

greatly affected, and began praising God for his wonderful power and mercy.

Directly after, with a little support from my nurse, I walked a few steps to my chair. During that same hour, a decided change was perceptible in my color, circulation and pulse, and I could talk aloud with ease. Referring to my diary, which was kept by Mrs. H., I find under February 27th, which was the day after my restoration : "Carrie moved herself in bed several times during the night. This afternoon she walked from her chair to the bed, a distance of about eight feet, by taking hold of my arms. The Lord strengthens her every hour, both physically and in faith. Blessed be His holy Name!" Then, under February 28th : "Carrie grows stronger, moves herself more easily, rests better nights, has a good appetite. I gave her a sponge-bath this afternoon, and I could not but notice the change in the color of her flesh ; instead of the yellow, dead look, it is pink and full of life." Under March 1st : "This morning she drew on her stockings." March 2nd : "Her chest and lungs have been strong ; she has talked aloud a great deal. Appetite good ; color fresh and clear."

In about three weeks I could walk around the room without even having any one near me ; in four weeks I walked down stairs with a little assistance ; I walked very steadily from the first, and my joints, which had been so weakened by the hyperæsthesia, grew strong and firm at once. My muscles filled out very rapidly, but I suffered nothing from aching or lameness, even after I commenced going up and down stairs.

The first pleasant day in April I went out of doors and into a neighbor's. It seemed as though it was almost too much joy to comprehend, to really be out in the air and sunshine once more. . I looked up at the windows of my room with a vague idea that there must be imprisoned there still, a prostrate, suffering creature, of whom I had once been a part, but now was freed by some mysterious process. The thought of my long and terrible suffering, and of my sudden and joyful deliverance, almost overwhelms me now as I review it all so minutely.

I will mention here, that it was especially noticeable, during my healing, that whenever I made any extra exertion of my own, suddenly, and without the least apparent cause, my strength would fail me. It was soon revealed to me, that I was simply to look to the Lord for improvement ; that as He had begun the work, He would carry it on without any strivings on my part.

The more fully I cast myself upon Him, the more I was supported