## Teachers Monthly

Rev. R. Douglas Fraser, D.D., Editor Rev. J. M. Duncan, D.D., Associate Editor

Vol. XV.

Toronto, November, 1909

No. II

In order to meet the requirements of the International Advanced Standard Teacher Training Course, Professor Tracy's Handbook in our Course has been revised and in part rewritten by the author, and has just been re-issued under the title of, The Teacher and the School.

The new material in the Handbook relates chiefly to the School, chapters having been added on The School; Its Equipment; The Grading of the School; The School in Session; The Organized Class; Supplemental Lessons; The Sabbath School and Missions; and the Cradle Roll and Home Department. In its earlier form the book has been in demand for Teacher Training Classes far beyond the bounds of our own church and country, and has received high praise from those most competent to judge of its merits. changes and additions have greatly enhanced its value. It will be used with much profit by members of Teacher Training Classes, and will be found interesting by all who have any share in Sabbath School work.

## The True Fountain of Life

In the centre of an enclosure at a certain heathen temple in India, is a small pool called the Fountain of Life. Pilgrims pour their offerings of water, oil and honey on the images of the gods. These run down on the ground, and are trampled under foot; then they run together and form the Fountain of Life. The poor deceived heathen think, that by dipping their fingers in the Fountain and touching their foreheads, they can get peace of heart. That peace, which never comes to

them, we may have through the grace of God revealed in the shedding of Christ's blood. That is the true Fountain of Life.

## The Power of a Smile

By Rev. John W. Little, B.A.

Let us not be afraid of laughter. The thing that does the most to make life worth while, at the least cost, is just a pleasant smile.

"The smile that bubbles from a heart that loves one's fellow men,

Will drive away the cloud of gloom and coax the sun again.

It's full of worth and goodness, too, with manly kindness blent—

It's worth a million dollars and doesn't cost a cent."

I am not referring to the simper that betrays a vacant heart and an empty mind, or to the chilling laugh of the cynic, or to the cutting smile of the scorner, or to the sickening gush of the hypocrite. Not all laughter is Christian. But where the heart is full of true joy, the eyes will be illumined. If we have found the pearl of great price in God, if we are sure of victory in Christ Jesus, if we know in whom we believe and appreciate our privileges and blessings, the atmosphere we carry, the character of our walk, the expression of our faces ought to evidence the fact. How can we be Christians and not be cheerful?

We car never do our best work without the spirit of optimism. Discontent, depression, doubt, fear, take the nerve out of a man's arm and rob the heart of its hope and life of its victory. It is only when gladness has left our hearts that our hands grow weary in well-doing. The man who can face life with