Native Foods



ERHAPS a few words about their foods would be interesting. We use native food in the Home as much as possible, the parents donating it. In cooking the oolachan grease is always used. This is a trial to the teachers, as the odor is dreadful, but we find that the children need

it. When at times we have short of this article of food they have not been so healthy. The parents supply salmon, which they get in the fall of the year, and after drying pack it away One day the peofor the winter. ple were drying some near the river at the end of the village, so, hearing that they were going to cook some in the oldfashioned way, we went to see them. They get a lot of big stones, build a fire to make them red-hot, put on the salmon, cover it up with grass and leave a hole in the centre into which they pour water, which boils on the stones and cooks the