

The Scots first-footed

By JO ANN STEVENSON
Times staff writer

Judging from the number of steak pies sold at McDougall's Bakery, the Scottish in Mississauga had a traditional Hogmanay. Shortbreads, black bun and potato scones were other popular Hogmanay items.

Helen and Nicol Nelson are a husband and wife team who came to Canada five years ago. Helen is from Glasgow and Nicol comes from Fifehire. He was employed at the Scottish bakery (located at Cawthorpe Plaza, Cawthra and Burnhamthorpe) and decided to take it over about a year ago.

Last week the couple finished preparing the hundreds of meat pies ordered by Mississauga's Scots and then flew to Scotland to ring in the new year with family.

But there were other Scots who saw the New Year in right here in Mississauga.

Jimmy and Wilma Chalmers of Bromsgrove Road are traditional Scots who came to Mississauga from Glasgow five years ago.

"It doesn't matter where we live, the Scottish like to ring in the new year in the old style. We see the year in before serving a meal of steak pie, potatoes and shortbread. Drinks are served after the meal to toast the new year," said Chalmers. "Mind you, since the old-country midnight is only 7 p.m. here, a few Scots started to celebrate a wee bit early," he said.

Chalmers said the old Scottish custom of first-footing still goes on in Mississauga. It is good luck to have a dark male be the first to cross the threshold after midnight.



Helen and Nicol Nelson bake Scottish meat pies for Hogmanay.

JO ANN STEVENSON/THE TIMES

Distress Line calls increase over holidays

For most of us Christmas and New Year's is a time of joy and togetherness with the ones we love but to many it is the worst time of the year.

"For those who have no families and no place to go," says Tom Raterman, director of Distress Line, "it is a very lonely time."

Raterman says distress calls during the holiday season increase dramatically and the calls come from various segments of the community.

"One pattern we've noticed during the season," he says, "is the increase in calls from handicapped persons and seniors."

Raterman says the centre also gets many calls from single persons who are alone through divorce, death of a spouse or a recent marriage or relationship breakdown.

"Those people are all too aware of loneliness," he says, "because it may be the first Christmas they've spent without their partner."

Out-patients, who were formerly in institutions, are also high on the list of distress line callers. Raterman says these persons, who are ill-adjusted to society, find the holidays a very difficult time.

There is a desperate need for volunteers. "We need people so we can operate on a 24-hour basis," he says. "It isn't always possible because of lack of volunteers."

Anyone interested in helping should call 278-7208.

Get-fit class starts Jan. 16

Erindale College, the Mississauga campus of the University of Toronto, is offering ladies' fitness classes for the community on Tuesday and Thursday mornings from 10 to 11 a.m., beginning January 16th.

The class will consist of a half hour of fitness and a half hour of recreation, including squash and cross-country skiing.

Babysitting is available. For further information call the athletic office, 628-5268.

daniadown Continental Quilts - Duvet

Keep cozy warm this Winter under a traditional European down quilt made for todays modern living by Daniadown. Filled with your choice of luxurious eiderdown, natural down or dacron and covered with 100% cotton cambric ticking. Just turn and shake to make. Covers and accessories available in easy care cotton from a wide range of Daniadown designs. The ideal gift. Ask about our drape and quilt cover service. Drop in and see for yourself or send for our colour brochure.



daniadown quilts ltd.

Vancouver, B.C.
10 years of Quality and Service

"Just E. of Kipling"

5114 Dundas St. W.
Islington, Ont.
Ph.—233-8505

MISSISSAUGA CHURCH DIRECTORY

ANGLICAN

Clarkson
Church of St. Bride
Clarkson Road — 822-0422
Services
8:00-9:30-11:00 a.m.
Nursery & Sunday School
9:30 & 11:00 a.m.
January 14th—7:30 p.m.
Deanery Festival of Faith

Trinity Church — Port Credit
26 Stavebank Rd. N 278-1992
Service Hours 8:00 a.m. & 11:00 a.m.
Church School at 11:00 a.m. (all ages)

Church of St. Luke
1513 Dixie Rd.
(Just South of QEW)
Rev. D. C. Candy
278-1811
Sunday Services 8:30 a.m. & 10:30 a.m.

St. Paul's Anglican Church
1190 LORNE PARK RD 278 4765
Minister REV. M. J. BARRY
SUNDAY 8:30 a.m. Holy Communion
10:30 a.m. Morning Worship
(Holy Communion 1st, 3rd & 5th Sundays)
COFFEE HOUR OPTIONAL FOLLOWING SERVICE
EVERY FIRST SUNDAY OF THE MONTH

LUTHERAN

**CHRIST OUR KING
LUTHERAN CHURCH**
2160 Dundas St. West, Mississauga
Rev. Allen W. Schade
Sunday School & Adult Bible Class
9:45 a.m.
Worship Service—11:00 a.m.
Nursery School Weekdays.
Church 822-8931—Parsonage 823-4943
The Church of The Lutheran Hour

