Take it in hand at once. If you don't get rid of Catarrh now, in the winter, there's certain peril ahead, for you'll meet the extreme cold weather with your system terribly weakened and undermined by this treacherous, poisonous trouble. Remember—if you keep on neglecting Catarrh, later on it's sure to mean danger—disease—perhaps incurable and dendy disease.

It's a horribly loathsome disease—is Catarrh. It makes you an object of disgust to your friends—though they're usually too kind to tell you so. As a matter of fact your hawking and spitting and constant nose-blowing fairly make them sick. They turn away nauseated by your foul, fetid breath. Such things hurt you tremendously, not only at home but also with outsiders—with the people you meet in daily life.

But Catarrh is more than a loathsome trouble—it's a fearfully dangerous one. People make a terrible mistake in saying "Only Catarrh." It isn't "Only Catarrh"—it may be CONSUMPTION if you don't stop it in time. Cure your Catarrh now before it becomes Consumption. Don't be discouraged if other doctors or the widely advertised so-called "Catarrh remedies" have failed to



Don't be a nuisance to your friends, And that's just what you are, With hawking, spitting, and a Made loathsome by Catarrh. and a breath

Seek aid at once from one who thoroughly understands all about Catarrh and its cure. Accept the generously proffered help of Specialist Sproule, B.A., (Graduate in Medicine and Surgery, Dublin University, Ireland, formerly Surgeon British Royal Mail Naval Service), the Catarrh Specialist known the world over. He will give you

MEDICAL ADVICE FREE

THIS FREE COUPON entitles readers of this paper to medical advice on Catarrh free of charge. Do you sneeze often? Is your breath foul? Is your breath foul?
Are your eyes watery?
Do you take cold easily?
Is your nose stopped up?
Does your nose feel full?
Do you have to spit often?
Do crusts form in your nose?
Are you worse in damp weather?
Do you blow your nose a good deal?
Are you losing your sense of smell?
Does your mouth taste bad mornings?
Do you have a dull feeling in your head?
Do you have pains across your forehead?
Do you have to clear your throat on rising?
Is there a tickling sensation in your throat?
Do you have an unpleasant discharge from the nose?
Does the mucus drop into your throat from

Does the mucus drop into your throat from the nose?

FULL NAME ADDRESS....

and explain to you just how you can be cured. For years he has studied the causes and cure of Catarrh. To-day he is recognized as a leading authority on this common but dangerous disease. His success in conquering it is unparalleled; yet with all the benevolence and open heartedness of a good as well as a great man he now offers, free of charge, the benefits of his amazing skill and knowledge to all who need his help. He has saved thousands from Catarrh after all other treatments had failed to help them. They came to him sceptical and unbelieving, he cured them and their cures have been PER-MANENT. He will send you the names of people, living right near you, who will tell you how successful he was in their cases. Without its costing you a cent he will gladly give you the most valuable and helpful Counsel. Don't miss this golden opportunity. Answer the questions yes or no, write your full name and address plainly on the dotted lines, cut out the Free Medical Advice Coupon and send it at once to cut out the Free Medical Advice Coupon and send it at once to

CATARRH SPECIALIST SPROULE,

117 Trade Building, Boston

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perfect face preparation and complexion beautifier. Whitens the
face as soon as applied, still its use
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ROSES is clear as water; no
sediment to fill the pores. BLUSH
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and salt-rheum. Remember this,
no matter how dark or sallow your
complexion may be, you will see it
improving day by day until a
clear, smooth and beautiful complexion is obtained. Gentlemen
who admire a lady's fine, clear
complexion are not adverse to
having the same themselves. And
why should they hesitate to use the
BLUSH OF ROSES? It is clear
as water, takes the shine from the
face, removes all the impurities of
the skin and leaves no sign like
powder or paint. The only clear,
pure and harmless face preparation
made. Cures eczema and all skin
diseases. Price 75c per bottle.
Address Mrs. Frances E. Currah,
Windsor, Ont.

