

Are We Living Out the Sermon on the Mount in These Days?

in the following outspoken and powerful article, Father O'Brien hits straight from the shoulder, and maybe if all pulpits took more direct aim than is usual, we should not now be asking ourselves: Are we even attempting to live out the Sermon on the Mount?

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erver and thinker that a ques- the Divine dispensations, and while payenly Father is perfect" leave lit- ingly to its acceptance, because they Who knows the secrets of men's ing he came up and said to Him: niscient alone is judge. Therefore no eternal life?" When told to do certain nan dare presume to answer the things, he replied that he had been above question with any pretensions doing such things from his infancy. to absolute certainty. To answer with Then he was told: "If thou wilt be

age of the Christian era has brought that if the wealthy had a little more of orth men and women whose lives that poverty of spirit that blesses, stances have been lived along the the insatiable greed of its possessors

pect there are many whose names are of mutual respect and love would be are enemies of the Cross of Christ," and nail it on both sides of your hall and their names shall be taken out doors, to be seen on your going out

The foregoing would seem to answer your question; yet I may say it an- shall possess the land." wers nothing more than to say: This does not mean they shall get

and your coming in.

4.—"Blessed are the meek: for they

spon by our Divine Lord in the order Under ordinary conditions many are of Heaven. which they appear in the text, and so regarded; but if rubbed against with the doctrine expounded on the ness. A story, the truth of which I

St. Matthew begins the fifth chap- apparently pious old lady was kneelof his gospel with the Beatitudes. ing in the centre of a church absorbed Blessed are the poor in spirit in prayer. A clergyman eyed her and theirs is the Kingdom of Heaven." suspected she was a hypocrite. An-This was a very attractive promise, other old lady was ordered as a penone calculated to arrest the at- ance to go and give her a tip. She on of his hearers. They had as- did so, when the former, aroused from ed from different parts, and no her plous reverle, sprang to her feet abt had pockets well lined, and like and let her aggressor have it on the my of their day as well as of these other cheek! True meekness is rare, charm for most of them, and cer- 5.—"Blessed are they that mourn; poverty of spirit was quite a for they shall be comforted." If they idea. Coming from one whom mourn for their transgressions they they regarded as speaking from aumay find the peace which mercy ity, it was likely to set them sends, provided they comply with the ing, and being a title to Bless-terms requisite for reconciliation. in any form, the thought was not Some put off repentance until the day dismissed too hastily. They after; they also delay the fulfilment Well aware that the world es- of the promise of Comfort. the men who had the cash. 6.—"Blessed are they that hunger

who say daily: "Forgive us our trespasses, as we forgive those who trespass against us," while at the same time nourishing feelings of vinother fellow. The reader is referred to the "Merchant of Venice" for some good sayings about mercy. "We do pray for mercy; and that same prayer doth teach us all to render the deeds of mercy." I wonder do we?

8.—"Blessed are the clean of heart: for they shall see God. Licentious ness was run riot at the time our Divine Lord put such a premium on clean living. The Sixth Commandment had been practically expunged from the Decalogue, and the clean of heart were rare birds, though there were some. There are thousands in pure as the lily. There are millions again who have no assurance that if of the Holy Ghost, they shall ever see face. But the unfaithful wife, the young man, the lascivious young woman, the slave traffickers, the keepers tention to this particular beatitude,

and change their ways promptly. 9.—"Blessed are the peacemakers: for they shall be called the children of God." What a pity we haven't a few more of them in the world just now. They certainly would be kept busy! Men are flying at one another's throats from the ends of the earth. Without presuming to sit in judg-We have arsonettes and suffragettes. rebel camps within the realm, and men ready to wade in the blood of their fellows. The inventive genius of the world is mainly spent devising more destructive war-machines, to lines drawn up by the Divine Examplar.

would be spent in works of philanthropy; they would wipe away the
The gospel precepts and counsels tear of wretchedness from the eye of have been lived up to even until now misery, and men, women and children be induced to throw in their lot with up in direct antagonism to the law of many even until the end of time. That the clamor of labor for just hire erty. Blind demagogues leading the sanctions a dissolution of the marthere are saints in Heaven as well as would not so often and long beat upon blind to inevitable slaughter might be riage bonds is a blot on the statute in the calender is pretty generally addeaf ears, and the ages when labor taught to halt in their mad career, book of any country. It proves that pect there are many whose names are of mutual respect and love would be geance might be persuaded from their couragement to licentiousness worthy many others who have a doubtful title having become poor in spirit, would are wanting, and so there is death in the ages of paganism. The divorce follow to the end in the footsteps of God. Turning to the disciples when These mighty armadas might be dis- set up in defiance of God; it is the the Preacher He said: "I shall be that young man had gone, He said: mantled, their guns and armory greatest enemy a nation could admit