**YOUR CHURCH IS
MORE THAN A BUILDING
IT'S A COMMUNITY CENTRE!
A Varied program
with something
for everyone.**

BAPTIST

LORNE PARK
1500 Indian Road
9:45 a.m.
Family Church School
—Toddlers
—To Adults
11:00 a.m.
Morning Worship
Minister
Rev. C. W. Lohnes
278-7833

MISSISSAUGA CITY
Valleys Senior Public School
1235 Mississauga Valley Blvd.
10:00 a.m. Sunday School
11:00 a.m. Family Worship
7:00 p.m. Fellowship Hour
3436 Cawthra Rd. N.
Minister Rev. F. Beerman
276-2189

CREDIT VALLEY
3535 SOUTH COMMON COURT
828-6652
(Erin Mills)
10:00 a.m. Family Bible Hour
11:00 a.m.
Morning Worship &
Children's Church
6:30 p.m. Study Hour
Minister Rev. W. N. Hooper
828-9669

THE UNITED CHURCH OF CANADA

Cooksville United Church
Mimosa Row &
Floradale Dr.
277-2338
MINISTERS
Rev. H. Wyman,
Rev. Clarence Ferguson
11:00 a.m. — Morning Worship
and Church School
Nursery & Baby Care

First United
151 Lakeshore Road West
278-3714
Rev. Earl S. Coulter, B.A., M. Div.
Rev. R. Catherine McKeen,
B.A., M. Div., Th. M.
Morning Worship — 10:30 a.m.
Church School Up To
11 Years Of Age — 10:30 a.m.
12 Years & over — 11:45 a.m.

CHURCH AT THE CROSSROADS
The United Church of Canada and the
Christian Church (Disciples of Christ)
9:30 a.m. Worship Service
Nursery, Church School
a congregation of
ERIN MILLS CHURCH CAMPUS
3535 South Common Court
ARCH McCURDY, Minister
phone 828-6651

Lorne Park
ST. STEPHEN'S-on-the HILL UNITED
998 Indian Rd. 278-9245
Rev. James M. Perry, B.A., M. Div.
Sunday Service - 11:00 a.m.
Nursery Provided
Ramp for Wheelchairs

Bethesda United Church
3311 Fieldgate Dr.
Phone 625-7923
Rev. J. A. Gazzard, B.A. B.D.
Sunday, Jan. 7th, 1979
9:30 a.m. — Sunday School
Sunday Worship Services
9:30 a.m. — 11:00 a.m.

LYNDWOOD UNITED CHURCH
1460 Garnet Ave., Mississauga.
West of Cawthra Rd., off Arbor Rd.,
278-7376
Rev. Lynne Curtin, B.A., B.D., M.Sc.
Preaching Miss Sharon Cohoon
Sunday Service—11:00 a.m.
(no steps to climb)

St. Luke's-On-The-Hill
3101 Constitution Blvd 277-9001
Rev. V. Martyn Sadler
Worship—10:30 a.m.

APPLEWOOD
2067 Stanfield Rd.
277-4162
Rev. Donald V. Stirling, B.A. B.D.
Church Service — 10:30 a.m.
Infants to Intermediate — 10:30 A.M.
Seniors — 9:15 A.M.

Lakeview United Church
1023 Greaves Ave.
(2 Blocks East of Cawthra off Lakeshore
278-0201 (Manse 278-6755)
Rev. Wm. Slinn, Minister
11:00 A.M. MORNING WORSHIP
AND SUNDAY SCHOOL
A WARM WELCOME TO ALL

Erindale United Church
1444 Dundas Crescent, 277-3656
Minister Rev. C. R. Miller, B.A., M. Div.
Sunday, January 7, 1979
Holy Communion at 9:30 a.m.
Worship at 11:00 a.m.
January 14th—Baptism

**CHURCH DIRECTORY
CALL MRS. E. TOWEY
823-3800**

PENTECOSTAL

UNITED PENTECOSTAL CHURCH
1155 Indian Rd., Mississauga
SUNDAY SERVICES
10:00 a.m. Morning Worship & Sunday
School
7:00 p.m. Evening Praise Service
Wednesday — 8:00 p.m. Bible Study
Friday 7:30 p.m. Youth Fellowship
Pastor Allan Shafrim — 275-3995
Pastoral Assistant — Alton Dudley

APOSTOLIC

The Church of the Lord Jesus Christ
2438 GLENGARRY RD.
2 Blocks west of Mevis Rd., south of Dundas St. W.
Mississauga
Jesus heals. Makes life worth living. Come
worship with the Happy Family of truly Born
again, Jesus People.
"Come alive with
the Jesus Christ experience"
Sunday School (Children & Adults) 11:30 a.m.
Praise and Worship Service 12:30 p.m.
Evangelistic Meeting 7:00 p.m.
Wednesday Prayer Meeting 8:00 p.m.
Phone 279-7555 or 277-1130