

our Saviour? 3. Give the substance of Justin Martyr's description of the way in which the early Christians sanctified the Sabbath day. 4. Name some of the recreations indulged in on the Sabbath which strict Sabbatarians consider a breach of the fourth commandment. 5. Has fashion anything to do with the desecration of the Sabbath in the present day? 6. Name some of the excuses which many people offer for not attending religious service on the Sabbath day. 7. What was the manner of the Puritan Sabbath? 8. Name some of the works of necessity and mercy that may be undertaken on the Sabbath day. 9. How would you apply a test to a recreation you would wish to indulge in on the Sabbath day, to find out whether such indulgence is right or wrong? 10. How was the Sabbath observed in Philippi when St. Paul visited it?

VENERATION. SCOFFERY.

Veneration is the habit of being reverent in the presence of sacred things. The food of the soul is righteousness and the acquiring of such moral nourishment can only be rightly accomplished by acts of reverence. Thus the reading of the Bible, the source of this soul-food, should never be undertaken in a flippant way either on the Sabbath or on a week day. Scoffing at others engaged in acts of worship is the most contemptible of vices.

EXERCISE II.

1. What form of opening exercises in school would lead to the forming of the virtue of devotion? Should the Bible be read as an ordinary reading-book? 2. How would you classify the material of any Scriptural paragraph? Which is the strongest of soul-food? 3. What excuses are often given for