10.—"Blessed are they that suffer

theirs is the Kingdom of Heaven." ome live up to the rules of life pre- timber grants gratis or large agricul- found walking in the footsteps of Him ented in the Sermon; some partly, tural areas, but it means the land of who was "led like a sheep to the and the pulpits of our Churches would the hereafter that will require no till- slaughter," that Justice might reign on earth; but they are not, I think, earned or exhaustive I will take up The meek will come to this heri- in the majority, who are therefore ome of the principal points touched tage. Who are they? Where found? liable to exclusion from the Kingdom

11.—"Blessed are ye when they shall see how the ways of men to-day fit in the grain, they soon show sensitiveall that is evil against you untruly cannot vouch for, will illustrate. An for my sake."

of insults and calumny patiently endured, fall somewhat scattered. To the one that will turn the other cheek, there are a hundred, who, with more laid down in this sublime discourse. "cut it off." or less vehemence, will turn the left A good many in their charities like ple like to "see it out" with the ofthe great calamity such as has fallen "Everyone then that hearth those honor save in his own country," so fender, and prefer to pay him back on this country of late, but I am inwords and doeth them, I shall liken may "Let not your left hand know sthey were bent on having a good though the Lord said the meek are in his own coin rather than put clined to believe that much of our to the wiseman that built his house what your right hand doeth,' be an was reviled, did not revile; but how iety forthcoming.

many of us imitate it? seem to apply more directly to the

they may not have read Ju
and thirst after Justice; for they shall do not live quite up to the requirements of the Law laid down in these
ments of the Law laid down in these
more incense on the Altar of Mamlaid: Under the cash.

They will give freely to Church
mon than on the Altars of the Lord. Unde habeas queret nemo, should drag his neighbor before a texts. They will give freely to Church mon than on the Altars of the Lord. opportet habere" (Where you get court of Justice to exact the last and calls of charity, lead fairly clean "All covetousness is but a worship of money and their just debts sing idols". Six days money-hunting and money nobody stops to ask, but farthing, or gain satisfaction for ev- lives, pay their just debts, sing idols." Six days money-hunting and sure you have it). He did not ery small offence. It is a Justice hymns with a pious air, and do other one day of doubtful devotion gives "Blessed are the rich," because somewhat in advance of that good things, but they will not put out the holocaust to Mammon and the acher had it in his mind to tell sought after by the Scribes and Phariof their hearts the memory of the ashes to the Lord. To many such later what he thought of riches. ses; it is a Justice that respects the wrongs done them; they forget that the Sermon on the Mount is as a seal-Dresent, likely, rich that right of neighbours and regards the unless they forgive every man from ed book. Men are advised to "first should be made for efficient ventilamore than 10 or 12 miles of road a day, that no remedies help the anaemia so The poor in spirit, and some such claims of God. It is a Justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that their heavenly Father will seek the Kingdom of God and his justice that the property of the grant will be a seek the Kingdom of God and his justice that the property of the grant will be a seek the Kingdom of God and his justice that the property of the grant will be a seek the Kingdom of God and his justice that the property of the grant will be a seek the Kingdom of God and his justice that the grant will be a seek the Kingdom of God and his justice that the grant will be a seek the Kingdom of God and his justice that the grant will be a seek the kingdom of God and his justice that the grant will be a seek the kingdom of God and his justice that the grant will be a seek the grant will be a seek the grant will be a seek the kingdom of God and his justice that the grant will be a seek the kingdom of God and his justice that the grant will be a seek the kingdom of God and his justice up afterwards; and some such claims of God. It is a Justice that. It is a Justice that they first seek the almighty sweet, 3,000 cubic feet per hour per and all travelling becomes dull in excause) lasts. Anaemic patients Door who were proud and avar- It is a righteousness in the full common on the Mount. "As you measure, of God. the advantages wealth brought possessors. How many poor the rich; are reconsider as travel- than two and a half to three pints of fluid daily. By this, and other means the some matter for reflection to those of fools that expect better terms for prehension of the term.

The last chapter deals with many feet by 10 feet high gives a by railway I do not consider as travelling at all; it is merely "being sent" to a place, and very little different of fools that expect better terms for but I question whether they take up without allowing for furniture.

Thy will be done on earth

as it is in Heaven.

-From the Lord's Prayer.

morality of a large portion of the I must pass over. Christianity, properly administered, cation, maketh her to commit adult- own eye with a microscope! is put away, committeth adultery."

