

THOUGHTS BY THE WAY

Vacation

Written for The Ontario by "Wayfarer."

It's mighty nice that nine times nine makes eighty-one forever; But oh, I know a place that's fine For bathing in the river! A place a hundred times as cool As any spot in this whole school.

It's very interesting to know Eight furlongs make a mile; And in a little week or so I'll prove it, barefoot style. I'll stride those furlongs, gay and free, Nor care how many there may be.

Those noble dreams, the Rhine, the Nile, The Rhone, the Amazon,— They're great, of course, but all the while I keep remembering one Where minnows dart from June to June, And where I'm going fishin' soon.

Geography, Arithmetic, And all the books are splendid; But you will see me shut them quick When school at last is ended. And range them in a solemn row, And give one jolly whoop, and Go!

—Youth's Companion.

How vividly we all recall the days of our childhood and with what joy we harked the long vacation, as we gazed down the vista of those sunny summer days! With what relief the much-used school-books were packed away, the pages not to be coned for interminable days, leaving us free to enjoy the great out-of-doors in the golden summer days of youth!

Again has come the season when schools and colleges are closed for the "long vacation," and boys and girls are enjoying the freedom from the tasks at school. School-books are stored away, out of sight and out of mind. In his life of communion with nature, no one enjoys the summer holidays more than does the country boy. Free from the restraint of school discipline, he studies the open book of nature and gains from it a knowledge and a wisdom never gained in schools. All care is forgotten unless he occasionally thinks of the time when he must again be confined to the dingy school-room and attend once more to dusty books.

Everyone should like a vacation. From school and office, from work and factory, from desk and counter of crowded cities, comes an army of toilers to join the ranks of the summer holiday-seeker, endeavoring to gain renewed strength for the battle of life. If physical and mental power are to be retained, a change of place or scene for the tired toiler is undoubtedly necessary. And this is particularly needed for women, the monotony of the work of the home exacting a heavy toll on the nervous force and energy of the housewife. It is said that a horse will perform the various duties on a farm for twenty-five or thirty years but put him at work on a tread-mill and in three years he will be broken down. It is the monotony of the work that does it. The monotony of the daily routine of housework wears on the nerves of women. From the effects of this, the mind gets into the same rut, and all imagination is lost. It would take a tremendous job to raise the minds of many women out of the deep rut in which they move, and which has been caused by the sameness and monotony of their lives.

A woman of many and varied interests was heard to remark, "I'd much rather converse with the average man than with the average woman. Many women allow their thoughts to run in a groove. They think of nothing beyond the daily routine of the home, while men, being called by their work beyond the four walls of home, have a broader

vision of life and a more extended outlook. It is little wonder that so many women meet in early life with physical and mental breakdown. The work of our grandmothers was more varied and less exacting. If one class of people need vacation more than another, it is our women—not alone the women who are teachers and students in our schools and colleges, but also the women who do the work of the home on whose shoulders rest the family burdens. A day off now and then, if a longer vacation is impossible, is absolutely necessary if physical and mental energy is to be retained. The health of the wife or mother is much more important than cleanly scrubbed floors and the spotless home furnishings.

In claiming the need of vacation for the over-wrought housewife, we do not refer to the class that need little recreation, who are tied very little by household cares or by the necessities of wage-earning. And yet these are usually the women who take vacation. Melinda Yonge, writing in Monday's Globe, tells how a branch of Toronto Red Cross had closed its doors for the summer and caused something akin to depression at Toronto Red Cross Headquarters. "They've done so splendidly," said Mrs. Stearns Hicks, "that one feels that one can't complain, and yet the men in the trenches are not closing down for summer holidays. We've got only one month's supply ahead in London warehouses, and if a big casualty list should come in, this supply would be gone in no time!"

If a change for such women is necessary, the work for the war needs may still be accomplished if the material for such work is taken with them. Then, with the boys and girls of our high schools and colleges who are assisting on the farms for greater production, these women of leisure can have the benefit derived from the country air and sunshine and at the same time accomplish much in the way of providing necessities for the boys at the front, to whom we owe so much.

