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**TEMPLETON'S RHEUMATIC CAPSULES**  
FOR RHEUMATISM, NEURALGIA, SCIATICA, LUMBAGO, NEURALGIA, GOUT, ETC.  
A SURE RELIEF FOR THE WORST HEADACHE

**15 YEARS SUCCESS**

A Scientific preparation which eradicates every trace of Rheumatic Troubles. Stay young! Keep your best years free from pain. T.R.C.'s will do it.

Ask your druggist or write us for our new booklet; it is interesting and costs you nothing (Templetons, 142 King W., Toronto). We mail T.R.C.'s anywhere on receipt of \$1.00.

Sole Agent for Kitchener, E. O. RITZ & CO., Druggists.  
For Waterloo, A. B. LEARN, Prescription Druggist.

**INCORPORATED 1855**

**THE MOLSONS BANK**

During alterations to their Building

**The Molsons Bank**  
will occupy 12 Foundry St.  
North of Shoemaker's  
Drug Store.

**J. R. Kirkpatrick, Mgr.**

## THIN NERVOUS PEOPLE NEED BITRO-PHOSPHATE

Guaranteed to Put on Firm, Healthy simply astonishing.

**Weak, tired people regain strength and vigor; thinness and angularity give way to plumpness and curves; sleep returns to the sleeper; confidence and cheerfulness replace debility and gloom; dull eyes become bright and pale, sunken cheeks regain the pink glow of health. Bitro-Phosphate, the use of which is inexpensive, also wonderfully promotes the assimilation of food, so much so that many people report marked gains of weight in a few weeks.**

**CAUTION:**—Although Bitro-phosphate is unsurpassed for relieving nervousness, sleeplessness and general weakness, it should not, owing to its remarkable flesh-growing properties, be used by anyone who does not desire to gain weight.

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## Liberal Meetings

Public meetings in the interests of **WALTER G. SNYDER**, the Liberal Candidate in North Waterloo, will be held as follows:—

**WEST MONTROSE**, Jupp's Hall, Tuesday 7th October.

**CENTREVILLE Township Hall**, Wednesday 8th October.

**WATERLOO Town Hall**, Wednesday 8th October.

**WELLESLEY Opera House**, Thursday 9th October.

**LINWOOD, Schnurr's Hall**, Friday 10th of October.

**NEW GERMANY**, Halter's Hall, Saturday 11th October.

All meetings will begin at 8 o'clock.

Mr. Snyder and other speakers will be present at all the meetings.

**MR. C. M. BOWMAN, EX-M. P. P.** of Southampton, will also address the Waterloo meeting. Everybody welcome. Ladies specially invited.

**Josiah Stauffer,** J. C. Haight,  
Pres. N.W.R.A. Sec. N.W.R.A.



"Cascarets" work while you sleep! They start the liver and loosen the bowels without griping or sickening you.

When you wake up with constipation, biliousness, headache, salivaceous, bad breath, stomach misery or cold is gone!

Because cels migrate only in the dark, the Danish government prevents leaving the Baltic sea for the Ocean by suspending a line of electric lamps from a cable in the strait of they are frequent.

Real roses, wonderfully preserve, are used on newest evening frocks from the house of Cheruit, which is emphasizing the short-limbed frock of tulle and silver cloth with negligible bodice.

The unmarried woman used to be an object of universal pity, but now—days it is she who keenly sympathizes with most of the wiles she knows.

Today is the 175th anniversary of the birth of James McGill, the philanthropist who founded McGill University.

Twenty-fifth anniversary of the death of the poet, Oliver Wendell Holmes.

## Letter to News Record "SYRUP OF FIGS" IS LAXATIVE FOR CHILD

**EVOLUTION VS. PROHIBITION.**

In order to comprehend the theory of evolution it is also necessary to get the theory of involution. Life emanating from the Divine is transmuted through the universe, similar to the transmission of electricity by transformers, to meet the uses for the various purposes it is designed for. Scaled down to the various planes of life from Creator to creature of whatever expression, be it the invisible microbes or the microcosm or universe. Involution recedes the centre to the circumference, whereas evolution returns from the circumference to the centre by planes or degrees be it, material, spiritual or Divine.

Everything on the plane of Matter is but the form and expression of a Spiritual Cause. Every creature, thing exists by being able to appropriate life principles in accordance with its nature. All forms of life vary in degree of expression, else there would be no variety. Step by step all forms advance through mineral, vegetable and animal kingdoms up to Man.

Man is distinct from the lower forms of life by being endowed with the faculty of reason; for which he is held responsible at the age of maturity. Man is man only in so far as he is able to think in freedom according to reason. He has placed before him the Tree of Life, and the knowledge of good and evil and he has to judge for himself. Everything created is for his use and if he abuses its use he must reap what he sows.

