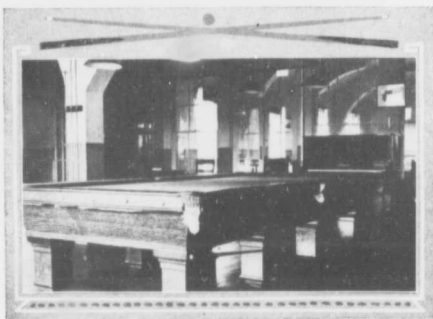


KING EDWARD SANATORIUM

RULES AND SUGGESTIONS FOR PATIENTS

These rules are not for slavish obedience, but for that obedience which is reasonable, knowing that by so doing you will hasten best the main object of your stay here, namely, the cure of your disease.

This is the important point as to curability. To be cured the consumptive needs to begin treatment at the very earliest moment. If you have any suspicion as to your health, consult your physician at once.



The Billiard Room

COUGH AND EXPECTORATION

1. Expectorations must always be deposited in sputum cups and cloths provided for the purpose, and in no other place, or ever swallowed. Disobedience to this rule, will be followed by immediate dismissal.
2. Should a patient accidentally soil the bedding or any part of the building with sputum, the nurse should be notified at once. Remember the sputum is the chief source of contagion, so be careful and conscientious about its disposal.
3. Protect the mouth with a cloth or gauze when coughing, and thereby avoid expelling particles of sputum that might accidentally escape. The gauze is to be used instead of a handkerchief. Never use a newspaper, magazine or book for that purpose.