

## TO OUR AMERICAN SUBSCRIBERS.

On account of the new postal regulations between the United States and Canada we are obliged to raise your Sentinel subscription, ten cents. The new tariff went into effect the eighth of May.

In consequence, when renewing your subscription kindly add ten cents extra to cover this new postal requirement.

We trust this slight increase, totally independent of us, will not cause any of our patrons to cancel their subscription especially when they consider the excellence and need of the Eucharistic Apostolate carried on by the Sentinel and the valuable aid given to the cult of perpetual exposition by this small fee.

### Resignation.

#### PRAYER.

As a person in affliction naturally has recourse to a faithful friend for comfort, so, O Jesus, I am come to seek consolation from thee, my most tender and most faithful Friend. Thou seest how dejected my heart is, from what hath befallen me. O, grant me strength, I beseech thee, that I may be able to bear my affliction with fortitude, and receive it in thy spirit. I adore thy divine justice which has overtaken me; I receive with respect and submission all its chastisements; I return thanks for them, as for so many signal favors and testimonies of the love of God. I accept them in the spirit of homage, and with the view of honoring thy labors and sufferings. I offer them through thy hand, and in union with thy sufferings, to my heavenly Father, in satisfaction for my sins, sincerely acknowledging that I have deserved much greater. I praise his goodness for having treated me with so much lenity, and readily submit to whatever other chastisements he may please to inflict on me hereafter. I only beg of him strength to bear them in the manner I ought, and the undeserved favor of not being punished during eternity. Amen.

*See frontispiece.*