

length of time the pains should last, etc.; the taking of the child from the mother; how to care for the child; the taking away of the afterbirth; what to do in case of flooding; how to relieve afterpains, etc.

It also explains what "Abortion" is; what causes abortion; what causes premature labor; the difference between the two; symptoms of threatened abortion, and how to prevent the same if possible; what to do for miscarriage, and to try and prevent it, etc.

The ninth chapter teaches all about: Menstruation—Change of Life—Falling of the Womb, etc. Tells the time of life at which the menses should appear.

Every mother should watch her young daughter as she nears this critical time. The health for many years to come depends to a great extent on how a girl passes this period. This chapter tells all the symptoms of the near approach of the monthly flow. It shows a mother how to care for her daughter, and to see that she has proper attention during this time.

It tells the age at which the periodical flow should commence; the symptoms of its approach; how a girl should be treated at this time; how to cure Chlorosis, or Green Sickness; how to relieve and cure painful and suppressed menstruation, etc.

If the instructions of this book are followed in cases like the above, it will save many young girls much needless suffering.

This chapter also treats on: Whites, or Flour Albus, and Falling of the Womb.

Many delicate women suffer great agony through these two distressing complaints. This chapter describes all the symptoms of these complaints, and gives simple, safe remedies for them. A lady can easily attend to herself and avoid exposure.

It also treats on Change of Life.

By the phrase "Change of Life," or "The Critical Period," we understand the final cessation or stoppage of the menses. This chapter explains all about this trying time, the symptoms of its appearance, and the ages at which it usually occurs.

With proper care this period may be safely passed, and a happy and comfortable old age be spent. All the dangers incident to this period are described, and how to successfully combat them.

Chapter ten: Collection of valuable Medical Compounds.