But for those who labor strenuously, it is suicidal to carry over work or under-rest to a point where the health suffers. Take a day off, if only to picnic along the nearest shore. The sighing of the summer breeze through the foliage, the soft singing of the birds, the music of the waves on the shore, the checked shadows under the branches of the trees—all these will cause the day's worries to slip away and bring rest and peace to the weary body and spirit.

The little cares that fretted me, I lost them yesterday. Among the fields above the sea, Among the waves at play;

Among the loving of the herds, The rustling of the trees; Among the singing of the birds, The humming of the bees.

The foolish fears of what may come, I sent them all away. Among the clover-scented grass, Among the new-mown hay;

Among the hushing of the corn, Where drowsy poppies nod; Where ill-thoughts die, and good are born— Out in the fields with God.

—E. B. Bryning.

—Wayfarer.

MILITARY NEWS

The "Overseas Record" just published by Queen's University, gives the names of 1,027 graduates alumni members of staff and students, on active service overseas to June 1st, 1917.

Queen's Engineers, afterwards part of 1st Field Corps, C.E.F., were first on the ground at Valenciennes in 1914, laid out the camp roads, bridges, lighting, etc.

The casualties to 1st June were 41 killed in action, 9 died of wounds and 75 wounded. The honors and decorations won are as follows: Two C.M.G.'s, 1 Legion d'Honneur, 4 D.S.D.'s, 1 Croix de Guerre, 24 military crosses, 7 D.C.M.'s, 5 military medals, 1 Royal Red Cross medal. Thirty Queen's men have been mentioned in despatches.

Read "The Ontario," and get all the latest news.

LETTERS FROM OUR SOLDIERS

Seaford, June 12 '17.

My Dear Mother,— I received your most looked-for letter yesterday, dated the 10th. I certainly was glad to hear you were all well at home. I am feeling fine, only I think a rest would do me good.

Yesterday we went on a route march with all our harness, as we call it, on, and full pack and rifle. It was about 110 degrees of heat. We went about ten miles around a block; had two ten-minute rests. Every little way you would see a fellow faint or fall headlong. I managed to stick it out. The Captain rode his horse in front of us, running up and down yelling "keep in step!"

When we arrived back, they told us to get our boots off for foot-inspection. I was sitting on my bunk in my bare feet when the mail man came in and yelled out my name. I thought it was a message from Fred. Say, it cheered me up! But I soon found out what was wanted. They told us to fall in after supper at 7. Well, I got my boots and put them on and was sitting reading your four-page letter when a sergeant came in saying, "four of you fellows with boots on, fall in on the double to the orderly room, with belts and bayonets, to catch the 7.30 train. I thought we were going for a little trip, but found out we were to escort ten prisoners. When I got back I finished your letter and took a bath, which finished me up; but I went without my supper. However, we have a canteen here and can buy cakes and other things.

They are getting very strict. The Major called us out at 5.30 the other night, after doing our day's work. We had to parade with everything shined up. We paraded with full pack and rifle. There were the Major, two captains, thirty-one officers—just imagine the bunch inspecting you.

You see, we are busy all the time, cleaning rifles, boots, buttons and so on. There are only 97 pieces of brass to shine on your equipment. We clean one half one day and the other half the next.

Today we had trenching. We have a tool to dig ourselves in with. It is something like a cultivator tooth. Also how to put up wire entanglement, which is good. They have great gas masks. They are sure a protection, that is if you get it on quick enough. I went into a room this morning where it was full of gas. If would kill the person in five minutes without the mask on. Say, mother, I wish you were here to see it. And I have a pair of boots with soles two inches thick, and weigh about ten pounds.

One day last week we had a half holiday. We paraded to the grounds. I sat down to watch some bayonet fighting. I saw this returned soldier sit down in front of me, and here it was Blake Waterhouse. We were both tickled to see each other. He is looking fine. He is practicing to be a sniper and expects to go to France again soon. I also saw Arthur Palmer, who was playing ball at 3rd base. He is the same old peanuts, only his hair is quite grey.

