

The HOME CIRCLE

THE LADDER OF ST. AUGUSTINE. Saint Augustine well hast thou said That of our vices we can frame A ladder, if we will but tread Beneath our feet each deed of shame.

on it, would indeed be fatal between husband and wife. Common sense tells us that by one means only can conversions be effected; that is, by earnest, humble, unremitting prayer, accompanied, if possible, by practices of penance, for we know by the words of our Lord that certain crowning graces are obtained only "by prayer and fasting."

MIXED MARRIAGES. There is no subject that is more continually coming to the surface in these days than that of mixed marriages. The difficulties they involve may be treated lightly, or they may be disposed of with considerable quibbles, and only when the reasons of such marriages appear to be insurmountable, that is, when mutual affection has gained the mastery to such an extent as to make it out of the question for either side to draw back.

It is a delusion, though not an uncommon one, that children are born good. On the contrary, they have the germs of much evil in them. Their natural inclination is to resist good impressions; to assimilate the evil they come across rather than the good. The "broadway" our Lord speaks of is no less attractive to the child, as far as he knows it, than to the man. But it is here that the influence of parents comes in. They have the first chance with their children, if they only know how to make use of it.

AN IMPORTANT QUESTION. How can a Catholic wife, for instance, who is earnest about her religion be really happy with a husband who can not attach any importance to, or see any sense in her practices of devotion; to whom holy Mass, Benediction, the Sacraments, the Veneration of the Saints and Angels, and many other things which are her great helps and consolations in life, are mere idle mummeries and superstitious...

Art thou one of those who borrow Sadness by forecasting sorrow? When God sends them joy and cheer, Are the roses which are given From the flushing brows of Heaven Blanched and withered by thy fear? Why thus brood on future sorrow? Why not trust in God above? In His hands He holds to-morrow, In His heart He holds thy love.

grace, perseverance, sanctity, unbelief, and reprobation are strange ideas, and, as they think, very false ones. This is the last of opinion of men in general, in proportion as they exercise their minds on the subject of religion, and think for themselves; and if in any respect they depart from the easy, cheerful and tranquil temper of mind which it expresses, it is when they are led to think of those who presume to take the contrary view, that is, who take the view set forth by Christ and His Apostles. On these they are commonly severe, that is on the very persons whom God acknowledges as His and is training Heavenward - on Catholics who are the witnesses and preachers of those awful doctrines of grace which condemn the world, and which the world cannot endure. - Newman.

Chats With Young Men A TASTE FOR READING. Every young man should cultivate a taste for reading. With the great facilities provided through means of public libraries, the best books are within the reach of all. While it is not necessary to be pouring over a book all the time, a great many young men go to the other extreme and do not take the least interest in reading, or if they do read, it is only literature of the trashiest kind that has any attraction for them. This is what Emerson has to say on the subject.

Consider what you have in the smallest chosen library. A company of the wisest and wisest men that could be picked out of all civilized countries, in a thousand years, have set in best order the results of their learning and wisdom. The men themselves were hid and inaccessible, solitary, impatient of interruption, fenced by etiquette; but the thought which they did not uncover to their bosom friend is here written out in transparent words to us, the stranger of another age.

THE WORLD AND RELIGION. The world considers that all men are pretty much on a level, or that, differ though they may, they differ by such fine shades from each other, that it is impossible, because it would be untrue and unjust, to divide them into two bodies, or to divide them at all. Each man is like himself and no one else, each man has his own opinions, his own rule of faith and conduct, his own worship; if a number join together in a religious form, this is an accident for the sake of convenience; for each is complete in himself; religion is simply a personal concern; there is no such thing really as a common and joint religion.