What do you think of that, ladies and gentlemen, lords and commons awyers and judges, young men and maidens? Do you not think that the see God, if they do not pay more at- privileges allowed in Abraham's time have been called off, and that barnyard morality should not be the order of the day in so many parts of the Kingdom of Christ? If a man should

or the lady that her better half indulged too freely in nicotine, they canmay himself worship at the shrine of asunder.

upon earth. Let us have peacemak- gates of heaven and fill hell with the refuse of the race. If the moral press would print it in broad headlines: if men may be led to seek remedy for their real or imaginary grievances, not by divorce, but by stricter conjustice declared in the text.

The sixth and seventh chapters con-

fist or the right boot, or mildly tell his to parade their generosity in the matneighbour he is "another"! Most peo-ter of alms-giving. I do not refer to the close of His Sermon in text 24. "coals of fire on his head." We have charity would never find expression upon a rock; while everyone that inspiration to true greatness without the example of Him, who, when He in deeds if there was not some notor- heareth these my words, and doeth place or distinction, and not to

"seeth in secret."

Texts 21 to 24 refer to the forgive- two masters. You cannot serve God His Justice, and all things shall be vance. and Mammon." I am half suspicious added unto you." There are good men, though they that the majority of men to-day, es-

themselves than they are prepared to much of the time of the man in the but Rabindra Nathe is its greatest lost their force though apparently are not modelled after this pattern, reflects the mysticism, the rhapsody treated with contempt to-day. The there is much that could be said that and the life and environment of In-

world is gone to rot; and either an- Their name is legion who can see excellent English. "The Gardener," fusion of practical and remedial who can readily perceive when some will be required to save her. I may pit, how nicely they struck the fel- But the romance of India itself dif-"And it hath been said of old: who- to congratulate themselves that they say to you: whosoever shall put away out of their neighbour's eye, while

"All whatsoever you would have men do unto you, do you also to If this principle were accepted by

the world, and put in practice by men would cease to be a "vale of tears." You would have true socialism in the brotherhood of man and the father-

first by the Son of God, proclaimed by the Apostles, whose voice through their legitimate successors has carried not any longer find refuge in a bill it to the ends of the earth "Go ye, of divorce. If nuptial duties become therefore, teach all nations, teaching wearisome, they cannot conscientious- them to observe all things whatsoly enter new matrimonial alliances ever I have commanded you, and beon the mere decision of a judge who hold I am with you all days, even to and avarice; rebellious minorities, nurtured on inveterate hatred, might The divorce courts of to-day are set gifts, wealth, luxury, power, been in another little song: deafened against the commands, warn-

the Rockies to the Himalayas? I have used some paper and ink just mitted, but there are a few who sus- and capital clasped hands in a spirit and those in whose hearts rankle ven- the moral teaching behind it is a par- to-day are apparently in direct antithesis to the lessons taught from the mountains of Judea to the representhereto. To the former and to all who be blessed by men and accepted by the air and destruction in its trail. court is therefore a hellish institution, I do not hope by this brief, superficial survey of men's conduct to arouse

> matters not necessary to dwell on steps of the unerring Master than go- practical application to cooking, has completed. within the scope of this article. I may ing self-led with eyes open to hell. long been recognized, though unfor
> —R. Hutchsion, M.D., M.R.C.P. select a few just to show by a few or if thy right hand (having an itchmore instances how the lives of many ing palm) overreach your brother in

them not, shall be like the fool that thoughts hidden in a napkin. The reward of public commendation built his house upon sand." He who I will pass over these passages that is often preferred to that of Him who builds for time is the fool, but wise is he who builds for eternity.

Ventilation.

Every healthy person should have

English Renderings of Lyrics by Rabindranath Tagore.

The work of this Hindu poet has When the day waned and it darkened. een receiving much attention of rehim of the Nobel Prize for literature.

youth and maiden. Yet that there may be "fair speechless messages'

other when they pass this spot.

of that somebody who stands behind away the speck of dust that may the trees whenever they go to fetch | chance to linger there."

stopping feet, which makes confusion ity of the little girl and the love of in somebody's mind who stands be- animals which is part of the Hindu fetch water."

What God has joined, let no man put er heard? Or have the ears of men lyric, "Ye Banks and Braes o' Bonnie which closes, "She took up her broin their greedy rush for the world's Doon," is almost exactly reproduced ther in one arm and the lamb in the "I plucked your flower, O world!

I found that the flower had faded.