I sent Fred about twenty pictures tonight, and am packing a box to send him. I have a shirt, two pairs of socks, can of salmon, can of pineapple, can of jam, and will fill in with cakes, cigarettes and candy. I know he will be glad to get them. I am also sending Cousin Ella, Miss Rush, Flore and you a fancy post card, worked in silk.

I often think of the poor fellows who went over with the first contingent, you might say unarmed, green to all the German tricks, whereas now they are getting it down pat. I am certainly getting things put into my head, something never to forget.

It is fine to see a "silver queen" as they call them, in the air. They look something like the water tank in Belleville, only they are the shape of a cigar. The color is of the sky; the shape looks like this (illustrated). That is about what they look like from a distance.

Sunday night the 25th and other small drafts from Belleville came in. There was a big crowd at the station. There is an Englishman's camp here—nearly all returned soldiers. Well, they are eager to see more Canadians coming. Some of them said to me, "Are you a Canadian?" asking all about Canada, how many more there were to come, if I were going to France, and so on. I certainly gave them good answers.

Now, mother, please send my birth certificate as soon as possible, as we will soon be through and have only four days leave and then will be ready for France. But they can't

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send us until we are 19 years old. Don't think I am a coward and afraid to go. But they told me to send for it. Just one thing I ask of you, mother, and that is not to worry about either Fred or me, as hundreds have gone before us, and there is nothing to think of only that we will be back. You know, after one is over here a while, he gets anxious to go farther, and that is to France.

We have comfortable huts, something like our church shed at Canilston, only enclosed; board floors, good straw beds, and I still have the pillow you gave me, which comes in very handy. I washed the pillowcase and it was as white as snow. Tell the little girls I will be home in January to see them if the war ends. That is my birth-month.

Will close, sending my love to all. Your loving son, Harold.

20035228, Pte. H. H. Lawrence, 7 Reserve Batta., C Co., P.P.C.L.I., South Camp, Seaford, Sussex, England.

Somewhere in France, June 3, 1917.

Dear Mother: Just a few lines to let you know that I am well and hope you are the same. I hope Grandma is well, and also all the children. How is Mrs. Bradford? I hope she is well too. Well, mother, I am in France now and I like it better than England. I have been here a week. I haven't been in the trenches yet, and I don't know when I will be sent to the front line.

You can tell Mrs. Taylor I saw Arthur Ferguson. He is looking fine. I also saw Stanley Harris. He was not very well when we were in Barfield, but he couldn't look better than he does now.

I am going to the same battalion that Norman was in, but I guess he is in the hospital in England yet. I hope to see him soon. Well, mother, I can't write very much in a letter now, so I hope you will excuse me for writing a short letter.

Tell Garfield to tell Charlie Mott and the rest of the boys that I am in France and will write to them in a few days.

Well, mother, I will close for this time, hoping to hear from you soon. From your loving son, Harvey.

634910, Pte. H. G. Anderson, 21st Canadians, B.E.F., France.

REDNEVILLE WOMEN'S INSTITUTE

Report for June 1, '16 to May 31, '17

Receipts—	
Cash on hand June 1, 1916	\$ 19 52
Membership Fees (48)	12 00
Donations	90 12
Council (don.)	25 00
L.O.L. (don.)	10 26
Proceeds two Socials	84 25
Dinners, Booths, etc.	101 58
Refund T. Eaton and R. Simpson (goods out stock)	14 26
Robate Can. Home Journal	50
Collection	1 35
Coll. for Belgians	3 30
Coll. for Cemetery	61 60
Gov. Grant	5 00
Total	\$436 69
Expenditures—	
Flannelette	\$134 59
Cheesecloth	6 10
Yarn	151 98
Cotton, Buttons, etc.	7 04
Stamps, etc.	2 11
Xmas stockings	4 45
Expense Socials	28 85
Ex Booths, Dinners, etc.	20 90
Boxes, Cartage, etc.	1 00
Programs	2 50
Belgian Relief	3 30
Paid Cem. Board	61 60
Bal. on hand May 31, 1917	11 27
Total	\$436 69