Always keep your promises. Your employer will never ask you to do more than is possible. Remember that an unfulfilled promise is as bad as a downright untruth. Live within your means. Never let a month pass that you do not put something in the bank. Saving is the first great basic principle in the foundation of success. Dress neatly and plainly, for an employer marks a man as a fool who appears himself with extravagance and glaring colors. Never try to win the favor of your employer by slandering your fellow workers. Slander always sticks. Show kindness to your fellow employees, but do not let it be forced kindness, for that deserves no thanks. Resolve slowly, and act quickly. Remember, it is better to be alone than in bad company, that you cannot give your employer or yourself full value, if you try to work after a night of dissipation, that silence, like cleanliness, is akin to godliness, and that a clear conscience gives sound sleep and good digestion, and clothes one in an impregnable coat of mail.

HAMILTON CATHOLIC SCHOOL BOARD. The Hamilton Separate School Board held its inaugural meeting, at which Mr. James Blake was re-elected chairman. Rev. Father Holden was appointed secretary and superintendent, and Mr. P. Ronas treasurer. Messrs. F. J. Harris and Thomas Williamson were appointed auditors. Mr. John Ronan was reappointed representative on the High School Board, and Mr. J. M. Brown representative on the Library Board. The following committees were struck: Finance, Trustees Thomas (chairman), Kavanagh, Costle, Arland, Ronan, Lovering, O'Dowd; Internal Management, Trustees Galvin (chairman), Kavanagh, Dougherty, Lawlor, Connolly, McIntyre, Bateman.

Free and easy expectoration immediately relieves and frees the throat and lungs from viscid phlegm, and a medicine that promotes this is the best medicine to use for coughs, colds, inflammation of the lungs and all affections of the throat and chest. This is precisely what Bickel's Anti-Consumptive Syrup is a specific for, and wherever used it has given undoubted satisfaction. Children like it because it is pleasant, adults like it because it relieves and cures the disease.

QUEBEC FARMER HAS HARD TIME

Stricken and Helpless with Work to be Done - Deprived of the Power to Work. Pierre Lussier of Lac Weedon was indeed in an unfortunate plight. He expresses his thanks for a complete restoration to health and strength.

Lac Weedon, Quebec, Jan 20 - (Special). - Pierre Lussier is a farmer who like every other husband and wife has much work which must be done in its season. Many of a farmer's duties will not admit of a postponement, they have to be attended to promptly, and poor Mons. Lussier had not the strength to do these toilsome tasks. He had no children to help him on the farm, and as vigorous and trained arms are necessary, he was feeling very downcast on account of his inability and weakness.

He decided to try a treatment of Dodd's Kidney Pills, and from the very first dose he began to improve. After he had used eight boxes he was well enough to work again but he kept on using the Pills till now he is well and strong. For years he could not walk a quarter of a mile without assistance, but recently he walked eight miles without resting. He says: "I owe it all to Dodd's Kidney Pills which have done wonderful things for me."

A LINIMENT FOR THE LOGGER. -Loggers lead a life which exposes them to many perils. Wounds, cuts and bruises cannot be altogether avoided in preparing timber for the drive and in river work, where wet and cold combined, are of daily experience, coughs and colds and muscular pains cannot but ensue. Dr. Thomas' Electric Oil when applied to the injured or administered to the ailing, works wonders.

Troubles of a Society Woman.

Was Very Nervous - Could Not Get Rest or Sleep - Had No Appetite - Suffered Much from Headache and Pains in the Back. While nature does not bless all with perfect features, she has left it largely in the hands of every woman to be beautiful in form and figure, and in the gracefulness and elasticity which health alone can give. If to brighten the eye, to give a glow of health to the cheek, to round the form and to fill the body with the charm of vigor and strength is to make woman beautiful - then Dr. Chase's Nerve Food is a beautifier of woman.



A wrinkled, tired and worn looking face tells immediately of nervousness, worry and many accompanying ills and irregularities. Dr. Chase's Nerve Food fills the shriveled arteries with new, rich blood, strengthens and rekindles the vitality of the nerves and gives a well rounded form and clear healthy complexion to all who use it. The pale and emaciated become plump and rosy, the weak and worn grow daily stronger and health and beauty develop hand in hand when the great restorative is used regularly.

