

pursued in February, with similar good results, and from that time on the function was fully established and remained so. There was a marked improvement in both physical and mental condition, and she was discharged from the hospital cured.

From my experience with Ergo-Apiol (Smith) and from the experience of a number of other observers, whose findings are published in the literature of the past few years, this remedy represents an emmenagogue of the highest type of efficiency combined with the inestimable advantages of safety, trustworthiness and absence of any unpleasant after-effects. It is probable that Ergo-Apiol owes its efficiency to the particular type of Apiol that it contains, the pure product from which all irritating and injurious impurities have been removed. But it is unquestionably also the accessory remedies, which enter into the combination that contribute to the efficiency of the whole. Ergo-Apiol was easily and agreeably taken by all the patients to whom I administered it, and in no case was there any nausea, eructation, or any other gastric disturbance. Unlike most other emmenagogues, it requires only small doses continued for a comparatively short time to bring about the desired therapeutic effects. Ergo-Apiol (Smith) has not only a stimulating effect upon the menstrual function in amenorrhœa, but also a tonic effect upon the muscle fibres of the uterus, for after it has been administered for a few months, the uterus is almost always able to resume its function without any further aid from external sources.

In conclusion, I may note the fact that the treatment of amenorrhœa in the insane is always a matter of greater difficulty than in persons with normal minds, and that a remedy that produces perfect therapeutic results, such as I have noted with Ergo-Apiol (Smith) in insane women, may be expected to perform the same services even more promptly in the average case of amenorrhœa as met with in ordinary family practice. This is proved conclusively in the numerous cases reported by various observers who employed Ergo-Apiol (Smith) in menstrual disorders, and a partial list of whose publications appear in the annexed bibliography. Ergo-Apiol in the shape of capsules administered three times daily in doses of one or two, beginning a little before the expected menses, and continuing through the period, has proven the most efficient, prompt, safe and pleasant emmenagogue that I have ever employed. My experience with the drug was such as to lead me to adopt it as a routine treatment in amenorrhœa.