

The Song of the Hair

There are four verses. Verse 1. Ayer's Hair Vigor stops falling hair. Verse 2. Ayer's Hair Vigor makes the hair grow. Verse 3. Ayer's Hair Vigor cures dandruff. Verse 4. Ayer's Hair Vigor makes the scalp healthy, and keeps it so. It is a regular hair-food; this is the real secret of its wonderful success.

"The best kind of a testimonial—Sold for over sixty years."

Ayer's
MADE BY J. C. AYER & CO., LOWELL, MASS.
Solely for sale by
SARGENT & WELLS,
CHERRY STREET, BOSTON.

About Clothes

A Tailor-made Suit is the cheapest, all things considered. Besides, when you buy from

The Old Reliable

—YOU GET—
Superior Fit
Superior Material
Superior Workmanship
Superior Wearing Quality

In fact, you get superior value with the maker's guarantee of satisfaction.

NEW GOODS

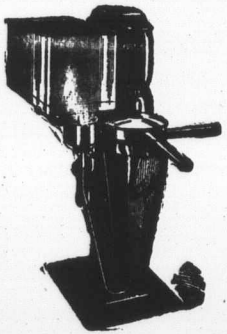
The stock for this season includes the most fashionable weaves for Suits, Pants, Light Overcoats, Fancy Vests, etc., and you will find what you want here.

HATS AND CAPS
A stock of the very newest in Caps, and soft and stiff Hats.
See these goods—learn how well we can outfit you for this season.

A. M. Chassels

The - Sharples

TUBULAR



CREAM

SEPARATOR

Light, Simple, Durable—Easy to operate, easy to clean. Try it and you'll buy it. A test costs you nothing. Call and see the Sharples at my office, Main street, Athens.

W. B. Percival
Agent for leading Pianos and Organs, Gramophones, the Raymond and New Williams Sewing Machines.

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Roses, Carnations, Pansies, Marguerites.

Vegetables

Lettuce, Asparagus, Radishes, Onions, Beans, Parsnips, Etc.

R. B. Heather's

Floral work made in the latest styles.

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GRADUATE Ontario Veterinary College. Thirteen years experience in general practice. Day or night calls attended to promptly. Office and residence, next door to Milroy's blacksmith shop, Main street, west.

Fire Insurance

E. J. PURCELL
AGENT for the Royal, Monarch, Waterloo Mutual Fire Insurance Companies. Risks promptly effected.
Office and residence, Henry Street, Athens

District News

CAINTOWN

Haying is about finished in this section.

Miss Gordon of Mallorytown was the guest of Miss Cassie Tennant.

Mrs. John Hornby and daughter Grace of Port Huron are guests of the former's sister, Miss Hattie Powell.

The Misses Blanche and Violet Armstrong, Brockville were guests of Miss Nora Kincaid.

Mrs. S. Burnham of Brockville was visiting at Mr. James Eligh's.

Mrs. Nancy Tennant spent Sunday at her home here.

Mrs. Frederic Moore spent Sunday last at Landsdowne.

Miss Maude Avery was calling on friends here on Friday.

Mr. R. R. Phillips sold his fancy horse to Mr. Osborne Shaver of Brockville.

Mr. and Mrs. Alex Houston and daughter of Mallorytown were guests at Mr. James Scott's.

Mr. E. J. Kahnt is erecting a fine new shop.

Mr. Edward Nolan has returned home from Brockville.

Mr. and Mrs. S. B. Hogaboon and son have returned to their home in Ontario, N.Y.

August time tells on nerves. But that spiritless, no ambition feeling can be easily and quickly altered by taking what is known by druggists everywhere as Dr. Shoop's Restorative. Within 48 hours after beginning to use the Restorative, improvement will be noticed. Of course, full health will not immediately return. The gain, however, will surely follow. And best of all you will realize and feel your strength and ambition as it is returning. Outside influences depress first the "inside nerves" then the stomach, Heart and Kidneys will usually fail. Strengthen these failing nerves with Dr. Shoop's Restorative and see how quickly health will be yours again. Sold by all Dealers.

ELOIDA

Many go to day to the sports at Delta.

Mrs. A. Craig and children spent Sunday visiting friends at Lyn.

Mrs. Fred Scovil and Gerald are visiting friends in Smith's Falls.

Dr. A. E. B. Giles and son Douglas of Montreal called on his sister, Mrs. S. S. Holmes, a few days ago.