Mrs. E. H. Young, of 214 Greenwood Ave., Jackson, Mich., is a leader among the "Lady Macabees," "Lady Forcasters" and other fraternal societies, and for the benefit of her suffering sisters makes the following statement: "My social and other duties in connection with several ladies' fraternal societies had drawn so much upon my strength that I found myself all run down in health; I was very nervous, had no appetite, could get no real rest or sleep and suffered much from pains in head and back. I tried many tonics, but could get no permanent relief; finally I purchased Dr. Chase's Nerve Food, took two boxes as directed, and found it a perfect cure for my trouble. Its action was mild and effective, and I believe it to be the best treatment in the world for nervous troubles and for building up the system."

Dr. Chase's Nerve Food Is most remarkable as a restorative for persons who are weak and run down, and who lack nerve force. It is especially valuable to women. 50c a box, 6 boxes for \$2.50. At all dealers or Edmanson, Bates & Co., Toronto.

Companies THE TORONTO GENERAL TRUSTS CORPORATION

Office and Safe Deposit Vaults 59 YONGE STREET, TORONTO. CAPITAL - \$1,000,000 RESERVE - \$260,000. President: JOHN HOAGIN, K.C., LL.D. Vice-Presidents: J. W. LANGMUIR, W. H. BERRY, JAS. J. WOOD, A. D. LANGMUIR, Managing Director, Asst. Manager. James Davy, Secretary. Authorized to act as EXECUTOR, ADMINISTRATOR, TRUSTEE, RECEIVER, COMMITTEE OF LUNATIC, GUARDIAN LIQUIDATOR, ASSIGNEE, ETC.

THE EXCELSIOR LIFE INSURANCE CO. OF ONTARIO LIMITED

HEAD OFFICE, TORONTO. Incorporated 1889. Our Annual Report for 1899 shows as the result of the year's operations the following Substantial Increases in the important items shown below: Gross Assets, \$26,469,241. Increase of Premium Income, \$106,623.05. Interest Income, \$12,434.07. Net Assets, \$23,205.92. Reserve, \$73,414.20. Insurance in force, \$6,609,913.15.

THE YORK COUNTY Loan and Savings Company

Has the..... BEST SYSTEM for accumulating money. Head Office - Confederation Life Building Toronto.....

THE WESTERN ASSURANCE COMPANY

INCORPORATED 1881. CAPITAL - 2,000,000. FIRE and MARINE. HEAD OFFICE - TORONTO, ONT.

WM. A. LEE & SON, GENERAL AGENTS. 14 VICTORIA STREET. Phone: Office Main 592. Home: Residence Main 3025.

THE HOME SAVINGS & LOAN CO. LIMITED. CAPITAL-AUTHORIZED - \$2,500,000. CAPITAL-SUBSCRIBED - 2,000,000. EUGENE O'KEEFE, President. JOHN FOT, Vice-President. DEPOSITS RECEIVED from 20 cts upwards; interest at current rates allowed thereon. MONEY LOANED ON MORTGAGE; small and large sums; convenient terms of repayment and at lowest current rates of interest. No valuation fee charged. Loans on collateral of Stocks, Bonds, and Debentures. JAMES MASON, Manager.

The Canada Permanent and Western Canada Mortgage Corporation. Invites investors of large or small amounts to invest in its FOUR PER CENT. DEBENTURES with half-yearly interest coupons attached. They are issued for fixed terms of not less than one year and are secured by a safe mortgage to \$23,000,000. OFFICE: TORONTO STREET, Toronto.

