

it critic by asserting that had the watering of the city's milk continued, as in 1911, the citizens would now be paying for water in their milk an amount equal to the total expenditure of the Health Department.

Medical inspection of schools was introduced in 1910. Each pupil is given a complete physical examination twice in his school life and special examinations are given as required.

Dr. C. J. Hastings, the very capable head of the Health Department, states that he considers that 99 per cent. of the progress is due to the education of the public in the necessities and possibilities of health reform. He says he will welcome the assistance of the Red Cross towards improvement and progress.

Plan of Working Together

What has been accomplished in Toronto by the official Public Health authorities can be done in other places in Ontario and throughout Canada. The Red Cross can now do its share in helping to create public opinion in favor of health reform; it can foster a desire, an ambition, a determination to secure for the community the greatest practicable measure of efficient health service. The first step every Branch of the Red Cross should take, in preparing its peacetime program every year, is to inform itself of what the official Public Health service is doing in its area. The next step is to enquire of the official health authorities what form of help they desire from the Red Cross. The third step is to give such help as fully and as heartily as may be practicable. The Red Cross may then go on with any further or other form of proper voluntary activity which its Executive may approve and its funds may permit. Thus by intelligent and cordial co-operation between the official and voluntary bodies the interest and confidence of the public in the work of both will be increased. This plan of working together appears to be the best means whereby the new purpose of society can be realized in the improvement of health, the prevention of disease and the mitigation of suffering.

The Red Cross and Other Voluntary Organizations

For a time there was a feeling, if not a suspicion, among other voluntary bodies seeking to promote good health movements that the Red Cross Society would seek to monopolize the field and would displace or dispossess them. Such a fear or expectation was not well founded. Those who were thus influenced did not know the Red Cross Society or its workers. The Red Cross does not desire to undertake or to compete with work already being carried on by official authorities or to assume work which is being done by other