Humanity is entering a new state of life and we cannot avoid the consequences any more than we can stop universal motion. We accept the theory that the earth revolves on its axis; that the moon revolves around the earth; the earth around the sun; have also a vague idea that the sun has an orbit through the zodiac but accept it as theory only. Yet it has a bearing on life in ratio to the lesser cycles which we accept.

The fact is the sun, with its system of planets, has completed a cycle through the zodiac, and has started on another voyage around its orbit. Hence we find nature taking on new expressions of life, just as earth does in the Spring. The reader will please note that as the cycles return the same corresponding conditions recur. Rain and blue birds are harbingers of Spring. History tells us of the epochs of past cycles. These have brought conditions similar to what we are passing through. Read Exodus for example of what the Egyptians passed through. Moses would surely warn us that the same fate awaits us if we persist in our defying Nature's laws. Religion was merely form and ceremony. The magicians of Egypt, could perform all the rites that Aaron did, with the exception: Moses repeatedly warned them to let the Israelites go, but to no avail. If Pharaoh could admonish the people to-day he would warn them the illogical theory of Prohibition.

Man is alone responsible for the use he makes of everything beneath him and it is not Prohibition we need but a new standard of religion, founded on true Democracy; a religion based on Scientific Principles. Instead of reading a fellow into Hell, give him the helping hand; with the admonition to "Try Again," but render thus:—

If at first you don't succeed, try again!

It may serve a greater need in the bye and bye.

Than to reap a rich reward at dame fortune's first carter.

Evolve it. There's a why.

There is a Why for every failure, and it is our duty to seek its cause and overcome or rather get in harmony with the Divine Law. Prohibition only aggravates a man's appetite for drink. He may be forced to go without it but his appetite will only be satisfied with something else, perhaps worse or still, then for the time being. But they will return periodically just as sure as the return of cycles.

Why blind our eyes to facts; hypothesize ourselves, and accept absurd theories about the evils of drink? There is no more evil perpetrated to-day under so-called Prohibition than before. Men's passions are aroused as never before, and those passions will not be subdued or overcome by withholding drink. The world is a mass of seething, struggling humanity crying for bread, but, given a stone to satisfy their appetites. This applies to every phase of human need.

If ever there was a time for moderation, (Temperance in all our actions), the time is at hand. This is judgment day. You and I are executing our own judgment. There is no avoiding the consequence. Face it we must. Guilty or not guilty we will be according to our deeds.

Condemning a fellow creature, will not relieve your case, when the fact is our standards are at fault. Let me recite an incident which I saw to-day. (Sunday, Oct. 6), four boys returned from Sunday School, ran into the Carmel church grounds, to an apple tree for the purpose of taking any fruit to be obtained. I said to them: "Are you going to Sunday School boys?" And away they went as fast as their legs could take them.

Now this is a fair sample of our morals, from A to Z. "Those boys were not facing a better world than they were violating a law for which they must account."

Thanks Mr. Editor for the space which I have used.

Sincerely yours,  
**WILSON LER.**



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother: You must say "California."

## WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

Wash poisons and toxins from system before putting food into stomach.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important because the skin pores do not absorb impurities into the blood, causing illness, while the bowel pores do.

For every ounce of food taken into the stomach, nearly an ounce of waste material must be carried out of the body. If this waste is not eliminated day by day it quickly ferments and generates poisons, gases and toxins which are absorbed or sucked into the blood stream, through the lymph ducts which should suck only nourishment.

A splendid health measure is to drink, before breakfast each day, a glass of hot water with a teaspoonful of limestone phosphate in it, which is a harmless way to wash these poisons from the stomach, liver, kidneys and bowels; thus cleansing, sweetening and freshening the alimentary canal before eating more food.

A quarter point of limestone phosphate costs but very little at the drug store, but is sufficient to make anyone an enthusiast on inside bathing.

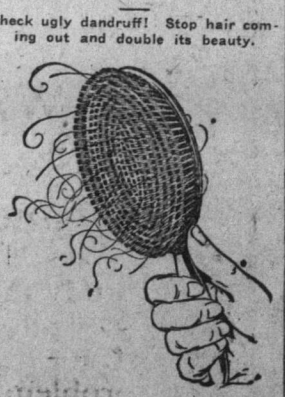
## WHEN MEALS HIT BACK

"Pape's Diapepsin" instantly Ends Indigestion, Sourness, Stomach Acidity

Are lumps of undigested food causing you pain? Is your stomach acid, gassy, sour, or have you flatulence, heartburn? Then take Pape's Diapepsin.

Just as soon as you eat a tablet or two of Pape's Diapepsin all that dyspepsia, indigestion and stomach distress caused by acidity ends. These pleasant, harmless tablets of Pape's Diapepsin never fail to make sick, upset stomachs feel fine at once, and they cost very little at drug stores.