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Blush of Roses is Also For Sale by the T. EATON CO. LTD., TORONTO and WINNIPEG

1127—A Most Attractively Becoming Style for the Growing Girl. - Garbardine serge in a lovely shade of burgundy is here combined with plaid suiting in contrasting colors. The jaunty vest pieces may be omitted, also the peplum. In messaline, satin charmeuse or crepe de chine this style could be effectively decorated with embroidery. It would also lend itself nicely to batiste or lawn, combined with "all over" embroidery. The skirt is a two piece model. The pattern is cut in 3 sizes: 12, 14 and 16 years. Pattern, 10c. 1119—Ladies' Basque Waist. — As

here shown black velvet and Duchess lace was used. The model is also good for messaline, charmeuse, satin, velveteen, corduroy, crepe or crepe de chine. The right front overlaps the left in closing, and the slight fulness below the bust is gathered under shaped tabs. The pattern is cut in 6 sizes: 34,36, 38, 40, 42 and 44 inches bust measure. Pattern, 10c.

1120—A Very Becoming Gown in

able. For galatea, seersucker, gingham, percale, batiste, crepe, or ratine. The pattern is cut in 4 sizes: 8, 10, 12 and 14 years. Pattern, 10c.
1111 — Ladies' Kimono. — Figured

crepe in navý blue and white, was used to make this attractive model. The waist is cut in Empire style, with skirt attached having a wide panel over the back. A neat cuff and collar of organdie with frills of lace forms a dainty waist finish. The pattern is also good for flannelette, lawn, percale, dimity, batiste, cashmere or silk. It is cut in 3 sizes: small, medium and

large. It requires 4½ yards of 36 inch material for a medium size. Pattern, 10c. 1132—Girl's Dress with Long or Short Sleeve.—This design will readily appeal to the busy thoughtful mother, who is mindful of her little girl's comfort. The style in its simplicity, will be easy to develop. The front is shaped at the closing, and the sleeve in either length has a neat cuff. A simple round collar fin-ishes the neck edge. Galatea, Devon-Over Blouse Style.—Excellent lines shire cloth, gingham, chambrey, seer-



mark this stylish dress of wool crepe and | sucker, percale, cashmere or serge are good black satin. In less expensive materials, combinations of checked woollens, striped and plaid suitings, with serge or cashmere would be very nice. The model is splendid for slender youthful figures. It has many good style features. The skirt may be of lining above the flounce and the sleeve is stylish with its jaunty cuff, but will look just as well in short length. The tunic and over blouse are finished separately and may be worn over any suitable skirt and waist. In crepe meteor, chiffon crepe, batiste and other evening fabrics this model would develop splendidly. The pattern is cut in 3 sizes: for misses: 14, 16 and 18 years, and in 4 sizes for ladies: 36, 38, 40 and 42 inches bust measure. Pat-

1137—Girl's Tunic Dress with or without Bolero, and with Short or Long Sleeve.—Scotch plaid suiting in soft red and green tones, with green serge for bolero, underskirt, cuff and belt portions, was used for this design. This style is good for any of the season's combinations. For wash goods it is also avail- | 10c. each.

for this dress. The pattern is cut in 4 sizes: 4, 6, 8 and 10 years. Pattern, 10c. 9777—Ladies'Apron with or without

Facings and Pockets.—Percale, gingham, chambrey, alpaca, lawn, or cambric are all suitable for the making. The fulness of the back is confined by a belt that may be omitted. The pattern is cut in 3 sizes: small, medium and large. Pattern, 10c.

1136-1086—A Splendid Coat Suit.— Green serge with braid and bands of fur for trimming, is here shown. The suit is composed of ladies' Coat Pattern 1136, and Ladies' Skirt Pattern 1086. The coat has the fronts cut in vest effect, and is dart fitted. It has added skirt sections over the hips. The skirt shows one of the now so popular tunic styles, with panel front and yoke top. The coat is cut in 6 sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. The skirt in 6 sizes: 22, 24, 26, 28, 30 and 32 inches waist measure. It requires 8 yards of 44 inch material for a 36 inch size. Two separate patterns,