Amos Witte had a serious accident happen his colt while at Parish's office in Athens. The colt threw up its head breaking the bridle, then, of course, it freed itself from the rig, with severe injuries.

The ladies of Hawk's Sunday school are making great preparations to wait on the crowd at the social on the 7th inst.

About 100 men gathered at Mr. Scott's on Wednesday last to raise his barn. The frame was put up that day. On Thursday some neighbors came in and put on the pulpit plates. When completed he will have one of the finest barns in this section.

The footprints of Dyspepsia have been directly traced to the stomach nerves. When these "inside nerves" fail, indigestion and stomach distress must surely result. For this, druggists everywhere are supplying a prescription known as Dr. Shoop's Restorative. First, these tiny inside Stomach, Heart and Kidney nerves fail. Then gas belching, Heart palpitation, or failing Kidneys follow. Don't drug the Stomach, or stimulate the Heart or Kidneys. That is wrong. Strengthen these failing nerves with Dr. Shoop's Restorative. It is the nerves, not the organs that are calling for help. With in 48 hours after starting the Restorative treatment, you will realize the gain. A test will tell. Sold by All Dealers.

ADDISON

Mr. A. McVeigh is visiting friends in Smith Falls for a few days.

Mr. and Mrs. Thomas Brown of Brockville were guests at the Florida House recently. They are always welcome to our village.

Mrs. J. Murphy is spending a few weeks with friends in Alpena, Michigan.

Mrs. Norton of Texas and Mrs. C. Price and Mrs. A. Price of Brockville spent a few days with friends in our village.

Mrs. A. Johnston of Sault Ste. Marie is visiting at her brother's Mr. William Peterson, King st.

Our local butchers are doing a rushing business this season. They handle nothing but the very best.

Mr. Ross Miller is fitting up his Wide a wake threshers for this season, and will start work in a few days. We wish him every success.

Mrs. Clifford Steacy is moving back to Rockspring in a few days, which leaves Fair View cottage at Mt. Pleasant to lease for a term of years.

Several of our vicinity took in the merchants' picnic at Delta on Monday last. They report having a good time.

DROVE WITH THE DEAD

Few men have had the gruesome experience of driving for miles beside a dead man, but that was what happened to Fred Vickery of Leeds County on Wednesday. An old gentleman named William Davis has been living with Vickery, a farmer at Lillies, a few miles north of Brockville. Davis had been ailing for some time past, and finally Vickery, who has taken the best care of his charge, felt that he could not assume the responsibility any longer. Accordingly he drove the old gentleman into town for the purpose of having him receive treatment at the General Hospital. When Vickery reached the hospital he was horrified to find that his companion was sitting quietly in the buggy, his head slightly forward on his chest, stone dead. As it was not now a case for the hospital the only course left was to summon a police and the coroner. No inquest was considered necessary, as the man, who was about 70 years of age, had died from natural causes. Vickery cannot say at what time Davis died.

A COUNTRY MERCHANT'S SNAP

"Yes" remarked a country merchant, "I certainly have a snap. Wholesale houses send duns every month on me a sight, but if I send a bill to a farmer he becomes swearing mad and quits trading at my store. While I am hard up for money, many of those who are owing me are sending money in advance to mail order houses. If I contribute money to any cause people say I'm bidding for trade. If I don't they say I am a hog. Every day I am expected to dig up for everything that comes along, from a raffle ticket to a church fund by people who claim I ought to do this because they do part of their trading here, but our friends Robert Simpson and T. Eaton neither buy tickets nor help the church fund, and yet they get the cash in advance business. If I sell a pair of trousers I must treat the family with candy and cigars; if I buy a load of potatoes I must do the same. Customers who are able to pay hang on to their money while I pay 10 per cent at the bank to get ready cash. I have a big business when crops are poor from people who are willing to trade with me provided I can duplicate cash at a low price and wait until the harvest for money. My scales weigh too much when I sell sugar, and too little when I buy butter. I am a thief, a liar and a grifter. If I smile I am a soft soapy hypocrite, and if I don't I am a grump. Yes, certainly this is a snap." And he looks over \$10,000 worth of accounts, all good, and wonders how he could raise \$350 to pay a sight draft due to tomorrow.—Ex.

Piles helped at once with Dr. Shoop's Magic Ointment. Just to prove it, a trial box will be mailed on request, by writing Dr. Shoop, Racine, Wis. Itching, smarting, bleeding piles, internal or external, get a quick and certain help from Magic Ointment. Large box 50c. Sold by All Dealers.

