE KHAKI.

Why Not To-Day?

You are Needed at Once.

This Space given to the Soldiers by the U. S. PICTURE & PORTRAIT CO.

WHAT'S YOUR EXCUSE

For not being with the Boys? YOU ARE BADLY NEEDED "OVER THERE"

Your duty is to go! Why not TODAY?

THIS SPACE GIVEN TO THE REGIMENT BY G. M. BARR.

DON'T BE A QUITTER!

ENLIST NOW!

This space given to the Regiment by T. A. McNab & Co.

The "Evening Telegram" is read by over 40,000 People daily.

To-day's Messages.

GERMAN ADVANCE MAY BE RESUMED.

BRITISH HEADQUARTERS IN FRANCE, May 2nd.—Early this morning the Germans heavily bombarded with shells and high explosives. Killers were sent to the area around the front line. Possibly the purpose of these operations was to draw attention to the fact that the offensive is being resumed. The British are doing their utmost to meet any fresh enemy effort. During Wednesday we carried out a successful local enterprise, and the Ancre, advancing our front over a width of nearly half a mile, to a depth of four hundred yards. The weather has improved and the operations are doing steadily work over enemy positions.

H. BURTON TO REPRESENT SOUTH AFRICA.

CAPETOWN, May 2nd.—(Via Reuter's Ottawa Agency)—The Hon. H. Burton, Premier of the Cape, has decided not to attend the Imperial Conference, and has sent Mr. H. Burton, Minister of Railways and Finance, to represent the Cape at the Conference. Mr. Burton is a member of the Union and that he did not feel it his duty to attend the Conference. He is expected to leave for London later in the week.

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Photographic PLATES. SEED 26. SEED 27. We have just received a new shipment of Seed DRY PLATES of all the different sizes at the regular prices.

Tooton's The Kodak Store. For Everything you need for Photography.