## QUICK! YOUR HAIR NEEDS "DANDERINE"



Check ugly dandruff! Stop hair coming out and double its beauty.

A little "Danderine" cools, cleanses and makes the feverish, itchy scalp soft and pliable; then this stimulating tonic penetrates to the famished hair roots, revitalizing and invigorating every hair in the head, thus stopping the hair falling out, or getting thin, dry or fading.

After a few applications of "Danderine" you seldom find a fallen hair or a particle of dandruff, besides every hair shows new life, vigor, brightness, more color and thickness.

A few cents buys a bottle of delightful "Danderine" at any drug or toilet counter.

little wine, but St. Paul lived many years ago and at that time it was not necessary to believe in Prohibition in order to be saved. Prohibition is a recent graft on the Christian religion invented by a lot of people more material than the Turks and Mohammedans who were the first to establish the law.

Aug. 4, 1919.

**WAIT A MINUTE.**  
Sir Isaac Brock Anniversary  
Numerous patriotic and historical societies in Ontario recall today as the 150th anniversary of the birth of Sir Isaac Brock, who commanded the Canadian forces against the Americans in the War of 1812. Brock was 33 years old when he came to Canada, and he immediately won a reputation for courage and efficiency by suppressing single-handed a dangerous conspiracy of deserters. He caused the execution of the leaders.

With the exception of a leave of absence in 1805 he was in Canada until the war of 1812. Two years before that conflict came he was sent to Upper Canada to take command of the troops. At the same time he was appointed lieutenant governor of the Province.

He knew that war between Great Britain and the United States could not be averted, and he begged to put the Province in a condition to meet the "illities." When war was declared he was ready, and he lost no time in advancing upon Detroit, which he captured without opposition, the town having been left undefended by Gen. Hull. For this victory at Detroit Gen Brock was made a Knight of the Bath, but he survived honors less than two months.

An American force of 6,000 gathered on the Niagara frontier after the fall of Detroit, and then Gen. Brock gave battle near the middle of October. He was pierced by three balls while leading his troops, and died where he fell. His name was honored lavishly after his death, and his family of three brothers received generous pensions and awards. A monument erected on the heights of Queenstown was destroyed, and afterward restored, and consists of a tall column by surmounted by a statue of the general.

People only get old when they commence to live in the past and just so long as people are abreast of the times and keep doing instead of droning, so long does the spirit of youth remain.

**BEDROOM FURNITURE**

**A Few Representative Suites on our Floor**

One, seven piece Black Walnut Bedroom Suite in Louis XVI Style, consisting of; Dressing Table, Chiffonette, with writing desk compartment, large size Bed, Bench, Chair and Rocker; Satin finish trimmed with best of trimming. Price **\$327.50**

\*One, handsome seven piece Ivory Enamel Suite, with floral decorations in violets; large Dresser, Chiffonette, Dressing Table, Bed, Bench, Chair and Rocker. This is a very attractive suite and something that appeals to artistic taste. Price **\$400.00**

One, four piece suite in Dull Mahogany finish, comprising Dresser, Dressing Table, Chiffonier and Bed; nicely carved with turned feet and nicely proportioned. Price **\$131.50**

Odd Dresses, Chiffoniers and Dressing Tables in all finishes, at reasonable prices.

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Highest wages while learning and steady work guaranteed.

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One of the best blocks, for sale at \$33,000.

120 W. King St. C. G. PRITSCHAU Phone 1278.

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**Farm for Sale**

100 Acre Farm, 5 miles from Kitchener, with good buildings, running water, 15 acres timber for sale at \$5500.

**C. G. Pritschau**  
120 West King Street. Phone 1278.

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Following our past record of giving you prices, we go still further by giving you free Dollar in goods with every \$25 purchased here. With each purchase you receive a check amount of your purchase when these checks total \$25 bring them in and receive one dollar in them.

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**Mason & Risch Piano**  
"FROM FACTORY TO HOME"

The qualities which distinguish the Mason & Risch Piano have been over half century in the making. The Mason Risch Piano of to-day is the fruit of the and of forward-looking yesterdays.

Through these earnest, painstaking yesterdays, masters in the piano-making have brought the Mason & Risch to a world-wide eminence which it enjoys day.



If you are looking the best made, and if wish to buy a Masc Risch or Player-pian a convenient payment it will be arranged to your convenience.

**MASON & RISCH LIMITED**  
34 King St., West, Kitchener.

**Great "FOUR N Meeting**

**St. Andrew's Auditor TONIGHT at 8 p. n**

**SPEAKER: R. N. HOLSAPL**  
of Iowa.  
Spoke in Massey Hall Sun

**MUSICAL PROGRAM**  
COME YOURSELF—TELL YOUR FRIENDS  
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Consult us before selling that old tire or junk man. Our expert will tell you at a glance vulcanizing or retreading, and we are pleased this service. A select line of tires and tubes stock.

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