Computers National Assurance Company, of Ireland

Established 1824. HEAD OFFICE: 11, D'ARCY STREET, DUBLIN. Canadian Branch: St. John St., Toronto. CAPITAL (paid up) \$1,000,000. INCOME (gross) \$50,000. INVESTED FUNDS (gross) \$500,000. For agents list of three principal points address J. H. EWART, Ontario General Agent, 16 West 21st St., East, Toronto.

The MANCHESTER FIRE Insurance Co.

Head Office - MANCHESTER, ENGLAND. WILLIAM LEWIS, Manager and Secretary. Assets over \$13,000,000. Canadian Branch Head Office - TORONTO. JAS. ROOPER, Manager. T. S. RICHARDSON, Assistant Manager.

St. Michael's College

(BY AFFILIATION WITH TORONTO UNIVERSITY). Under the special patronage of His Grace the Archbishop of Toronto, and Directed by the Basilian Fathers, Full Classical Scientific and Commercial Courses. Special courses for students preparing for University Matriculation and Non-Professional Certificates. Terms when paid in advance: Board and Tuition per year \$150. Day Pupils 25. For further particulars apply to REV. J. R. TEEVY, President.

LOYOLA COLLEGE MONTREAL

An English Classical College. Conducted by the Jesuit Fathers. There is a Preparatory Department for junior boys and a Special English Course for such as may not wish to follow the ordinary curriculum. Prospects may be obtained on application to THE PRESIDENT, 68 Drummond Street, Montreal, P. Q.

Loretto Abbey

WELLINGTON PLACE, TORONTO, ONT. This institution recently enlarged to over twice its former size, is situated centrally near the business part of the city, and yet sufficiently remote to secure the quiet and seclusion so congenial to study. The course of instruction comprises every branch suitable to the education of young ladies. Circular with full information as to uniform, terms, &c., may be had by addressing LADY SUPERIOR, WELLINGTON PLACE, TORONTO.

School of Practical Science

Wellington Place, Toronto. This School is equipped and supported entirely by the Province of Ontario, and gives instruction in the following departments: 1-Civil Engineering, 2-Mining Engineering, 3-Mechanical Engineering, 4-Electrical Engineering, 5-Book Binding, 6-Book Binding and Applied Chemistry. Special attention is directed to the facilities provided by the School for giving instruction in Mining Engineering. Students who are graduates in Drawing and Surveying, and in the following Laboratories: 1-Chemical, 2-Analytical, 3-Mining, 4-Mechanical, 5-Electrical, 6-Book Binding, 7-Printing. The School has good collections of Minerals, Rocks and Fossils. Special facilities will be provided, as well as those having regular courses. For full information see Circular, L. B. STEWART, Secy.

St. Joseph's Academy 82 ALBANI ST., TORONTO. The Ontario Department of Education has granted a Special License to the Academy for the instruction of young ladies in the Academic Department special attention is paid to French, Latin, Music, Art, Plain and Fancy Sewing, and Needlework. The school is open to all classes of young ladies, and is awarded Teachers' Certificates and Diplomas. In this Department pupils are prepared for the Degree of Bachelor of Science of Toronto University. The Academy is affiliated with the Government, and awards Teachers' Certificates. In the Commercial Department pupils are prepared for the Diploma of the Ontario Department of Education. Primary and Commercial Certificates. Diplomas awarded for proficiency in Photography and Typewriting. For further information address LADY SUPERIOR.

St. Jerome's College, BERLIN, ONTARIO, CANADA. Thorough instruction in the Classical, Philosophical and Commercial Courses. Special attention given to the German and Polish Languages. \$14 per annum pays all necessary expenses except books. Write to HAYWARD JOHN FRASER, C.B.D., President.

Loretto Academy BOND STREET. Book-keeping, Business Correspondence, Short-hand, Typewriting for those who are preparing for office work.

SYMINGTON'S EDINBURGH COFFEE ESSENCE. Makes delicious coffee in a moment. No trouble, no waste. In small and large bottles, from 1/6 to 1/3. GUARANTEED PURE. 300