But my time for flower-gathering is

I have not my rose, only the pain this tribute to the fascination of wo-

handiwork of God, but also of men; these are ever endowing you with beauty from their

Poets are weaving for you a web painters are giving your form ev-

their gold, the summer gardens their flowers to deck you, to precious.

'The desire of men's hearts has shed its glory over your youth. You are one-half woman and one-

The most passionate of all is the When the two sisters go to fetch song that gives its title to the collec-They must be aware of somebody queen's gardener. His reward is:

fists like tender lotus buds and slip flower chains over your wrists; to tinge the soles of your feet with the They must have guessed the secret red juice of ashoka petals and kiss

In the latter part of the collection The two sisters glance at each oth- are some philosophical and religious There is a laughter in their swift- and animals. The early responsibilture which makes the whole world Venus, for One higher, has said: voice get too hoarse to be any long- The thoughts of Burns' much loved kin," appears in the little poem other, and dividing her caresses bebe induced to throw in their lot with those who seek only justice and libthose who seek only justice and libthose who seek only justice and libthose who seek only justice and libfrom the Pyrnees to the Rockies, from

The present to my heart and the thorn from the Pyrnees to the Rockies, from

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The Cooking of Meat.

who, having once known them, have and when wholly roasted in 4 hours. to a deep pan of nearly boiling fat

Raw flesh has only one inconveni- tunately, it is commonly disregarded ence: it sticks to the teeth; otherwise in practice. Meat in boiling should it is not at all unpleasant to taste. be plunged, for a few minutes only, them from their lethargy, set them in-The said. I shall be sa tion to their faith it is said: "They of Heaven." Cut that out, Rich Men, and the reign of terror made to cease license to debased passions, shut the that they may find before too late, may be stated that most forms of The cooking should then be continued "that he, therefore, who shall break cookery actually lessen the digesti- at a much lower temperature until one of the least commandments, and bility of animal foods, rendering them done. With the exception of frying, shall so teach men, shall be called in some cases tough and leathery and it may be said generally that slow Parliaments had regard for the digthe least in the Kingdom of Heaven." indigestible. That meat is rendered cooking is good cooking. In roasting, theirs is the Kingdom of Heaven."

There are, I am sure, some to be nity and sanctity of its office, it would print it upon its walls, courts would more than that of the Courts would more than the courts would more than that of the courts would more than the courts would be placed in t have it engraved on plates of brass, Pharisees, they shall not enter into fact that 3½ ounces of beef disappear utes until it is "sealed" and then the Kingdom of Heaven." "Woe to completely from the stomach, when moved back, the drying of the conflash it forth to the eyes of worship- the kingdom of Heaven. Woe to completely raw, in 2 hours; when half boiled tinued roasting being prevented by I say, therefore, to those who have 2½ hours; when wholly boiled in 3 persistent basting. In frying, the not considered those grand truths, or hours; when half roasted in 3 hours, meat should be plunged suddenly inin practice discarded them: "The de- If the temperature reached in cook- (pure olive oil). The intense heat sires of the wicked shall perish." "If ing be beyond 170 deg. F, the value of produces instantaneous coagulation of thy right eye (of lust or avarice) the fcod is lessened by the hardening the proteids on the surface. So soon scandalized you, pluck it out," for it is and shrinking of the proteid materias the "spluttering" has ceased-in taining this Sermon contain many better to follow blindly in the foot- als. The value of this fact, in its two or three minutes—the cooking is

Thought is everything and every-

thing is thought. In life we do, we achieve, we aspire We are told that "no man can serve | "First seek the Kingdom of God and and are inspired; in death we ad-

Life and death, alike pleasures of the truly great, the good, the God-like are alloys of thought, the Great Thought, the Supreme Thought, the "Uplift" to joys eternal that fadeth not away, The Alpha, The Omega.

Ruskin on Travelling.

Directions for Anaemia.

1. Abundant rest, especially in wellventilated rooms, in sunny rooms, in

2. Mcderate exercise, gradually intiring point. It should be taken preferably in several short walks rather than one long one. Patients suffering from anaemia, and invalids generally, often bear better the exercise taken after noon.

3. Regular daily skin friction, preceded by tepid or rapid cold sponging. Very few anaemic patients can take cold baths.

4. Be sure the teeth are in good con-

5. Meals should be frequent, not at long intervals. Some nourishment -hot or cold milk, with or without a little brandy; or tea made with milk instead of water-should always be given half an hour before rising.

To any person who has all his sen- a most frequent cause of constipation ses about him, a quiet walk, over not anaemia. It is a common experience head must be supplied. A room 10 act proportion to its rapidity. Going should be instructed to take not less by railway I do not consider as travel- than two and a half to three pints of

17,000 day.

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