The following comforts have been shipped to soldiers during the year: 150 suits pyjamas, 306 pen hand-knit socks, 134 prs. bed socks, 35 trinker bags, 46 many-tailed bds.,

69 dressing covers, 21 towels, 2 cakes soap, 400 absorbent swabs, 1 box maple leaves, 1 book cheery tidings, 32 hospital shirts, 672 mouth wipes, 6 pieces old linen, 32 pieces old cotton, 42 cleaning cloths, 4 prs. ward slippers, 2 scrap books, 1 puzzle, 1 bed spread, 42 vermin shirts, 3 booklets Bible texts, 14 Xmas stockings, 42 qts. jam. Total value \$579.00.

Mrs. A. B. Anderson, Pres. Mrs. J. B. Phillips, Sec.-Treas.

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PEOPLE WHOSE KIDNEY PILLS DODD'S KIDNEY PILLS HAVE CURED

Mr. Levy, of Liverpool, N.S., Tells How They Fixed Up His Lame Back and Other Symptoms of Kidney Trouble

Liverpool, Black Point, Queen's Co., N.S., July 9th (Special).—With his pain in the back all gone and his other symptoms of kidney disease no longer troubling him, Mr. Charles E. Levy, a well known resident here, is spreading the good news that Dodd's Kidney Pills are the right remedy for kidney trouble.

"Yes, I am feeling quite well again," Mr. Levy says in an interview. "I know Dodd's Kidney Pills have done me a great deal of good. I was much troubled with pain in the back and I knew from my other symptoms that the kidneys were the cause of my trouble."

"I used pills I got from the doctor, but I only got worse. So I sent for Dodd's Kidney Pills. They fixed me up. That's why I advise all sufferers from kidney trouble to use Dodd's Kidney Pills."

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EACH "BIDDY" THREE DOLLARS

Wellington, July 8.—As a proof that egg farming is a profitable industry, it is cited that Mr. Garfield Terex of East Lake, Prince Edward County, from a flock of fifty hens, has sold 382 dozen eggs since January 1st, 1917, in addition to what were required for home use. This is an average for the six months of \$3.00 per hen.

Determined to avenge the killing of her two cousins and her wounded brother, an eighteen-year-old Ottawa girl donned male attire and applied at the base recruiting office a few weeks ago to be enrolled as a stretcher-bearer in the "ammunition column." The masquerade was discovered. Being compelled to admit her sex, she explained that she had cried to go overseas as a nurse, but could not take the necessary three years' course, and believed she would be accepted as a stretcher-bearer.

Gilbert Bedford, Warden of the United Counties of Northumberland and Durham in 1882, passed away at his home in Seymour township recently, aged 83 years. Mr. Bedford was a fine old gentleman, and much esteemed. He was the third eldest Warden living. Mr. W. F. Allen, of Bowmanville, being the eldest. Mr. Allen was Warden in 1875, and Major J. G. Hagerman, of Cobourg next, he being Warden in 1878.

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Fly Swatters 5c and 10c

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DR. M. J. O'CALLAGHAN has taken over the practice of Dr. J. M. Wilson ending May 1st. Office corner of Bridge and Front Sts.

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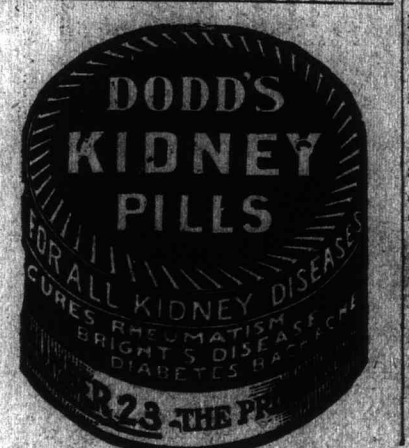
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