FAT MILK AND FAT MEAT

Why should milk that contains much cream be accounted the best? Cream is only fat, and we do not rate the food value of meats solely by the amount of fat that they include. Dr. J. A. Gilbert, Portland, Oregon, writing in the Medical Record (New York) takes the view, this devotion to "rich" milk has no logical basis. In our earnest search after a fat milk, he says, we have probably gone too far. To quote from an editorial in The Hospital (London, Eng.) which notes Dr. Gilbert's opinion appreciatively:

"The milk which is richest in cream is not therefore the most nutritious, for the very simple reason that a rich milk is not easily digested and absorbed than a milk in which the fat percentage is low. As far as its other constituents are concerned, a milk poor in fat is as valuable a food as a milk rich in fat. The fat percentage, the popular standard by which milk is judged, is most variable, while the proportions of the albumenoids, sugars and salts vary but little in the different samples of milk. In other words, while the energy producing and heat-giving qualities of the several kinds of milk may be great or little, the valuable proteid ingredients, which go to building up of the tissues—the prime property of any food—remain very much the same in all varieties of cows' milk. Thus a 'thin' milk is for all purposes, save for energy and heat production, as valuable a food as the so-called 'rich' milk. Indeed, it not infrequently happens, as the experimental feeding of young growing animals has shown, that a thin milk may prove, in the long run, more flesh forming than a rich milk, inasmuch as the former is less liable to induce gastro-enteric disorders."

Rev. Burke Undaunted

Kingston, Ont., July 20.—The Rev. T. E. Burke is collecting information about the alleged flagrant violation of the liquor licence law by hotels on election day, June 8, in preparation for the provincial secretary. The libel action entered against him by the inspector failed to frighten him. He will defend the action and press for the investigation.

AUGUST ROD AND GUN

In the distinctive fashion which has gained for "Rod and Gun and Motor Sports in Canada," published by W. J. Taylor, Woodstock, Ont., the character of the best interpreter of the feelings of sportsmen in Canada, the August number deals with yachting. At a time when everyone's thoughts are upon cool waters, this fine account, finely illustrated, of the Royal Cape Breton Yacht Squadron is most appropriate and will be read with sympathetic interest by many readers. The story of the first Rocky Mountain goat bred in captivity is one appealing to even a wider circle than sportsmen, and nature lovers of all kinds can be recommended to this article. "Cycling through British Columbia opens up a new field, and the account of a young employee reaching a remote Hudson's Bay post furnishes an interesting though not exciting account of an unusual trip. In the Glow of the Camp Fire recalls to mind pleasant hours passed far away from civilization. Big Game Conditions in New Brunswick, discussed by that veteran guide, Adam Moore, fishing in the Kootenay Lake and River, and an account of Protective work in British Columbia show how thoroughly the whole field is covered. Whatever opinions may be held about dogs in hunting deer, the paper by Mr. James Dickson, O.L.S., should be read by all. The whole number is among the best of many good issues.

HAD TWO MORE PLATES.

And Felt They Saved the Honor of the American Navy.

Every graduating class at Annapolis leaves behind it the fame of certain heroes in the line of physical prowess or mental endeavor. One of these heroes was George Dewey, a fine, manly, athletic youth, the pride of the boxing and fencing masters and the terror of all bullies.

In Dewey's class was a youth of an excellent bent for applied mathematics, but so tender of physique that he often suffered from the rough horseplay of his elders. Dewey took the boy under his protection, and the two became fast friends. They swung their hammocks in the same watch on their graduating cruise and when the ship touched at Liverpool obtained permission to run up to London on a day's leave. By rigid economy the two had scraped together a little more than £2 apiece, and they landed in the English capital arrayed in spick and span new uniforms. A round of sightseeing had reduced their combined capital to 2 sovereigns and their return tickets when their boyish appetites announced the hour of noon.

With the cautious economy of his ancestors the Scotman suggested a chop-house, but nothing but the best would suit Dewey, and he accordingly steered his chum into the finest hotel he could find.

The two seated themselves at one of the tables and scanned the menu with a magnificent air. The first item that caught their eyes was strawberries and cream, and this, with its reminiscence of home, they proceeded to order. Now, the time was winter, and strawberries from the hothouse are expensive in London so it was small wonder that the other guests who had learned the order looked inquiringly at these specimens of the jeunesses done of the American navy. An Oxford lad who sat next them seemed particularly impressed and turned his large eyes upon them with awe. The strawberries were good, and all went well until the obsequious waiter returned with a bill for £1. The Scotman nearly collapsed, but Dewey noticed the eyes of the Oxonian upon him and, turning superbly to the waiter, ordered two more plates.

The middles left with empty pockets, but laughingly conscious that they had saved the honor of the American navy.

AN ANCIENT HIGHWAY.

England's Great North Road is Two Thousand Years Old.

Before we reached Hatfield, a few miles out of London, we had already been impressed with the magnificence of this Great North road, which is said to have been built by a Mr. Caesar, whose headquarters were in Rome at the time. It is the direct route from London to Edinburgh and has been travelled for so many centuries that the accounts of the movement of troops upon it. It is a great thoroughfare for vehicles of all sorts, motor-cars and cyclists, and in those modern days there are well worn footpaths along either side for pedestrians. We passed scores of motors, and I was told while in England that the popularity of motoring had noticeably diminished the number of first class travelers by rail. We found the road for its entire length of 400 miles in perfect condition. In many portions the macadam is said to be nine feet thick, and on no part of the road are there any appreciable amount of dust. There are few sharp curves, and the grades are so slight that it has become a great thoroughfare for speedsters, with the result that there are many police traps for which one has to watch. We found that we could stop in almost any little village and get information as to just where the traps were located—as, for instance, they told us at Biggleswade, which is a better looking place than its name, to look out for traps just the other side of Buckden and again in approaching Weston.—Frank Presbury in Outlook Magazine.

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Better Service for a Longer Period
and at less cost for maintenance than any equipment on the market.

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BEFORE TREATMENT
I had no hope, but took his advice. In three weeks' time the sores commenced to heal up and I became encouraged. I continued the New Method Treatment for four months and signs of every disease had disappeared. I was cured 7 years ago and no more of any disease since. My boy, three years old, is sound and healthy. Certainly can recommend your treatment with all my heart. You can refer any person to me privately, but you can use this testimonial as you wish. W. H. S.

AFTER TREATMENT
I had given up in despair when a friend advised me to consult you, as you had cured him of a similar disease 8 years ago. I had no hope, but took his advice. In three weeks' time the sores commenced to heal up and I became encouraged. I continued the New Method Treatment for four months and signs of every disease had disappeared. I was cured 7 years ago and no more of any disease since. My boy, three years old, is sound and healthy. Certainly can recommend your treatment with all my heart. You can refer any person to me privately, but you can use this testimonial as you wish. W. H. S.

We treat NERVOUS DEBILITY, VARICOCELE, STRICTURE, VITAL WEAKNESS, BLOOD, SKIN and PRIVATE Diseases, URINARY, BLADDER and KIDNEY complaints of Men and Women.

READER: Are you a victim? Have you lost hope? Are you intending to marry? Has your blood been diseased? Have you any weakness? Our New Method Treatment will cure you. What it has done for others it will do for you. Consultation Free. No matter who has treated you, write for an honest opinion. Free of Charge. Charges reasonable. Books Free.—The Golden Monitor. Illustrated on Discs of Men.

NO NAMES USED WITHOUT WRITTEN CONSENT. Everything confidential. Question list and cost of Home Treatment FREE.

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NO NEW BLADES.
NO ANNUAL TAX.
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"Carbo-Magnetic" Electric Shaver, \$1.00.

Canadian Hair Restorer

Before and After

Will restore gray hair to its natural color. Stops falling hair, causes to grow on bald heads. Cures dandruff, itching, scalp diseases. By its use thin hair grows luxuriantly. Contains no oily or greasy ingredients. Is entirely unlike any other hair preparation ever offered for sale.

A good, reliable Canadian preparation.

Unsolicited Testimonials.
Edith A. Burke, Missionary H. M. Church, Akhmin, Egypt, and friends, greatly pleased with results after two years' using.
L. A. Hopes, Wilner, Montana. My hair and whiskers restored to natural color, dark brown, by using Canadian Hair Restorer.
M. Orum, Burgessville, Ont. Canadian Hair Restorer is the best I have ever used.
John G. Hall, New Aberdeen, Cape Breton. Canadian Hair Restorer has worked wonders. My head is nearly all covered with thick growth black hair, original color.
Sold by all wholesale and retail druggists. Mailed to any address in the civilized world on receipt of price, 50c. Manufactured by THE KEEVIN CO., Windsor, Ont., Canada.

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